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Objective: To carry out research leading to Ph.D. in dosage form development.

Personal Information: Date of Birth: 01.01.1978
Marital Status: Single

Languages: Urdu, English, Punjabi, Saraiki, Balochi, Arabic, German.

Education:

- i) Matric (Science) 1st.Division
Higher Secondary school kot chuta D. G. Khan
- ii) F.Sc. (Pre-medical) 1st.Division
Science Inter College, D. G. Khan.
- iii) B. Pharmacy 1st Division
University College of Pharmacy,
University of the Punjab, Lahore.
- iv) MBA (Master of Business Administration) (GPA 3.3)
Institute of Business Administration (IBA)
University of the Punjab, Lahore.
- v) M. Phil. (Pharmaceutics) thesis to be submitted
University College of Pharmacy,
University of the Punjab, Lahore.

Experience:

- i) Six week training as Clinical Pharmacist in Shaukat Khanum Cancer Hospital and Research Centre, Lahore.
- ii) Six week training as Hospital Pharmacist in Children Hospital, Lahore.
- iii) Territory manager Pfizer laboratories (Pvt.) Ltd. (2002-2004)
- iv) Product Specialist for interferon alpha 2-b in Bio Care Pharmaceutical (Dec., 2004 to June, 2004)
- v) Visiting Lecturer (Pharmaceutics), University College of Pharmacy, University of the Punjab, Lahore. (Feb. 2004 to June, 2004)
- vi) Lecturer/Research Assistant (Pharmaceutics), University College of Pharmacy, University of the Punjab, Lahore. (June, 2004 to date).
- vii) Consultant National Training Manager (for CVS & Antibiotics) in Medi Mark Pharmaceuticals, Lahore, Pakistan (Sep., 2005 to date)

Sports/Achievements:

Athletics

- i) Gold Medal 5000 M Punjab University Championship 1998
- ii) Gold Medal 5000 M Punjab University Championship 1999
- iii) Gold Medal 400 M Punjab University Championship 1999
- iv) Gold Medal 5000 M Race 2000

Swimming

- i) Winner 400 Free Style 1998
- ii) 2nd 50 meter Bach stretch 1999
- iii) 2nd 100 meter free style 2000

Hiking

- i) Punjab University Team Member 1998 – 2000

Foot Ball

- i) Captain University College of Pharmacy 1998-2002
- ii) Pakistan University Participation (National Games)

Computer Skills:

- i) MS Office, Excel, Power Point, Access, Internet, Browsing, Surfing and Web designing.
- ii) Incharge, Official Web site, University College of Pharmacy, University of the Punjab, Lahore. (www.pupharmacy.edu.pu)
- iii) Incharge, Multimedia and Computer Section, University College of Pharmacy, University of the Punjab, Lahore.
- iv) Incharge, University College of Pharmacy Computer Society (Pharmacom)

Leadership Skills:

- i) Group Leader of Pharmacy Delegation Rotary International Conference (2002.)
- ii) Founder Pharmacy Helping Society
- iii) Captain, Foot Ball Team, University of the Punjab (2002)
- iv) Chief Organizer National Campaign against Smoking (2006)
- v) Chief Organizer National Campaign against Hepatitis (2007)
- vi) Organizer Green Day, University College of Pharmacy (2005-2007)
- vii) Organizer National Pharmaceutical Industries Exhibition (2006-2007)
- viii) Secretary Pharmacy Festival April 10-14, 2007.

Presentations:

- i) Role of Internet in Pharmacy 2004.
- ii) Management of Pain, Sir Ganga Ram Hospital (March 2004)
- iii) Role of α_1 selectively blocker in Benign Prostatic Hyperplasia (May 2004)
- iv) Management of Hypertension at Jinnah Hospital Lahore (July 2004).
- v) Hepatitis-C and its treatment, General Hospital, Gujrat (August 2004).
- vi) Role of Antibiotics in gynecological infections (Gyn.unit 2 Nishter Hospital, Multan Feb 2006).
- vii) Role of ceftriaxone sodium in emergency patients (Sh. Zayed Hospital, Lahore March 2006)
- viii) Use of Amino glycosides and Cephalosporin's in combination for complicated surgery.
- ix) Bone Marrow Transplantation and Management of infections in PBSCT or BMT (BMT center CMH, Rawalpindi 27th Jan 2007).

