

INSTITUTE OF SPECIAL EDUCATION
University of the Punjab, Lahore

BS Special Education

Therapeutics Interventions in Autism Spectrum Disorder

Course Code: SEBS-334

Sixth Semester
(3 Credit Hours)

Pre-requisite course requirements/Skills

Course Code Course Title

SEBS- 352 Autism Spectrum Disorder and Associated Conditions

Learning Outcomes

After the completion this course the learners will be able to:

1. Plan for school readiness for children with ASD
2. Describe strategies to enable successful inclusion
3. Plan for social and recreational activities
4. Prepare and plan for transition into adolescence and adulthood
6. Support and guide persons with ASD

Contents

Unit-1: School Readiness

- 1.1 Development of Pre-Learning Skills: Attention, Eye-Contact, Sitting Tolerance, Imitation, Compliance, Cooperation, Turn-Taking Skills, On-Task Behavior;
- 1.2 Development of Pre-Academic Skills: Matching, Sorting, Grouping, Classification, Pattern Making, Sequencing, Labeling and other Skills
- 1.3 Development of Pre-Reading Concepts: Picture Reading, Alphabet Identification,
- 1.4 Development of Pre Writing Concepts: Controlled Use of Writing Implements (Column, Written Lines), Scribbling, Tracing, Copying
- 1.5 Development of Pre-Math Concepts: Such as Big – Small, Far - Near, More – Less, Counting and Identification of Numerals

Unit-2: Strategies for Transition to Inclusive Classrooms

- 3.1 Adaptations in Physical Environment
- 3.2 Instructional Adaptations Across Environments
- 3.3 Adaptations in Classroom Practices and Curricular and Co Curricular Activities
- 4.4 Sensitization of the School Environment
- 4.5 Assignment, Examination and Test Taking Strategies

Unit-3: Social, Leisure and Recreation

- 3.1 Role of Social and Recreation Skills
- 3.2 Difference between Socially Acceptable and Non-Acceptable Behavior
- 3.3 Social Competencies Across Life Span Stages
- 3.4 Teaching Age Appropriate Social and Recreation Skills
- 3.5 Teaching Individual and Group Social and Recreation Skills

Unit-4: Adolescence and Preparing for Adulthood

- 4.1 Impact of Puberty and Adolescence on Persons with ASD
- 4.2 Planning Ahead for Transition: Self-Regulation, Maintaining Social Proximity,
- 4.3 Teaching about the Body and Understanding Own Physical Changes
- 4.4 Sexuality: Masturbation, Regulation of Emotions and Needs Related to Sexuality, and Behavioural Challenges, Prevention of Sexual Abuse
- 4.5 Marriage, Pregnancy, Ageing and Future Life

Unit-5: Guidance and Counseling for Persons with ASD

- 5.1 Role of Psychologist / Counselor
- 5.2 Cognitive Behavioral Management
- 5.3 Training and Involving the Individual with ASD in the Rehab Process through Understanding of Own Diagnosis
- 5.4 Enabling Circles of Peer Supports
- 5.5 Empowering Towards Self-Advocacy

Teaching-learning Strategies

Lecturing, text book reading, group discussion, question answer sessions.

Assignment- Types and Number with Calendar

Classroom presentation, quiz, oral and written test, classroom projects. 2 before mid-term and 2 after mid-term paper will be given.

Assessment and Examinations:

Sr. No.	Elements		Details
1.	Midterm Assessment		Written test at the mid-point of the semester.
2.	Formative Assessment		It is continuous assessment. It includes: classroom participation, attendance, assignment and presentations, homework, attitude and behavior, hands-on-activities, short tests, quizzes etc.
3.	Final Assessment		Written test at the end of the semester.

Suggested Readings

- Seach, D. (2003). *Supporting children with autism in mainstream schools*. Birmingham: The Question Publishers.
- Randall, P., & Parker, J. (1996). *Supporting the families of children with autism*. Chichester: John Wiley & Sons.
- Fribary, K.L. (2012). *Educating children with exceptionalities*. New York: McGraw Hill.
- Aarons, M., & Giltens, T. *The handbook of autism*. London: Tavistock.
- Smith, D.D. (1998). *Introduction to special education*. Allyn & Bacon.
- Farrel, M. (2008). *Educating special children*. Newyork: Routledge.
- Wilmshurst, L. (2010). *The complete guide to special education* (2nd ed.). San Francisco: Jersey Bass.
- Sahu, B.K. (2002). *Education of exceptionalities children*. Ludhiana: Kalyani Publisher.