



MICHIGAN STATE
UNIVERSITY

MEMORANDUM OF UNDERSTANDING

between

Department of Psychiatry

Michigan State University, USA

and

Institute of Applied Psychology

University of the Punjab, Lahore, Pakistan

(Psychiatric and Psychosocial Educational Programs for Students at the University of the Punjab)

Michigan State University (MSU) Department of Psychiatry and University of the Punjab agree to establish an official partnership to promote education and training in psychiatric and psychological issues of students at the University of the Punjab.

Purpose

MSU Department of Psychiatry will assist in providing professional training in psychosocial skills, psychiatric diagnostic concepts and psychotherapy techniques for students in (institute) to provide exposure and improve skills.

Content

MSU will partner with Institute of Applied Psychology to provide training based on a biopsychosocial approach informed by local cultural norms. Topics may include understanding mental health concepts and symptoms, psychiatric disorders including models of trauma, PTSD, mood disorders, suicidal ideation, substance use and dependency, family conflict, schizophrenia, bipolar disorder and psychiatric disorders in children and adolescents. Other topics may include conducting assessments and treatment planning, discussing psychosocial support and utilizing interdisciplinary mental health teams. Treatment may include both a survey of medications and psychotherapies.

Structure

MSU faculty may utilize two-way video to teach seminars to locations in Pakistan and other areas related to topics above. Some onsite training may also be done. MSU will provide written materials such as syllabi for courses.

Faculty members from University of the Punjab will be invited to the Muslim Mental Health Conferences sponsored by MSU and to other conferences sponsored, in part by MSU such as the Annual International Conference on Transgenerational Trauma developed by the Common Bond Institute.



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Focal Persons:

For MSU: Dr Farha Abbasi, Assistant Professor in the Department of Psychiatry at Michigan State University. Email: abbasif@msu.edu / msummhconference@gmail.com

For PU: Dr Rafia Rafique (Associate Professor) Institute of Applied Psychology. Email: rafiawaqar@hotmail.com

Duration

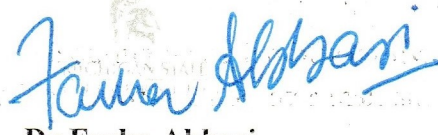
The duration of the MoU is five (5) years. This MOU may, at any time during its period of validity, be terminated by one of the Parties upon prior notice to the other in writing not later than six months before the termination date.

SIGNED

Signed by for and on behalf of the
University of the Punjab

Signed by and on behalf of the
Michigan State University, USA


Prof. Dr. Niaz Ahmad Akhtar (S.I)
Vice-Chancellor

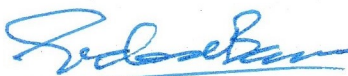

Dr Farha Abbasi
Assistant Professor
Department of Psychiatry

Date 15-1-20

Date 15-1-20

Witnesses

Institute of Applied Psychology


Prof. Dr. Firdaus-e-Bareen
Dean/ Director