

Extracurricular Activities

- On 21st March, 2013 Sports day was celebrated at Centre for Clinical Psychology. It was the busy & entertaining day for the teachers and students.



Everyone was busy in event a huge success as tradition of CCP from MS, ADCP and BS arranged various stalls of eatables, Jeweler and other accessories. There were also stalls arranged by outsiders i.e. stalls of Icecream, Pizza, Hot Shawarma, Sphagettis and handmade crafts.



As it was a fun fare as well as sports day, various sports events were arranged by CCP, i.e. Cricket, Badminton, Throw Ball, Spoon Race, Singing Competition, blow the balloons, Tugof War. Students participated in all games enthusiastically.



- All Pakistan Inter-varsity Judo Championship was held on 16th January, 2012 at Jinnah Stadium Islamabad, Anza Tahir ,MehrunnisaHabibKhanzada and NimraNaseem, BS Program students participated and Anza Tahir bagged the brown medal in 57-70 weight category and MehrunnisaKhanzada won brown medal.



- All Pakistan Inter University Karate Championship was held on 16th Feb, 2012 at Quaid-e-Azan University, Islamabad. The Karate team of University of the Punjab won the event with 180 points. The CCP students as part of Punjab University team not only brought pride to the University by overall winning the event but made CCP proud with individual achievement.



- BS Program students, Anza Tahir, Mariam Lodhi, Amna Nisar and Mehrunnisa Khanzada were selected for HEC National Karate Championship. Anza Tahir brought honors to the Centre and the University by winning Gold medal in 61-Kg weight category.



- Ms. Anza Tahir won 4 Gold Medals.
- Mariam Lodhi won 2 Gold Medals and 1 Silver Medal.
- AmnaNisar won 2 Gold Medals.
- MehrunnisaKhanzada won 1 Gold Medal.



- BS Program students participated in interdepartmental Sports Competition organized by Punjab University. And won 2nd position in Badminton Competition. They were also awarded best entertained award for their active and cheerful participation in sports activities held on 27th March, 2012.



Recreational Activities/Study Tour/Community Work

- A recreational tour for the students was arranged on 16th March, 2013 for Rana Resort and Head Balluki.



- Community Work Week was celebrated from 27th February, 2013 to 5th March, 2013. The Students of BS (Hons.) participated in Community Work week.



- A study and recreational tour was arranged from 25th to 27th May, 2012 to Islamabad and Khanspur.



- A study and recreational tour was arranged from 10th to 12th February, 2012 to Islamabad and Muree.



- On 3rd March, 2012, ADCP program trainee's activity participated in the Golden Jubilee celebration of Amin Maktab Welfare Trust for the disabled.



Mental Health Day



Centre for Clinical Psychology organized a walk to commemorate the International Mental Health Day for raising public awareness about mental health problems. Faculty members and students of the Centre actively participated in the walk.