

**Institute of Education and Research
University of the Punjab
Lahore**

Program	BS Education		
Course Title: Emergency Training		Course Type: Practical Learning	
Course Code: PL-302	Credit Hours: 01	Duration: 16 Weeks	
Introduction	This course is theoretical as well as practical nature. This will enable students to play their role as facilitators in emergency situations at anywhere. First aid training is also a community service. Understanding of human body and systems help practitioners to serve instantly at the same place where some unexpected situation may evolve..		
Learning Objectives	After completing this course students will be able to: <ol style="list-style-type: none"> 1. Understand the concept and importance of emergency training 2. Apply the concepts related to first aid 3. Demonstrate the learned experiences related to first aid in mock activity 4. Maintain the precautionary measures in emergency handling 5. Understand the human body and its functions to provide help in emergency situations 		
Course Content	<p>Concept of Emergency Training</p> <p>First Aid</p> <ul style="list-style-type: none"> • Introduction to First Aid • Objectives of First Aid <p>Characteristics of First Aider</p> <ul style="list-style-type: none"> • Sympathetic • Keen Observer • Tactful and Resourceful • Discriminating • Persevere <p>Sources of Diagnoses the Problem</p> <ul style="list-style-type: none"> • History • Symptoms • Signs <p>Instructions for First Aiders</p> <ul style="list-style-type: none"> • Avoid to Determinethe Patient as Dead • Not consider Myself as Doctor • Remove the Reason • Stop Bleeding • Maintain the Respiration • Treatment of Shock • Heat up the Patient Body • Restore the Heart Beat <p>Patient Movement from One Place to an Other</p> <ul style="list-style-type: none"> • Instructions and Precautions <p>Preparation of First Aid Box at Home</p> <ul style="list-style-type: none"> • Components and Materials for First Aid Box 		

	<p>Human Body: Structure and Functioning</p> <ul style="list-style-type: none"> • Respiratory System • Bones in Human Body • Blood Circulation <p>Emergency Situations</p> <ul style="list-style-type: none"> • Scorch • Scalds • Chemical Burn • Electrical Burn <p>Safety Measures</p> <p>Cuts and Wound</p> <ul style="list-style-type: none"> • Open Wounds <ul style="list-style-type: none"> • Definition • Symptoms • Causes • Measures to First Aid • Closed Wounds or Bruise <ul style="list-style-type: none"> • Symptoms • Causes • Measures to First Aid <p>Animal Bites</p> <ul style="list-style-type: none"> • Dog Bites / Rabies • Snake Bite • Poisonous Insects Bites • Sea Animal Bite • Safety Measures
Textbook(s)	Thygerson, A. L., Thygerson, S. M., Mell, H. K. (2016). First Aid. Jones & Bartlett Learning
Suggested Reading	Piazza, G. M. (2014). First Aid Manual: The Step-by-step Guide for Everyone. DK.
Teaching/Learning Strategies	Lecture Discussion Cooperative Learning Class activities Applied Projects
Evaluation Criteria	Assignment/Project/Presentation Mid Term Final Term