

Centre for Clinical Psychology
Quaid-e-Azam Campus
University of the Punjab
Lahore 54590, Pakistan.

Dr. Nashi Khan
Chartered Clinical Psychologist

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QUALIFICATION

2010	Post Doctorate, Institute of Psychiatry, Kings College London, UK.
2008	PhD, University of Health Sciences, Lahore. Pakistan.
2007	Fellow, Indian Medical Sciences Academy, India.
1988	Master of Science in Clinical Psychology, University of London, Institute of Psychiatry, London, UK.
1984	Master of Science in Psychology, University of the Punjab, Lahore, Pakistan.
1978	Bachelor, University of Multan, Multan, Pakistan.
1976	Intermediate, Government College for Women, Sahiwal, Pakistan.
1974	Matriculation, St. Mary's Convent High School, Sahiwal, Pakistan.

CURRENT TITLES

- Permanent Faculty (TTS), Center for Clinical Psychology, University of the Punjab, Lahore, Pakistan.
- HEC Approved Supervisor.
- Visiting Faculty, Karakorum International University, Gilgit. Pakistan.
- Adjunct Faculty, King Edward Medical College University, Lahore. Pakistan.
- Visiting Chartered Clinical Psychologist, Infertility and Advisory Center, Hameed Latif Hospital, Lahore. Pakistan.
- Visiting Chartered Clinical Psychologist, Surgimed Hospital, Lahore. Pakistan.
- Visiting Faculty, Government College University, Lahore, Pakistan.

LICENSURE

- British Psychological Society, UK.
- Register of Chartered Psychologists, UK.
- New Zealand Psychologists Board. Wellington, New Zealand.
- Vocational Board of Psychologists, New Zealand.

THERAPEUTIC APPROACH

- Behavior Therapy
- Cognitive Behavior Therapy
- Sex Therapy

WORK EXPERIENCE

2010-Date:	Permanent Faculty (TTS), Centre for Clinical Psychology, University of the Punjab, Lahore. Teaching Therapeutic Intervention (Cognitive Behavior Therapy, Behavior Therapy), Professional and Ethical Issues, Clinical Supervision, Research Supervision, Administrative Responsibilities, Skill Enhancement MS/ADCP/PhD Scholars, Programmed Coordinator MS/ADCP Program. In charge of Procurement Committee, Library Committee, Client Consultation Committee and Computer Lab Committee. Member of Disciplinary Committee, Semester Examination Committee, DDPC, Departmental Doctoral Program Committee in Centre for Clinical Psychology, University of the Punjab, Lahore.
2010-Date:	Internal Examiner for MS Research Viva at Centre for Clinical Psychology, University of the Punjab, Lahore.
2010-Date:	Internal Examiner for "CCP Client Consultation Viva" at Centre for Clinical Psychology, University of the Punjab, Lahore.
2015:	External Examiner for Conducting Viva Voce of BS (Hons.); Clinical Reports. Centre for Clinical Psychology, University of the Punjab, Lahore
2012-2015:	President, Pakistan Association of Clinical Psychologist. Looking after Administrative and Academic Work, and Organizing Seminars, Lectures and Workshops.

- 2014: External Examiner for CSS Exam, Federal Public Service Commission, Islamabad.
- 2014 External Examiner for Conducting Viva Voce of MPhil/ M.S.; Research Thesis. Institute of Applied Psychology, University of the Punjab, Lahore.
- 2012-2014: Visiting Faculty, Government College University, Lahore, Pakistan.
- 2013: External Examiner for Conducting Viva Voce of Research Thesis of Masters Students at National Institute of Psychology (NIP), Islamabad.
- 2013: External Examiner for Post Master in National Institute of Psychology (NIP), Islamabad.
- 2013: External Examiner, Acting as External Examiner for Post-Master Students for Research Thesis in Government College University, Lahore.
- 2012-2013: Visiting Faculty, Karakoram International University, Gilgit, Pakistan.
- 2012: External Examiner, Acting as External Examiner for Post-Master in Government College University, Lahore.
- 2012: Internal Examiner, Acting as Internal Examiner to conduct Viva Voce of Research Thesis of Post-Master in Centre for Clinical Psychology, University of the Punjab, Lahore.
- 2011: Internal Examiner, for Viva Voce examination of Therapeutic Intervention of Advanced Diploma in Clinical Psychology students. Centre for Clinical Psychology, University of the Punjab, Lahore.
- 2011: Has been appointed as Paper Setter for Postgraduate students for Therapeutic Interventions (Cognitive Behavior Therapy and Behavior Therapy). Centre for Clinical Psychology, University of the Punjab, Lahore.
- 2011-Date: Adjunct Faculty, King Edward Medical College University, Lahore. Pakistan.
- 2009- Date Consultant Psychologist at Surgimed Hospital, Zafar Ali Road, Lahore.
- 2009-2010: Post Doctorate Fellow, Institute of Psychiatry, Kings College London, University of London, UK.
- 2005-2008: Visiting Faculty, Department of Behavioral Sciences, Fatima Jinnah Women University, The Mall Rawalpindi. Teaching Cognitive Behavior Therapy to Post Graduate students of Behavioral Sciences. Conducted a Series of Workshops on "Therapeutic Interventions" and on "Psychoanalysis".
- 2004 - 2005: Contribution in the Development of Student Counseling and Assessment Services (SCAS) Department of Applied Psychology, University of the Punjab, Lahore.
- 2004: External Examiner to Conduct Viva-Voce Examination of "Clinical Psychology" of MSc. Part-II Students of Federal Government College for Women, F-7/2, Islamabad.
- 2004: Head Examiner of MSc Applied Psychology Part II Annual Examination at University of the Punjab, Lahore.
- 2004: External Examiner to Conduct Viva-Voce Examination of "Clinical Psychology" of MSc. Part-II Students of Islamabad College for Girls, F-6/2, Islamabad.
- 2004: External Examiner to Conduct Viva-Voce Examination of "Clinical Psychology" of MSc. Part-II Students of Government College for Women, Satellite Town Rawalpindi.
- 2001-2005: Visiting Faculty, MPhil & PhD in Psychology, Department of Psychology & Applied Psychology, University of the Punjab, Lahore. Teaching Clinical and Counselling Psychology to MPhil & PhD Scholars. Also Conducted workshops on Therapeutic Interventions to students of MSc in Applied Psychology. Initiated Counselling and Assessment Services in University of the Punjab, Lahore.
- 2001-2003: Visiting Faculty, PhD in Clinical Psychology, Center for Clinical Psychology, University of the Punjab, Lahore. Teaching Clinical and Behavior Therapy to PhD Scholars.
- 1999-2003: Visiting Faculty, M.Phil. in Clinical Psychology, Center for Clinical Psychology, University of the Punjab, Lahore. Teaching Clinical and Behavior Therapy to the students of MPhil in Clinical Psychology.

