

SOCW-505

1.	Program	BS Social Work				
2.	Title	Social Case Work				
3.	Semester	5 th				
4.	Code	SOCW-505				
5.	Rating	03 Credit Hours				
6.	Introduction	This course focuses on social case work practice methodology with individuals, families and small groups within the context of organizations and communities. Emphasis is placed upon equipping students with analytical skills to understand the social, cultural and environmental influences on the functioning of individuals and families using systems approach. Emphasis reflected in several content areas is based on knowledge and skills necessary for effective micro-level assessment and intervention to help the individuals and families through strength-based and problem-solving method of social case work.				
7.	Objectives	<ol style="list-style-type: none"> 1. To understand case work as method of social work, its application in practice and to understand values, basic concepts, tools, techniques and principles of working with individuals and families. 2. To demonstrate an understanding of the historical roots and major developments of social case work. 3. To develop the ability to critically analyse problems of individuals and families and factors affecting them. 4. To use a systematic problem-solving process, including: problem identification, assessment, contracting, intervention, termination, and evaluation. 5. To develop ability to reflect on ‘Self’ as person and grow as a professional social worker. 6. Apply basic communication skills and demonstrate the use of basic theories necessary for effective service delivery with individuals, families, and groups. 				
8.	Contents	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 20%;">Week</th> <th>Contents</th> </tr> </thead> <tbody> <tr> <td>Week 1-3</td> <td> <ul style="list-style-type: none"> • Social Case Work • Concepts, objectives / purpose / its importance; • Nature and scope, • Techniques, • Historical development. • Socio-cultural factors affecting the case work practice in Pakistan. • Relationship with other methods of social work and skills in social case work. • Authority of social case worker • Roles of social case worker. • Case Worker-Client Relationship • Meaning, purpose / needs / significance and elements • Characteristics of professional relationship • Empathy, </td> </tr> </tbody> </table>	Week	Contents	Week 1-3	<ul style="list-style-type: none"> • Social Case Work • Concepts, objectives / purpose / its importance; • Nature and scope, • Techniques, • Historical development. • Socio-cultural factors affecting the case work practice in Pakistan. • Relationship with other methods of social work and skills in social case work. • Authority of social case worker • Roles of social case worker. • Case Worker-Client Relationship • Meaning, purpose / needs / significance and elements • Characteristics of professional relationship • Empathy,
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		<ul style="list-style-type: none"> • Transference and counter transference, • Resistance, • Sustaining the relationship, • Non-possessive warmth, genuineness and self-disclosure; • Obstacles in client worker relationship.
	Week 4-5	<ul style="list-style-type: none"> • Case Work and Communication • Concept, purpose, importance, • Principles, • Elements in communication process, • Types of communication skills • Importance of listening, observing and feedback, • Communication barriers and ways to overcome them. • Importance of Interpersonal Relationship/Communication (IPR), Purposes of communicating, motivations for communication, Perception and thinking patterns, bias and attitudes, • Verbal and nonverbal responses, listening responses, clear and complete expression of intent.
	Week 6-7	<p>Interview in Social Case Work</p> <p>The helping relationship:</p> <ul style="list-style-type: none"> • Building relationships, • Setting goals, • Relationship enhancement variables, • Issues affecting helping <p>Purposes of the interview:</p> <ul style="list-style-type: none"> • Assessment, • Planning, • Intervention <p>Structuring the interview:</p> <ul style="list-style-type: none"> • Establish a productive climate, • Analytically, • Probing thoughtfully, • Motivating the interviewee, • Controlling the interview, • Closing the interview <p>Conceptualizing and understanding interviewee's problems</p> <ul style="list-style-type: none"> • Defining problems, • Soliciting their understanding and agreement to participate in resolution, • Implementation of plans, • Set outcome goals <p>Recording of Social Case Work</p> <ul style="list-style-type: none"> • Recording and its types - narrative, process, problem-oriented record keeping (PORK), • Subjective-objective assessment plan (SOAP), • Use of case work records as tool of intervention.
	Week 8	Principles of Social Case Work

