# INSTITUTE OF SPECIAL EDUCATION

# University of the Punjab, Lahore

# **Special Education**

## Management of Physical and Health Impairment

**Course Code: SEBS-298** 

Sixth Semester (3 Credit Hours)

## Prerequisites of course requirements/Skills

**Course Code** Course Title

SEBS- 271 Curriculum Development in Physical Education

## **Learning Outcomes**

After the successful completion the learners will be able to:

- 1. Comprehend basic information on therapeutic management.
- 2. Get command to use of mobility aids and physical appliances.

#### **Contents**

#### **Unit-1:** Impact of Physical Disabilities

- 1.1 Individual
- 1.2 Family
- 1.3 Society

#### **Unit-2:** Physiotherapy

- 2.1 Role of Physiotherapist
- 2.2 Physical Therapy for Persons with Disabilities
- 2.3 Role of Physiotherapist in Classroom

#### **Unit-3:** Mobility Aids

- 3.1 Bioengineering Consideration
  - 3.1.1 Pelvic Stability
  - 3.1.2 Trunck Control
- 3.2 Wheel Chair
  - 3.2.1 Types

- 3.2.2 Choice
- 3.2.3 Modification
- 3.2.4 Walking aid
- 3.2.5 Molded Seating System

## **Unit-4:** Physical Appliances

- 4.1 Sticks and Crutches
- 4.2 Foot Wears and Outhouses
- 4.3 Walking Frames
- 4.4 Calipers and Braces

# Unit-5: Additional Problems of Children with Physical and Health Impairment

- 5.1 Behavior and Emotional Problems
- 5.2 Communication Difficulties
- 5.3 Mobility and Orientation
- 5.4 Independent Living

#### **Unit-6:** Major Issues in Advocacy

- 6.1 Accessibility
- 6.2 Travel and Transportation
- 6.3 Alternative Living Arrangements
- 6.4 Employment
- 6.5 Marriage
- 6.6 Fundamental Rights

#### **Unit-7:** Rehabilitation

- 7.1 Engineering
- 7.2 Occupational
- 7.3 Social Interaction
- 7.4 Social Integration and Rehabilitation
- 7.5 Electrotherapy

# **Teaching Learning Strategies:**

Text Book Review, Presentation, Group work, Lab Work

# **Assignment Types and Number with Calendar**

Two fields reports before midterm

#### **Assessment and Examination**

Sr. No.	Elements	Details
1.	Midterm Assessment	It takes place at the mid-point of the semester. 9 <sup>th</sup> Week
2.	Formative Assessment	It is continuous assessment. It includes: classroom participation, attendance, assignment and presentations, homework, attitude and behavior, hands-on-activities, short tests, quizzes etc.
3.	Final Assessment	It takes place at the end of the semester. It will be a written test

# **Suggested Readings**

Farrel, M. (2008). Educating special children. New York: Routledge.

Gargiulo, R.M. (2006). Special education in contemporary society: an introduction to exceptionality. Austria: Thomson.

Sahu, B.K. (2002). Education of exceptionalities children. Ludhiana: Kalyani Publisher.

Smith, D.D. (1998). Introduction to special education. Boston: Allyn & Bacon.

Wilmshurst, L. (2010). *The complete guide to special education* (2<sup>nd</sup>ed.). San Francisco: Jossey-Bass.