- 1997- 2008: Student Counselor, Lahore University of Management Sciences (LUMS) Lahore. Counseling of students with Emotional and Academic problems.
- 1996: External Examiner, University of the Punjab, Lahore. Conducted Viva-voce Examination of MSc Part II students in Department of Psychology & Applied Psychology, University of the Punjab, Lahore.
- 1994: Co-Examiner for Viva-Voce Examination of Advanced Diploma in Clinical Psychology students, Part-I, Part-III Therapeutic Intervention, at Centre for Clinical Psychology, University of the Punjab, Lahore.
- 1994-1996: Honorary Training Consultant, Highnoon Laboratories Ltd., Lahore. Teaching Selling Skills to the Pharmaceutical field force.
- 1994-1996: Visiting Chartered Clinical Psychologist, Infertility and Advisory Center, Hameed Latif Hospital, Lahore. Clinical work involves Counseling of Infertile Couples and Sex Therapy for Sexual Dysfunctions.
- 1994-1996: Visiting Consultant Clinical Psychologist, Hameed Latif Hospital, Lahore. Consultation Patients with Anxiety Disorders, Depressive Illness, Sexual Dysfunctions and Eating Disorders.
- 1997-2009: Chartered Clinical Psychologist, Punjab Institute of Mental Health (PIMH), Lahore. The Clinical Work involves dealing with in and out patients with Adult Psychiatric Disorders. Presently working as In charge Rehabilitation Program of Schizophrenic Patients. The Therapeutic Approach followed is mainly Behavior Therapy. Teaching Post Graduate Students in Applied and General Psychology of University of the Punjab, Lahore.
- 1994-1996 Deputy Chief Executive and deal Emergency matters 24/7, Hameed Latif Hospital, Garden Town, Lahore. Dealt with all kinds of Administrative Affairs of the Hospital.
- 1992-2004: Internal Examiner, University of the Punjab, Lahore. Acting as an Internal Examiner for Post Graduate and Post Masters Examinations in Applied and Clinical Psychology.
- 1992-2004: External Examiner, University of the Punjab, Lahore. Acting as an External Examiner for Post Graduate and Post Masters examinations in Applied and Clinical Psychology.
- 1992-2004: Visiting Faculty, Department of Psychology & Applied Psychology, University of the Punjab, Lahore. Teaching Behavior Therapy and Clinical Psychology to Students of MSc in Applied Psychology. Also Conducted Workshops on "Behavior Modification Techniques and Social Skills Training".
- 1990–2003: Member Selection Committee for the Candidates of Advanced Diploma and MPhil in Clinical Psychology, University of the Punjab, Lahore.
- 1990-1994: Visiting Faculty, School on Nursing, Allama Iqbal Medical College, Services Hospital, Lahore. Teaching Applied Psychology to the Post Graduate nurses in Psychiatry.
- 1988-2003: Visiting Faculty, Center for Clinical Psychology, University of the Punjab, Lahore. Teaching Behavior Therapy and Clinical Psychology to students of Advanced Diploma in Clinical Psychology. Conducted two Day Workshop on 'Behavioral Skills' and "Dyslexia", delivered Extension Lectures.
- 1988-2003: Clinical Supervisor, Advance Diploma in Clinical Psychology, Center for Clinical Psychology, University of the Punjab, Lahore. Clinical Supervision of students of Advanced Diploma in Clinical Psychology.
- 1988-1994: Chartered Clinical Psychologist, Department of Psychiatry, Allama Iqbal Medical College, Services Hospital, Lahore. The Clinical Work involved Psychological Assessment and Intervention of patients with Adult Psychiatric Disorders specially Anxiety Disorders, Depressive Illness, Sexual Dysfunctions and Eating Disorders. The therapeutic approach followed was Cognitive Behavior Therapy.
- 1988-1989: Consultant Clinical Psychologist, Lahore Brain Center, Lahore. Clinical work involved Psychological Assessment and Intervention of Out patient's Clients suffering from Adult Psychiatric Disorders.

- 1986-1988: Awarded MSc Degree in Clinical Psychology from Institute of Psychiatry, Kings College, London. UK.
- 1986-1988: Trainee Clinical Psychologist, Institute of Psychiatry, Maudsley & Bethlem Royal Hospital, London, UK.
- 1984-1986: Trainee Clinical Psychologist, Child & Family Psychiatry Unit, King Edward Medical College, Lahore. Clinical work involved Behavioral Assessment and Behavioral Intervention With Children Suffering from all Kinds of Emotional And Behavioral Problems, Psychiatric Disorders and Learning Disabilities.
- 1982-1984: Trainee Clinical Psychologist, Fountain House, Lahore. Clinical work involved Group Therapy with Schizophrenic Patients and Psychiatric Rehabilitation.

COURSE DEVELOPED

- Provide Services in Developing Course of “Therapeutic Intervention” and “Skill Development” for PhD and M.Phil. Students at Centre for Clinical Psychology, University of the Punjab, Lahore. 2010-Date.
- Provide Services in Developing Course of “Professional Ethics/ Therapeutic Intervention/ Case Conference/ Centre Cases” for MS and ADCP students at Centre for Clinical Psychology, University of the Punjab, Lahore. 2010-Date.
- Member of the meeting of Teachers and Examiners in Centre for Clinical Psychology, University of the Punjab, Lahore for updating the syllabus of “Clinical Psychology”. December, 1993.

HONORS & CERTIFICATES

- Certificate of Appreciation for Organizing the “Best Pakistan Association for Clinical Psychologists Stall” Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2015.
- Certificate of Appreciation for Organizing Sports Day at Centre for Clinical Psychology, University of the Punjab, Lahore. March, 2013.
- Certificate for “Gracing the Sports Occasion as Faculty”. Centre for Clinical Psychology, University of the Punjab, Lahore. March, 2012.
- HEC Approved Supervisor, Higher Education Commission Islamabad. February, 2012.
- Certificate of Appreciation for Organizing Sports Day at Centre for Clinical Psychology, University of the Punjab, Lahore. March, 2011.
- Fellow of International Medical Sciences Academy in recognition of Outstanding Contribution for advancement of Medical Sciences. IMSACON 2008.
- Oration: Dr. K. N. Rao Memorial Award. Annual Conference of International Sciences Academy, Dubai. UAE. October, 2008.
- Certificate of Appreciation. Department of Psychology & Applied Psychology, University of the Punjab, Lahore. December, 2004.
- Certificate for Best Performance. Punjab Institute of Mental Health, Lahore. Pakistan. 2001-2002.
- Certificate of Perfection on remarkable supervision and immaculate way of teaching at Rehabilitation Placement, Centre for Clinical Psychology, University of the Punjab, Lahore. (1998-99)
- Status of Chartered Clinical Psychologist, British Psychological Society, UK. February, 1992.
- Certificate of Appreciation, Kinnard College for Women, Lahore. Pakistan. February, 1990.
- First Position in M.Sc. Psychology, Lahore College for Women, University of the Punjab, Lahore. Pakistan. August, 1984.
- Certificate of Appreciation, Government College for Women, Sahiwal, Pakistan. (1975-1976).
- First Prize in English, Government College for Women, Sahiwal, Pakistan. (1975-1976).
- First Position in Secondary School Examination, St. Mary’s Convent High School, Sahiwal, Pakistan. April, 1974.

REGISTRATION / CERTIFICATION

- Registered Member, Health Professional Council, UK. (September, 2010-May, 2011).
- Registered Chartered Clinical Psychologist, British Psychological Society, UK. (February 1992-Date).
- International Credential Assessment Service of Canada. Guelph (ON), Canada. (May 1998).
- Registered Psychologist, New Zealand Psychologists Board. Wellington, New Zealand. (April 2001-2009).
- Fellow, Indian Medical Sciences Academy, India. (November, 2007).

SPECIALIZATION & RESEARCH INTERESTS

- Sexual Dysfunctions, Depression, Obsessive Compulsive Disorder, Fear & Phobias, Psychiatric Rehabilitation, Eating Disorders, Sexual Health in Men & Women and Common Mental Disorders.

EDITORIAL BOARD/REVIEWER

- Reviewer of Bahria Journal of Professional Psychology, Bahria University, Karachi
- Member Scientific Committee, International Medical Sciences Academy, (IMSACON 2016). Mauritius. 7th - 8th October 2016.
- Reviewer/Examiner of PhD Thesis of Ms. Sneh Kapoor “Self Help Manual Approach in the Treatment of Obsessive Compulsive Disorder”. All India Institute of Medical Sciences, New Delhi, India.
- Associate Editor, Surgimed Medical and Dental Hospital. Official Journal of Lahore Medical and Dental College, Lahore.
- Member of Editorial Board, Health Promotion Perspective Journal, Tabriz University of Medical Sciences, Iran.
- Member Editorial Board, Journal of Humanities and Social Sciences (IJHSS). Global Research Forum International.
- Member of Editorial Board, Sage Publishers, Open Editorial Office.
- Reviewer of Journal of Behavioral Sciences, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
- Member of Editorial Board, Pakistan Journal of Professional Psychology, Research & Practice. Centre of Clinical Psychology, University of the Punjab, Lahore.
- Member of Renal Transplant Committee, Government of Punjab, Lahore.
- Member of DDPC, Centre of Clinical Psychology, University of the Punjab, Lahore.

