

M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education Paper: I (Method of Research in Sports)

Time: 2 Hrs. 30 Min. Marks: 52

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

- 2. Define research; give its significance for physical education.
- 3. Describe probability sampling methods.
- 4. Discuss the Characteristics of good researcher.
- 5. What is meant by a research tool, identify two research tools?
- 6. Discuss different types of variables.
- 7. Give the steps of developing a research proposal.
- 8. Describe the need and important of a hypothesis is doing give its types.

M.A./M.Sc. Part – II Supply – 2020 & Annual – 2021
Subject: Sport Sciences & Physical Education Time: 30 Min. M

Roll No. in Words.

Paper: I (Method of Research in Sports)

Time: 30 Min. Marks: 18

Signature of Supdt.:

Roll No. in Fig.

Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question.

This Paper will be collected back after expiry of time limit mentioned above.

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|-----|---------------------------------------------|------------------------------------------------|-------|
| _ | 4 Facinals the wintst on some | was the same and a same the same allowed (48x | 4-40\ |
| | | r cutting and overwriting is not allowed. (18x | 1=10) |
| 1. | The main purpose of research in physica | | |
| | (a) Increase social status of an individua | | |
| | (c) Research paradigm | (d) Research design | |
| 2, | | nework in which the research is carried out | |
| | (a) Research hypothesis | (b) Synopsis of Research | |
| | (c) Research paradigm | (d) Research design | |
| 3. | is referred to as "the father of re | | |
| | (a) N.L Gage | (b) David Berliner | |
| | (c) Egon Brunswik | (d) Donald T. Campbell | |
| 4. | What is the main role of research in edu | | |
| | (a) To upsurge one's social status. | | |
| 7 | (c) To augment one's personal growth | (d) To help an applicant in becoming a | |
| | renowned educationalist. | | |
| 5. | The data of research is | | |
| | (a) Qualitative only | (b) Quantitative only | |
| | (c) Both A & B | (d) Neither A nor B | |
| 6. | How is random sampling helpful? | | |
| | (a) Reasonably accurate (b) Ar | economical method of data collection | |
| | (c) Free from personal biases | (d) All of the above | |
| 7. | Tippit table refers to as | , | |
| | (a) Table of random digits | (b) The table used in sampling methods | |
| | (c) The table used in statistical investiga | ations (d) All of the above | |
| 8. | How to judge the depth of any research | ? | |
| | (a) By research title | (b) By research duration | |
| | (c) By research objectives | (d) By total expenditure on research | |
| 9. | Which of the following is not the method | od of Research? | |
| | (a) Survey | (b) Historical | |
| | (c) Observation | (d) Philosophical | |
| 10. | . Authenticity of a research finding is its | | 18 |
| | (a) Validity | (b) Objectivity | |
| | (c) Originality | (d) All of the above | |
| 11. | . Which one is called non-probability san | npling? | |
| | (a) Quota sampling | (b) Cluster sampling | |
| | (c) Systematic sampling | (d) Stratified random sampling | |
| 12 | . Research problem is selected from the s | tandpoint of | |
| | (a) Social relevance | (b) Financial support | |
| | (c) Researcher's interest | (d) Availability of relevant literature | |
| 13 | . Books and records are the primary sour | ce of data in | |
| | (a) Clinical Research | (b) Historical Research | |
| | (c)Laboratory Research | (d) Participatory Research | |
| 14 | . How can we enhance the research object | etive? | |
| | (a) By making it more valid | (b) By making it more reliable | |
| | (c) By making it more impartial | (d) All of the above | |
| 15 | . Action-research can be understood as | | |
| | (a) A longitudinal research | (b) An applied research | |
| | (c) A kind of research being carried out | to solve a specific problem | |
| | (d) All of the above | | |
| 16 | . Which of the following is not an essent | ial element of report writing? | |
| | (a) Research Methodology | (b) Reference | |
| | (c) Conclusion | (d) None of these | |
| 17 | . Testing hypothesis is a | | |
| | | escriptive statistics | |
| | (c) Data preparation | (d) Data analysis | |
| 18 | Survey research studies | | |
| | (a) Events | (b) Processes | |
| | (c)Population | (d) Circumstances | |
| | 8.0 | | |



