College of Pharmacy, University of the Punjab

Name- Dr Sabiha Karim
Father -Name - Abdul Karim
Designation: Assistant Professor

Qualification

B. Pharm, M.Phil (Pb) PhD (R.Ph).

PUBLICATIONS

- **1**-Isolation & Identification & sensitivity Pattern of Micro-organisms Isolated from Urine Of Pregnant Women.Pakistan Journal Of Pharmaceutics, Jan, 1994.
- **2-**Hepatic Impairment During Intake of injectable Contraceptive: A study in Womwn Of Child Bearing age. Pakistan Post Graguate MEDICAL Journal, December, 1999.
- **3**-Detection of Toxoplasma Antibodies (IgG,IgM) In Pregnant Women With Bad Obstetric History. Procedings SZP.G.M.I, vol,13,1999.
- **4**-Electrophoretically Resolved Serum Protein Pattern In Patients With Ischemic Heart Disease. Journal of Ayub Medical college Abbatabad, December, 2000.
- **5**-Effect of captopril & Thiazide diuretics in hypertensive patients. The Professional December, 2000.
- **6-**Effect of Captopril and Thiazide Diuretic On Serum Lipid Profile In Hypertensive.The Professional, December, 2000.
- **7**-Combined Effect of Captopril & Thiazide Diuretic On Serum Lipid Profile In Hypertensive Women. Journal of Ayub Medical *college Abbatabad*, 2001, vol., 13.
- **8-**Sensitivity & Resistance Of Antibiotics In common Infection Of Male & Female Journal of Ayub Medical college Abbatabad, 2002, vol, 13.
- **9**-Nepherotoxicity of gentamycin & Its Combination With Cefotoxime In a Group Of Rabbits. Pakistan Journal of Pharmacy Punjab University Lahore, 2002.
- **10**-Screening of Bacteriuria In Pregnant Women With 2nd Trimester Urinalysis Versus Urine Culture.Medical Forum, August, 2004.
- **11** Isolation & Identification of microorganisms causing UTI in pregnant women. PPMJ, Dec, 2004.
- **12**-Fabrication of omeprazole pellets using sieving-spheronization and extrusion-spheronization process. Proceeding Journal of Engineering & Technology ,Paris, France 2009.

- **13-** Effect of feeding garlic (*allium sativum*) on body weight and serum cholesterol levels in rats. Pakistan Journal of Physiology, 2011, 7 (1).
- **14-** Effect of cinnamon extract on blood glucose level and lipid profile in alloxan induced diabetic rats. Pakistan Journal of Physiology,2011 ,7 (1).

LIST OF PRESENTATIONS AND PUBLICATIONS IN CONFERENCES

- S. Karim, Saringat H. B, Yuen K. H. Formulation of pellets through sieving followed by spheronisation. Asian conference on clinical pharmacy, 23rd -26 July 2005. Universiti Sains Malaysia (USM) Penang.
- S. Karim, Saringat H. B, Yuen K. H. Comparison of Paracetamol Pellets Prepared Using Sieving-Spheronisation and Extrusion-Spheronisation.3rd Life Science postgraduate Conference,24-7 May 2006, Universiti Sains Malaysia Penang.
- S. Karim, Saringat H. B, Yuen K. H. A Comparative Study of the physical properties of omeprazole pellets using sievingspheronisation and extrusion-spheronisation. Asean scientific conference, I-3 June 2008, USM.
- S. Karim, Saringat H. B, Yuen K. H. Design and evaluation of multiparticulate systems prepared using sieving-spheronisation and extrusion-spheronisation. I 15th International Conference, 6 to 8 April, 2009. Lahore, Pakistan.
- S. Karim, Saringat H. B, Yuen K. H. Fabrication and evaluation of Multiparticulate systems produced by sieving-spheronisation and extrusion-spheronisation. 4th Asian Association of Schools of Pharmacy, 9th Malaysian Pharmaceutical Society. Pharmacy scientific conference, 10-13 June 2009.
- S. Karim, Saringat H. B, Yuen K. H. Fabrication of omeprazole pellets using sieving-spheronization and extrusion-spheronization process, International conference, 24-26 June, 2009 Paris, France.
- 8 PhD-Thesis presentation
 - S. Karim, Saringat H. B, Yuen K. H. Design and evaluation of multiparticulate systems prepared using sieving-spheronisation and extrusion-spheronisation., 9th March, 2009, School of Pharmaceutical Sciences, Universiti Sains Malaysia, Penang.
- 9 International Conference Multidisciplinary Approach in

Medication Usage held on 12-14 Feb 2010. Organized by Jinnah Hospital Lahore.

S. Karim. 12TH PPS BIENNIAL CONFERENCE PAKISTAN PHYSIOLOGYTY SOCIETY held on 11th-12th April ,2011. Effect of cinnamon extract alone and in combination with insulin on blood glucose in alloxan induced albino rats.

16th International Pharmacy conference and exhibition ,held on 28th April-ist May 2011.Effect of feeding garlic on serum cholesterol level in rats.

Conference Arranged

Ist USM-Penang International Postgraduate Convention & 3rd LIFE SCIENCES POSTGRADUATE CONFERENCE, 24-27 May 2006, Universiti Sains Malaysia.

