

SYMPOSIUM SESSION DETAIL

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2 7 th February, 2019 | | | |
|--|--|---|--|
| <p style="text-align: center;">Symposium 1: Interpersonal Acceptance Rejection</p> <p>Key Note Address: A Decade of Interpersonal Acceptance-Rejection Theory (IPAR Theory) in Spanish Population: Empirical Results and New Challenges Prof. Miguel A. Carrasco, PhD (UNDE), Madrid, Spain Theme: PsychoSocial Correlates of Perceived Acceptance Rejection Time: 10:00 – 11:30 am Venue: Auditorium Chair 1: Prof. Ruhi Khalid, PhD Symposium Chair: Prof. Miguel A. Carrasco, PhD Director: Prof. Farah Malik, PhD Moderator: Tanzeela Bashir Session Coordinator: Saira Khan</p> | | <p style="text-align: center;">Symposium 2: Forensic Psychology</p> <p>Key Note Address: Childhood Sexual Abuse in Pakistan Saima Sandhu, PhD, New Jersey City University, New Jersey, (USA) Theme: Child Sexual Abuse and Traumatic Events Time: 10:00 – 11:30 am Venue: Room # 01 Chair 1: Prof. Muhammad Jahanzeb, PhD Symposium Chair: Saima Sandhu, PhD Director Representative: Rafia Rafique, PhD Moderator: Zainab Raj Session Coordinator: Maryam Ayub</p> | |
| 1. | <p>Mediating Role of Social Competence between Parental-Peer Rejection and Psychological Adjustment of Adolescents Sultan Shujja, PhD, Prof. Farah Malik, PhD & Nashi Khan, PhD Department of Psychology, University of Sargodha, Sub-campus Bhakkar. Institute of Applied Psychology, University of the Punjab, Lahore. Centre for Clinical Psychology, University of the Punjab, Lahore. Email: sultanshujja@gmail.com</p> | 1. | <p>Childhood Abuse and Psychopathic Tendencies in Juveniles Delinquents: Mediating Role of Interpersonal Difficulties Waqas Younas, Muhammad Faran & Prof. Farah Malik, PhD Department of Psychology, University of Management and Technology, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: muhammad.faran@umt.edu.pk</p> |
| 2. | <p>Teacher Acceptance-Rejection (TAR) and Self-Directed Learning (SDL) in Matric and O'Level Students Saba Ashraf, Fatima Hasnain & Prof. Rukhsana Kausar, PhD Institute of Applied Psychology, University of</p> | 2. | <p>Marital Quality, Early Childhood Abuse and Emotional Dysregulation in Married Women with Functional Neurological Symptom Disorder Madiha Arooj & Prof. Farah Malik, PhD Centre for Clinical Psychology, University of</p> |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|---|
| | the Punjab, Lahore. Email: sabaashraf577@gmail.com | | the Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: madihaarooj87@gmail.com |
| 3. | Step Parent Rejection and Bullying Victimization in Children: Mediating Role of Peer Rejection Sensitivity Tanzila Naseem, Muhammad Faran & Prof. Iftikhar Ahmad, PhD Department of Psychology, University of Management and Technology, Lahore. Email: muhammad.faran@umt.edu.pk | 3. | Attachment Security, Trauma Appraisal and Post-Traumatic Stress in School Boys of Kasur Ahmad Shah GC University, Lahore. Email: ahmedshah2022@gmail.com |
| 4. | Perceived Ex-husband Rejection on Symptoms of Psychological Distress among Pakistani Remarried Women following Divorce: Moderating Role of Emotional Intelligence Sultan Shujja, PhD, Ansa Akram, Jennifer Holzapfel, PhD & Ashley K. Randall, PhD Department of Psychology, University of Sargodha, Sub-campus Bhakkar. Department of Psychology, University of Management and Technology, Lahore. Counseling and Counseling Psychology, Arizona State University, Tempe, AZ. Email: sultanshujja@gmail.com | 4. | Role of Trait Emotional Intelligence and Ambivalent Sexism in Rape Myth Acceptance Hafsa Umar & Samia Wasif, PhD Department of Humanities, COMSATS University, Islamabad Campus, Islamabad. Email: hafsaumar96@gmail.com |
| 5. | Mediating Role of Early Maladaptive Schemas between Maternal Rejection and Self-Defeating Interpersonal Style among Adults Anum Tahir & Sara Imtiaz National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: alexandrite287@gmail.com | 5. | Does Resilience Invigorate Reporting Child Sexual Abuse among Teachers? Shainza Iqbal & Naeem Aslam, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: shnziqbal@gmail.com |
| 6. | Parental Acceptance Rejection, Emotional Intelligence and Narcissism in Young Adults Iqra Naz, Farhat Jamil, PhD & Ruhi Khalid, PhD Institute of Psychology, Beacon house National University, Lahore. Email: farhat.nadeem@bnu.edu.pk | 6. | Attachment Security, Trauma Appraisal and Post Trauma Stress in School Girls of Kasur Aimen Zafar Butt & Aisha Sitwat, PhD Centre for Clinical Psychology, University of the Punjab, Lahore. Email: aimenbutt56@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2 7 th February, 2019 | | | |
|---|---|---|--|
| <p style="text-align: center;">Symposium 3: Interpersonal Acceptance Rejection Theory</p> <p>Key Note Address: Giving and Receiving Affection in Different Human Systems by Artemis Z. Giotsa, PhD, University of Ioannina, Greece.</p> <p>Theme: Interpersonal Acceptance Rejection , Psycho-Social Competence and Adjustment</p> <p>Time: 02:30 – 4:00 pm</p> <p>Venue: Auditorium</p> <p>Chair 1: Prof. Anila Kamal, PhD</p> <p>Symposium Chair: Artemis Giotsa, PhD</p> <p>Director: Prof. Farah Malik, PhD</p> <p>Moderator: Asma Zafar</p> <p>Session Coordinator: Saira Khan</p> | | <p style="text-align: center;">Symposium 4: Forensic Psychology</p> <p>Key Note Address: Globalization and Mental Health by Akhtar Ali Syed, Brothers of Charity Services, Ireland.</p> <p>Theme: Crime and Psycho-legal Issues and Challenges</p> <p>Time: 02:30 – 4:00 pm</p> <p>Venue: Room # 01</p> <p>Chair 1: Prof. I. N. Hassan, PhD</p> <p>Symposium Chair: Akhtar Ali Syed</p> <p>Director Representative: Iram Fatima, PhD</p> <p>Moderator: Sundas Zameer</p> <p>Session Coordinator : Maryam Ayub</p> | |
| 1. | <p>Rejection Sensitivity, Self-Silencing and Aggression in Married Woman</p> <p>Mueeza Mustafa & Zaeema Farooq</p> <p>Institute of Applied Psychology, University of the Punjab, Lahore.</p> <p>Email: mueeza.mustafa57@gmail.com</p> | 1. | <p>Traumatic Life Events, Social Support and Mental Health of Under Trial Women Prisoners</p> <p>Saima Khan & Prof. Farah Malik, PhD</p> <p>Institute of Applied Psychology, University of the Punjab, Lahore.</p> <p>Email: saima_kh90@hotmail.com</p> |
| 2. | <p>Adolescent Triangulation into Interparental Conflict: Role of Cognitive Appraisals and Birth Order</p> <p>Sana Bukhari & Sobia Masood, PhD</p> <p>National Institute of Psychology, Quaid-i-Azam University, Islamabad.</p> <p>Email: sana_b15@nip.edu.pk</p> | 2. | <p>Psychiatric Morbidity, Spirituality, and Criminal Recidivism among Male and Female Pakistani Prisoners</p> <p>Wajeeha Naseer & Rabia Dasti</p> <p>Centre for Clinical Psychology, University of the Punjab, Lahore.</p> <p>Email: wajeeha.naseer@yahoo.com</p> |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|--|
| 3. | Impact of Self-Compassion on Anxiety: Role of Rejection Sensitivity and Emotional Intelligence Adnan Adil, PhD, Kaleem Abbas & Sadia Niazi Department of Psychology, University of Sargodha, Sargodha. Email: livespirit786@yahoo.com | 3. | Impulsivity and Risk Perception in Convicts Akraam Ullah & Mujeeba Ashraf, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: akraamullah973@gmail.com |
| 4. | Parental Punishment and Social Competence in Late Adolescents Living in Nuclear and Joint Family Systems Tehmina Zubair & Shameem Fatima, PhD Department of Humanities, COMSATS University, Lahore Campus, Lahore. Email: tehminazubair734@yahoo.com | 4. | Personality, Emotional Instability and Criminal Thinking among Female Offenders Amna Nazakat & Zaeema Farooq Institute of Applied Psychology, University of the Punjab, Lahore. Email: azanmalik5991@gmail.com |
| 5. | Perceived Parental Acceptance, Power and Prestige as Determinants of Psychological Adjustment in Young Adults of Southern Punjab Nazia Ilyas & Rizwana Amin, PhD Department of Applied Psychology, NCBA&E, Multan. Department of Applied Psychology, Bahauddin Zakariya University, Multan. Email: nk.psycho.healer@gmail.com | 5. | A Comparative Study of Developmental and Personality Factors among Murderers and their Community Controls Adnan Adil, PhD, Qurat-ul-Ain & Sultan Shuja, PhD Department of Psychology, University of Sargodha, Sargodha. Email: livespirit786@yahoo.com |
| | | 6. | Social Construction of Honor Killing among the Natives of Sindh Saeed Bosan & Prof. Syeda Salma Hasan, PhD Department of Psychology, GC University, Lahore. Email: s.salmahasan@hotmail.com |
| | | 7. | Prevalence of Psychological Disorders among Female Prisoners in Pakistan Maryam Riaz, Noreena Kausar & Bushra Bibi, PhD Department of Psychology, University of Gujrat, Gujrat. Email: bushra.bibi@uog.edu.pk |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | | |
|--|--|--|
| | | <p>8. Reinforcement of the Honor Killing Afshan Kiran Imtiaz, Prof. Farah Malik, PhD & Raana Malik, PhD Department of Gender Studies, University of the Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore Email: afshan1317@gmail.com</p> |
|--|--|--|

