



UNIVERSITY OF THE PUNJAB

B.S. 4 Years Program / Fourth Semester – 2019

Paper: Psychology-II (MAS)

Course Code: APSY-212 / GEN-22418 Part-I (Compulsory) Time: 15 Min. Marks: 10

Roll No. in Fig.

Roll No. in Words.

Signature of Supdt.:

ATTEMPT THIS PAPER ON THIS QUESTION SHEET ONLY.

Division of marks is given in front of each question.

This Paper will be collected back after expiry of time limit mentioned above.

Q.1. Encircle the right answer cutting and overwriting is not allowed. (10x1=10)

- i. Encountering traffic jams or meeting work deadlines are examples of _____.
 - a) Catastrophes
 - b) Crisis
 - c) Daily hassles
 - d) Ambient stressors
- ii. The type of personality testing, in which the stimulus is not clear and ambiguous is known as _____.
 - a) Objective
 - b) Projective
 - c) Subjective
 - d) Narrative
- iii. _____ focuses directly on changing the thoughts, in order to improve the emotions and behaviors.
 - a) Cognitive therapy
 - b) Gestalt therapy
 - c) Psychoanalytical approach
 - d) Behavioral therapy
- iv. _____ describes the pattern of thought or behavior that organizes categories of information and relationships among them.
 - a) Social cognition
 - b) Consciousness
 - c) Gestalt approach
 - d) Schemas
- v. According to Freud's theory of personality, superego operates on _____.
 - a) Reality Principle
 - b) Morality Principle
 - c) Natural Principle
 - d) Pleasure Principle
- vi. An abnormally low mood with suicidal ideation can be regarded as _____.
 - a) Manic episode
 - b) Obsessive-compulsive episode
 - c) Major Depressive episode
 - d) Panic attack
- vii. DSM stands for
 - a) Diagnostic System Manual
 - b) Deviance Standard Manual
 - c) Dysfunctional Standard Manual
 - d) Diagnostic Statistical Manual
- viii. _____ is the mental disorder in which one's sense of reality is impaired or altered.
 - a) Schizophrenia
 - b) Attention Deficit Hyperactive Disorder
 - c) Obsessive Compulsive
 - d) Anorexia Nervosa
- ix. The third stage in Seyle's model of stress is _____.
 - a) Alarm stage
 - b) Exhaustion stage
 - c) Resistance stage
 - d) Evaluation stage
- x. In _____, a person psychologically attempt to direct one's own memories, desires and impulses towards pleasurable or painful instincts by excluding them from his/her consciousness.
 - a) Regression
 - b) Displacement
 - c) Repression
 - d) Sublimation



ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

Part 2 (Answer shortly to the given Questions) (5 marks each)

1. What is the difference obsession and compulsion? Give example.
2. Briefly explain Cognitive behavior therapy.
3. Explain the stages involves in Stress.
4. Briefly explain how personality is developed?

Part 3 (Answer briefly to the given Questions) (10 marks each)

1. Explain in detail the process of Consciousness and Sleep.
2. What is Abnormal Psychology? Briefly explain major Psychopathologies/mental disorder.
3. What is social cognition? How does it affect us, explain with examples.