CONFERENCES / SEMINARS / WORKSHOPS ATTENDED/ORGANIZED

1. International DIA Conference, Pearl Continental Lahore, 1998
2. Ryla (Rotary Youth Leadership Award) International Conference, 1999
3. Ryla International Conference (Rotary Youth Leadership Award), 2002
4. Attended International Gynecological Conference organized by All Pakistan Gynecological Association at Pearl Continental Lahore in February, 2003.
5. Attended International Pharmacy Conference & Exhibition on Changing Face of Pharmacy “Better Quality of Life through Pharmacists”, organized by Pakistan Pharmacists Association at Pearl Continental Lahore on March 20-23, 2003.
6. Attended National workshop to discuss and adopt outlines of national quality assurance system for traditional medicine at Hamdard Center Lahore organized by National Institute of Health, Islamabad in collaboration with Ministry of Health, Govt. of Pakistan & World Health Organization, on April 7 – 8, 2003.
7. Attended 20th International Congress of Gastroenterology & G.I. Endoscopy at Quetta on April 9-11, 2004.
8. International Conference Pakistan Pharmacist Association, Pearl Continental Lahore, 2004
9. International Urology Conference, Pearl Continental Lahore, 2004
10. International G.I. Scopy Conference, Hotel Sereena, Quetta, 2004
11. International Pharmaceutical Conference and Exhibition for better treatment, Hotel Avari, Lahore, 2005
12. Attended National workshop to discuss and adopt outlines of national quality assurance system for traditional medicine at Peshawar organized by National Institute of Health, Islamabad in collaboration with Ministry of Health, Govt. of Pakistan & World Health Organization, in April, 2005.
13. Attended workshop on International Marketing at Senate Hall, Allama Iqbal Campus, Lahore, organized by University College of Pharmacy, University of the Punjab, Lahore, November, 2005.
14. Attended 13th International Pharmacy Conference & Exhibition on “Pharmaceutical Care, for Better Treatment Outcome” organized by Pakistan Pharmacists Association at Lahore on February 16-19, 2006.
15. Organized Seminar on Orientation of Pharmaceutical Marketing by GlaxoSmithkline Bechem at Allama Iqbal Campus, University of the Punjab organized by University College of Pharmacy, February, 2006
16. Organized Workshop on career counseling and professional resume writing and role of pharmacists in sales and marketing by GlaxoSmithkline Bechem at Allama Iqbal Campus, University of the Punjab organized by University College of Pharmacy, February, 2006.
17. Organized National Anti Smoking Campaign & Pharmaceutical Exhibition organized by University College of Pharmacy, University of the Punjab, Lahore in April, 2006.
18. NEPT (New Era in Pharmaceutical Trading) “Impact of WTO on Pharmaceutical Industries at University College of Pharmacy, Lahore, on 12th April, 2007.
19. Operational Training Workshop for Atomic Absorption Spectrometer on September 23, 2008 at University College of Pharmacy, University of the Punjab, Lahore.

20. Operational Training Workshop for FTI on July 22, 2008 at University College of Pharmacy, University of the Punjab, Lahore.
21. Operational Training Workshop for Freeze Dryer on July 18, 2008 at University College of Pharmacy, University of the Punjab, Lahore.
22. Seminar on Health, Neutraceuticals, Pharmacist and Regulatory issues of Neutraceuticals on July 19, 2008 at Lahore Chamber of Commerce and Industry, Lahore.
23. Women Conference against Drug Abuse organized by Anti Narcotic Force (Regional Directorate Punjab) on June, 2008
24. Seminar on Career Pathway for Faculty Members on June 6, 2008 at Senate Hall, University of the Punjab, Lahore.