



## BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
APSY-121	Applied Areas of Psychology	2	II
Year	Discipline		
1	Applied Psychology		

### Course Objective

The main objective of this course is to:

- acquaint students with scope and application of psychology in human life. They will be provided basic knowledge about different areas of specialization i.e. Clinical Psychology, Counseling, Educational Psychology, Organizational Psychology, Health Psychology, Sports Psychology, Forensic Psychology etc.

### Course Outcome

After successful completion of this course the students will be able to:

- Appreciate the role of different applied areas of psychology to improve quality of life of human beings and the course will also orient students for decision making as to which particular area of specialization they would like to peruse as career.

### Course Contents

#### **Introduction**

Scope of Psychology

Introduction of Applied Areas of Psychology

#### **Clinical Psychology**

Introduction: aims and scope

Brief History

Role of a Clinical Psychologist

Perspectives of Clinical Psychology

Clinical Assessment and Intervention

Status of Clinical Psychology in the World

Status of Clinical Psychology in Pakistan

#### **Counseling Psychology**

Introduction: aims and scope

Brief History

Role of a Counseling Psychologist

Perspectives of Counseling Psychology

Assessment and Intervention

Status of Counseling Psychology in the World

Status of Counseling Psychology in Pakistan

#### **Organizational/Industrial Psychology**

Introduction and Brief History of I/O Psychology

Scope of I/O Psychology

Approaches to I/O Psychology

Services provided by I/O Psychologists

Assessment and Intervention

Status of I/O Psychology in the World

Status of I/O Psychology in Pakistan

## **Developmental Psychology**

Introduction: Aims and scope

Brief History

Role of a Developmental Psychologist

Approaches of Developmental Psychology

Assessment and Intervention

Status of Developmental Psychology in the World

Status of Developmental Psychology in Pakistan

## **Health Psychology**

Introduction: aims and scope

Brief History

Role of a Health Psychologist

Models of Health Psychology

Assessment and Intervention

Status of Health Psychology in the World

Status of Health Psychology in Pakistan

## **School and Educational Psychology**

Introduction: aims and scope

Brief History

Role of a School Psychologist

Perspectives of School Psychology

Assessment and Intervention

Status of School/Educational Psychology in the World

Status of School/Educational Psychology in Pakistan

## **Sports Psychology**

Introduction: aims and scope

Brief History

Role of a Sport Psychologist

Perspectives of Developmental Psychology

Assessment and Intervention

Status of Sport Psychology in the World

Status of Sport Psychology in Pakistan

## **Forensic Psychology**

Introduction: aims and scope

Brief History

Role of a Forensic Psychologist

Perspectives of Forensic Psychology

Assessment and Intervention

Status of Forensic Psychology in the World

Status of Forensic Psychology in Pakistan

## **Recommended Books**

Aamodt, M. (2004). *Applied industrial/organizational psychology*. (4th ed.). UK: Wadsworth, a division of Thompson Learning.

Baron, R. A. (2004). *Social psychology* (10th ed.). UK: Pearson Education.

Bartol, C. R. (2012). *Introduction to forensic psychology: Research and application*. SAGE publications Inc.

Cox, H, R. (2007). *Sports psychology: Concepts and applications*. (6<sup>th</sup>ed.). McGraw Hill Companies.

Fulero, S. M., & Wrightsman. (2009). *Forensic Psychology* (3rd ed.). Australia: Wadsworth.

- Gelso, C. & Fretz, B. (2001). *Counseling psychology: Practices, issues, and intervention*. USA: Harcourt, Inc.
- Hurlock, E. (1980). *Developmental psychology: A life span approach*. (5th ed.). TATA McGraw hill.
- Kaur, R. (2006). *Child psychology: New trends & innovations*. India: Deep and Deep Publications PVT, Ltd
- Kring, A. M. (2010). *Abnormal psychology* (11th ed.). UK: John Wiley and Sons.
- Levin, M., & Perkins, D. D. (2004). *Principles of community psychology: Perspectives and applications* (3rd ed.). USA: Oxford University Press.
- Singh, P. (2004). *Organizational psychology*. India: Centrum Press.
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