Workshops Attended

- 1-On Good Clinical Practice held on 4th-6th April 2005 Malaysia
- 2- Scientific Methodology held on 6th -8th Dec, 2005- Penang Malaysia (USM)
- 3-Statistical Techniques held on -9-11Dec 2005.
- **4-**Introductory Statistical Course in Pharmaceutical Sciences held on 12-13 March 2009. School of Pharmaceutical Sciences Penang Malaysia.
- **5**-Scientific Writing Workshop, 28 April 2005.
- **6-**Occupational Safety & Health Course for Postgraduate Students, held on 10 March, 2005., Organised by University Sains Malaysia.
- **7**-Animal Ethical Training Workshop, held on 12-August,2005,Universiti Sains Malaysia.

Training Courses

- **1-**-Orientation Programme, organized by Institute of Administration Sciences Human Resources, held on 13th August 2002.-3rdSeptember University of Punjab Lahore.
- **2-**Basic & Overview of HPLC theory, features & operation training, conducted at Universiti Sains Malaysia Penang, held on 2nd March 2005.
- **3-**Professional Competency Enhancement Programe (PCEPT). Held in Govt college University Lahore, May 17-June 17--2010. Organized by HEC.
- **4-**Two days training on management of first aid (Red Crescent), held on—4 & 5th June 2011, held at College of Pharmacy Punjab University Lahore.

Examination Passed

- **1-**Bahasa Malaysia with grade A ,held on October,2005.Universiti Sains Malaysia
- **2-**Good Clinical Practice Exam,held on 6th april 2005, Universiti Sains Malaysia **3-**Occupational safety & Health course held on 10 March,2005, Universiti Sains Malaysia

AWARDS

1- PhD Scholarship,

Malaysian Technical Corporation Programme (MTCP).

2- Fellowship

From Universiti Sains Malaysia, April, 2008

CONFERENCES ATTENDED

- **1)**-3rd National conference on pharmaceutical Sciences, held on 8-12 July, 2003 at baragali Summer Campus.
- **2)**-4th UiTM-MPS Scientific Conference held on 6-8 August, 2004, Universiti Teknologi MARA Organised by Malaysian Pharmaceutical Society Malaysia.
- **3)**15th International Pharmacy Conference ,held on 6 to8 April, 2009. Lahore, Pakistan.
- **4)**-Clinical conference held on 12-14 March 2010 At Jinnah Hospital Lahore.
- **5)** International Biennial conference held on 11-12 April 2011 at King Edward medical university Lahore, organized by Pakistan physiological society.
- **6)** Sixteenth International conference & exhibition was held on 28th April to 1st May 2011, at Pearl continental Lahore. Organized by Pakistan Pharmaceutical Association (PPA).
- 7) International Conference on Toxicology is going to be scheduled held on january 26-27 2012 in conference hall UVAS, Lahore.

PARTICIPATED IN SYMPOSIUM/SEMINARS

- **1-**On Pharmaceutical Technology held on 24 March, 2009, Universiti Sains Malaysia Penang.
- **2-**Unesco World Poetry Day, representation of Pakistani Urdu poetry, Organized by world Heritage Site, held ON 21 March, 2009 at Wawaasan university Penang Malaysia.

- **3-** National seminar on use of Animals in science. Ethical & Practical Considerations.Held on 3rd & 4th January 2010, organized by HEC.
- **4-**International seminar oppurtunities & challanges for Pharmaceutical care practice in Cumminity Pharmacy in Pakistan. Held on 24-25th February 2010. Organized by pharmacy department of Lahore College for Women University Lahore.
- **5-**Seminar on Angiogenesis in Cancer Research On 7th June 2010. Organized by University College of Pharmacy.
- **6-**Seminar on quality assurance on Pharmaceuticals held on 23rd October2010. Organized by PPA (Pakistan Pharmaceutical Association).
- **7-**Animal workshop held on 4 & $5^{\rm th}$ January 2011 at College of Pharmacy Punjab university Lahore.
- **8-** Seminar & workshop on Environmental Toxicology & Health held on 8th & 9th March 2011 at Department of Pharmacology & Toxicology University of Veterinary & Animal Sciences Lahore.
- **9-** Seminar on dryness of eye held on September 2011 At College of Pharmacy Punjab University Lahore.
- **10-** Seminar on Management of diabetes mellitus held on ----18 Nov 2011--- organized by College of Pharmacy Lahore.
- **11-**One day seminar on drug abuse & misuse held on March 2011 at college of Pharmacy organized by Shaukat Khanum Hospital.
- **12-** Seminar on anti- tobacco awareness was held on 23-May 2011 at Shaukat Khanum Hospital Lahore.
- 13- PhD convocation held on 21 Sept 2011 at Universiti Sains Malaysia.
- **14-**Lecture was delivered on Pakistan & Global affairs speaker was Prof Dr Mujahid Kamran Vice Chancellor of University of Punjab on 12th Dec 2011 at Punjab University College of information & Technology.
- **15-**One day seminar on important factors on drug development. Presented by Professor dr Qrar from UK. Held on January 2012 at college of Pharmacy Punjab university Lahore.