## **SEMESTER - VI**

## **SOCW-601**

Program

BS Social Work

2.	Title	Social Group Work				
3.	Semester	6 <sup>th</sup>				
4.	Code	SOCW-601				
5.	Rating	03 Credit Hours				
6.	Introduction	This course provides an opportunity for students to develop the knowledge, skills and abilities to function as a group facilitator.				
7.	Objectives	This course aims to;				
		<ol> <li>Provide an overview of professional social work and examines the historical development of the profession of social work;</li> <li>Introduce the profession's values, ethics, and practice principles;</li> <li>Examine the major interventive methods of social work practice;</li> <li>Identify the generalist base of social work practice; and</li> <li>Explore the social service delivery networks which comprise the social welfare system in urban environments.</li> </ol>				
8.	Contents					
		Week	Contents			
		Week 1-2 Week 3-4	Social groups –			
		Week 3-4	<ul> <li>Concept, Historical development of Group Work,</li> <li>Values and Skills,</li> <li>Principles and Purpose of Group work</li> </ul>			
		Week 5-6	Theoretical approaches of group work practice  Psychoanalytic,  Learning, Field, Social Exchange, Systems theories. Stages of Group Development Tuckman, Klien, Garland, Jones & Kolodny;			
		Week 7-8	Models of social group work			
		Week 9	<ul> <li>Social goals, Remedial, Reciprocal models,</li> <li>Mid-Term Exam</li> </ul>			
		Week 10-11	Programme development process, Programme Media			
		Week 12-13	Basic Group Processes			

		• Sub-group,		
		• Group conflict,		
		Group decision making,		
		Leadership in groups.		
		Group dynamics		
		• Concept, and Areas		
		Communication and Interaction Patterns,		
		• Group Cohesion,		
		<ul> <li>Social Control Dynamics and Group Culture</li> </ul>		
		Week 13-14 Stages or Phases of Group work –		
		Pre group formation,		
		Beginning phase,		
		Middle/Working phase and Termination phase,		
		• Follow-up,		
		Facilitation Skills and Techniques used in these Phases.		
		Week 15-16   Group Work Practice in diverse settings		
		Disaster victims, Substance abusers, Alcohol Anonymous		
		and elderly care		
		Role of group worker		
		• Group psychotherapy		
		Week 17 • Group work Recording,		
		Monitoring and Evaluation		
		Week 18 Final Term Exam		
		Tillal Tellii Exam		
9.	Outcome	Students shall be able to develop awareness about the specific characteristics of		
'	Outcome			
		Group Work and its contributions as a method of social work intervention and gain knowledge about group formation and the use of a variety of group approaches.		
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		Students are also expected to have a clear understanding of concents, dynamics and		
		Students are also expected to have a clear understanding of concepts, dynamics and		
		small group theory in relation to all types of groups, e.g. family, staff, committee,		
		long-term client groups and able to identify the various situations and settings where		
		the method could be used in the context of social realities of the country		
10	Recommended	the method could be used in the context of social realities of the country		
10.	Recommended Books /	the method could be used in the context of social realities of the country  Brook, D.W. & Spitz, H.I. (eds.) (2002). <i>The Group Therapy of Substance Abuse:</i>		
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Shimazoe, J., & Aldrich, H. (2010). Group work can be gratifying: Understanding & overcoming resistance to cooperative learning. *College teaching*, 58(2), 52-57. Malekoff, A. (2007). *Group work with adolescents: Principles and practice*. 2nd edition. New York: Guilford Press.

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Yalom, I. & Leszcz, M. (2005). *The Theory and Practice of Group Psychotherapy* (5th ed.). New York: Basic Books.

Yanca, S. J., & Johnson, L. C. (2009). *Generalist social work practice with groups*. Boston, MA: Pearson/Allyn and Bacon.

## **Assessment Criteria**

Requirements	
Assignments/Quizzes/Project/Group Presentations	
Mid-Term Exam	
Final Term Exam	