



UNIVERSITY OF THE PUNJAB

B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Time: 3 Hrs. Marks: 100

Subject: English

Paper: I / HE201

NOTE: Attempt all questions. All questions carry equal marks.

Q1.	Write an essay on any One of the following topics (300-400 words) a. Spring Season in Pakistan b. Dignity of Work c. The Idea of a Happy Life d. Role of social media in Modern Life	20 marks
Q2.	Explain the following extracts with reference to the context. (100-150 words) a) The sun is behind me, Nothing has changed since I began, My eye has permitted no change, I am going to keep things like this. Or I cannot rub the strangeness from my sight I got from looking through a pane of glass I skimmed this morning from the drinking trough And held against the world of hoary grass. b) I've been forced to give a lot of thought lately to the subject of marriage. I don't mind telling you I think marriage is a jolly fine institution. Or Primrose is not a side-issue. She's all I've got. Oh, I was a heroine because I turned out to work for my child, and a fool because I turned out to work for my child ! c) When my turn came, I suddenly felt a stab of pain for all the forgotten soldiers who balked and were kicked out. Or "I cannot capture the magnitude and horror I saw. Never again these terrible weapons be used, no matter what happens. " (150-200 words each)	20 marks
Q3.	a) Discuss the importance of Tolerance as given by the writer. b) What was needed to rebuild the civilization? Why reconstruction is needed in post-war era? Or a) The humans' joys, pleasures, life and the colours of the world are due to the Sun, if there is no Sun, all the pleasures, joys and colours vanish. Discuss according to the essay "The Eclipse". b) What is the message of the essay, "The Eclipse"?	20 marks

<p>Q4.</p>	<p>(150-200 words each)</p> <p>a) How does Emily Dickinson view death in the poem "Because I could not Stop for Death"?</p> <p>b) Death was personified and has the characteristics of being friendly and patronizing for the poetess. Comment.</p> <p style="text-align: center;">Or</p> <p>a) What is the main theme of poem "Snake"?</p> <p>b) What does the snake represent for the poet? What is the nature of the conflict in poet's mind after watching the snake at his place?</p>	<p>20 marks</p>
<p>Q5.</p>	<p>(150-200 words each)</p> <p>a) Identify and discuss the conflict between Primrose and Lucy in the play Smoke Screens.</p> <p>b) What is the significance of the title of the play "Smokes Screen"? Discuss if the title of the poem is justified.</p>	<p>20 marks</p>



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Subject: Housing Home Furnishing & Residence Program Paper: II / HE202

Time: 2 Hrs. Marks: 60

NOTE: Attempt any THREE questions. All questions carry equal marks.

Question # 1

- Explain the role financial institution play in the purchase and selection of a house. (10)
- Write a comparative analysis of housing conditions in urban and rural areas of Pakistan. (10)

Question # 2

- Define the principles of Orientation. (10)
- Rest zone constitute an important place in the house. Discuss. (10)

Question # 3

- Distinguish among various types of doors by their method of operation. Discuss. (10)
- Discuss interior window treatments you suggest for rest zone of house. (10)

Question # 4

- What principles should be kept in mind while arranging furniture? (10)
- Upholstered furniture should be functional as well as attractive. Support this statement in the light of construction and materials. (10)

Question # 5

Write a short note on any TWO of the following

- Plastic as building material. (10)
- Bed room storage. (10)
- Functional accessories. (10)



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Pakistan Studies

Paper: III / HE204

Roll No.

Time: 2 Hrs. Marks: 50

NOTE: Attempt THREE questions including question No. 5 which is compulsory.

نوٹ: مندرجہ ذیل میں سے تین سوال حل کریں۔ جبکہ سوال نمبر 5 لازمی ہے۔

Q.1 Write down the agricultural problems of Pakistan and their solution. (15)

(15)

سوال نمبر 1: پاکستان کی زرعی پسماندگی کی وجوہات بیان کریں اور ان کا حل بیان کریں۔

Q.2 Give an account of the Islamic provision of 1962 constitution of Pakistan. (15)

(15)

سوال نمبر 2: 1962 کے آئین کی اسلامی دفعات کا جائزہ پیش کریں۔

Q.3 Write a detailed note on mineral Resources in Pakistan. (15)

(15)

سوال نمبر 3: پاکستان میں پائے جانے والی معدنیات پر تفصیلاً نوٹ تحریر کریں۔

Q.4 What are the environmental problems of Pakistan (15)

(15)

سوال نمبر 4: پاکستان کے ماحولیاتی مسائل تحریر کیجئے۔

Q.5 Write notes on any two of the following topics: (10+10=20)

1. Pakistan relation with Saudi Arabia.
2. Education problems of Pakistan.
3. Services of the Quaid-e-Azam as a Governor General of Pakistan.
4. Major industries of Pakistan.

