

# **CURRICULUM DEVELOPMENT IN PHYSICAL EDUCATION**

**(3+0 Cr. Hr)**

## **COURSE OBJECTIVES**

This course is designed with the purpose to acquaint students with basic concepts, theories and types of Health & Physical Education Curriculum related to development process and strategies adopted for evaluation and changes in curriculum as required.

## **COURSE CONTENTS:**

- i. INTRODUCTION**
  - a. Definition, Objective of Physical Education Curriculum
  - b. Types of Curriculum
  - c. Factors effecting Physical Education Curriculum
  
- ii. PLANNING THE PHYSICAL EDUCATION CURRICULUM**
  - a. Curriculum Development, Tasks in curriculum planning
  - b. Coeducation planning, Curriculum opinion, Structuring for quality
  
- iii. CURRICULUM RESEARCH AND CHANGE**
  - a. Curriculum Reform, Experimentation in Physical Education
  - b. Contemporary social problems & Physical Education Curriculum
  
- iv. ORGANIZATION FOR INSTRUCTION**
  - a. Determining Scope, Sequence and scheduling the curriculum
  - b. Flexible Scheduling in Physical Education curriculum
  - c. The need for multiple teaching stations
  - d. Time Allotment for program Elements, Correlation and Integration
  - e. Organizational Design of the curriculum.
  
- v. THE CURRICULUM GUIDE**
  - a. Curriculum Design, preliminary consideration
  - b. The curriculum coordinating committee, collecting materials and constructing the guide
  
- vi. THE PHYSICAL EDUCATION PROGRAMME**
  - a. The physical education curriculum for Kindergarten, primary, Middle Grade, Secondary & Higher Secondary levels
  
- vii. EVALUATING THE CURRICULUM**
  - a. The intent of Measurement and Evaluation

- b. Measuring progress in Elementary School
- c. Secondary School Evaluation,
- d. Appraising the Total Curriculum

#### **RECOMMENDED BOOKS**

1. Kirk, D. (2014). *Physical Education and Curriculum Study (Routledge Revivals): A Critical Introduction*. Routledge.
2. Blyth, W. A. L. (2017). *Development, Experience and Curriculum in Primary Education (1984)*. Routledge.
3. Metzler, M. (2017). *Instructional models in physical education*. Routledge.
4. Capel, S., & Whitehead, M. (2015). *Learning to Teach Physical Education in the Secondary School: A companion to school experience*. Routledge.
5. Mawer, M. (2014). *Effective teaching of physical education*. Routledge.
6. Almond, L. (2014). *Physical education in schools*. Routledge.

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