M.A./M.Sc. Part - II Supply 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education
Paper: II (Measurement and Evaluation in Sports)

| • | Roll | No. | |
|----|------|-----|--|
| •- | | | |

Time: 2 Hrs. 30 Min. Marks: 52

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

| Q. No. 2. | Q. No. 2. Define measurement also describe the need and importance of measurement | | | | urement in the | | | | |
|-----------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------|-----------|----------------|-------------|--------------|--------------|-----------------|
| | | field o | of sports. | | | | | | (13) |
| Q. No. 3. | | Defin | e General | Motor A | bility also | explain dif | ferent comp | ponent of r | notor |
| | | ability | y. | | | | | | (13) |
| Q. No. 4. | | What | is rating? | Write a d | letailed no | te on the r | ales for the | use of ratin | ng scales. (13) |
| Q. No. 5. | | Find out the Co-efficient of correlation from the given data: | | | | | (13) | | |
| X | 25 | | 29 | 30 | 30 | 31 | 29 | 32 | 34 |
| Y | 20 | | 28 | 24 | 29 | 23 | 26 | 29 | 31 |
| Q. No. 6. | | Desci | ribe differ | ent Metho | ods of Gra | ding Scale | and also w | rite down t | he purpose and |
| | | criter | ia of gradi | ng. | | | | | (13) |
| Q. No. 7. | | Define statistics also discuss the scope of Statistics in Sports. | | | | | (13) | | |
| Q. No. 8. | | Enlist different skill tests of Hockey also explain Goal Scoring Test in I | | | | | t in Hockey | | |
| - | | with | examples. | | | | | | (13) |

M.A./M.Sc. Part - II Supply 2020 & Annual - 2021

Roll No. in Words.

Roll No. in Fig.

Subject: Sport Sciences & Physical Education

Time: 30 Min. Marks: 18

Paper: II (Measurement and Evaluation in Sports)

Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question. This Paper will be collected back after expiry of time limit mentioned above.

Signature of Supdt.:

| Q.1. | Encircle the | right answer | cutting and | overwriting is | not allowed. | (9x2=18) |
|------|--------------|--------------|-------------|----------------|--------------|----------|
|------|--------------|--------------|-------------|----------------|--------------|----------|

- Which type of evaluation is used to monitor the learning process: (i)
 - A) Summative evaluation
- B) Diagnostic evaluation
- C) Formative evaluation
- D) Placement evaluation
- (ii) The main purpose of the evaluation is to make judgments about educational:
 - A) Age

B) Time period

C) Quality

- D) Quantity
- (III) From the following the right sequence is:
 - A) Test, measurement, assessment, Evaluation
 - B) Evaluation, Test, Measurement, Assessment
 - C) Test, assessment, Evaluation, Measurement
 - D) Assessment, Measurement, Evaluation, Test
- Name the test to determine the cardio-vasccax efficiency (iv)
 - A) Harvard test
- B) Coopers test
- C) Margaria step test
- D) Bench test.
- A treadmill is used for measuring (v)
 - A) Speed

- B) Power
- C) Work done in running D) Force.
- In which case we should not use test? (vi)
 - A) When the number is small
 - B) When variance is large
 - C) When distribution is normal D) None of the above.
- The evaluation which is undertaken during the course of training is called (vii)
 - A) Summative evaluation
- B) Creative evaluation
- C) Formative evaluation D) Normative evaluation
- Which of the following tests is not used to measure muscular endurance? (vili)
 - A) Sit up

- B) Flexed arm hang
- C) Squat thrust
- D) Distance walk.
- Assessments of flexibility is done with the help of (ix)
 - A) Dynamometer
- B) Tens meter
- C) Goniometry
- D) Cyber.



M.A./M.Sc. Part - II Supply 2020 & Annual - 2021

Subject: Space Science (New Course)

Paper: II (Electrodynamics and Space Plasma)

Roll No.

Time: 3 Hrs. Marks: 100

NOTE: Attempt only FIVE questions in all by selecting at least <u>TWO</u> questions from each section. All questions carry equal marks.

SECTION -I

| Q-1 State and explain Maxwells equations and physical significance of each equation | n. 20 |
|----------------------------------------------------------------------------------------------------|-----------|
| Q-2 Calculate the expression for electromagnetic field tensor. | 20 |
| Q-3 Discuss the solution of electromagnetic wave equation in conducting media. | 20 |
| Q-4 Find the solution of electromagnetic wave equation by using the concept of sca and Vectors. | ler 20 |
| SECTION-II | |
| Q-5 Calculate the expression for plasma frequency. | 20 |
| Q-6 What happen when Plasma particles are under uniform electric and magnetic | |
| field. | 20 |
| Q-7 Discuss motion of charge particle in gravitational field. | 20 |
| Q-8 What is concept of upper hybrid frequency. | 20 |
| Q-9 State and explain fluid equation of motion. | 20 |



M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education

Paper: III (Exercise Physiology)

Roll No.