PROFESSIONAL SOCIETIES

(By Election or Honor)

- President, Pakistan Association of Clinical Psychologists, Pakistan. (2012-2015).
- Chartered Clinical Psychologist, British Psychological Society, UK.
- Fellow, Indian Medical Sciences Academy, India.
- Ex. General Secretary, M.I.N.D. Organization, Lahore.

(By Membership)

- Pakistan Association of Clinical Psychologists (PPA), Pakistan.
- Life Membership of Pakistan Psychological Association, Pakistan.
- Full Member, British Psychological Society, UK.
- Member, Register of Chartered Psychologists, UK.
- Registered Professional, NFER-Nelson, UK.
- Member, Graduate Society, University of London, UK.

CONFERENCES/SEMINARS/WORKSHOPS ATTENDED

International Conferences Attended

1. Will Participate in International Conference on “Psychology of Gender in Perspective Issues and Challenges”. National Institute of Psychology, Islamabad, Pakistan. 3rd - 4th November, 2016.
2. Will Participate in 35th Year Annual International Medical Science Academy Conference cum Convocation IMSACON. Mauritius. 7th - 8th October 2016.
3. Participated in 11th International Conference on Child and Adolescent Psychopathology, 2016 (ICCAP 2016). Roehampton University, London, UK. 18th - 20th July, 2016.
4. Participated in 1st International Conference (ICCTP- 2016). Current Trends in Psychology: Security Issues in Pakistan and Its Implications, 2016. Department of Applied Psychology and Bahauddin Zakariya University, Multan, Pakistan. 31st March, 2016.
5. Participated in 9th SAARC International Psychiatric Conference, 2016. Islamabad, Pakistan. 4th - 6th March, 2016.
6. Participated and Chaired a Scientific Session in 6th International CBT Conference on “Evidence-Based Approaches to Mental Health Care: Integrating Psychopharmacology and Cognitive Behavior Therapy.” Services Institute of Medical Sciences, Lahore, Pakistan. 19th – 22nd February, 2016.
7. Participated in 14th European Congress of Psychology, 2015. Milan, Italy. 7th - 8th July, 2015.
8. Participated in 10th International Conference on Child and Adolescent Psychopathology. Roehampton University, London, UK. 20th – 22nd July, 2015.
9. Participated and Chaired a Scientific Session in 14th International Conference of Psychology. University of the Punjab, Lahore, Pakistan. 19th - 21st March, 2015.
10. Participated in 32nd International Medical Science Academy Conference (IMSACON), Bangkok, Thailand. 11th – 12th October, 2014.
11. Participated in International Conference of European Health Psychology Society (EHPS). Innsbruck, Austria. 26th – 30th August, 2014.
12. Participated in Two Day International Conference of PACP, Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 2nd - 3rd April, 2014.
13. Participated in European Health Psychological Society (EHPS, 27). Bordeaux, France. 16th – 20th July, 2013.
14. Participated in 3rd Asian Pacific Conference on Psychosocial Rehabilitation, 8th International Psychiatric Conference. Lahore, Pakistan. 1st - 3rd November, 2013.
15. Participated in International Conference of Applied Psychology (ICAPP). Institute of Applied Psychology, Lahore, Pakistan. 15th - 19th December, 2012.
16. Participated in 12th International Congress of Behavioral Medicine. Budapest, Hungary. 29th August – 1st September, 2012.
17. Participated in European Health Psychological Society (EHPS, 12). Prague, Czech Republic. 22nd – 26th August, 2012.
18. Participated in 12th European Congress of Psychology. Istanbul, Turkey. 4th - 8th July, 2011.
19. Participated in Conference in Greece “International Society for Interpersonal Acceptance and Rejection. Department of Primary Education University of Crete, Greece. 20th – 24th September, 2011
20. Participated in 5th SAARC Psychiatric Federation SPF, Conference. Building Bridges to Provide Mental Health Care in the SAARC region. Lahore, Pakistan. 25th – 27th March, 2011.
21. Participated in the Epidermiology and Treatment of Peri-natal Psychiatric Disorders: Building on the Evidence Base, Institute of Psychiatry, Kings College. London, UK. 27th May, 2010.
22. Participated in 23rd Annual Conference of the European Health Psychology Society. Pisa, Italy. 23rd – 26th September, 2009.
23. Participated in Annual Conference of International Medical Sciences Academy, (IMSACON 2008). Dubai, UAE. 12th – 13th October, 2008.
24. Participated in ISIPAR. “Acceptance, Rejection and Resilience within Family, School, and Social Emotional Context”. Crete, Greece. 3rd - 6th July, 2008.

25. Participated in Annual Conference of International Medical Sciences Academy. Manipal. India. 2nd – 4th November, 2007.
26. Participated in 65th ICP Annual Convention of Council of Psychologists, San Diego, CA, USA. 11th – 14th August, 2007.
27. Participated in 64th Annual Convention of International Psychology, “International Psychology for the Future,” Kos, Greece. 10th – 13th July 2006.
28. Participated in Annual Conference of International Medical Sciences Academy (IMSACON). Lahore, Pakistan. 3rd – 5th November, 2006.
29. Participated in 1st International Conference of SAARC Psychiatric Federation, Agra, India. 2nd – 4th December, 2005.
30. Participated in International Conference on “Applied and Community Psychology: Trends & Directions”. Haridwar, India. 26th -28th February, 2005.
31. Participated in World Psychiatric Association Regional & Inter Zonal Meeting. Lahore, Pakistan. 16th – 20th September, 2004.
32. Participated in Developing Counselling Package for Victims of Domestic Abuse. Organized by University of the Punjab and University College London, UK. 26th March, 2004.
33. Participated in 13th International Psychiatric Conference. “Frued, Fredom and Future”. Rawalpindi, Pakistan. 25th – 28th January, 2001.
34. Participated in 10th International Psychiatric Conference. Pakistan Psychiatric Society. Pearl Continental Hotel, Lahore, Pakistan. 13th – 16th December, 1994.
35. Participated in 9th International Conference of Pakistan Psychological Association as Secretary of Session on Communication. 1994.
36. Participated in the First Afro-Asian Psychological Congress, Lahore, Pakistan. 5th – 8th March, 1990.

National Conferences Attended

1. Will Participate in 1st National Conference “Emerging Trends in Clinical Psychology” at COMSATS- Institute of Information Technology, Lahore, Pakistan. 21st -22nd September, 2016.
2. Participated in 10th National Neuropsychon Conference. “Psychiatric Updates and Media/Public Awareness”. Lahore, Pakistan. 25th – 27th April, 2014.
3. Participated in 2nd National Symposium of Developmental Pediatrics in the 21st Century. The Children Hospital and Institute of Child Health, Lahore, Pakistan. May, 2011.
4. Participated in Conference “Research in Psychology: Indigenous and Cultural Context” in National Institute of Psychology, Quaid-e-Azam University, Islamabad, 14th October, 2010.
5. Participated in Symposium at the Dept. of Psychology & Applied Psychology, University of the Punjab, Lahore, Pakistan. 6th April, 2004.
6. Attended 7th National Conference of Pakistan Association for Clinical Psychologists. Lahore, Pakistan. April, 2002.
7. Participated in 6th National Conference of Pakistan Association of Clinical Psychologists. Lahore, Pakistan, 22nd April –23rd April 2000.
8. Participated in 2nd National Sales Conference Bhurban. Highnoon Laboratories. 1st May, 1995.
9. Participated in 1st National Conference of Psychology organized by PPA, Lahore. 1991.

International Workshops/ Seminars/ Lectures Attended

1. Attended Workshop on “Brief Trauma Therapy through Eidetic Therapy”. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 1st January, 2015.
2. Attended Workshop on “NLP & Hypnotherapy Training Workshop” by Dr. Oskaan Mehmedagi (UK). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 31st March – 1st April, 2014.
3. Attended Skype Lecture on Data Analysis by Prof. Dr. Chris Fife Shaw, Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. October, 2014.