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

Day 3 - 8th February, 2019

Symposium 5: Organization Psychology

Key Note Address: Industrial-Organizational psychology: Past, Present, and future by Muhammad Imran Qureshi, PhD, Universiti Teknologi, Malaysia.

Theme: Work Environment and Stressors: Occupational Perspective

Room: Auditorium

Venue: 10:00 to 11:30 am

Chair I: Muhammad Imran Qureshi, PhD

Symposium Chair: Prof. Rukhsana Kausar, PhD

Director Representative: Shazia Qayyum, PhD

Moderator: Syeda Maha Gilani

Session Coordinator: Beenish Mubeen

| | |
|----|--|
| 1. | Organizational Politics, Workplace Bullying and Job Performance among Reporters Zainab Bibi, Ghulam Ishaq & Rafia Rafique, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: gishaq786@yahoo.com |
| 2. | Moderating Role of Masculinities in between Gender Stereotypes and Gender-Based Violence among Pharmaceutical-Sector Employees Asma Malik, Ghulam Ishaq & Rafia Rafique, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: gishaq786@yahoo.com |
| 3. | Hardiness, Sense of Humor, Altruism and Job Satisfaction among Teachers of Special Education (SE) Syeda Fakhar.E.Zahra Bukhari & Nazia Bashir Centre for Clinical Psychology, University of the Punjab, Lahore. Email: fakharzahra73@gmail.com |
| 4. | My Best Teacher: Exploring Childhood Memories of University Female Students Azher Hameed Qamar & Mahum Ijaz Department of Psychology, University of Management and Technology, Lahore. Email: azher.qamar@umt.edu.pk |
| 5. | Self-Consciousness, Perceived Social Support, and Marital Adjustment among Working and Non-Working Mothers Zainub Idrees & Sara Asad Department of Applied Psychology, Kinnaird College for Women, Lahore. Email: sara.asad@kinnaird.edu.pk |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | |
|----|---|
| 6. | Perception of Reputation, Loneliness, Satisfaction with Life and Aggressive Behavior in Pakistani Adolescence Uzma Ilyas, Ayesha Shahid Sheikh & Hira Liaqat Centre for Clinical Psychology, University of the Punjab, Lahore. Department of Psychology, University of Management and Technology, Lahore. Email:ozma.ilyas@gmail.com |
| 7. | The Relationship between Personality Traits, Work Family Balance, and Burnout in Practicing Psychologists Maryam Javed & Zainab Raza Department of Humanities, COMSATS University, Lahore Campus, Lahore. Email: maryamjaved333@yahoo.com |

International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)

