



Code	Subject Title	Cr. Hrs	Semester
SOCW-205	Social Case Work	3	IV
Year	Discipline		
2	Social Work		

OBJECTIVES:

The purpose of this course is to help students understand the basic methods of social and the application of social case work as a method of helping individuals. Part-I of this course focus on the socio-psychological and cultural understanding of the individual in a society and Part-II of this course will help to understand social case work as a process. Basically this course is:

- a. To give the students background knowledge about human behavior and the bio-psycho-social dynamics that influence it.
- b. To give insight about the concept of normal and abnormal human development.
- c. To give knowledge about personality and the views of different psychologists.
- d. To develop empathetic approach for effective rapport development with client in problem understanding, diagnosis and solution.

CONTENTS:**Social Case Work**

1. Definition and description of Social Case Work.
2. Basic concepts in Social Work and the general principles of practice.
3. Components of Social Case Work; Person; Problem; Place, Process; and Professional representative
4. Social Case Work as problems solving process: Social study; Diagnosis; Treatment
5. Identification of Social, Economic and behavioural factors influencing the client.
6. Management of worker-client relationship.
7. Techniques of Social Case Work Process
8. Counseling: Definition, Meaning and Techniques.
9. Interviewing and communication.
 - a. Definition and scope.
 - b. Social context of the interview.
 - c. Interviewing techniques.
 - d. Essential conditions.
10. Recording in Social Case Work, types of recording, essential of recording.
11. Case histories: Importance, contents, techniques leading to follow up and rehabilitation plans
12. Trends and Issues in Case Work in Pakistan

Recommended Books:

1. Apterar, Herbert, Basic Concepts in Social Case Work, Chapel Hil University of North Carolina Press.
2. Beulah R. Compton & Burt Galaway, "Social Work Processes" 1994 by Wadsworth, Inc., Belmont, California, U.S.A.
3. Bob Pease and Jan Fook, "Transforming Social Work Practice", 1999. Routledge, London & New York.



4. Chris L. Clark, "Social Work Ethics: Politics, Principles and Practice", 2000. PALGRAVE, Houndmills, Basingstoke, Hampshire RG21 6XS and 175 Fifth Avenue, New York, N.Y. 10010.
5. Crispin P. Cross, Interviewing and Communication in Social Work.
6. David L. Decker, "Social Gerontology", 1980. Little Brown & Press Company, Boston, Toronto.
7. Fridlender M. Der, Concepts and Methods of Social Work Prentice-Hall, N. W. Jersey.
8. Garrett, Anneto, Interviewing, Principles and Practice. Family Welfare Association of America.
9. Hamilton, Gordon, Principles of case, Recording, New York, Columbia University Press.
10. Hamilton, Gordon, Theory and Practice of Social Case Work, Columbia University Press.
11. Janet Seden, "Counselling Skills in Social Work Practice", 1999. Open University Press, Buckingham. Philadelphia.
12. Katy Cigno and Diana Bourn, "Cognitive-behavioural Social Work in Practice", 1998. By Ashgate Publishing Limited Gower House, Craft Road, Aldershot, Hants GU11 3HR, England.
13. Kieran O'Hagan, "Competence in Social Work Practice", 1996, by Jessica Kingsley Publishers Ltd. London N1 9JB, England.
14. M. Khalid, "Social Work: Theory and Practice" (Kifayat Academy Lahore, 2004).
15. Malcolm Payne, "Modern Social Work Theory", 1997. By Macmillan Press, Ltd. London.
16. Marianne Hester, Liz Kelly and Jill Radford, "Women, Violence and Male Power", 1996. Open University Press, Buckingham. Philadelphia.
17. Perlmen, Helen, Social Case Work, A problem solving Process Chicago, The University of Chicago Press.
18. Richard, Mary, E., Social Diagnosis, New York: Russell Foundation.
19. Robert Adams, Lena Dominelli and Malcolm Payne, "Social Work, Themes, Issues and Critical Debates", 1998, PALGRAVE, Houndmills, Basingstoke, Hampshire RG21 6XS and 175 Fifth Avenue, New York, N.Y. 10010.
20. Safdar Sarah, Social Work: Theory and its Implication. University of Peshawar, 2009.
21. Safdar. Sarah, "Introduction to Social Work" Wahdat Printing Press, Khyber Bazar, Peshawar. 2009.
22. Steven M. Shardlow and Mark Doel, "Learning to Practise Social Work", 2002, Jessica Kingsley Publishers Ltd, 116 Pentonville Road, London.
23. Times Cel., The Language of Social Case Work, London Poutledge and Kegan Paul.
24. Veronica Coulshed and Joan Orme, "Social Work Practice, An Introduction", 1988, 1991, 1998. By Macmillan Press Ltd. Houndmills, Basingstoke, Hampshire RG21 6XS, London.