4. Attended Seminar on DSM 5 Changes by Dr. Sohail Kahattak, (Consultant Psychiatrist, USA), Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 2nd December, 2014.
5. Attended Workshop on REBT “The Theory and Skill” by Ms. Saima Salman, (Singapore) Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 23rd December, 2014.
6. Attended an Extension Lecture on “Dealing with Speech Problems in Children” by Dr. Munawar Malik. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 11th September, 2013.
7. Attended an Extension Lecture on “Personal & Professional Development” by Ms. Saira Khan. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 21st March, 2012.
8. Attended Workshop on “NLP & Hypnotherapy Training Workshop” by Dr. Oskaan Mehmedagi (UK). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. June, 2013.
9. Attended a Seminar on “Dietary Omega -3 Fatty Acids and The Brain” by Dr. Aneeq Ahmed Khan (USA). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. January, 2012.
10. Attended a 3 Day Workshop on “Psychological Management of Children After Disaster” by Ms Elin Mahle & Unni Marrie Heltne (Norvey). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. February, 2012.
11. Attended Special Lecture on “Status of Clinical Psychology in Norway” by Ms. Elin Mahle & Unni Marrie. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 21st April, 2012.
12. Attended 2 day Workshop on “Counselling Skills” by Prof. Dr. I. N. Hassan. Centre for Clinical Psychology, University of the Punjab, Lahore. 17th – 18th May, 2012
13. Attended one day Workshop on “Designing Qualitative Research” at Centre for Clinical Psychology University of the Punjab, Lahore. 13th December, 2012.
14. Attended a Workshop on “Psychopathic like Traits in Children and Adolescence” and “What do I need to know About Autism Spectrum Disorder” by Dr. Umneea Khan (Australia). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 10th January, 2011.
15. Attended REBT Workshop, “Primary Certification in REBT”. Three Day Course; “REBT In Nutshell: Basic Diagnostic and Intervention Skills in REBT” by Saima Salman (Singapore) Centre for Clinical Psychology, University of the Punjab, Lahore. 16th December, 2011.
16. Attended a three day workshop on “Academic Problems, Separation from Parents and Effects of Terrorism on Children’s Behaviours” by Ms. Amna Tariq, Consultant Clinical Psychologist from Kings College, London (UK). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 18th – 20th April, 2011.
17. Attended a workshop on “Use of Reflective Practice in Forming Hypothesis in Therapy” by Dr. Aamira Saleem Rao, Consultant Clinical Psychologist (UK). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 26th April, 2011.
18. Attended a workshop on “Hypnosis, Psychiatric Rehabilitation, Child Psychiatry, Group Course and Psychodrama at 5th SAARC Psychiatric Federation Conference. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 25th – 27th March, 2011.
19. Attended a workshop on “Intervention of Autism Spectrum Disorder”. Department of Applied Psychology, University of the Punjab, Lahore. 22nd February, 2011.
20. Attended a workshop on “NEI Psychopharmacology Academy”. University of California San Diego, School of Medicine. 10th – 11th June, 2006.
21. Attended a workshop on “Reiki: Application and Treatment” Level I. Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 28th May, 2005.
22. Attended a workshop on “Reiki: Application and Treatment” Level II. Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 4th June, 2005.
23. Attended a Seminar on “Developing Counselling Package for Victims of Domestic Abuse” by DFID, UK, Department of Applied Psychology, University of the Punjab, Lahore. 26th March, 2004.
24. Attended a training workshop on “REBT: Assessment and Intervention”, By Ms. Saima Salman (Singapore), Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 21st – 22nd December, 2004.

25. Attended a Training Course in Trauma Psychology at the University of Missouri-Columbia, International Center for Psychosocial Trauma, and Mental Health Resources of Pakistan. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 21st – 22nd February, 2002.
26. Attended a Workshop on “Innovative Treatment Techniques” conducted by Dr. Zahid Mehmood (Scotland). Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 23rd December, 2002.
27. Attended a workshop on “Projective Techniques” Conducted by Dr. Zahid Mahmood (Scotland, UK) at the Department of Applied Psychology, University of the Punjab, Lahore. 26th April, 2000.
28. Attended a Certificate of attending a workshop on “Post Traumatic Stress Disorders” by Dr. Zahid Mahmood (Glasgow, UK), at the Department of Applied Psychology, University of the Punjab, Lahore. 28th April, 2000.
29. Attended a Workshop on “Learning and Development Disabilities: Assessment and Intervention” conducted by Dr. Maria Callias (St. George’s Hospital, London). Centre for Clinical Psychology, University of the Punjab, Lahore. 9th – 10th February, 2000.
30. Participated in 7th Annual Training Course on Recent Advances in Psychiatry, Allama Iqbal medical Colege, Services Hospital, Lahore, February, 1994.

National Workshops/ seminars/ Lectures Attended

1. Attended an Extension Lecture on “Headaches Management” by Dr. Shahida Tanveer, November. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 22nd November, 2013.
 2. Attended a Workshop on “Art & Science of Rational Anger Management”. Centre for Clinical Psychology, University of the Punjab, Lahore. Pakistan. 16th December, 2012
 3. Attended Workshop on “NVIVO and Software for Qualitative Analysis. Centre for Clinical Psychology, University of the Punjab, Lahore. Pakistan. 12th May, 2012.
 4. Attended a 3-day Workshop on Direct Observation as Clinical and Research Method at Department of Special Education, University of the Punjab. 23rd – 25th April, 2002.
 5. Attended a Training Session on “Evaluation of PANSS (Positive and Negative Syndrome Scale)”. Punjab Institute of Mental Health, Lahore. 23rd September, 2002.
 6. Attended Information Technology Workshop. “SPSS, Human Resource Development Center,” Institute of Administrative Sciences, University of the Punjab, Lahore. 13th August - 3rd September, 2002.
 7. Attended a Workshop on “Financial and Accounting Tools for Small Business”, Lahore University of Management Sciences (LUMS). 15th – 18th June, 1996.
- Attended 7th Annual Training Course on Recent Advances in Psychiatry. Department of Psychiatry, Allama Iqbal Medical College, Services Hospital, Lahore. 8th – 10th February, 1994.

CONFERENCES/SEMINARS/WORKSHOPS/LECTURES ORGANIZED

International/National Conference Organized

1. Member Organizing Committee NCCTCP 2015, “National Conference on Changing Trends in Clinical Psychology”. Bahria University, Karachi. June, 2015.
2. Member Organizing Committee and Chair Finance Committee, International Conference of Psychology, A Joint Venture by IAP, CCP, PPA and HEC. University of the Punjab, Lahore. 19th – 21st March, 2015.
3. Chief Organizing Secretary, IMSACON 2014, 32nd International Conference of International Medical Sciences Academy, Bangkok, Thailand. 11th – 12th October, 2014.
4. Chief Organizer of PACP & CCP Joint International Conference “Clinical Psychology Outside Clinic”. Centre for Clinical Psychology, University of the Punjab, Lahore. Pakistan. 2nd – 3rd April, 2014.
5. Member Organizing Committee, ICAPP. Institute of Applied Psychology, University of the Punjab, Lahore. 15th – 19th Dec., 2012.
6. Organizing 3rd International CBT Conference, “Cognitive Behavioral Approaches in Psychological Interventions”. Government College University, Lahore. 20th December, 2012.
7. Organizing the International Medical Sciences Academy Conference (IMSACON). 12th – 13th October, 2008.

8. Organizing Member 7th National Conference of Pakistan Association for Clinical Psychologists. Centre for Clinical Psychology, University of the Punjab, Lahore. Pakistan. April 2002.