**ORAL
PRESENTATION
SESSIONS**

Institute of Applied Psychology, University of the Punjab, Lahore

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2: 7 th February, 2019 | | | |
|--|--|--|--|
| Session 1 | | Session 2 | |
| Theme: Minorities and Psychological Well-being Venue: Committee Room Time: 11:30 am - 01:00 pm Chair 1: Prof. Nick Hopkins, PhD Chair 2: Sarwat Sultan, PhD Director Representative: Mujeeba Ashraf, PhD Moderator: Muhammad Faran Session Organizer: Beenish Najam | | Theme: Psychotherapy and Assessment in Indigenous Context Venue: Room # 10 Time: 11:30 am - 01:00 pm Chair1: Prof. Iftikhar Ahmad, PhD Chair 2: Uzma Masroor, PhD Director Representative: Afsheen Masood, PhD Moderator: Shiba Saeed Session Organizer: Shiza Shahid | |
| 1. | Attitude toward Afghan Refugees: Role of Social Identity in Terror Management Perspective Iqra Triq & Humaira Jami, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: iqra_991@nip.edu.pk | 1. | Construction and Validation of Flourishing Scale for Older People of Pakistan Sharia Anoosh, Saba Ghayas, PhD, Adnan Adil, PhD & Sadia Niazi Department of Psychology, University of Sargodha, Sargodha. Email: saba.ghayas3@gmail.com |
| 2. | Emotional Intelligence and Self-Concept as Predictors of Goal-Adjustment among Pakistani Transgender Uzma Ilyas & Rida Hussain Bukhari Centre for Clinical Psychology, University of the Punjab, Lahore. Department of Applied Psychology, Lahore Garrison University, Lahore. Email: ozma.ilyas@gmail.com | 2. | Indigenous Work Family Stress Strain Scale Mahira Ahmad & Amina Muazzam, PhD Department of Applied Psychology, Lahore College for Women University, Lahore. Email: mahira_capri@ymail.com |
| 3. | The Predictive Role of Resilience in Suicidal Ideation among Institutionalized Orphans Sana Nawaz & Mussarat Jabeen Khan, PhD Department of Psychology, Superior Group of Colleges G-T Road, Islamabad. Department of Psychology (Female campus), International Islamic University, Islamabad. Email: sana_nawaz1288@hotmail.com | 3. | Construction and Validation of Cyber Harassment Experience Scale (CHES) Sumaira Ayub & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: sumairayub002@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|--|
| 4. | Self-Objectification and Internalized Transphobia as Predicting Factors of Psychological Distress in Male-to-Female Transgenders Shaza Azam & Sumaira Ayub Centre for Clinical Psychology, University of the Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: shaza.azam96@gmail.com | 4. | Development and Validation of Deliberate Self Harm Scale in Urdu Language Afifa Gull & Prof. Najma Najam, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: afaf.gul@gmail.com |
| 5. | Psychosocial Experiences of Female Criminals Sentenced with Life-Time Imprisonment Anam Nasim & Hareem Azam Department of Psychology, GC University, Lahore. Email: hareem_azam@hotmail.com | 5. | Development of Indigenous Self-Report Deviant Behavior Scale for Youth Awais Khan & Prof. Syeda Salma Hasan, PhD Department of Psychology, GC University, Lahore. Email: s.salmahasan@hotmail.com |
| 6. | Association between Perceived Social Support and Depression in Middle and Older Aged People Umara Rauf, PhD, Uzma Ali, PhD & Rida Aurangzaib Department of Psychology, GC Women University, Sialkot. Institute of Clinical Psychology, University of Karachi, Karachi. Department of Psychology, University of Management and Technology, Sialkot Campus, Sialkot. Email: ridakhawaja0@gmail.com | 6. | The Impact of Mindfulness Based Cognitive Therapy (MBCT) as a Stress Reduction Intervention with Nurses Syeda Zahra Nayyer, Kiran Bashir Ahmad, PhD Institute of Professional Psychology, Bahria University, Karachi. Email: z.nayyer@gmail.com |
| 7. | Death Anxiety in Theist and Atheist Maryam Mazhar & Prof. Syeda Shahida Batool, PhD Department of Psychology, GC University, Lahore. Email: drshahidabatool@gcu.edu.pk | 7. | Treating Recurrent Depression Caused by Psychological Abuse and Neglect with Cognitive Behavior Therapy: A Case Study Syeda Razia Bukhari, PhD & Firdous Afzal Shifa Tameer Millat University, Islamabad. ROZAN, Islamabad. Email: 37yasman@gmail.com |
| 8. | The Self-Transcendence and Psychological Adjustment among Minorities: Mediating Role of Religious Coping Strategies Uzma Amin, Irum Batool, PhD Department of Applied Psychology, | 8. | An Intervention Program for Emotional Problems among Children of Thalassemia Major Hina Aman & Noshi Iram Zaman Khan, PhD Department of Professional Psychology, |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | | | |
|--|---|----|--|
| | Bahauddin Zakariyya University, Multan. Email: i.batool@bzu.edu.pk | | Bahria University, Islamabad. Email: hinaaman93@gmail.com |
| | | 9. | Positive Emotion Regulation (PER) Intervention for Adolescence: Adaptation and Validation Sadaf Lal Din & Saima Ghazal, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: sadaflaldin23@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2: 7 th February, 2019 | | | |
|---|---|--|--|
| Session 3 Theme: Health Related Issues and Implications Venue: Room # 11 Time: 11:30 am - 01:00 pm Chair 1: Prof. Tahir Khalily, PhD Chair 2: Rubina Hanif, PhD Director Representative: Fatima Kamran, PhD Moderator: Habiba Arif Session Coordinator: Maimoona Hayat | | Session 4 Theme: Academic Environment and Mental Health Venue: Room # 12 Time: 11:30 am - 01:00 pm Chair1: Prof. Azam Tahir, PhD Chair 2: Madiha Asgher, PhD Director Representative: Saima Ghazal, PhD Moderator: Saira Khan Session Coordinator: Rukhsar Sakhawat | |
| 1. | Loneliness and Perceived Parental Neglect as Predictor of Obesity Rabia Zonash Mir & Kehkashan Arouj, PhD Department of Psychology, Foundation University, Rawalpindi Campus, Rawalpindi. Department of Psychology, International Islamic University, Islamabad. Email: rabi_123_mir@yahoo.com | 1. | Emotionality and Life Satisfaction among University Students Firdous Afzal, Syeda Razia Bukhari, PhD & Haroon Rashid, PhD Shifa Tameer Millat University, Islambad. National Institute of Psychology, Quaid-I-Azam University, Islamabad. Email: 37yasman@gmail.com |
| 2. | Optimism and Quality of Life after Renal Transplantation Fatima Kamran, PhD & Shiza Sheerazi Institute of Applied Psychology, University of the Punjab, Lahore. Email: shizasheerazi@yahoo.com | 2. | Cultural Intelligence, Academic Self-Efficacy, Cross Cultural Adjustment and Academic Performance Farhad Ali Raza & Afifa Anujm Institute of Applied Psychology, University of the Punjab, Lahore. Email: farhadaliraza.11@gmail.com |
| 3. | Fertility Related Concerns and Marital Adjustment in Women with Infertility Issues Rida Malik & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. Email: ridamalick@outlook.com | 3. | Perfectionism, Impostor Phenomena, Academic Self-Efficacy and Psychological Distress in University Students Laiba Hanif & Humaira Naz Center for Clinical Psychology, University of the Punjab, Lahore. Email: laibahanif208@gmail.com |
| 4. | Gender Differences in Diverse Connotations of Body Image: A Pakistan Milieu Subaita Zubair & Sadia Abid, PhD Department of Anthropology, Quaid-i-Azam University, Islamabad. Email: subaitazubair1983@gmail.com | 4. | Experience of Harassment and Self-Objectification in Female University Students Minal Aftab Butt & Faiza Safdar Centre for Clinical Psychology, University of the Punjab, Lahore. Email: manalaftabbutt@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|---|----|---|
| 5. | Living with HIV: Physical Suffering and Emotional Distress Saima Ehsan & Prof. Syeda Shahida Batool, PhD Department of Psychology, GC University, Lahore. Email: saimaehsan@yahoo.com | 5. | Antisocial Behavior and Classroom Management Strategies Safia Urooj, PhD & Wahaj Muhammad Khan, PhD Department of Teacher Education, University of Karachi, Karachi. Department of Teacher Education, Shaheed Benazir Bhutto University, Nawabshah. Email: safiaurooj786@gmail.com |
| 6. | Loneliness and Parenting Style as Predictor for Nomophobia Muhammad Sulman, Sajida Awais, Sadia Ahmed & Afsheen Masood, PhD Department of Psychology, University of Central Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: muhammadsulman81@gmail.com | 6. | Moderating Role of Psychological well-being in Relationship between Family Work Conflict and Depression in School Teachers of Sargodha District Lubna Jaffer, Sadia Niazi, Adnan Adil, PhD & Saba Ghayas, PhD Department of Psychology, University of Sargodha, Sargodha. Email: sadiaqas@gmail.com |
