



BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
APSY-243	Gender Issues in Psychology (Revised)	3	IV
Year	Discipline		
2	Applied Psychology		

Course Objectives

- To give an introduction to Psychology of gender differences and related research evidence
- To acquaint students with the contemporary gender related debates and issues particularly in the Pakistani context.

Course Outcome

At the successful completion of this course the students will be able to:

- Differentiate facts from myths about gender differences
- Examine and criticize the validity of claims about sex and gender differences in the context of personality, cognition, mental health, morality, achievement, empathy and aggression
- Contemplate about gender issues faced particularly in the Pakistani context such as abuse, harassment, ownership of property, gender discrimination across different levels

Course Contents

Introduction

Why study psychology of Gender
Scope of Psychology of Gender

History of Psychology of Gender

1894-1936: Gender differences in intelligence
1936-1954: M/M as a global personality trait
1954-1982: Sex typing & androgyny
1982-present: Gender as a social category

Gender & Related Paradigms

Sex differences and physiology
Sex differences in brain architecture
Theories of gender
Sociobiology and evolutionary psychology
Research evidence in sex differences

Gender: Role Attitudes

Attitudes towards men's & women's roles
Affective component: Sexism
Cognitive component: Gender role typing
Behavioral component: Sex discrimination

Gender and Aggression

Aggression /violence
Theories of aggression
Biological, social learning, gender-role theory

Cognitive theories
Rape and other form of sexual coercion: Prevalence and incidence
Characteristics of perpetrator & victims
Domestic abuse
Characteristics of perpetrator & victims
Sexual harassment
Characteristics of perpetrator & victims

Psychology of Women: Issues

Emergence and history of psychology of women in the west and in Pakistan
Women and Law (PPC & Shariah)
Women and psychopathologies

Psychology of Men: Issues

Emergence and history of psychology of men in the west and in Pakistan
Men and Law (PPC & Shariah)
Men and psychopathologies

New Men, New Women, New Relationships

Changes in values, economics and employment
New men, new women & new relationships

Gender Issues in the Pakistani Context

Contemporary issues
Current Issues

Recommended Books

- Brannon, L. (2011, 2008, 2005). *Gender: Psychological perspectives*. USA: Allyn and Bacon.
- Brettell, C. B. & Sargent, C. F. (2009). *Gender in cross-cultural perspective* (5th ed.). New Delhi, India: PHI Learning.
- Lindsey, L. L. (2011). *Gender roles: A sociological perspective*. (5th ed.). New Delhi, India: PHI Learning.
- McCracken, J. (1997, 2009). *Thinking about gender: A historical anthology*. USA: Harcourt Brace & Company.
- Hassan, I. N. (1990). *The psychology of women*. Pakistan: Allama Iqbal Open University
- Helgeson, V. S. (2005). *Psychology of gender*, (2nd ed.). UK: Pearson and Education
- Ussher, J. M. & Paula, N. (1992). *Gender issues in clinical psychology* (Eds.). New York: Rutledge Champion and Hall.
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