Workshop/Seminar/Lectures Organized

1. Organized Workshop on “The Science of Empowerment Workshop” by Dr. Oskaan Mehmendagi. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 20th November, 2015.
2. Organized Workshop on “Orientation Workshop on Eidetic Therapy” by Akhtar Ali Syed. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 13-14 October, 2015.
3. Organized Workshop on “Psychological Profiling: An Introduction” by Qurat-ul-Aain. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. June, 2015.
4. Organized Workshop on “Gestalt Therapy” by Najma Tauheed. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. May, 2015.
5. Organized a Seminar on “Caregiver’s Burden in Psychiatric Rehabilitation” with Collaboration of Centre for Clinical Psychology (CCP), Pakistan Association of Clinical Psychologists (PACP) and Pakistan Psychological Association (PPA) at Institute of Biochemistry and Biotechnology (IBB), University of the Punjab, Lahore. May, 2015.
6. Organized Workshop on “Play Therapy for Traumatic Survivors” by Zainab Fotowwat Zadeh. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 28th April, 2015.
7. Organized Workshop on “Social Skills Training” by Ms. Nilofur Afaq. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 20th May – 3rd June, 2015.
8. Organized Workshop on “Schizophrenia in Women: Non Classical Presentation of Symptoms” by Ms. Nidaa Athar Ahmad. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 6th May, 2015.
9. Organized Workshop on “Psychological Problem and Needs of Transgender” by Ms. Saima Nasim. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 22nd April, 2015.
10. Organized a Workshop on “NLP Communication Model and Post Traumatic Stress Disorder” by Dr. Oskaan Mehmendagi. 12th – 13th February, 2015.
11. Organized Workshop on “Childhood Behavioral Disorder” by Ms. Wajeeha Zahra. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 14th February, 2015.
12. Organized a Lecture on “Trauma and Trauma Recovery” by Dr. Steve Kidd. Centre for Clinical Psychology, University of the Punjab, Pakistan. 23rd January, 2015.
13. Organized Workshop on “Brief Trauma Therapy”. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 31st December – 1st January, 2015.
14. Organized Workshop on REBT “The Theory and Skill” by Ms Saima Salman, (Singapore) Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 23rd December, 2014.
15. Organized Workshop on “Play Therapy for Traumatic Survivors” by Zainab Fotowwat Zadeh. Centre for Clinical Psychology, University of the Punjab, Lahore Pakistan. 28th April, 2015.
16. Organized an Extension Lecture on “Mental State Examination and Interviewing Skills” by Dr. Altaf Qadir. November, 2014. Centre for Clinical Psychology, University of the Punjab, Lahore. 3rd December, 2014.
17. Organized an Extension Lecture on “Role of Family in Psychosis” by Ms. Farah Tiwana. Centre for Clinical Psychology, University of the Punjab, Lahore. 26th November, 2014.
18. Organized International Seminar on “Sehatmand Pakistan” Polio Awareness, PACP & Centre for Clinical Psychology, University of the Punjab, Lahore. Pakistan. 12th November, 2014.
19. Organized an Extension Lecture on “Legal and Ethical Issues” by Ms. Farah Tiwana. Centre for Clinical Psychology, University of the Punjab, Lahore. 22nd December, 2014.
20. Organized Two Day Workshop on “Neurolinguistic Programming and Hypnosis” by Dr. Oskaan Mehmndegi. Centre for Clinical Psychology, University of the Punjab, Lahore. 28th October, 2014.
21. Organized a Video Lecture through Skype by Prof. Dr. Chris Fifeshaw on “Discussion on Data Analysis”. Centre for Clinical Psychology, University of the Punjab, Lahore. 30th October, 2014.

22. Organized a “Prologue of Level II Training on Akhter Ahsan’s Eidetic Psychotherapy” by Dr. Akhtar Ali. Centre for Clinical Psychology, University of the Punjab, Lahore. 5th – 8th November, 2014.
23. Organized a Two Days Workshop on “Structural Equation Modeling with AMOS” by Dr. Jamil A. Malik. Centre for Clinical Psychology, University of the Punjab, Lahore. 11th – 13th June, 2014.
24. Organized a Workshop on “Qualitative Data Analysis through NVIVO” by Prof. Dr. Kanwal Amin & Dr. Shafiq Ur Rehman. Centre for Clinical Psychology, University of the Punjab, Lahore. 6th June, 2014.
25. Organized an Extension Lecture on “Schizophrenia in Women: Non-Classical Presentation of Symptoms” by Ms. Saira Khan. Centre for Clinical Psychology, University of the Punjab, Lahore. May, 2014.
26. Organized an Extension Lecture by Aneeq A. Khan on “Stress and Anxiety: Unconventional Intervention. Centre for Clinical Psychology, University of the Punjab, Lahore. 4th June, 2014.
27. Organized an Extension Lecture by Usman Bhatti on “Obesity its Psychological Effects and Solution”. Centre for Clinical Psychology, University of the Punjab, Lahore. 2nd July, 2014.
28. Organized an Extension Lecture on “Anxiety Disorders in DSM-V” by Dr. Nigar Khawaja. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 17th April, 2014.
29. Organized First International Medical Conference. Rashid Latif Medical College, Lahore. 18th April, 2014.
30. Organized Two Day Workshop on “Neurolinguistic Programming and Hypnosis” by Dr. Oskaan Mehmndegi. Centre for Clinical Psychology, University of the Punjab, Lahore. 31st March -1st April, 2014.
31. Organized a Workshop on “Motivational Interviewing for Young Adults of Substance Abuse” by Sir Andrew Hamid. Centre for Clinical Psychology, University of the Punjab, Lahore. 17th March, 2014.
32. Organized Workshop on “Eidetic Therapy” by Akhtar Ali Syed. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 20th – 28th March, 2014.
33. Organized an Extension Lecture on “Management of Mood Disorder in Children and Adolescents” by Dr. Nazish Imran. Centre for Clinical Psychology, University of the Punjab, Lahore. 30th April, 2014.
34. Organized an Extension Lecture on “Behavior Management of Children with Autism” by Ms. Tania Hussain. Centre for Clinical Psychology, University of the Punjab, Lahore. 2nd April, 2014.
35. Organized an Extension Lecture on “Epilepsy” by Dr. Tipu Sultan. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 5th March, 2014.
36. Organized an Extension Lecture on “Header New Changes in DSM-V” by Dr. Imran Ijaz. Centre for Clinical Psychology, University of the Punjab, Lahore. 12th February, 2014.
37. Organized an Extension Lecture on “Speech Therapy in Children” by Sharmeen Tarar. Centre for Clinical Psychology, University of the Punjab, Lahore. 29th January, 2014.
38. Organized an Extension Lecture on “Time Management” by Ms. Saira Khan. Centre for Clinical Psychology, University of the Punjab, Lahore. 15th January, 2014.
39. Organized a Video Lecture/Conference on “Conformity Revisited Moving on From Milgram and Zimbardo” by Professor Dr. Stephen David Reicher”. Undergraduate Block, University of the Punjab, Lahore. 27th November, 2013.
40. Organized an Extension Lecture on “Headaches Management” by Dr. Shahida Tanveer. Centre for Clinical Psychology, University of the Punjab, Lahore. 27th November, 2013.
41. Organized a Workshop on “Psychotherapy in Post Modern Era” by Akhtar Ali Syed. Centre for Clinical Psychology, University of the Punjab, Lahore. 4th November, 2013.
42. Organized an Extension Lecture on “Cognitive Behaviour Therapy with Obsessive Compulsive Disorder (OCD)” by Ms. Kiran Ishfaq. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 9th October, 2013.
43. Organized an Extension Lecture on “Developing Preparing IEP for Children with Development Disabilities” by Ms. Wajeeha Zahra. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 25th September, 2013.
44. Organized an Extension Lecture on “Dealing with Speech Problems in Children” by Dr. Munawar Malik. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 11th September, 2013.
45. Organized an Extension Lecture on “Child Abuse” by Dr. Fauzia Naz. Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. 22nd October, 2012