| 7. | Self-Consciousness and Psychological Reactance in Adolescents Sana Khalid & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. Email: sana.khalid.1996@gmail.com | 7. | Personality Traits, Anxiety, Academic Performance of Cyber Bullying Experiences in Youth Ayesha Rustam & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: ayesharustam41@gmail.com |
| 8. | Role of Peer Counseling in Reducing Psychological Vulnerability and Promoting Psychological Well-being in Individuals with Physical Disability Sofia Khaliq & Sajida Naz, PhD Department of Behavioral Sciences, Fatima Jinnah Women University, Rawalpindi. Email: sofiyasofi302@gmail.com | 8. | Relationship between Academic Stress and Mental Health Problems: Mediating Role of Poor Sleep Quality Aimen Faruki, Ghulam Ishaq & Rafia Rafique, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: gishaq786@yahoo.com |
| 9. | Adaptive/Maladaptive Emotion Regulation Processes and Psychopathological Outcomes of Infertility: A Study of Gender Differences Zubash Aslam & Rabia Khawar, PhD GC University, Faisalabad. Email: khawarthisend@gmail.com | 9. | Perception of Parents regarding Imparting Sex Education to Children Ghalia Arfan Department of Psychology, University of Management and Technology, Lahore. Email: s2018146009@umt.edu.pk |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2: 7 th February, 2019 | | | |
|--|---|---|--|
| Session 5 Theme: Psychosocial Correlates of Mental well-being Venue: Room # 09 Time: 02:30 pm - 04:00 pm Chair 1: Prof. Anis Ul Haq, PhD Chair 2: Najma Malik, PhD Director Representative: Shazia Qayyum PhD Moderator: Sumaira Ayub Session Coordinator: Maryam Tariq | | Session 6 Theme: Marital Relationship, Turbulence and Psychological well-being Venue: Room # 10 Time: 02:30 pm - 04:00 pm Chair 1: Brig. (R) Tanveer, PhD Chair 2: Aneela Maqsood, PhD Director Representative: Ms. Afifa Anjum Moderator: Ayesha Farooq Session Coordinator: Shaista Riaz | |
| 1. | Impact of Emotional Distress and Psychological Well Being on Illness Perception: Moderating Role of Coping Strategies Fatimah Khakwani & Rizwana Amin, PhD Department of Applied Psychology, Bahauddin Zakariya University, Multan. Email: ilyas010354@yahoo.com | 1. | Impact of Financial Strain among Depression, Loneliness and Marital Satisfaction in Unemployed Adults Ayesha Rao & Samia Khalid College of Advanced Scientific Technique, Sahiwal. Email: samiakhaliid2.sk@gmail.com |
| 2. | Parental Death and its Impact on Mental Health of Adolescence Iqra Farooq, Sadia Niazi, Saba Ghayas, PhD & Adnan Adil, PhD Department of Psychology, University of Sargodha, Sargodha. Email: sadiasqas@gmail.com | 2. | Marital Status as a Moderator between Negative Outcomes and Mental well-being in Older Adults Seerat Fatima, Anum Khan & Adnan Adil, PhD Department of Psychology, University of Sargodha, Sargodha. Email: anamkhan8@yahoo.com |
| 3. | Correlates of Mental Health among Women in Medicine Profession Mahira Ahmad & Amina Muazzam, PhD Department of Applied Psychology, Lahore College for Women University, Lahore. Email: mahira_capri@ymail.com | 3. | Moderating Role of Mental well-being Between Intimacy and Marital Satisfaction Seerat Fatima, Anum Khan & Adnan Adil, PhD Department of Psychology, University of Sargodha, Sargodha. Email: anamkhan8@yahoo.com |
| 4. | Body Image Concerns, Self-Esteem and Psychological well-being in Obese Women Amna Arshad & Fatima Kamran, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: amna.arshad2@gmail.com | 4. | Mediating Role of Body Image between Sexual Functioning and Marital Intimacy in Women with Breast Cancer Khola Tahir & Nashi Khan, PhD Centre for Clinical Psychology, University of the Punjab, Lahore. Email: kholatahir93@hotmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|---|
| 5. | Social Comparison as a Moderator between use of Social Networking Sites and well-being among University Students Sobia Chaudhary & Prof. Iftikhar Ahmad, PhD Department of Psychology, University of Management and Technology, Lahore. Email: Sobiachaudhary88@gmail.com | 5. | Role of Phubbing Behavior as a Moderator between Romantic Relationships and Mental Health Issues among Married Couples Rabia Zonash, Rawish Ahsan, Sania Murtaza, Saba Saghir & Subul Abrar Department of Psychology, Foundation University, Rawalpindi. Email: rabi_123_mir@yahoo.com |
| 6. | Effects of Mood Induction on State Anxiety and Relationship between State Anxiety, Trait Anxiety and Personality Traits: An Experimental Study Sana Fatima & Irum Batool, PhD Department of Applied Psychology, Bahauddin Zakariyya University, Multan. Email: i.batool@bzu.edu.pk | 6. | The Mediating Role of Relational Uncertainty and Moderating Role of Connectedness between Over-Idealization and Marital Satisfaction in Newly Married Men and Women – A Moderated-Mediation Analysis Sadaf Saleem & Aisha Sitwat, PhD Centre for Clinical Psychology, University of the Punjab, Lahore. Email: saleem.sadaf07@gmail.com |
| 7. | Religiosity and Stress as Correlates of Severity of OCD and Marital Adjustment among OCD and Non-OCD Individuals Sajeela Bakhat & Prof. Syeda Shahida Batool, PhD Department of Psychology, GC University, Lahore. Email: drshahidabatool@gcu.edu.pk | 7. | Moderating Role of Peer Support for the Effect of Disloyalty in Romantic Relations of Adolescents on their Psychological well-being Sofia Tabassam Cheema & Jamil A. Malik, PhD National Institute of Psychology, Quaid-I-Azam University, Islamabad. Email: cheema_st@hotmail.com |
| 8. | Mediating Role of Self-Efficacy in the Relationship between Self-Generated Thoughts and Symptoms of Depression among University Students Iqra Kiran, Sadaf Ahsan, PhD & Sadia Abbasi Department of Psychology, Foundation University, Rawalpindi. Email: iqrakiran42@yahoo.com | 8. | Personality, Family Environment and Quality of Marital Relationship among Married Woman Anam Fatima & Afifa Anjum Institute of Applied Psychology, University of the Punjab, Lahore. Email: anamfatima.pu@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 2: 7 th February, 2019 | | | |
|---|--|---|---|
| Session 7 | | Session 8 | |
| Theme: Organizational Behavior and Environment Venue: Room # 11 Time: 02:30 - 04:00 pm Chair 1: Prof. Talat Sohail, PhD Chair 2: Sadiq Hussain, PhD Director Representative: Mr. Faiz Younus Moderator: Maria Ghazal Session Coordinator: Maria Idrees | | Theme: Parental Involvement: Issues and Challenges Venue: Room # 12 Time: 02:30 - 04:00 pm Chair 1: Prof. Zainab Zadeh, PhD Chair 2: Rabia Khawar, PhD Director Representative: Shahnaila Tariq, PhD Moderator: Vicar Solomon Session Coordinator: Muzamal Tahir | |
| 1. | Organizational Cynicism, Job Commitment and Turnover Intentions in Employees Aqsa Riaz & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. Email: aqsakhan2410@gmail.com | 1. | Parenting Practices, Perceived Quality of Care and Social-Emotional Behaviors among Children of Working Women under Daycare and Grandparent Care Maham Khawaja & Mahira Ahmad Applied Psychology Department, Kinnaird College for Women, Lahore. Email: mahamkhawaja00@gmail.com |
| 2. | Organizational Communication Structure, Dual Commitment and Organizational Citizenship Behavior in Employees of Private Software Companies Sayyeda Ume Rubab & Afifa Anjum Institute of Applied Psychology, University of the Punjab, Lahore. Email: rubabsherazi028@gmail.com | 2. | Mediating Role of Automatic Thoughts between Parenting Sense of Competence and Post-Partum Depression Rabia Shahbaz, Adnan Adil, PhD & Sultan Shuja, PhD Department of Psychology, University of Sargodha, Sargodha. Email: livespirit786@yahoo.com |
| 3. | Hardiness, Coping and Workplace Stress among Organizational Employees Amna Murtaza & Beenish Mobeen Institute of Applied Psychology, University of the Punjab, Lahore. Email: amna01819@gmail.com | 3. | Parenting Styles and Bullying Behaviour in Early Adolescence: Intervening Role of Emotional and Behavioural Problems Bushra Ayub, Muhammad Faran, Afreen Komal & Prof. Farah Malik, PhD Department of Psychology, University of Management and Technology, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: muhammad.faran@umt.edu.pk |
| 4. | Workplace Ostracism, Psychological Flexibility and Counterproductive Work Behavior in Bank Employees Faiza Latif & Zaeema Farooq | 4. | Paternal Responsiveness, Moral Disengagement and Antisocial Behaviour in Late Childhood Sidra Rao & Shahnaila Tariq, PhD |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|--|
| | Institute of Applied Psychology, University of the Punjab, Lahore. Email: faizalatif27@outlook.com | | Institute of Applied Psychology, University of the Punjab, LahorPhe. Email: raosidra8@gmail.com |
