



| Code     | Subject Title     | Cr. Hrs | Semester |
|----------|-------------------|---------|----------|
| SOCW-304 | Social Group Work | 3       | V        |
| Year     | Discipline        |         |          |
| 3        | Social Work       |         |          |

**OBJECTIVES:**

1. To help the students understand workers group relationship and dynamics of group life and use the knowledge in directing group interactions.
2. To help the students understand the techniques and skills for meeting individual and group needs and apply their knowledge in real group situations doing their field work.

**CONTENTS:**

1. Definition, characteristics and objective of group work.
2. Types of Social groups.
3. History, Nature, aims and goals.
4. Need and importance of social group work.
5. Group life in Islam, Family Group, Religious Group, School and Community as Inter Group.
6. Group formation and various stages of group development.
7. Functions of Social Group Work: (Preventive, Curative, Rehabilitative educational) Social Learning theories.
8. Theories, Principles and processes of Social Group Work.
9. Group Work Process (Diagnosis treatment and evaluation plan in Social Group Work).
10. Programme planning in social group work. Elements and techniques of programme planning. Role of Social Worker in programme planning.
11. Social Group Work agencies and group work practice within various fields and settings, institution for children, aged, prisoners delinquents, medical and psychiatric settings.
12. Social Group Worker, Role and Functions.
13. Recording in Social Group Work.
14. Leadership in Group Work.
15. Issues and trends in Social Group Work in Pakistan.

**Recommended Books:**

1. Balgopal, Pallassana R. & Thomas V. Vassil "Groups in Social Work: An Ecological Perspective" New York: McMillan Publishing Co., Inc. 1983.
2. Davies Darnard, "The use of Groups in Social Work Practice" London: Routledge and Kegan paul Publishers, 1975.
3. Douglas Tom, "Group Work Practice" Cambridge: Tavistocle Publications, 1976.
4. Garvin, Charles D. "Contemporary Group Work", New Jersey: Prentice-Hall, Inc., Englewood Cliffs. 1981.
5. Gouran, Dennis S. "The Process of Group Decision – Making" New York: Harper and Row, Publishers, 1974.
6. Mc Caughan Nano, "Group Work learning and Practice" London: George Allen & Unwin, Publishers, Ltd. 1978.



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7. Mc Cullough M. K. & P.J. Ely, “Social Work with Groups”, London: Routledge & Kegan Paul Publishers.
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