(10+10=20)

سوال نمبر 5: مندرجہ ذیل میں سے کسی دو پر نوٹ لکھیں۔

(1) پاکستان اور سعودی عرب کے تعلقات۔

(2) پاکستان کے تعلیمی مسائل۔

(3) قائد اعظم کی بلوچ گورنر جنرل خدمات۔

(4) پاکستان کی اہم صنعتیں۔



UNIVERSITY OF THE PUNJAB

B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Advanced Nutrition

Paper: V / HE206

Roll No.

Time: 3 Hrs. Marks: 75

NOTE: Attempt any FIVE questions. All questions carry equal marks.

- Q.1 a) What are Monounsaturated fatty acids? 6
b) What are medium chain triglycerides? 3
c) What are essential fatty acids and their food sources? 6
- Q.2 a) What are complete & incomplete proteins? 6
b) Separate the following into complete or incomplete proteins:
meat balls, peas, milkshake, eggnog, dal masoor, fried chicken 6
c) What is positive nitrogen balance? 3
- Q.3 a) What is peristalsis? How does it help in digestion? 4
b) What is metabolism, catabolism and anabolism? Give examples. 8
c) What is the role of saliva in digestion? 3
- Q.4 Q.5 a) Write the names of mono, di or poly-saccharides present in:
Table sugar, Honey, Noodles, Corn on the cob, Milk, Apple juice, Pumpkin 7
b) Draw and explain TCA cycle. 8
- Q.5 a) Discuss some malnutrition issues of Pakistan? 5
b) Why is obesity considered as malnutrition? 5
c) What is specific deficiency of nutrients? Give examples. 5
- Q.6 a) Why excess sodium can be bad for health? 4
b) What are the functions of Vitamin A in body? 6
c) List rich food sources of Beta carotene and retinol. 5
- Q.7 a) What is heme and non heme iron. Mention sources of each. 8
b) What are the iron absorption enhancing and inhibiting factors? 7
- Q.8 a) What is calorimetry? 2
b) Why do young children have a higher basal metabolic rate? How does it
affect their nutritional requirements? 7
c) In which conditions basal metabolic rate of body slows down? 6



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Advanced Clothing

Paper: VI / HE207

Roll No.

Time: 2 Hrs. Marks: 60

NOTE: Attempt any THREE questions. All questions carry equal marks.

- Q1. (a) Define dart, its locations and importance in good fitting? (10)
(b) How can you move the basic waist dart as shoulder dart? (10)
- Q2. (a) Explain type of Sleeves. (10)
(b) Describe raglan sleeves in detail (10)
- Q3. (a) Define foundation pattern and its importance in fashion designing? (10)
(b) Write procedure of making your own foundation pattern. (10)
- Q4. Define Yoke and its types. (10)
(b) Suggest a yoke style for sheer upper body fabric. (10)
- Q5. (a) Explain basic standards of good fit. (10)
(b) Explain major causes of poor fitting, which steps could be followed to solve these problems? (10)



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.
Time: 3 Hrs. Marks: 100

Subject: Psychology of Childhood & Adolescence Paper: IV / HE208

NOTE: Attempt any FIVE questions. All questions carry equal marks.

- Q.1 (a) Define personality development. (4)
(b) Which factors are involved in shaping of personality. Describe in detail. (10)
(c) Define identity. What are the various types of identity. (6)
- Q.2 (a) Define moral development. (4)
(b) How do adolescents think about standards of right and wrong. Discuss in the light of Kohlberg's theory of moral development. (16)
- Q.3 (a) Define the following terms. (10)
i. Schema
ii. Assimilation
iii. Learning
iv. Motivation
(b) Discuss the stages given by Piaget in his theory of cognitive development. (10)
- Q.4 (a) Enlist different behaviour problems of late childhood. Explain any three. (12)
(b) Explain various possible conditions for children's interest in school. (8)
- Q.5 (a) Write down developmental tasks of late childhood. (10)
(b) Give pen illustration of physical development in late childhood. (10)
- Q.6 (a) What is meant by the term peer relationships. (5)
(b) Explain the importance of peer relationships in detail. (15)
- Q.7 Write notes on any two of the following. (10 + 10)
(a) Sibling relationships
(b) Puberty
(c) Influences on adolescents' identity formation



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Subject: Applied Arts II

(GROUP A)

Paper: VII (a) / HE209

Time: 2 Hrs. Marks: 60

NOTE: Attempt any THREE questions. All questions carry equal marks.