| 5. | Dark Triad, Moral Disengagement and Aggression in Income Tax Employees Zunaira Khan & Afshi Yahya Institute of Applied Psychology, University of the Punjab, Lahore. The Clinical Psychology Unit, GC University, Lahore. Email: zunaira20.khan@gmail.com | 5. | Perceived Parental Bonding, Adult Attachment and Quality of Interpersonal Relationships among Married Individuals Aqsa Aslam & Amna Rafique Institute of Applied Psychology, University of the Punjab, Lahore. Email: aqsaaslam779@gmail.com |
| 6. | Impact of Political Affiliation and Political Psyche of TV Reporters on their Routine and Exclusive Reporting Muhammad Bilal & Muhammad Shabir Sarwar Institute of Communication Studies, University of the Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: raza.bilal.2526@gmail.com | 6. | Perceived Parenting Styles, Self-Confidence and Emotional Adjustment in Adolescents of Working and Non-Working Mothers Noor e Saher & Shazia Qayyum, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: nooresaher5@gmail.com |
| 7. | Workplace Harassment, Work Overload and Psychological Distress in Female Police Officers Shiza Shahid & Zaeema Farooq Institute of Applied Psychology, University of the Punjab, Lahore. Email: shizach39@gmail.com | 7. | Relationship between Authoritarian Parenting Style and Antisocial Behavior of Adolescents Taimia Jameel, Mubarza Hayat, Huma Khalil & Samia Khalid College of Advanced scientific Technique, Sahiwal. Email: samiakhali2.sk@gmail.com |
| | | 8. | The Impact of Maternal Self Efficacy and Involvement on Psychological well-being of Children Fatima Kamran, PhD, Shaista Naheed & Shiza Sheerazi Institute of Applied Psychology, University of the Punjab, Lahore. Email: shizasheerazi@yahoo.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 3: 8 th February, 2019 | | | |
|---|--|--|--|
| Session 9 Theme: Personality Types and Psycho Social Issues Venue: Room # 02 Time: 11:30 am - 01:00 pm Chair1: Prof. Syeda Shahida Batool, PhD Chair2: Shabir Rana, PhD Director Representative: Rafia Rafique, PhD Moderator: Ghulam Ishaq Session Coordinator: Ayesha Majeed | | Session 10 Theme: Physical Ailment and Mental Health Venue: Room # 09 Time: 11:30 am - 01:00 pm Chair1: Prof. Dow Nelson, PhD Chair2: Fouzia Naz, PhD Director Representative: Iram Fatima, PhD Moderator: Usman Ahmad Session Coordinator: Maheen Fatima | |
| 1. | Type D Personality, Secondary Traumatic Stress and Burnout in Oncology (TDPSTSBON) Durrya Al Qarni & Afshi Yahya Institute of Applied Psychology, University of the Punjab, Lahore. The Clinical Psychology Unit, GC University, Lahore. Email: durryakhalid82@gmail.com | 1. | Body Image, Emotional Regulation and Social Interaction Anxiety in Patients with Thalassemia Rafia Rafique, PhD, Shiza Sheerazi & Taqdees Fatima Institute of Applied Psychology, University of the Punjab, Lahore. Email: rafiawaqar@hotmail.com |
| 2. | Type D Personality as a Predictor of Somatic Symptoms in Depressive Clients Rabia Batool & Noshi Iram Zaman Khan, PhD Department of Professional Psychology, Bahria University, Islamabad. Email: rabia_81811@yahoo.com | 2. | Depression, Loneliness and Quality of Life in Tuberculosis Patients in Pakistan Marriyam Akram & Afsheen Gul, PhD Applied Psychology Department, Kinnaird College for Women, Lahore. Email: afsheen.gul@kinnaird.edu.pk |
| 3. | Personality Traits and Psychological Distress in Rescue Workers: Mediating Role of Emotional Intelligence Minahil Dawood, Iffat Batool & Anam Naeem, PhD Department of Psychology, GC University, Lahore. Email: dr.iffatbatool@gmail.com | 3. | Obsessive Compulsive Disorder, Depression and Anxiety among Individuals with Different Substance Use Shumaila Mursaleen & Noshi Iram Zaman, PhD Department of Professional Psychology, Bahria University, Islamabad. Email: shumailamursaleen6@gmail.com |
| 4. | Personality Traits, Self-Compassion and Envy: Moderating Role of Gender Rabia Zonash, Badar Jamala & Kehkashan Arouj Department of Psychology, Foundation | 4. | Emotional Intelligence and Psychological Hardiness as Determinants of Social Adjustment among Kidney Failure Patients Sajia Jabeen & Hira Jahangier |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|---|----|---|
| | University, Rawalpindi. Department of Psychology, International Islamic University, Islamabad. Email: rabi_123_mir@yahoo.com | | Department of Psychology, GC University, Lahore. Email: sajia.jabeen.sj@gmail.com |
| 5. | Role of Overt Narcissism in Development of Selfitis Behavior among Social Media Users Roman Ahmad Hanif & Abdullah Hanif Institute of Applied Psychology, University of the Punjab, Lahore. Institute of Social and Cultural Studies, University of the Punjab, Lahore. Email: romanahmad665@gmail.com | 5. | Cognitive Impairment among Patients having Epileptic and Psychogenic Non-Epileptic Seizures Noreena Kausar, Hafsa Queban & Bushra Bibi, PhD Department of Psychology, University of Gujrat, Gujrat. Email: bushra.bibi@uog.edu.pk |
| 6. | Paranormal Beliefs and Psychopathic Tendencies in Adolescents Maheen Asif & Asma Yousaf Centre for Clinical Psychology, University of the Punjab, Lahore. Email: maheenasif54@gmail.com | 6. | Role of Urinary Incontinence in Depression and Life Satisfaction in Geriatric Patients Kashfa Mahreen & Naeem Aslam, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: naeemaslam@nip.edu.pk |
| 7. | Machiavellian, Online Impression Management and Perfectionistic Self-Promotion in Online Relationships Ayesha Nageen & Arooj Arshad School of Creative Arts, University of Lahore, Lahore. Email: ayeshaa.nageen@gmail.com | 7. | Role of Assertiveness and Social Support in Psychological Distress among University Students Nida Habib, Humaira Jami, PhD & Iqra Tariq National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: nidahabib224@gmail.com |
| 8. | Impact of Body Familiarity and Need of Belongingness on Dispositional Social Anxiety Rabia Zonash & Seema Zahid Department of Psychology, Foundation University, Rawalpindi. Department of Psychology, International Islamic University, Islamabad. Email: rabi_123_mir@yahoo.com | | |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 3: 8 th February, 2019 | | | |
|---|--|--|---|
| Session 11 | | Session 12 | |
| Theme: Cognition and Cognitive Processes Venue: Room # 10 Time: 11:30 am - 01:00 pm Chair1: Prof. Miguel A. Carrasco, PhD Chair2: Nashi Khan, PhD Director Representative: Afsheen Masood, PhD Moderator: Tehreem Raza Session Coordinator: Ambreen Qaisar | | Theme: Sports Psychology in Indigenous Context Venue: Room # 11 Time: 11:30 am - 01:00 pm Chair1: Prof. Gulzar Ahmed, PhD Chair 2: Saima Dawood, PhD Director Representative: Fatima Kamran, PhD Moderator: Afreen Komal Session Coordinator: Rabbiah Rasheed | |
| 1. | Impact of Loneliness and Coping Strategies among Transgender Samiya Batool, Uzma Masroor, PhD & Shazia Yusuf Professional Psychology Department, Bahria University, Islamabad. Email: hod_pp@bahria.edu.pk | 1. | Coach-Athlete Relationship and Team Cohesion in the University Athlete's Performance Muneeb Ul Haq & Prof. Rukhsana Kausar, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Dean, School of Social Sciences and Humanities, University of Management and Technology, Lahore. Email: rajamuneeb.08@gmail.com |
| 2. | Driving Styles, Sensitivity to Punishment and Perceived Control in Young New Car Drivers Iqra Khawar & Shahnaila Tariq, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: iqrakhawar31@gmail.com | 2. | Identity Management Strategies, Team Identification and Para Social Relationships in Sports Fans Sana Saeed, Vicar Solomon & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: sanasaheed.sanasaheed1995@gmail.com |
| 3. | Psychological Issues of Domestic Workers: A Qualitative Study Somyia Mahmood & Rabia Mushtaq, PhD Department of Psychology, International Islamic University, Islamabad. Email: somyiamahmood@gmail.com | 3. | Self-Confidence, Self-Talk and Goal Orientation in Individual and Team Sports Tayyaba Yaseen, Vicar Solomon & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: duamalik407@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|--|----|--|
| 4. | Sleep Pattern, Sleep Disturbance and Psychological Health in Children Saima Shaukat, Fatima & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: saima.shaukat@cornerstone.pk | 4. | Body Image and Self Esteem among Male Young Adult Gym Users Arshia Ghazal & Shameem Fatima, PhD Department of Humanities, COMSATS University, Lahore Campus, Lahore. Email: shameemfatima@cuilahore.edu.pk |