Time: 2 Hrs. 30 Min. Marks: 52

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

SUBJECTIVE TYPE

| | 14 |
|--------|---------------------------------------------------------------------------------|
| Q.No.2 | Write importance of Exercise Physiology in Sports era? |
| Q.No.3 | Define Blood pressure? Explain it in detail? |
| Q.No.4 | Explain hemoglobin dissociation curve? Also write down its importance in sports |
| O No 5 | Write a comprehensive note on doping? |
| O No 6 | Trescribe in detail how air pollution effected sports performance? |
| Q.No.7 | write a detailed note on stoke and temperature regulation? |
| | |

| UNIVERSITY OF THE PUNJAB M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021 Subject: Sport Sciences & Physical Education Time: 30 Min. Marks: 18 Paper: III (Exercise Physiology) |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question. This Paper will be collected back after expiry of time limit mentioned above. |
| Q.1. Encircle the right answer cutting and overwriting is not allowed. (9x2=18) (i) The word stretching is defined as: (a) Range of motion (b) elasticity(c) Flexibility (d) All of them (ii) The Primary function of Heart is to |
| (vi) The following are the functions of connective tissues (a) Storing energy (b) Providing a framework for the body (c) a and b (d) All of them |
| (vii) Which nervous system controls skeletal muscle |
| (a) Sympathetic (b) Parasympathetic (c) Afferent (d) Somatic (viii) Blood returning to the heart from the pulmonary circuit first enters the: |

(a) Left ventricle (b) Left Atrium (c) Right atrium (d) Right Ventricle

(a) Pump blood (b) Push blood (c) transfer blood (d) Right Ventricle

(ix) The function of the ventricles in the heart is to _____



M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education

Paper: IV (Fitness & Wellness)

Roll No.

Time: 2 Hrs. 30 Min. Marks: 52

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

SUBJECTIVE TYPE

| Q.2. | Write i. ii. iii. iv. v. vi. | the short answers of the following: What is meant by Health and Fitness? List down the 6 dimensions of wellness as described by Hettler? What do you meant by FITT formula? Differentiate between Warm up and Cool down? Define Physical Activity Pyramid? Differentiate between General Exercise Guidelines and Specific Exercise Guidelines | (13) s? |
|------|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Q.3. | Wha | at are the Health Risk Factors? Describe in detail with suitable examples? | (13) |
| Q.4. | | hat is Warm-up? Explain the types of Warm-up? What are its benefits and what ses of not doing Warm-up? | are the |
| Q.5. | Wha | at is Body Mass Index (BMI)? Briefly define the test to measure the BMI? | (13) |
| Q.6. | "Ho | w exercise leads our life towards better & healthier life"? Describe in detail? | (13) |
| Q.7. | Wri | te a Lifestyle Modification Plan? Also discuss the 5 "W" Plan in detail? | (13) |
| 0.8. | Defi | ne Physical Activity? Also describe the Progressive Overload in detail? | (13) |

