

- ✦ **Paper Presented;** “Parental Training and Coping with Threats of Terrorism”.23rd-27th June 2010, 14th annual conference of Psychology **University of Peshawar.**
- ✦ **Paper Presented;** “Relationship between Eating Disorder and Adolescent Depression, 13th -15th October 2009, **NIP Islamabad.**
- ✦ **Paper Presented;** On Identifications Of Personality Traits By Pakistani Unmarried Males& Females In Their Would Be Spouses in Conference on Psychological Issues, “Pakistani Perspective”, 10th November 2001, Lahore
- ✦ **Paper Presented** On Gender Differences in Perception Of Desirable Personality Traits in Second Muslim Psychological Conference 15th -17th May 1996, Lahore

CONFERENCES & COURSES

- ✦ **Member Organizing Committee;** National conference of Psychology “Resilience. Coping Strategies and Reconstruction of self among Women”, 11 March 2010 Dept of applied Punjab University. Lahore
- ✦ **Participated** in March 2009 Annual Conference on Depression by Pakistan Psychiatric Association arranged at Services Hospital, Lahore.
- ✦ **Participated** in Conference on the eve of Mental Health Week, March 2009, Government College University, Lahore
- ✦ **Participated** in Teachers Training Workshop, 10-15 July 2006 Kahanuspur, Murree Hills, arranged by the Department of Applied Psychology, University of the Punjab, Lahore
- ✦ **Participated** in Workshop on “Basics of Behavior Therapy” by Ms. Khan (Consultant Clinical Psychologist, UK), organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 11th June, 2005.
- ✦ **Participated** in Workshop on “Reiki: Application and Treatment, Level II” by Dr. Shaharyar Aftab, organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 4th June, 2005.
- ✦ **Participated** in Workshop on Reiki: Application and Treatment, Level I” by Dr. Shaharyar Aftab, Organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 28th May 2005.
- ✦ **Participated** in Workshop on “REBT: Assessment and Intervention” by Ms. Saima Salman, Organized by the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 21st -22nd December, 2004.
- ✦ **Participated** in a seminar on “Drug Treatment Works” on International Day against Drug abuse & Illicit Trafficking, Organized by Academic

Department of Psychiatry and Behavioral Sciences, KEMC/Mayo Hospital, and Pakistan Psychiatric Society (Punjab Chapter), 26 th June, 2004.

- ✚ **Participated** in a symposium on Student Counseling and Assessment services, held in the Department of Psychology and Applied Psychology, University of the Punjab, Lahore on 6th April 2004.
- ✚ **Participated** in a workshop on developing a counseling package for victims of domestic violence, organized under DFID in PC, Lahore, 26th March, 2004.
- ✚ **Participated** in a workshop on Hypnotherapy, conducted by Farzana Noor, in March 2001 in Department of Psychology and Applied Psychology, and on 9th October, 2003.
- ✚ **Participated**; Faculty Orientation Program by Human Resources Development Centre, University of The Punjab, 17-28 July 2003, Lahore
- ✚ **Participated**; Training Workshop on “Child Sexual Abuse” 22 January 2003, Lahore
- ✚ **Participated**; 11th International Conference, Pakistan Psychological Association, 19-21 December 2002, Lahore
- ✚ **Psychology Training Course**; University Grants Commission 27 May-01 June 2002, Lahore
- ✚ **Psychology Training Course** for in-service teachers; Higher Education Commission, Islamabad. 27 May-01 June 2002, Lahore
- ✚ **Member Organizing Committee**; 7th Regional conference of Psychology “Women in Developing Pakistan”, 12 March 2002 Lahore
- ✚ **Secretary of Organizing Committee**; Conference on Psychological Issues, “Pakistani Perspective”, 10 November 2001, Lahore
- ✚ **Participated**; Training Workshop on “Ikebana” Embassy of Japan, Pakistan & The Pakistan-Japan Cultural Association 12-15 March 2001, Lahore
- ✚ **Participated** in One week Faculty Development workshop on “Computer Skills: Multimedia Use and MS Office” organized by University of the Punjab, Lahore in August 2000.
- ✚ **Participated** in a Workshop on “Post-Traumatic Stress Disorders” run by Dr. Zahid Mahmood, a Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, held on 18th April 2000.
- ✚ **Participated** in a Workshop on “Projective Techniques” run by Dr. Zahid Mahmood, a Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, held on 16th April, 2000.
- ✚ **Participant** in Services Learning and Development workshop, Islamabad.
- ✚ **Participated** in Inclusive Education training Workshop by Dept. of Special Education, University of the Punjab, Lahore.
- ✚ **Participated** in 12th Conference by Pakistan Psychological Association on Psychological Management in Disastrous Situations arranged at Lahore College for Women, Lahore

AREA OF INTREST

- ✚ Organizational Psychology
- ✚ Organizational Behavior
- ✚ Consumer Behavior
- ✚ Human Resource Management
- ✚ Marketing
- ✚ Personality Development