| 5. | Stigmatization, Apathy and Social Withdrawal in Drug Addicts Rukhsar Sakhawat & Shahnaila Tariq, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: fairyb78@gmail.com | 5. | Mental Toughness, Hardiness and Athletic Burnout in University Athletes Beenish Najam, Muneeb Ul Haq & Prof. Rukhsana Kausar, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Dean, School of Social Sciences and Humanities, University of Management Sciences, Lahore. Email: beenishnajam92@gmail.com |
| 6. | Internet Gaming Disorder and Achievement Motivation among University Students: Moderating Role of Gender Amna Rasheed, Sadaf Ahsan, PhD & Rabia Zonash Department of Psychology, Foundation University, Rawalpindi Campus, Rawalpindi. Email: amna_712@yahoo.com | 6. | Relationship between Resilience and Materialism in University Students: Role of Authenticity Maliza Kainat, Summaya Batool, PhD & Talha Aziz Department of Psychology, University of Sargodha, Sargodha. Email: sumaya.batool@uos.edu.pk |
| 7. | Thought Action Fusion: A Cognitive Bias Responsible for Anxiety among University Students Syeda Ayat-e-Zainab Ali, Tamkeen Saleem, PhD & Seema Gul, PhD Department of Psychology, International Islamic University, Islamabad. Email: zai_nab1@hotmail.com | 7. | Mediating Role of Pride Between Core Self-Evaluations and Social Phobia in University Students Sana Zia, Adnan Adil, PhD & Saba Ghayas, PhD Department of Psychology, University of Sargodha, Sargodha. Email: livespirit786@yahoo.com |
| 8. | Impact of Dark Triads of Personality on Criminal Thinking: Moderating Role of Self-Esteem Nazish Shahzadi & Ghulam Ishaq Institute of Applied Psychology, University of the Punjab, Lahore. Email: gishaq786@yahoo.com | 8. | Sports Fan Motivation, Sports Fandom and Sports Participation among Sports Fans Ahmad Altaf, Vicar Solomon & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: ahmadaltaf97@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| Day 3: 8 th February, 2019 | | | |
|---|--|--|---|
| Session 13 | | Session 14 | |
| Theme: Stress, Psychological Illness and Coping Venue: Room # 12 Time: 11:30 am - 01:00 pm Chair 1: Prof. Salma Hassan, PhD Chair 2: Amna Muazzam, PhD Director Representative: Ms. Afifa Anjum Moderator: Lubna Nasir Session Coordinator: Afshan Naeem | | Theme: Happiness, Gratitude and well-being Venue: Room # 08 Time: 11:30 am - 01:00 pm Chair1: Prof. Sara Shahid, PhD Chair 2: Ivan Suneel, PhD Director Representative: Mr. Faiz Younus Moderator: Menal Fatima Butt Session Coordinator: Aleen Zafar | |
| 1. | Sleep Problems, Mood State, Work Stress and Coping Strategies among Nurses Shama Mazahir, Afsheen Masood, PhD & Sajida Awais Government Special Education Centre, Rahim Yar Khan. Institute of Applied Psychology, University of the Punjab, Lahore. Department of Psychology, University of Central Punjab, Lahore. Email: shamamazahir8885@gmail.com | 1. | Dispositional Optimism, Self-Determination and well-being in Job Seekers Young Adults Ayesha Fazal Karim, Sumaira Ayub & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: ayesha.fazalkarim27@gmail.com |
| 2. | Relationship of Metacognitive Beliefs and Emotional Eating: Exploration of Role of Stress and Mindfulness as a Moderator and Mediator Iram Manzoor & Irum Batool, PhD Department of Applied Psychology, Bahauddin Zakariyya University, Multan. Email: i.batool@bzu.edu.pk | 2. | Relationship between Quality of Life and Spirituality among Mothers of Mentally Retarded Children Amreen Naseem & Afifa Gul Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore. Email: amreen_naseem@ymail.com |
| 3. | Impact of Perceived Stress and Quality of Life among Mothers of Children with Cancer Saba Sattar & Mohsina Najeeb, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: sabasattar742@gmail.com | 3. | Relationship between Self-Criticism and Fear of Happiness: Mediating Role of Resilience Ayesha Hareem, Sadia Niaizi & Saba Ghayas, PhD Department of Psychology, University of Sargodha, Sargodha. Email: sadiaqas@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|---|----|--|
| 4. | Role of Coping Flexibility in Linking Pain Intensity to Depressive Symptoms in Premenstrual Syndrome: A Case Control Study Rizwana Amin, PhD & Sania Khan Department of Applied Psychology, Bahauddin Zakariya University, Multan. Email: sarwatsultan@hotmail.com | 4. | Impact of Positive Affect on Quality of Sleep and Psychological Wellbeing: Mediating Role of Gratitude Mavra Tariq, Adnan Adil, PhD & Anam Khan Department of Psychology, University of Sargodha, Sargodha. Email: livespirit786@yahoo.com |
| 5. | Self-Doubt, Communication Competence and Coping Styles in Adolescents Amna Zahoor Hashmi & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. Email: azh.amnahashmi248@gmail.com | 5. | The Relationship between Selfie Behavior, Self-Esteem and Happiness among University Students Ayesha Qasmi & Naeem Aslam National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: ayesha.khan.qasmi@gmail.com |
| 6. | Family Support as a Predictor of Psychological Adjustment among Physically Handicapped Adolescents Madiha Zainab & Mamoona Ismail Loona, PhD Department of Psychology, International Islamic University, Islamabad. Email: madihazainab1512@gmail.com | 6. | Mindfulness and Psychological Distress in University Students Taiba Khan, Saima Dawood, PhD & Mubeena Munir Centre for Clinical Psychology, University of the Punjab, Lahore. Email: taibak6403@gmail.com |
| 7. | Emotional Regulation, Coping Strategies and Social Adjustment in Acid Burn Victims Bakhtawar Kaneez Fatima & Zaeema Farooq Institute of Applied Psychology, University of the Punjab, Lahore. Email: bakhtawar.queen844@gmail.com | 7. | Gratitude, Altruism and well-being of Young Blood Donors Mariam Mustafa & Prof. Ruhi Khalid, PhD Institute of Psychology, Beacon House National University, Lahore. Email: farhat.nadeem@bnu.edu.pk |
| | | 8. | The Impact of Emotion Regulation Strategies on Mental well-being of Health Care Professionals Aasia Faiz & Mamoona Ismail Loona, PhD Department of Psychology, Govt Waqar-Un Nisa Post Graduate College for Women, Rawalpindi. Department of Psychology, International Islamic University, Islamabad. Email: aasiafaiz26@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| 3 Day: 8 th February 2019 Session 15 | |
|---|--|
| <p>Theme: Community Mental Health Venue: Room # HEC Room Time: 11:30 am - 01:00 pm Chair 1: Prof. Mamoon Mushtaq, PhD Chair 2: Shameen Fatima, PhD Director Representative: Saima Ghazal, PhD Moderator: Rida Ahmad Session Coordinator: Eza Rabab</p> | |
| 1. | <p>Mediational role of Growth Mindset and Resilience on School Engagement and Well-being among Adolescents Sundus Jadoon, Nazia Iqbal, PhD, Bushra Hassan, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad Email: drrubinahanif@nip.edu.pk</p> |
| 2. | <p>Perceived Stress, Coping Strategies and well-being of Unemployed Young Adults Zanub Ansari & Prof. Rukhsana Kausar, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: zanub.mphil14@gmail.com</p> |
| 3. | <p>Mental Health Problems among Prisoners in Gilgit Sadiq Hussain, PhD & Amir Saleh Department of Behavioral Sciences, Karakoram International University, Gilgit. Email: sadiq.hussain@kiu.edu.pk</p> |
| 4. | <p>Protective role of Family Hardiness between Daily Life Hassles and Psychological well-being of Adolescents Bushra Saeed, Rubina Hanif, PhD, & Raiha Aftab National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: drrubinahanif@nip.edu.pk</p> |
| 5. | <p>Familial Predictors of Smoking in Adolescents: A comparison of Smokers and Non-Smokers Ayesha Farooq, Sidra Javed, Iqra Nasrullah & Saima Ghazal, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: ayeshafarooq1011@gmail.com</p> |
| 6. | <p>Effect of Profession in Detecting Deception in Confession Statements using Reality Monitoring Zuba'a Akhtar & Aisha Kashif Department of Humanities, COMSATS University, Islamabad Campus, Islamabad. Email: akhtarzubaa@hotmail.com</p> |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | |
|----|---|
| 7. | Sensation Seeking, Peer Influence and Risk Taking Behavior in Adolescents Rabia Siraj, Beenish Najam & Saima Ghazal, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: rabiasiraj9@gmail.com |
| 8. | Moderating role of Social Competence between Corporal Punishment and Academic Motivation in Children Shamim Rafique & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: shamimrafique.fh@gmail.com |
| 9. | Dealing the Chronic Symptoms of Obsessive Compulsive Disorder through Cognitive Behavior Therapy and Mindfulness Exercises Sadaf Saleem & Aisha Sitwat, PhD Centre for Clinical Psychology, University of the Punjab, Lahore. Email: saleem.sadaf07@gmail.com |