| 8 | UNIVERSITY OF THE PUNJAB M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021 Roll No. in Fig |
|------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021 Roll No. in Words |
| Subject: S | Sport Sciences & Physical Education Time: 30 Min. Marks: 18 \ |
| Paper: IV | (Fitness & Wellness) |
| | Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question. Paper will be collected back after expiry of time limit mentioned above. |
| | Division of marks is given in front of each question. |
| This | Paper will be collected back after expiry of time limit mentioned above. |
| | |
| | |
| Q#1. | Circle the right answer from the given option. $(18 \times 1 = 18)$ |
| i. | The capability of the individual to meet the varied physical and psychological demands made by a |
| | sporting activity. |
| | a. Physical Fitness b. Optimal Health c. Fitness d. None of the above. |
| ii. | The health risk factor are |
| | a. High Blood Pressure b. Smoking c. Diabetes d, All of the above. |
| iii. | A person should exercise forminutes. |
| | a. 10 to 15 minutes b. 30 to 45 minutes c. 60 to 90 minutes d. 1 hour |
| iv. | can be also called as the house of all diseases. |
| | a. Extra Workout b. Less Activity c. Illness d. Obesity |
| v. | The 15 min Exercise Plan for Cardiovascular Endurance is |
| | a. Running on the Spot b. Side Jumping c. Lower Body Sit-ups d. Both (a) & (b) |
| vi. | A person should drink waterminutes after every meal. |
| | a. 10 minutes b. 20 minutes c. 30 minutes d. 40 minutes |
| vii. | Obesity are oftypes. |
| | a. 5 b. 3 c. 4 d. 2 |
| viji. | The treatment of Obesity includes |
| | a. Diet Treatment b. Medication c. Surgery d. All of the Above |
| ix. | Stress can be handled in following ways |
| | a. Find the cause of the solution b. Accept the worse that can happen c. Laughter Therapy |
| | d. Both (a) & (b) |
| х. | A person do warm up in order to |
| 37.5 | a. Prepares the body for exercise b. Reduce the risk of injury c. Stretches the muscles d. |
| 1 | Both (a) & (b) |
| xi. | The is an activity that prepares the muscles for work. a. Warm up b. Cool down c. Work out d, None of the above. |
| xii. | Principle placing increasing amounts of stress on the body causes adaptations that |
| AII. | improve fitness. |
| | a. Specificity-Adapting to type of Training b. Progressive Overload-Adapting to Amount of |
| | Training c. Reversibility-Adapting to a Reduction in Training d. None of the above. |
| xiii. | Body Composition can be measured in ways. |
| ****** | a. 6 b. 4 c, 3 d. 1 |
| xiv. | is the proportion of bone, muscle and fat in an athlete. |
| | a. Flexibility b. Strength c. Cardiovascular Fitness d. Body Composition |
| • xv. | The Equipment used for measuring the Body Mass Index (BMI) is |
| 22.4.0 | a. Height Scale or Tape Measure b. Weight Scale c. Skin Fold d. Both (a) & (b) |
| xvi. | is the ability to change the position of your body quickly and to control body's |
| | movements. |
| | a. Anaerobic Power b, Speed c. Agility d. None of the above. |
| xvii. | The common examples of Acute Injury are |
| | a. Strains b. Sprains c. Fractures d. All of the above. |

____ to varying degrees and eat more protein.

a. Carbohydrates b. Vitamins c. Minerals d. None of the above.

Dieters limit_

xviii.



Olympics.

UNIVERSITY OF THE PUNJAB

M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education

Paper: VI (e) / V-N (Science of Track & Field) (Common)

Roll No.

Time: 2 Hrs. 30 Min. Marks: 52

(13)

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

SUBJECTIVE TYPE

| | would you draw out the measurements from the process of one str ca standard athletic track? | aight length of (13) |
|---------------|------------------------------------------------------------------------------------------------|---------------------------|
| Q No 3. a) Do | efine the Ancient Olympic Games. | |
| | rite down the advantages of the modern Olympic Games as compare pic Games. | ed to Ancient (3+10) |
| Q.No 4. a).D | efine the middle distance. | |
| • | rite down the techniques which help to increase the performance of nce runners. | f the middle (3+10) |
| | would you make a complete program of athletic competition at unthree sessions? | iversity level of (13) |
| Q No 6. Wri | te down the duties of the following officials in the Athletic competiti | ion |
| 3. | Referee | |
| H. | Chief judge of position holder | |
| III. | Chief time keeper | (5+4+4) |
| Q No 7. a) V | Vrite down the rules of throwing the shot put. | |
| , b) E | xplain marking the circle along with sector of throwing the shot put. | (6+7 |
| O No S Sumi | ain in detail the sole of Barran D. Couhartin in the P.T.O reconstruction of | modern |

