



Code	Subject Title	Cr. Hrs	Semester
SOCW-202	Human Growth and Personality Development	3	III
Year	Discipline		
2	Social Work		

**OBJECTIVES:**

The aim of the course is to enable the graduates of social work not only comprehend the personality structure of the client, and also interpret the personality dynamics both normal and abnormal of the human being while working as team member in psychiatric settings.

**CONTENTS:**

1. Significance of the study of human growth and personality development for effective social work practices.
2. Approaches to the study of human development
  - a. Human growth as concept and process
  - b. Phases of human development
  - c. Factors which influence human growth/development as process
  - d. Principles of human development
3. Levels of functioning of human mind and behavior perspectives
  - a. Biological structure and functioning of human mind
    - i. Psychological level of functioning of human mind
    - ii. Conscious level
    - iii. Subconscious level
    - iv. Unconscious level
4. Constituents of human personality
  - a. Id
  - b. Ego
  - c. Super-Ego
5. Dynamics of human behavior and personality structure
6. Basic assumptions about human behavior
7. Role of Nature & Nurture in Personality Development
8. Defense mechanism
  - a. Origin
  - b. Dynamics
  - c. Illustration
9. Abnormal behavior
  - a. Psycho-neurotic
  - b. Psychotic and
  - c. Psycho-somatic disorders

**Recommended Books:**

1. Justin, Pikunas., Human Development. New York: McGraw Hill Book and Company, 1970.
2. Fink, Arthur E., The field of Social Work. New York: Holt Reinhort and Winston inc. 1974.
3. Hurlock, Elizabeth B., Child Development. New York: MacGraw Hill Book



- 
- Company, 1972.
  4. Skindmore, Rex A. Milton A. Theckeray, Introduction to Social Work. New Jersey: Printice Hall Inc. 1964.
  5. Loveii, K., The Introduction to Human Development. London: Scoth Foresman inc. 1971.
  6. Ryner, Eric., Human Development. London: Gorge Alien And Union Ltd, 1975.
  7. Fitch" Standley K., Insights into Human Behavior. Booster: Hoiirook Press, 1970.
  8. Hawkes Glenn R., Behavior and Development from 5 to 12. London: Harper and .;.'ow, 1969.
  9. Hurlock, Elizabeth B., Adolescent Development. New York: McGraw Hill Book Company, 1978.
  10. Diance E, Rapila. and Wendkos Olds, Sally., Human Development. New York: McGraw Hill Book Company, 1978.
  11. Englen, Barbara, Personality Theories. Boston: Houghton Mijjlin Company; 1985.
  12. Hall Calvin, A Premier of Freudian Psychology. New York: New American Library, 1973.
  13. Harold C. Waliach., Approaches to Child and Family Policy. Colorado: West View Press, 1981.
  14. Richard S. Sharf., Life's Choices Problems and Solutions. Sydney: Wadsworth/Thomson Learning, 2001.
  15. Semin, Gun R. & Fiedfer, Kfaus., Applied Social Psychology. London: SAGE Publications Ltd. 1996. Bean, Philp., Mental Disorder and Community Safety. New York: Palgrave Houndmiils, Basingstoke.
  16. Kerfoot, Michael, Problems of Child hood and Adolescence. New York: Macmillan 1988.
-