E-Posters Sessions

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| SESSION 1 | | SESSION 2 | |
|---|--|--|---|
| Theme: Intra-Familial Relationships and Attachment Session Organizer: Asma Amanatullah | | Theme: Health, Fitness and Wellness Session Organizer: Hamza Sarwar | |
| 1. | Parental Rejection Sensitivity and Psychological Maladjustment among Married Men and Women: Moderating role of Perceived Social Support Sadia Malik, Muhammad Faran & Prof. Farah Malik, PhD Department of Psychology, University of Management and Technology, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: muhammad.faran@umt.edu.pk | 1. | Relationship between Post-Traumatic Stress Disorder and Health Related Quality of Life among Breast Cancer Patients Narmeen Hanif, Shazia Yusuf & Uzma Masroor, PhD Professional Psychology Department, Bahria University, Islamabad. Email: shazia_yusuf@yahoo.com |
| 2. | Parental Acceptance Rejection and Music Preferences in Youth: Moderating Role of Emotional Regulation Muhammad Faran, Mahnoor Khuram & Ummarah Asghar Department of Psychology, University of Management and Technology, Lahore. Email: muhammad.faran@umt.edu.pk | 2. | Rejection Sensitivity Predicted by Body Image and Life Satisfaction: Case study of Acne Vulgaris Rabia Zonash Mir, Iman Tariq, Aymun Sharif, Hadiqa Fatima & Mariyah Batool Department of Psychology, Foundation University, Rawalpindi Campus, Rawalpindi. Email: rabi_123_mir@yahoo.com |
| 3. | Perceived Parental Involvement and Concept of Self in Adolescents Shama Mazahir, Muhammad Sulman & Afsheen Masood, PhD Department of Psychology, University of Central Punjab, Lahore. Institute of Applied Psychology, University of the Punjab, Lahore. Email: muhammadsulman81@gmail.com | 3. | Body Mass Index (BMI), Body Shape, Self-esteem, and Academic Achievement of Females Studying in Co-Education and Single-Sex Institutions Shehrbano Shoaib & Masha Asad Khan, PhD Applied Psychology Department, Kinnaird College for Women, Lahore. Email: masha.khan@kinnaird.edu.pk |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|----|---|----|--|
| 4. | Interparental Conflict as a Risk Factor of Depression in Adolescents Rimsha Farhat Khan & Fatima Murtaza Department of psychology, GC University, Lahore. Email: Fatimaqmc@rocketmail.com | 4. | Doctor Patient Relationship, Illness Perceptions & Medication Adherence in Individuals with Chronic Conditions Sitara Kanwal & Fatima Kamran, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: sitarakanwal@outlook.com |
| 5. | Parental Acceptance and Rejection: Effects on Borderline Personality Traits Mirrat Gull Butt & Prof. Zahid Mahmood, PhD Institute of Clinical Psychology, University of Management and Technology, Lahore. Email: mirratgul@gmail.com | 5. | Health Benefits of Giving Vs. Receiving Support Sarwat Sultan, PhD, Frasad Kanwal & Saqib Shabbir. Department of Applied Psychology, Bahauddin Zakariya University, Multan. Email: sarwatsultan@hotmail.com |
| 6. | Parenting Styles as a Predictor of Self-Esteem, Depression, and Academic Achievement among Adolescents Samia Khalid & Gohar Sami College of Advanced Scientific Technique, Sahiwal. Email: samiakhalid2.sk@gmail.com | 6. | Analyzing State of Despair in End-of-Life Cancer Patients: Do the Quality of Care and Satisfaction with Treatment Matter? Sarwat Sultan, PhD, Shabbih Fatima & Humble Bin Ahmad Department of Applied Psychology, Bahauddin Zakariya University, Multan. Email: sarwatsultan@hotmail.com |
| 7. | Parenting Styles, Aggression and Alexithymia in University Students Zunnaira Shabbir & Masha Asad Khan, PhD Applied Psychology Department, Kinnaird College for Women, Lahore. Email: masha.khan@kinnaird.edu.pk | 7. | Body Mass Index and Social Physique Anxiety among University Students Faiza Nisar & Noshi Iram Zaman, PhD Department of Professional Psychology, Bahria University, Islamabad. Email: faiza.nisar@hotmail.com |
| 8. | Personality, Empathy and Marital Conflicts in Married Individuals Amara Ilyas, Waqas Hassan & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: amarailyas555@gmail.com | 8. | Type D Personality and Social Support as Determinants of Life Satisfaction among Patients having Myocardial Infection Disease Shaheer Amir & Hira Jahangier Department of Psychology, GC University, Lahore Email: Sonuamir29@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|-----|--|-----|--|
| 9. | Maternal Attitude and Internalizing/ Externalizing Behaviour Problems in Children with Enuresis Mahshameen Munawar & Asma Yousaf Centre for Clinical Psychology, University of the Punjab, Lahore. Email: mahshameen.001@gmail.com | 9. | Role of Religiosity in Post Traumatic Growth and Health Related Quality of Life in Heart Patients Asma Mazhar, Sadia Niazi, PhD, Marium Rehman & Adnan Adil, PhD Department of Psychology, University of Sargodha, Sargodha. Email: sadiaqas@gmail.com |
| 10. | Perceptions of Mothers about the Disability and Competence of their Deaf Daughters Azher Hameed Qamar & Azmat Tahira Department of Psychology, University of Management and Technology, Lahore. Special Education Department, Punjab. Email: azher.qamar@umt.edu.pk | 10. | An Exploration of Predictors for Body Shaming, Body Guilt & Externalization of Blame Iqra Ameer Ali & Shehla A. Yasin Department of Applied psychology, Lahore College for Women University, Lahore. Email: iqraameerali9@gmail.com |
| 11. | Attachment Quality and Self Harm among Adolescents: Moderating Role of Emotion Regulation Aimen Khalid, Sadaf Ahsan, PhD & Rabia Zonash Department of Psychology, Foundation University, Rawalpindi Campus, Rawalpindi. Email: aimen.khalid31@outlook.com | 11. | A Comparative Study on Death Anxiety and Subjective Happiness among Pregnant Women Wardah Ishfaq & Rabia Mushtaq, PhD Department of Psychology, International Islamic University, Islamabad. Email: wardafiaz05@gmail.com |
| | | 12. | Effect of Physical Sports and Exercise on The Mental Health of the Citizen of Karachi Khalida Rauf, PhD & Umme-Haram Psychology Department, Federal Urdu University for Arts, Science and Technology, Karachi. Email: drkhalidarauf@yahoo.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| SESSION 3 | | SESSION 4 | |
|--|--|---|--|
| Theme: Quality of Life and Psychosocial well-being Session Organizer: Iqra Zainab | | Theme: Academic Environment and Psychosocial Concerns Session Organizer: Rafia Javed | |
| 1. | Self-Compassion, Resilience and Psychological well-being in Transgender of Pakistan: A Correlational Study Mehr-un-Nisa & Zainab Raza Department of Psychology, COMSATS Institute of Information Technology, Lahore. Email: Sheikh_mehru@hotmail.com | 1. | The Relationship between Self-forgiveness, Regulation and Academic Procrastination in University Students Maria Ashfaq, Gul-e-Sehar & Iram Fatima, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: mariaashfak1109@gmail.com |
| 2. | Relationship between Spiritual well-being and Self-Esteem among Young Adults Sofia Ali Hussain, Rafia Khalid Fatah & Samia Khalid College of Advanced Scientific Technique, Sahiwal. Email: samiakhlid2.sk@gmail.com | 2. | Perceived Stigmatization, Motivational Climate and Sports Perfectionism among Female University Athletes Sahar Saleem, Vicar Solomon & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: saharsaleem.saleem@gmail.com |
| 3. | Neuroticism, being Phubbed and Subjective well-being in Young Adults Ayesha Shahid Shiekh, Muhammad Faran & Hira Liaqat Hameed Latif Hospital, Lahore. Department of Psychology, University of Management and Technology, Lahore. Email: ayeshasheikh37@hotmail.com | 3. | Relationship of Burnout & Self-Compassion among University Students Raisa Munir & Ulfat Nisa, PhD Department of Professional Psychology, Bahria University, Islamabad. Email: raisamunir8@gmail.com |
| 4. | Association between Executive Functioning and Quality of Life in Substance Abusers Sajid Hassan, Shameem Fatima, PhD & Arshia Ghazal Department of Humanities, COMSATS University, Lahore Campus, Lahore. Email: shameemfatima@cuilahore.edu.pk | 4. | Perceived School Environment, Disaffection and Refusal Towards School in Late Childhood Arwa Abrar & Shahnaila Tariq, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: arwaabraralam877@gmail.com |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | | | |
|----|---|----|---|
| 5. | Identity Achievement of Adolescents: Predicting Role of Spirituality Rubia Munir, Shahza Aqil, Sukaina Kasem, Muhammad Daniyal Mughal & Sidra Shoaib Institute of Professional Psychology, Bahria University, Karachi Campus, Karachi. Email: SidraShoaib.ipp@pern.onmicrosoft.com | 5. | Personality Trait, Meme Addiction and Mental Health Problems in University Students Noor ul Huda, Javeria Nafees, Qandeel Bukhari, Abdul Basit & Nida Zafar Department of Psychology, Lahore Garrison University, Lahore. Email: javerianafees7@gmail.com |
| 6. | Locus of Control, Perceived Social Support and Quality of Life between Mothers of Autism Spectrum Disorder and Mainstream Children Rabia Zahid & Masha Asad Khan, PhD Applied Psychology Department, Kinnaird College for Women, Lahore. Email: masha.khan@kinnaird.edu.pk | 6. | Personality Traits, Career Anxiety and Personal Growth Initiative in Freshmen and Final Year University Students Maryam Naseer, Fatima tuz Zahra, Muhammad Ali & Nida Zafar Department of Psychology, Lahore Garrison University, Lahore. Email: maliaqaq@gmail.com |
| 7. | Caregiver Burden, Coping Strategies and Quality of Life of Caregivers of Patients with Alzheimers and Dementia Maryam Naeem & Nelofer Kiran Rauf, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad. Email: marryamnaem@gmail.com | 7. | Personality Traits, Quality of Friendship and Social Adjustment among Undergraduate University Students Aleena Irshad, Sabila Naseer & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: irshadleena@gmail.com |
| 8. | Religiosity, Belief in Just World, and Life Satisfaction in Elderly People Living in Old Age Homes and those Living with Intact Families Asma Amanatullah & Prof. Rukhsana Kausar, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Dean, School of Social Sciences and Humanities, University of Management and Technology, Lahore Email: asmaamanatullah@yahoo.com | 8. | Personality Traits and Shyness in Natural Right Handers, Natural Left Handers and Forced Right Handers (PSSNRHNLHFRH) Fareeha Inam, Saima Majeed & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Punjab Institute of Mental Health, Lahore. Email: fareehainam99@gmail.com |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | | | |
|-----|--|-----|---|
| 9. | Optimism, Beliefs and Attitudes toward Mental Illness in Young Adults Maheen Fatima & Afifa Anjum Institute of Applied Psychology, University of the Punjab, Lahore. Email: javediqbal1968@gmail.com | 9. | Social Media Fatigue, Academic Performance and Insomnia in University Students Mubashra Tayyaba, Shehar Bano, Zainab Iqbal & Nida Zafar Department of Psychology, Lahore Garrison University, Lahore. Email: mubashratayyaba786@gmail.com |
| 10. | Psychological Needs Dissatisfaction and Flow Experience at Night in University Students Iram Mushtaq & Hina Javed Rana Centre for Clinical Psychology, University of the Punjab, Lahore Email: iram.mushtaq@gmail.com | 10. | Emotional Intelligence and Delinquent Beliefs in Adolescents Sidra Sharif & Zaeema Farooq Institute of Applied Psychology, University of the Punjab, Lahore. Email: sidrasharif867@gmail.com |
| 11. | Criminal Thinking, Moral Disengagement and Psychological Wellbeing in Prisoners Kumail Raza Abdi & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: razakumail26@gmail.com | 11. | Risk Taking Behaviors and Decision Making in Risk Situations in Juvenile Delinquents Saima Hanif, Arooj Arshad & Saima Ghazal, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: saimahanif907@gmail.com |
| 12. | Quality of Life, Job Satisfaction and Work Family Conflict in Female Surgeons with Dual Career Families Afsheen Masood, PhD, Rubab Mussarrat, Sajida Awais & Shama Mazzahir Institute of Applied Psychology, University of the Punjab, Lahore. National University of Modern Languages, Lahore Campus, Lahore. School of Media and Communication Studies, University of Central Punjab, Lahore. Department of Special Education, Lahore. Email: rubab.5121472@gmail.com | | |

