



BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-205	Gender and Psychology	3	III
Year	Discipline		
2	Gender Studies		

This course will explore the biological, sociological, and cultural influences on women and gender identity. It will also examine gender differences, similarities in cognitive abilities, self-concept, and sexual orientation, and gendered psychological disorders. Further, the course will assess the role of myths and stereotypes about men and women in creating gender differences.

Course Contents

Introduction

- Psychology as a Science of behavior
- Recent Trends in Psychology/Branches of Psychology
- Psychology and Gender

Parental and Early childhood development

- Physical, Psychological, and Social Aspects of Growth
- Gender differences

Adolescence

- Physical development and psychological and social reactions
- Gender Differences

Motherhood and Psychosocial Reaction

- Mother-Child relationship
- The impact of the mother on the fetus;
- Postnatal Reactions
- Postnatal adjustment
- Planned mother hood
- Infertility
- Role of men in reproductive process

Cognitive Sex Differences

- Verbal ability
- Memory
- Numerical ability
- Creativity problem solving
- Manual dexterity
- Mechanical and spatial aptitude
- Scholastic achievement

Gender Differences in Personality and Social behavior

- Personality Traits
- Communication style

- Leadership
- Power related traits
- Helping and caring qualities/traits

Gender Difference in Perception of Self

- The Development of self-concept
- Factors leading to positive and negative self-concept
- Self-esteem and its practical implication

Achievement Motivation

- Factors in achievement motivation
- Changing gender roles
- Evaluating ones success or failure
- Realistic ambitions
- Decision-making and conflict resolution

Gender Differences in Later Adulthood and Old Age

- Physical and Psychological Changes
- Emotional reactions
- Stress and adaptive techniques
- Problems specific to older women and men
- Aging

Basic Readings

- Matlin, W.Margaret. (2008). **The Psychology of Women** (4th ed.). Singapore: Thomson Learning.
 - **Psychology of women**. (1996). Islamabad: Allama Iqbal Open University.
 - Shahid, S.M. (2006). **Basic Concepts in Psychology**. Lahore: Majeed Book Dept.
 - Unger, Rhodak. (2001). **Handbook of Psychology of Women and Gender**. New Jersey: John Willy & sons.
 - Chrisler, Joan C., Caria Golden, and Patricia D. Rozee. (2004). **Lectures on the Psychology of Women**. Boston: McGraw-Hill.
 - Crawford, M. (2006). **Transformations: Women, Gender, and Psychology**. NY: McGraw-Hill.
 - Eagly, A.H., Beall, A.E., & Sternberg, R.J (2004). **The Psychology of Gender**. (2nd ed.). New York: Guilford Press.
 - Rudman, Laurie A., and Peter Glick. (2008). **The Social Psychology of gender: How power and intimacy shape gender relations**. New York: Guilford Press.
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