Roll No. in Fig. UNIVERSITY OF THE PUNJAB M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021 Roll No. in Words. Subject: Sport Sciences & Physical Education Time: 30 Min. Marks: 18 Paper: VI (e) / V-N (Science of Track & Field) (Common) Attempt this Paper on this Question Sheet only. Signature of Supdt.: Division of marks is given in front of each question. This Paper will be collected back after expiry of time limit mentioned above. Encircle the right answer cutting and overwriting is not allowed. (6+6+6=18) Q.1. Part - A 4. Length of Javelin (women) 1. Weight of javelin (men) a) 2.4-2.5 a) 600 gr b) 2.2-2.3 b) 800 gr cr 2.3-2.4 c) 700 gr 5. Weight of shot put (women) 2. Weight of javelin (women) a) 5000 kg a) 500 gr b) 4000 kg b) 600 gr c) 3000 kg c) 400 gr 6. Weight of shot put (men) 3. Length of javelin (men) a) 8000 kg a) 2.8-2.9 b) 7.260 kg b) 2.6-2.7 c) 7000 kg c) 2.7-2.8 Part - B 10. How many middle distance events 7. Weight of discuss (men) a) 3 a) 2500 kg b) 2 b) 2000 kg c) 4 c) 3000 kg 11. How many long distance events 8. Weight of discuss (women) d) 4 a) 1500 kg e) 7 b) 1000 kg f) 5 c) 2000 kg 12. How many Pentathlon 9. How many sprint events in athletics a) 6 a) 5 b) 5 b) 3 c) 7 c) 4 Part - C 16. Width of a lane 13. How many events in Decathion a) 1.23 m a) 10 b) 1.22 m b) 8 c) 1.24 m c) 9 17. Width of a line of track 14. How many lines in standard athletic track a) 6 cm

b) 5 cm

c) 7 cm

a) yellow

b) white

c) green

18. Color of the line of the track

a) 8

b) 9

c) 10

a) round

c) spherical

b) oval

15. The shape of athletic track

| MM- 2 | |
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Roll No. in Words. M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education Paper: VI-A (Theory of Games &

Computer Application in Sports)

Time: 30 Min. Marks: 18

Signature of Supdt.:

Roll No. in Fig.

Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question. This Paper will be collected back after expiry of time limit mentioned above.

Q#1. Encircle the right answer cutting and overwriting is not allowed. (9x2=18)

- machine who makes work easier and reliable for the users: 1. Computer is a ___
- (a) Efficient (b) Effective (c) Genius (d) Dump.
- 2. MS-Word is an example of
- (a) Operating System (b) Processing Device (c) Input Levice (d) Application Software
- 3. Ctrl, Shift and Alt are called
- (a) Modifier (b) Functional (c) Alphanumeric (d) Adjustment
- 4. Junk email is called
- (a) Spasm (b) Spool (c) Sniffer (d) Skoof
- 5. Storage capacity of magnetic disk depends on:
- (a) Disc Pack (b) track per inches (c) Sector storage (d) all of the above
- 6. Which of the following is the highest governing body of lawn tennis?
- (a) International Tennis Federation (b) World Tennis Federation (c) Tennis Association of the World (d) World Tennis authority
- 7. What is length and width of the Tennis Court:
- (a) (71 and 30) m (b) (78 and 36) m (c) (50 and 28) m (d) (80 and 38) m (e) none of them
- 8. The first U.S. Championship of lawn tennis was organized in
- (a) 1970 (b) 1968 (c) 1961 (d) 1959
- 9. Assuming the same number of teams, the type of tournament that would take the longest time to complete would be
 - (a) Round Robin (b) Ladder (c) single-elimination (d) Double-elimination



M.A./M.Sc. Part - II Supply - 2020 & Annual - 2021

Subject: Sport Sciences & Physical Education

Paper: VI-A (Theory of Games &

Computer Application in Sports)

Roll No.

Time: 2 Hrs. 30 Min. Marks: 52

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

| Q No 2. Write a detail note on free shoot in basketball game? | 13 |
|-----------------------------------------------------------------------------------------------------------------------|----------------|
| Q No 3. Why computers are so important in sports? Explain your answer with suitable example example 2. | mples? 13 |
| Q No 4. Write a detail note on Sports related software (e.g Cric stat, Dartfish, hot spot | etc). 13 |
| Q No 5. Define the following terms | |
| (a) Graphic user interface (b) Email (c) Software and Hardware (d) Setter (volleyball) (method (f) Pyramid Method | e) Consolation |
| Q No 7. Write 10 rules and at least 5 techniques of badminton game? | 6, 7 |
| Q No 8. Explain in detail, how double elimination method works in Major tournaments? | 1,3 |
| Q No 9. Define Local Area Network and Wide Area Network? Explain how MS-word and Po | ower point |
| software can helpful in sports? | 2,6,5 |



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| Roll No | Roll | No. | | ••• | • | | • | | | • |
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Subject: Sport Sciences & Physical Education