46. Organized a Seminar “Mental Health Day. Depression: A Paradisiacal Hell”. Joint Venture by Centre for Clinical Psychology, Applied Psychology Dept. & Pakistan Association for Clinical Psychologists. Al-Raazi Hall. University of the Punjab, Lahore. October, 2012.
47. Organized a Workshop on “NLP and Hypnosis” by Dr. Oskan Mehmedagi (UK), Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. June, 2013.
48. Organized an Extension Lecture on “Epilepsy” by Dr. Altaf Qadir. Centre for Clinical Psychology, University of the Punjab, Lahore. June, 2013.
49. Organized an Extension Lecture on “CBT in Pakistan” by Ms. Mirat Gul Butt. Centre for Clinical Psychology, University of the Punjab, Lahore. June, 2013.
50. Organized an Extension Lecture on “Personal & Professional Development” by Ms. Saira Khan. Centre for Clinical Psychology, University of the Punjab, Lahore. July 2013.
51. Organized a Collaborative Workshop on “Eidetic Therapy” by Mr. Akhtar Naqvi (Ireland, UK) with GCU & PACP. November, 2011-13.
52. Organized a Workshop on “Art and Science of Rational Anger Management: Teaching your Clients How to Control their Anger before it Controls them” by Saima Salman. Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2012.
53. Organized a Workshop on “Designing Qualitative Research” by Urusa Faheem. Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2012.
54. Organized Extension Lecture on “Self Awareness” by Dr. Urusa Fahim (USA). Centre for Clinical Psychology, University of the Punjab, Lahore. September, 2012.
55. Organized a Workshop on “Counselling Skills” by Prof Dr. I. N. Hassan at Centre for Clinical Psychology University of the Punjab, Lahore. May, 2012.
56. Organized a Workshop on “Counseling Skills” by Prof. Dr. Iftikhar. N. Hassan, Centre for Clinical Psychology, University of the Punjab, Lahore. May, 2012.
57. Organized an Extension Lecture on “Epilepsy” by Dr. Moeen Ahmed. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2012.
58. Organized an Extension Lecture on “Child Psychiatry: An Overview,” by Dr. Gulam Mustafa. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2012.
59. Organized an Extension Lecture on “Status of Clinical Psychology in Norway” by Ms. Elin Mahle & Unni Marrie. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2012.
60. Organized an Extension Lecture on “Ethical Standards in Research” by Dr. Iram Fatima. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2012.
61. Organized an Extension Lecture on “Mental State Examination and Interviewing Skills” by Dr. Altaf Qadir. Centre for Clinical Psychology, University of the Punjab, Lahore. March, 2012.
62. Organized a Workshop on “Psychological Management of Children after Disaster” by Ms Elin Mahle & Unni Marrie Heltne (Norvey). Centre for Clinical Psychology, University of the Punjab, Lahore. February, 2012.
63. Organized a Seminar on “Dietary Omega -3 Fatty Acids and The Brain” by Dr. Aneeq Ahmed Khan (USA). Centre for Clinical Psychology, University of the Punjab, Lahore. January, 2012.
64. Organized an Extension Lecture on “Health Psychology” by Dr. Sara Shahid at Centre for Clinical Psychology, University of the Punjab, Lahore. Centre for Clinical Psychology, University of the Punjab, Lahore. January, 2012.
65. Organized an Extension Lecture on “Anger Problem in Children” by Dr. Naumana Amjad. Centre for Clinical Psychology, University of the Punjab, Lahore. January, 2012.
66. Organized a Workshop on “Data Analysis in Grounded Theory” by Mujeeba Ashraf (PhD Scholar, UK). Centre for Clinical Psychology, University of the Punjab, Lahore. January, 2012.
67. Organized a Workshop on “Psychopathic like Traits in Children and Adolescence” by Dr. Umneea Khan (Australia). Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2011.
68. Organized a Workshop on “Rational Emotive Behavior Therapy: In Nutshell” by Ms. Saima Salman (Singapore), Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2011.

69. Organized a Workshop on “Neurolinguistic Programming”, by Dr. Mahmooda Aftab. Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2011.
70. Organized an Extension Lecture on “Health Psychology” by Uzma Ashiq at Centre for Clinical Psychology, University of the Punjab, Lahore. December, 2011.
71. Organized an Extension Lecture on “Dementia” by Dr. Naeem Kasuri. Centre for Clinical Psychology, University of the Punjab, Lahore. October, 2011.
72. Organized an Extension Lecture on “Brief Psychotherapy” by Dr. Arshad. Centre for Clinical Psychology, University of the Punjab, Lahore. October, 2011.
73. Organized a Workshop on REBT “Treating Depression in Women with REBT” by Saima Salman. Centre for Clinical Psychology, University of the Punjab, Lahore. November, 2011.
74. Organized a Workshop on “Marital and Family Therapy” by Ms. Maryam Suheyl. Centre for Clinical Psychology, University of the Punjab, Lahore. November, 2011.
75. Organized and Conducted a Workshop on “Psychosexual Disorders”. Centre for Clinical Psychology, University of the Punjab, Lahore. October, 2011.
76. Organized a Workshop on “Health Psychology” by Uzma Aashiq. Centre for Clinical Psychology, University of the Punjab, Lahore. October, 2011.
77. Organized a Workshop on “Counselling Families of Drug Addiciton” by Ivan Suneel. Centre for Clinical Psychology. University of the Punjab, Lahore. June, 2011.
78. Organized a Workshop on “Drug Addiciton” by Ivan Suneel. Centre for Clinical Psychology. University of the Punjab, Lahore. June, 2011.
79. Organized a Workshop on “Gestalt Therapy” by Ms. Najma Tauheed. Centre for Clinical Psychology, University of the Punjab, Lahore. June, 2011.
80. Organized an Extension Lecture on “Dialectical Behavior Therapy” by Mirrat Gul Butt. Centre for Clinical Psychology, University of the Punjab, Lahore. May, 2011.
81. Organized a Workshop on “Use of Reflective Practice in Forming Hypothesis in Therapy” by Dr. Aamira Saleem Rao (Consultant Clinical Psychologist, UK). Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2011.
82. Organized a Workshop on “Academic Stress on Child and Adolescent Mental Health and Significant Association of Conduct Disorder and Parental Discord” by Ms. Amna Tariq. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2011.
83. Organized a Workshop on “Drug Addiction” by Dr. Shahryar. Centre for Clinical Psychology, University of the Punjab, Lahore. April, 2011.
84. Organized an Extension Lectures on “Neuropsychology” for Students of Postgraduate by Najma Najam. Centre for Clinical Psychology, University of the Punjab, Lahore. February, 2011.
85. Organized a Seminar on “Quality of Life of Patients with Renal Failure” by Dr. Fatima Kamran (PhD scholar, University of Surrey, UK). Centre for Clinical Psychology, University of the Punjab, Lahore. 11th May, 2011.
86. Organized a two-day training workshop on REBT: Assessment and Intervention at Department of Applied Psychology, University of the Punjab, Lahore, Pakistan. 21st and 22nd December, 2004.
87. Organized a Workshop on “Assessment and Intervention for Children with Learning and Developmental Disabilities” by Dr. Maria Callias. Centre for Clinical Psychology, University of the Punjab, Lahore. 9th – 10th February, 2000.

WORKSHOPS CONDUCTED

1. Conducted a Counselling Workshop on “Cognitive Behavior Therapy” to Undergraduate and Postgraduate students of Behavioral Sciences Department. May, 2013.
2. Conducted a Research Workshop on “APA Style and Formatting” at Centre for Clinical Psychology, University of the Punjab, Lahore. 2012.

3. Conducted Workshop on “Psychoanalysis” at the Dept. of Behavioral Sciences, Fatima Jinnah Women University, Rawalpindi. 2006.
4. Conducted a Two day Workshop on “Behavioral Modification” at Institute of Applied Psychology, University of the Punjab, Lahore. June, 2005.
5. Conducted a Workshop on “Behavior Therapy” to Postgraduate Psychology students at Government College University Lahore. 2004.
6. Conducted Workshop on “Behavioral Skills” at the Center for Clinical Psychology, University of the Punjab, Lahore. 2001.
7. Conducted Workshop on “Dyslexia” at the Center for Clinical Psychology, University of the Punjab, Lahore. 2001.
8. Conducted a Workshop on “Behavior Modification Techniques and Social Skills Training” at Department of Psychology & Applied Psychology, University of the Punjab, Lahore. 1993.