- Q.1 (a) Draw label and explain the main parts of an Early Christian Church. (10)
(b) Describe the technique, style and subject matter of Byzantine Mosaics? (10)
- Q.2 (a) Write an explanatory note on History of Rhenish Block Prints. (10)
(b) Explain the salient features of Romanesque Architecture with the help of an example. (10)
- Q.3 (a) What do you know about the symbolism in Early Christian Art? Explain with the help of example. (10)
(b) Discuss Iconoclastic Controversy in detail. (10)
- Q.4 (a) What do you understand by the term "Middle Ages"? Give a brief account of Craft Art of this period. (10)
(b) Explain the process of Leather Tanning. (10)
- Q. 5. Write note on any TWO of the following. (10+10)
(a) Early Christian Sculpture
(b) Medieval Book illuminations
(c) Late Byzantine Painting
(d) Catacombs



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Subject: Principles of Management (GROUP A)

Paper: VII (b) / HE210

Time: 3 Hrs. Marks: 100

NOTE: Attempt any FIVE questions. All questions carry equal marks.

- Q 1. a) Define Management? (5)
b) List down the functions of management and explain with examples? (15)
- Q 2. a) Explain the any TWO of the following:
1. Gang Plank (10)
2. Difference between Job Rotation and Job Enrichment (10)
3. Difference between Unity of Command and Unity of Direction (10)
- Q 3. a) Write a brief note on entrepreneurship and mention what points are being viewed for starting a business? (10)
b) Describe and Explain the Change Management? (10)
- Q 4. Write a brief note on The Communication Process? (20)
- Q 5. Discuss any TWO of the following: (20)
1. Strategic Planning
2. Organizational Structure
3. Control Process
4. Leadership
- Q 6. Describe 14 Principles of Henri Fayol's? (20)
- Q 7. a) What is Marketing Communication? (5)
b) What is Small Scale Business, Startup and Entrepreneurship? (15)



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Dietetics (GROUP A)

Paper: VII (e) / HE216

Roll No.

Time: 3 Hrs. Marks: 75

NOTE: Attempt any FIVE questions, all questions carry equal marks.

- Q1. (a) Define dietetics. 2
(b) What is the difference between a nutritionist and a dietitian? 3
(c) What role can a dietitian play in the society? Discuss the scope of this field. 10
- Q2. (a) Define Fever 2
(b) What are the metabolic effects of fever? 5
(c) Discuss basic components of DIET during fevers of long duration. 8
- Q3. (a) What is peptic ulcer? What are its symptoms and clinical findings? 9
(b) Discuss basic components of bland ulcer diet? 6
- Q4. (a) What are the different types of obesity? (6)
(b) Discuss in detail some of the reasonable strategies for weight loss (9)
- Q5. a) What is malabsorption syndrome? 3
b) Briefly discuss celiac disease. 6
c) What are the characteristics of Lactose restricted diet? 6
- Q6. a) Discuss the possible causes of wasting in Nephrotic Syndrome. 5
b) Define Oliguria, Anuria, GFR, uremia, dialysis 10
- Q7. Write short notes
- a) Gestational diabetes 5
b) Progressive diet 5
c) DASH diet 5



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Subject: Program in Early Childhood Education (Group A) Paper: VII (f) / HE218

Time: 3 Hrs. Marks: 70

NOTE: Attempt any FIVE questions. All questions carry equal marks.

1. (a) Define Early Childhood education? What are the aims of Early Childhood education?
(b) What can be the role of Governments and parents in teaching young children? (7+7)
2. (a) What is curriculum ?
(b) Discuss the importance of curriculum? (4+10)
- 3 (a) Define Nursery School education?
(b) What factors should be considered while selecting various equipments for the Nursery School? (7+7)
- 4 (a) Define Kindergarten?
(b) Plan a one day Schedule for a full day Kindergarten along with reasons (4+10)
- 5 (a) How an ideal day Care service is planned for a school age child?
(b) What measures should be taken to ensure health and safety of children in Day Care centers? (7+7)
6. (a) Define planning? What is the importance of Planning and Organizing? (4+10)
(b) Which rules and factors should be considered while planning Outdoor activity area in an Early Childhood education Setup?
7. Write short notes on any two of the following, (7 + 7)
 - i. Setting up Indoor activity area
 - ii. Education materials of Kindergarten
 - iii. Types of assessment
 - iv importance of parental involvement in day care



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.

Subject: Experimental Food (GROUP- B)

Paper: VIII (i) / HE226

Time: 3 Hrs. Marks: 75

NOTE: Attempt any FIVE questions. All questions carry equal marks.

