

# **TALENT IDENTIFICATION IN SPORTS**

**(3.0 Cr. Hr.)**

## **COURSE OBJECTIVES**

This course will provide opportunities to familiarize students with the talent in sports and how to develop it on scientific basis. This course will help a sportsman to enhance performance. It will help to a common person, Managers, Coaches and parents to know about the stages and phases of talent development of athletes that ultimately lead towards sporting excellence.

## **COURSE CONTENTS:**

- i. Introduction to Talent Identification in Sports**
- ii. Characteristics of development and excellence**
- iii. Anthropometric, Physiological, Psychological and Social contents of Talent Identification**
- iv. Traditional Methods of Talent Identification in Sports**
- v. Modern Methods of Talent Identification in Sports**
- vi. Sports Talent Identification models of China, Iran, USA and India**
- vii. Developing a Multidimensional Model for Talent Identification In Pakistan**

## **RECOMMENDED BOOKS**

1. Baker, J., Cobley, S., Schorer, J., & Wattie, N. (Eds.). (2017). *Routledge handbook of talent identification and development in sport*. Taylor & Francis.
2. Baker, J., Cobley, S., Schorer, J., & Wattie, N. (2017). Talent identification and development in sport. *Routledge Handbook of Talent Identification and Development in Sport*, 1.
3. Kristiansen, E., Parent, M. M., & Houlihan, B. (Eds.). (2016). *Elite Youth Sport Policy and Management: A Comparative Analysis*. Taylor & Francis.
4. Schorer, J., Wattie, N., Cobley, S., & Baker, J. (2017). Concluding, but definitely not conclusive, remarks on talent identification and development.
5. Grix, J. (Ed.). (2017). *Understanding UK sport policy in context*. Routledge.