Paper: V & VI-E-N (Leadership in Sports) (Common)

Time: 2 Hrs. 30 Min. Ma

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

| Q 2. Write a short note on the following. | 201 2 |
|----------------------------------------------------------------------------|------------------|
| (a) Define theories of leadership. | (4) |
| (b) Enlist types of communication. | (3) |
| (c) What do you mean by media coverage? | (3) |
| (d) What are the tips for a good meeting? | (3) |
| Q3. Define leadership and discuss the strong and peaceful quality of trans | sformational and |
| transactional leadership. | 13 |
| Q4 Describe the report writing and minutes of the meeting in detail. | 13 |
| Q5. Define communication and its types in detail. | 13 |
| Q6. How the leader contributes to the development and promotion of spo | rts? Discuss in |
| detail. | 13 |
| Q7. How unfair play damages sports explain with examples. | 13 |
| Q8. Explain the following; | 13 |
| i. Barriers of communication ii. Annual Report of organization perfe | ormance |

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Attempt this Paper on this Question Sheet only. Division of marks is given in front of each question. This Paper will be collected back after expiry of time limit mentioned above. |
| Q#1. Circle the right answer from the given option. (18x1=18) |
| (i) Regarding leadership, which statement is false? |
| (a) Not every leader is a manager (b) None of these (c) All of the above |
| (d) When people operate as leaders their role is always clearly established and |
| defined |
| (ii) Which one is not the quality of an effective leader |
| (a) Confidence (b) Honesty (c) Unfair (d) None of these |
| (iii) Which of the following are the characteristics of Charismatic leadership? |
| (a) Employees a clear chain of command. |
| (b) Maintaining a good, strong, effective, and distinctive image for the organization. |
| (c) None of these |
| (d) All of these |
| (iv) A boss asking the employee to suggest the due date for the given task would be a |
| representation of? |
| (a) Laissez leadership communication style |
| (b) Democratic – leadership communication style |
| (c) Authoritarian – leadership communication style |
| (d) None of these |
| (v) is increasing leadership. |
| (a) Strategy (b) Command (C) Control (d) Getting other to follow |
| (vi) Which of the following are the characteristics of Transactional leadership? |
| (a) Looks to pick up the spirit, humor, and mood of the people. |
| (b) Believe that if leaders and staff work together, then it leads to success. |
| (c) Try his/her best to involve a team member in the process of decision making. |
| (d) Must observe that the punishment and rewards motivate staff. |
| (vii) A leader who allows his employees complete freedom to make decisions and - to |
| complete work in whatever way they think is best is using which leadership style? |
| (a) Democratic (b) laissez-faire (c) Autocratic (d) Democratic |
| (viii) which leadership style should managers move toward? |
| (a) Autocratic (b) laissez-faire (c) Democratic (d) All of these |

| (ix) A leader who | tends to centralize a | uthority, dictate work r | nethods, and make unilateral |
|-------------------|------------------------|--------------------------------------|------------------------------|
| | leader. | | |
| (a) Democratic | (b) laissez-faire | (c) Autocratic | (d) Democratic |
| (x) Which of the | following is generally | not true about a mana | ger? |
| (a) He can punis | h or reward others | (b) He has legitims | ate power |
| (c) He should id | cally be a leader | (d) He emerges fro | m a group |
| | | | s of an upcoming meeting. |
| (a) Minutes | (b) Letter | (c) Notice | (d) Agenda |
| (xii) The main pa | arts of an agenda are | and | —· |
| (a) Heading | (b) Body (c | e) Both a and b | (d)None |
| (xiii) All commu | nication events have | a | |
| (a) Resource | (b) Source | (c) Start | (d) End |
| (xiv) The langu | age of the report shou | ld be | |
| (a) Formality | (b) Form | al (c) Cas | ual (d) Loose |
| | | ly to solve problems u | |
| | | (c) Uncertainty nportant Manager rol | |
| (a) Supervisor | (b) Facilitator | (c) Internal Coach | (d) Participation |
| (xvii) Which mo | odel of decision mak | ing takes advantage o | of unconscious reasoning? |
| (a) Rational | (b) Non rational | (c) Intuitive | (d) Speed |
| (xviii)Which on | e of the following is | not an example of sp | ortsmanship-like behavior? |
| (a)Respect for | an opponent (b) V | Vin-at-all-costs attit | ude (c) Punish foul behavior |
| (d) A and c | | | |