

## **PROGRAM FOR SLOW LEARNERS (LISL)**



The Living Institute for Slow Learners has been successfully functioning since June, 1999. The main objectives of this project are: to improve the functioning of children with special needs in the area of self help, language, socialization, motor and cognition; to manage behavioral and emotional problems of children with special needs; to enable special need students become part of inclusive education through enhancing their self-esteem, self confidence, social skills, and basic learning skills. The school also provides training to parents of special need to manage the child's behaviors and to utilize his/her potentials more constructively.



Training is designed on the basis of specific needs and age of the child. Two parallel training programs are run for younger and older child groups. Individualized Education Plan (IEP) is developed for each child, which consists of Pre-readiness Skills, Developmental Skills and Academic Skills. Their associated and problematic behaviors are also managed in individual sessions. When a child acquires basic skills and he/she is free from behavioral problems, he/she is referred to other special institutions and mainstream schools according to their functioning level. Management training is provided for major childhood disorders i.e. attention Deficit Hyperactivity Disorder (ADHD), Mental Retardation, Aspergers Syndrome, Autism and Learning disorders and difficulties. In addition, Living Institute for Slow Learners provides Psychological Assessment and Management services to children having Psychiatric Disorders such as: Trauma, Enuresis, Child abuse, Separation Anxiety Disorder, OCD, Generalized Anxiety Disorder, ODD, Conduct Disorder, Depression, Panic disorder, Phobias, Posttraumatic Stress Disorder, Conversion Disorder and other related problems. Individual sessions are conducted with each child by experienced Child Clinical Psychologists.

#### **STAFF (LIVING INSTITUTE OF SLOW LEARNERS, CCP)**

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#### **COMMUNITY MENTAL HEALTH SERVICES**

The Centre also runs a Psychiatric Rehabilitation Program for the patients with Psychiatric Disorders at Fountain House and Dar-ul-Sakoon, Punjab Social Welfare Department. Individual, group and family therapeutic sessions are conducted with the patients and their family members by trainees of the Centre under the Supervision of experienced Clinical Psychologists. These programs aim at Psycho-social Rehabilitation of the patients, prevention and psychoeducation of the family. Furthermore, it aims at creating awareness among masses and de-stigmatization of mental health problems.