PAPER PRESENTED IN NATIONAL & INTERNATIONAL CONFERENCES

1. Paper Accepted on “*Family Interactions and Self-harm among Women Prisoners*” in International Conference on Psychology of Gender in Perspective Issues and Challenges. National Institute of Psychology, Islamabad, Pakistan. 3rd - 4th November, 2016
2. Paper Accepted on “*Perception about Psychiatric Illness by Patients Suffering from Psychiatric Illness In Relation to Demographic Characteristics*” in 35th Year Annual Conference cum Convocation IMSACON. International Medical Science Academy (IMSA). Mauritius. 7th- 8th October 2016
3. Presented a Paper on “*Perceptions about Psychiatric Illness of Patients suffering from Schizophrenia and Mood Disorders*” in 11th International Conference on Child and Adolescent Psychopathology, 2016 (ICCAP 2016). Roehampton University, London, UK. 18th - 20th July, 2016.
4. Presented a Paper on “*Gender Differences in Common Mental Disorders in Pakistan*” in 11th International Conference on Child and Adolescent Psychopathology, 2016 (ICCAP 2016). Roehampton University, London, UK. 18th - 20th July, 2016.
5. Presented a Paper on “*Exploration of Clinical Psychologists in Therapeutic Impasse*” in 1st International Conference (ICCTP-2016) on Current Trends in Psychology: Security Issues in Pakistan and Its Implications, 2016. Department of Applied Psychology and Bahauddin Zakariya University, Multan, Pakistan. 31st March, 2016.
6. Presented a Paper on “*Sexual Satisfaction in Women with Polycystic Ovarian Syndrome*” in 9th SAARC International Psychiatric Conference, 2016. Islamabad, Pakistan. 4th - 6th March, 2016.
7. Participated and Presented a Paper on “*Psychosocial Correlates of Erectile Disorder in Pakistan*” in 14th European Congress of Psychology, 2015. Milan, Italy. 7th – 8th July, 2015.
8. Participated and Presented a Paper on “*Traumatic Experiences During Adolescence Among Pakistani Women Prisoners*” in 10th International Conference on Child and Adolescent Psychopathology. Roehampton University, London, UK. 20th – 22nd July, 2015.
9. Participated and Presented Paper on “*Cognitive Behavior Therapy and Anxiety Disorders: A Single Case Study*”, National Conference on “Changing Trends in Clinical Psychology” (NCCTCP). Bahria University, Karachi, Pakistan. June, 2015.
10. Participated and Presented Paper on “*Updates on Medical Sciences*” in 32nd International Conference of International Medical Sciences Academy (IMSACON). Bangkok, Thailand. 11th – 12th October, 2014.
11. Participated & Presented a paper on “*Psychosocial Factors and Common Mental Disorders in Men with Erectile Dysfunction*” in European Health Psychology Society (EHPS). Innsbruck, Austria. 26th – 30th August, 2014.
12. Participated & Presented a paper on “*Addressing Stigma, Promoting Health and Wellbeing: Challenges and Opportunities in Relation to Interventions for Stigmatized Health Conditions*”, in European Health Psychology Society (EHPS). Innsbruck, Austria. 26th – 30th August, 2014.
13. Participated & Presented a paper on “*Health Seeking Behavior of Pakistani Women Reporting Vaginal Discharge*” in Two day International Conference of Pakistan Association for Clinical Psychology (PACP), Centre for Clinical Psychology, University of the Punjab, Lahore. 2nd - 3rd April, 2014.

14. Participated and Presented a paper on “*Self-Harm in Women Prisoners*” in Two day International Conference of Pakistan Association for Clinical Psychology (PACP), Centre for Clinical Psychology, University of the Punjab, Lahore. 2nd - 3rd April, 2014.
15. Participated and Presented a paper on “*Perceived Causes of Vaginal Discharge in Women in Pakistan*”. European Health Psychological Society (EHPS, 27). Bordeaux, France. 16th – 20th July, 2013.
16. Participated and Presented a paper on “*Risk Factors for Criminal Behavior among Pakistani Women Offenders*”. European Health Psychological Society (EHPS, 27). Bordeaux, France. 16th – 20th July, 2013.
17. Participated and Presented a paper on “*Common Mental Disorders (CMDs) among Women Presenting with Gynecological Complaints*”. European Health Psychological Society (EHPS, 27). Bordeaux, France. 16th – 20th July, 2013.
18. Participated and Presented a paper on “*Perception of Women Reporting Vaginal Discharge at Gynecology Clinics in Lahore*”. International Conference of Applied Psychology (ICAPP), Lahore, Pakistan. 15th -19th Dec., 2012.
19. Participated and Presented a paper on “*Demographic Characteristics of Men with Erectile Dysfunction*”. International Conference of Applied Psychology (ICAPP), Lahore, Pakistan. 15th -19th Dec., 2012.
20. Participated and Presented a paper on “*Psychological Distress among Convicted and Under Trial Women Prisoners*”. International Conference of Applied Psychology (ICAPP), Lahore, Pakistan. 15th -19th Dec., 2012.
21. Participated and Presented a paper on “*Psychological Distress in Women Presenting with Vaginal Discharge in Pakistan*”. 12th International Congress of Behavioral Medicine. Budapest, Hungary. 29th August – 1st Sept. 2012.
22. Participated and Presented a paper on “*Depression, Anxiety and Addictive Behavior among Women Prisoners in Pakistan*”. European Health Psychological Society (EHPS, 12). Prague. Czech Republic. 22nd – 26th August. 2012.
23. Participated and Presented a paper on “*Psychological Morbidity in Women Presenting with Vaginal Discharge in Pakistan*”. 12TH European Congress of Psychology. Istanbul. Turkey. 4th -8th July, 2011.
24. Participated and Presented a paper on “*Psychological Distress in Patients with DHAT Syndrome in Pakistan*”. Greece. 20th – 24th September, 2011.
25. Participated in the Epidemiology and Treatment of Peri-Natal Psychiatric Disorders: Institute of Psychiatry, Kings College, London, UK. 27th May, 2010.
26. Participated and Presented a paper on “*Psychological Distress in Patients with Dhat Syndrome in Pakistan*”. Research in Psychology. Indigenous and Cultural Context”. National Institute of Psychology, Quaid-e-Azam University, Islamabad, Pakistan. 14th October, 2010.
27. Participated and Presented a paper on “*Demographic Characteristics and Family Correlates of Dhat Syndrome Symptoms in Pakistan*”. Annual Conference of International Medical Sciences Academy, (IMSACON 2008). Dubai. UAE. 12th – 13th October, 2008.
28. Participated and Presented a paper on “*Comparison of Symptom Manifestation in Dhat Syndrome Patients in Relation to Parental Strictness*”. The Second International Congress on Acceptance, Rejection and Resilience, ISIPAR. Crete, Greece. 3rd - 6th July 2008.
29. Participated and Presented a paper on “*Manifestation of Dhat Syndrome in the Context of Pakistan*”. Annual Conference of International Medical Sciences Academy. Manipal. India. 2nd – 4th November 2007.
30. Participated and Presented a paper on “*Implications of Dhat Syndrome in Pakistan*”. 65th ICP Annual Convention of Council of Psychologists. San Diego, CA, USA. 11th – 14th August 2007
31. Participated and Presented a paper on “*Efficacy of Token Economy for Schizophrenia in Pakistan: A Single Case Study*”. 64th Annual Convention of International Psychology. Kos, Greece. 10th – 13th July, 2006.
32. Participated and Presented a paper on “*Psychosocial Impacts of Infertility*”. Annual Conference of International Medical Sciences Academy (IMSACON) 3rd – 5th November, 2006. Lahore. Pakistan.
33. Participated and Presented a paper on “*Efficacy of Behavior Therapy with Post Traumatic Stress Disorder: A Single Case Study*”. 1st International Conference of SAARC Psychiatric Federation. Agra, India. 2nd – 4th December, 2005.
34. Participated and Presented a paper on “*Factor Structure of Dhat Syndrome Symptom Checklist*”. International Conference on Applied and Community Psychology: Trends & Directions. Haridwar, India. 26th -28th February 2005