- Q1. (a) Compare Objective and Subjective methods of food evaluation. (7+8)
(b) Write short note on the following sensory attributes:
• Taste
• Texture
- Q2. (a) Differentiate between Crystalline and Non-Crystalline candies. (7+8)
(b) Write a note on different tests used to check syrup readiness in sugar cookery.
- Q3. (a) What is the role of egg in food preparation and cookery? (7+8)
(b) What factors effect foaming of egg whites?
- Q4. (a) Write short notes on any three of the following: (5+5+5)
• Cheese
• Milk Pasteurization
• Plant Pigments
• Pectic Substances
• Brownian Movement
• Emulsion, Sols, Gels
- Q5. (a) Write down ANY TWO properties of fats in detail. (5+10)
(b) Define the following terms.
GLUTEN, BREAD FLOUR, CAKE FLOUR, PASTERY FLOUR, ALL-PURPOSE FLOUR
- Q6. (a) What is meant by standardized recipe? (2+5+8)
(b) What are essential components of standardized recipe?
(c) What is the importance and benefits of standardizing a recipe?
- Q7. (a) Define rigor mortis. (2+13)
(b) Write a detailed note on rigor mortis in meat, poultry and fish.



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Fashion Illustration (GROUP A)

Paper: VII (d) / HE227

Roll No.

Time: 2 Hrs. Marks: 40

NOTE: Attempt any TWO questions. All questions carry equal marks.

- Q1 a) Define fashion terminologies? (10)
- b) Describe different categories in women's wear? (10)
- Q2 a) Explain life cycle of fashion with examples? (10)
- b) What is the relationship of fashion with different cultures? (10)
- Q3 a) What do you understand by the term "fashion forecasting"? (10)
- b) Discuss elements of design with reference to fashion? (10)



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Roll No.
Time: 3 Hrs. Marks: 70

Subject: Cultural Anthropology (GROUP B)

Paper: VIII (a) / HE228

NOTE: Attempt any FIVE questions. All questions carry equal marks.

- Q.1 a) Define cultural Anthropology? 4
b) Discuss the relationship of Cultural Anthropology with any two of social sciences. 10
- Q.2 a) State the importance of Cultural Anthropology as a field of study? 6
b) What are the characteristics of culture? Explain. 8
- Q.3 a) Define Culture? 4
b) Define Ethnography? Discuss Ethnography as a method to study a culture? 2,8
- Q.4 a) What are the types of culture? Briefly state all. 4
b) What are the Elements of culture? Describe. 10
- Q.5 a) How would you explain the term globalization? 4
b) How the world is becoming a global village with a global culture, Discuss the processes involved? 10
- Q 6 a) Define following?
i Ethnocentrism ii. Cultural relativism iii. Cultural shock 6
b) Define social Sanctions. Write down different types of Sanctions with suitable examples? 8
- Q 7. Write short notes on following 7,7
i. Religion and Culture
ii. Culture and Personality Development
iii. Cultural Hybridization



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Economic, Social & Psychological Aspects of Clothing (GROUP B)
Paper: VIII (j) / HE237

Roll No.

Time: 2 Hrs. Marks: 60

NOTE: Attempt any THREE questions. All questions carry equal marks.

Q.1. (a) Explain Fashion and Fashion Change. (6)

(b) Discuss about factors that support fashion change. (14)

Q.2. Explain in detail clothing expectation with special reference to age, sex, occupation and social roles. (20)

Q.3. (a) Explain diversity in clothing patterns. (6)

(b) Discuss about variations in clothing patterns within culture. (14)

Q.4. (a) Define intelligent Consumer. (3)

(b) What steps should be kept in mind by the consumer while planning clothing expenditures? (17)

Q.5. (a) Differentiate between Folkways and Mores by giving examples.(8)

(b) Explain their impact on practices on clothing in society. (12)



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B.S. Home Economics Part-II (2nd Year) Annual – 2021

Subject: Fundamentals of Architecture & Interior Design (GROUP B)
Paper: VIII (e) / HE240

Roll No.

Time: 3 Hrs. Marks: 70

**NOTE: Attempt any FIVE questions. All questions carry equal marks.
Make illustrations where necessary.**

- Q. 1 (a) Explain the difference in Interior Designer and Interior Decorator in detail? 7
(b) What are the roles and responsibilities of an interior designer? 7
- Q.2 Explain different types of architectural lighting with examples and give illustrations? 14
- Q.3 (a) Why Color is the most important element of the interior design. Explain color schemes in detail. 7
(b) Explain the psychological effects of color in interiors. 7
- Q. 4(a) Define Design and explain the two basic types of design with examples? 7
(b) How could you achieve excellence in interior design through design principles? Elaborate. 7
- Q. 5 Briefly describes the following (with illustrations): 14
(1) Parthenon (2) Ziggurat (3) Greek Columns (4) Pyramids
- Q 6 Explain the different characteristics of Roman Architecture in detail. 14
- Q7. Explain the following with illustrations: 7, 7
(1) Egyptian Motifs (2) Roman Ornamental Motifs