			<ul style="list-style-type: none"> • Principle of Request, • Principle of Acceptance, • Principle of Participation, • Principle of Confidentiality, • Principle of Self-Determination, • Principle of Individualization, • Principle of Communication, • Principle of Case Worker's Self Awareness.
		Week 9	Mid-Term Exam
		Week 10-11	Process of Social Case Work <ul style="list-style-type: none"> • Intake (First Interview) • Rapport Building, • Psycho-social study (Exploration/Investigation), • Psycho-social Diagnosis (Assessment), • Intervention/Treatment (Problem solving Process), • Monitoring and Evaluation, • Follow-up and Termination
		Week 12-13	Theories in Social Case Work <ul style="list-style-type: none"> • Existential Casework, • Psychosocial Theory, • Psychodynamic Theory, • Social Learning Theory (Social Cognitive Theory), • System Theory, • Social Role Theory.
		Week 14-15	Components of Social Case Work <ul style="list-style-type: none"> • Person, • Problem, • Place, • Process, • Professionalism Case Work & Counselling: <ul style="list-style-type: none"> • Counselling, • Similarities & differences, • Stages and theories of counseling
		Week 16-17	Application of Social Case Work in Different Settings & Clientele Groups <ul style="list-style-type: none"> • Medical and Psychiatric settings-mentally retarded Shelter homes Mental Rehabilitation center, • De-addiction and detoxification centers, • Mental Health & Community Based Rehabilitation, • Role of Social Workers in Hospital settings, Family and Child Welfare settings: <ul style="list-style-type: none"> • Family, • Child guidance clinic, • Schools, • Geriatric care & Aged and the terminally ill people. • Case Work practice in Community settings including self-help groups,

			<ul style="list-style-type: none"> • Industries and Correctional Institutions; • Problems and Limitations and role of Case Worker in various settings. • Professional Self: Conflict and dilemmas in working with individuals and family.
		Week 18	Final Term Exam
9.	Outcome	Students should be able to understand the concept of social case work practice and its practical application in the field.	
10.	Recommended Books / Reference	<p>Antle, B. F., Barbee, A. P., Christensen, D. N., & Martin, M. H. (2008). Solution-based casework in child welfare: Preliminary evaluation research. <i>Journal of Public Child Welfare</i>, 2(2), 197-227.</p> <p>Antle, B. F., Christensen, D. N., Van Zyl, M. A., & Barbee, A. P. (2012). The impact of the Solution Based Casework (SBC) practice model on federal outcomes in public child welfare. <i>Child Abuse & Neglect</i>, 36(4), 342-353.</p> <p>DeRoma, V. M., Kessler, M. L., McDaniel, R., & Soto, C. M. (2006). Important risk factors in home-removal decisions: Social caseworker perceptions. <i>Child and adolescent social work journal</i>, 23(3), 263-277.</p> <p>Foren, R., & Bailey, R. (2014). <i>Authority in Social Casework: The Commonwealth and International Library: Social Work Division</i>. London: Elsevier.</p> <p>Hall, J. A., Carswell, C., Walsh, E., Huber, D. L., & Jampoler, J. S. (2002). Iowa case management: Innovative social casework. <i>Social work</i>, 47(2).</p> <p>Jones, A. W. (2010). Evidence-based survey of the elimination rates of ethanol from blood with applications in forensic casework. <i>Forensic science international</i>, 200(1-3), 1-20.</p> <p>Melnyk, B. M., & Fineout-Overholt, E. (Eds.). (2011). <i>Evidence-based practice in nursing & healthcare: A guide to best practice</i>. Lippincott Williams & Wilkins.</p> <p>Plant, R. (2009). <i>Social and Moral Theory in Casework</i>. London: Routledge.</p> <p>Ryan, J. P., Garnier, P., Zyphur, M., & Zhai, F. (2006). Investigating the effects of caseworker characteristics in child welfare. <i>Children and Youth Services Review</i>, 28(9), 993-1006.</p> <p>Sazawal, S., Black, R. E., & Pneumonia Case Management Trials Group. (2003). Effect of pneumonia case management on mortality in neonates, infants, and preschool children: a meta-analysis of community-based trials. <i>The Lancet infectious diseases</i>, 3(9), 547-556.</p> <p>Starfield, B., Lemke, K. W., Bernhardt, T., Foldes, S. S., Forrest, C. B., & Weiner, J.</p>	

	<p>P. (2003). Comorbidity: implications for the importance of primary care in 'case' management. <i>The Annals of Family Medicine</i>, 1(1), 8-14.</p> <p>Timms, N. (2018). <i>Language of Social Casework</i>. London: Routledge.</p>
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Assessment Criteria

Requirements	
Assignments/Quizzes/Project/Case Study/Team Presentations	
Mid-Term Exam	
Final Term Exam	