**International Conference of Applied Psychology: Practices & Interventions
(6th to 8th February, 2019)**

| | | | |
|-----|--|--|--|
| 13. | Psychological Empowerment and Employee's Engagement among Public and Private School Teachers Iqra Sagheer & Amarah Qureshi Government Fatima Jinnah college, Chuna Mandi, Lahore. Email: amarah_q@yahoo.com | | |
| 14. | The Impact of Decision Making Styles on Mental Health of Working Adults Werdah Ashraf & Syeda Razia Bukhari, PhD National Institute of Psychology, Quaid-i-Azam University, Islamabad. Department of Clinical Psychology, Shifa Tameer-e-Millat University, Islamabad. Email: drsyedaraziabukhari@hotmail.com | | |
| 15. | Shame, Guilt and Marital Adjustment among Obese Working and Non- Working Women Farkhanda Zahoor & Saima Ahmad Department of Applied Psychology, Lahore College for Women University, Lahore. Email: shahakram835@gmail.com | | |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| SESSION 5 | |
|---|--|
| Theme: Psychological Ramification of Social Issues Session Organizer: Umme Kalsoom | |
| 1. | Sense of Humor and Social Interaction as the Predictor of Social Competence among Adolescents Saira Khan, Sonia Shahid Department of Applied Psychology, GC University, Faisalabad. Email: sairakhan2003@gmail.com |
| 2. | Social Comparison, Envy and Assertiveness as Predictor of Indirect Aggression amongst High Facebook Users Amina Shahid, Rafia Rafique, PhD & Zainab Javed Institute of Applied Psychology, University of the Punjab, Lahore. Email: amnashahid3006@gmail.com |
| 3. | Development of Perceived Stigmatization in Sports Scale for Female Athletes (PSSSFA) Sahar Saleem, Vicar Solomon & Prof. Farah Malik, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: saharsaleem.saleem@gmail.com |
| 4. | Cell Phone Addiction and Interpersonal Skills of Young Adults Aisha Qasim, Sumera Parveen, Mariam Bibi & Sidra Shoaib Institute of Professional Psychology, Bahria University, Karachi Campus, Karachi. Email: SidraShoaib.ipp@pern.onmicrosoft.com |
| 5. | Time Perspective as a Predictor of Internet Addiction in University Students Khadija Rehman & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. Email: arzoo.tubassum@gmail.com |
| 6. | Longing for Fair Complexion: Reality or Myth Amber Waheen & Shehla A. Yasin Department of Applied Psychology, Lahore College for Women University, Lahore. Email: amberwaheed1994@gmail.com |
| 7 | Emotional Dysregulation, Moral Character and Attitude towards Violence in Young Adults Hibah Ahmad & Faiz Younas Institute of Applied Psychology, University of the Punjab, Lahore. |

International Conference of Applied Psychology: Practices & Interventions (6th to 8th February, 2019)

| | |
|-----|---|
| | Institute of Applied Psychology, University of the Punjab, Lahore. Email: hibah_ahmad@hotmail.com |
| 8. | Stigmatization Attributed with Attire Colors in Pakistani Society Sarwat Halima Haider, Afsheen Masood, PhD & Abida Bano, PhD GC for Women, Skardu. Department of Applied Psychology, University of the Punjab, Lahore. Government College for Women, Skardu. Email: halimasarwat@gmail.com |
| 9. | Transgender and their Psychological Issues: An Intervention Program Gulrukh Rana & Noshi Erum Zaman, PhD Institute of Professional Psychology, Bahria University, Islamabad. Email: gulrukhrana@gmail.com |
| 10. | In Search of a Safe Haven: Perspective of Eunuchs on their Concerns and Insecurities Aina Massod & Prof. Syeda Shahida Batool, PhD Department of Psychology, GC University, Lahore. Email: aynamasood@gmail.com |
| 11. | Adaptation, Translation and Validation of Guilt and Shame Proneness Scale (GASP) Sana Zia, Saba Ghayas, PhD, Adnan Adil, PhD & Sadia Niazi Department of Psychology, University of Sargodha, Sargodha. Email: saba.ghayas3@gmail.com |
| 12. | Likes and Comments on Facebook and Subjective well-being in University Students Fatima Ali & Mujeeba Ashraf, PhD Institute of Applied Psychology, University of the Punjab, Lahore. Email: fa343960@gmail.com |
| 13. | Patterns of Social Media Usage over 3 Years in University Students of Pakistan Nida Zafar, Prof. Rukhsana Kausar, PhD, Stale Pallesen, PhD Institute of Applied psychology, University of the Punjab, Lahore. Dean, School of Social Sciences and Humanities, University of Management and Technology, Lahore. Dean, Department of Psychosocial Sciences, University of Bergen, Norway. Email: nida.zafar28@gmail.com |