35. Participated and Presented a paper on “*Dhat Syndrome and Its Psychological Implications: An Ongoing Study*”. World Psychiatric Association Regional & Inter Zonal Meeting. Lahore, Pakistan. 16th – 20th September, 2004.
36. Participated and Presented a paper on “*Rehabilitation of Schizophrenics: A Review of Eight Cases*”. 13th International Psychiatric Conference. Rawalpindi, Pakistan. 25th – 28th January, 2002.
37. Participated and Presented a paper on “*Rehabilitation of Female Schizophrenics: A Review of 8 Case Reports and its Implications*” in Sixth National Conference of Pakistan Association of Clinical Psychologists. Lahore, Pakistan. 22nd – 23rd April 2000.
38. Paper Accepted on “*Family Interactions and Self-harm among Women Prisoners*” in International Conference on Psychology of Gender in Perspective Issues and Challenges. National Institute of Psychology, Islamabad, Pakistan. 3rd - 4th November, 2016

RESEARCH PUBLICATIONS

1. Khan, N., & Amjad, A., Farooq, A., & Kausar, R. (2016). Gender Differences in Common Mental Disorders. *Pakistan Journal of Clinical Psychology*. Under Review
2. Khan, N., & Farooq, A. (2016). Demographic Characteristics of Clinical Psychology Internees. *FWU Journal of Social Science*. Under Review
3. Khan, N., & Shahzeb, S. (2016). Common Mental Health Problems in University Students: Exploratory Analysis. *Journal of Behavioral Sciences*, 26 (1), 82-97.
4. Khan, N., Kausar, R., Khalid, A., & Farooq, A. (2015). Gender Differences among Discrimination and Stigma Experienced By Depressive Patients in Pakistan. *Pakistan Journal of Medical Sciences*, 31(6), 1432-1436.
5. Shujja, S., Malik, F., & Khan, N. (2015). Social Competence Scale for Adolescence (SCSA): Development and Validation within Cultural Perspective. *Journal of Behavioural Sciences*, 25(1), 59-77.
6. Rana, H., & Khan, N. (2015). Traumatic Life Experiences and Self Harm in Women Prisoners of Pakistan. *Research Journal of Social Science & Management*, 4(9), 96-102.
7. Fatima, H., & Khan, N. (2014). Health Seeking Behaviors of Pakistan Women reporting Vaginal Discharge. *Research Journal of Social Science and Management*, 4(8), 168-177.
8. Javed, A., Kausar, R., & Khan, N. (2014). Effect of School System and Gender on Moral Values and Forgiveness in Pakistan School Children. *Malaysian Online Journal of Educational Sciences*, 2(4).
9. Khan, N., Fatima, H., & Lodhi, M. (2014). Demographic Correlates of Psychological Distress among Women Presenting at Gynecological Clinics in Lahore, Pakistan. *Research Journal of Social Science and Management*, 4(8), 178-181.
10. Rana, H., & Khan, N. (2014). Self-Harm among Women Prisoners of Pakistan. *Journal of Indian Academy of Applied Psychology*, 40(2), 304- 307.
11. Fatima, H., & Khan, N. (2013). Perception of Women Reporting Vaginal Discharge at Gynecology Clinics in Lahore. *Journal of Behavioral Sciences*, 23 (3), 21-34.
12. Khan, N., and Khalid, A. (2013). Pathways of Women Prisoners to Jail in Pakistan. *Health Promotion Perspectives*, 3(1), 32-36.
13. Kausar, R., Awan, B., & Khan, N. (2013). Gender Differences in Risk Perception and Emotional Distress in Pakistan with Type 2 Diabetes. *Journal of Indian Academy of Applied Psychology*, 39 (2), 222-227
14. Kausar, R., Khan, N., Rasool, F., Yusuf, S., & Speilberger, C. D. (2012). Translation and Adaptation of State Trait Anxiety Inventory (STAI-Y) in Urdu. *Journal of Behavior Sciences*, 22 (3), 132-145
15. ASPEN/INDIGO Study Group (2012). Global Pattern of Experienced and Anticipated Discrimination Reported by People with Major Depressive Disorder: A Cross Sectional Survey. *Lancet. Online*. October 18. (12)61457-3
16. Khan, N., Kausar, R., & Chaudhry, H. R. (2011). Demographic Characteristics and Implications of Dhat Syndrome in Pakistan. *Indian Journal of Clinical Psychology*. ISSN: 0303-2582, 1-10.
17. Khalid, A., & Khan, N. (2012). Cognitive Behavior Management of Insomnia: A Case Study. *Pakistan Journal of Professional Psychology: Research and Practice*, 3(1), 56-64.

18. Khan, N., Kausar, R., & Chaudhry, H.R. (2011). Psychological Distress and Manifestations of Dhat Syndrome in Relation to Parental Strictness. *FWU Journal of Social Sciences*, 5(2).
19. Khan, N., & Kausar, R. (2011). Psychometric Properties of Revised Dhat Syndrome Symptom Checklist. *Journal of Behavioral Sciences*, 21(2), 49-61.
20. Khan, N., Kausar, R., Flach, C., & Howard, L. (2011). Psychological and Gynecological Morbidity in Women presenting with Vaginal Discharge in Pakistan. *International Journal of Culture and Mental Health*. ISSN: 1754-2863. 1-13.
21. Khan, N., & Kausar, R. (2007). Efficacy of Behavior Therapy with Obsessive Compulsive Disorder: A Single Case Study. *Pakistan Journal of Psychology*, 38(1), 3-10.
22. Khan, N. (2005). Dhat Syndrome in relation to Demographic Characteristics. *Indian Journal of Psychiatry*; 47: 54-57.
23. Khan, N., & Kausar, R. (2005). Efficacy of Cognitive Behavior Therapy with Panic Disorder: A Single Case Study. *Pakistan Journal of Psychology*, 36(2), 11-22.

OTHER PUBLICATIONS

1. Khan, N., & Rizwan, H., (2015). Translation and Amendment of Urdu Version of TEIQue –SI. www.psychometriclab.com
2. Khan, N., and Kausar, R. (2006). Efficacy of Token Economy with schizophrenia in Pakistan: A Single Case Study. *International Perspective in Psychology. Proceedings of the 64th Annual Convention of International Council of Psychologists*. 10th-13th, July, 2006. Kos, Greece.
3. Khan, N., and Kausar, R. (2006). Psychotherapeutic Intervention for Post-Traumatic Stress Disorders: A Single Case Study. *Proceedings International Conference Earthquake 10/8 Social, Human & Gender Issues*. Organized by Fatima Jinnah Women University, Rawalpindi and University of Azad Jammu & Kashmir, Muzzafarabad, 15-17 January, 2006. Pp.145-155.
4. Khan, N., Kausar, R., and Chaudhry, R. (2005). Factor Structure of Dhat Syndrome Symptom Checklist. *Applied and Community Psychology: Trends and Directions*; 2: 596-600. Sarup & Sons, Delhi, India.

PATENT PUBLISHED

1. Khan, N. (2015). Urdu Relaxation Exercise CD. Publisher Center for Clinical Psychology, University of the Punjab, Lahore. (Registration No 31796-Copr)

POST GRADUATE RESEARCH PROJECTS

- Measuring the Functional Communication of Down's Syndrome with Normal Controls. M.Sc. Clinical Psychology, UK, 1988. (University of London, UK).
- The Effect of Sibling Position on the Development of Personality. M.Sc. Psychology, 1984. (University of the Punjab).
- The Effect of Environment on the Self-Concept of Borderline Psychotics. M.Sc. Psychology, 1984. (University of the Punjab).
- The Effect of Advertisement on the Sale of Goods. M.Sc. Psychology, 1984. (University of the Punjab).
- A Personality Test for the Measurement of Extroversion & Introversion Trait in Male & Female Graduate Students. M.Sc. Psychology, 1984. (University of the Punjab).
- Report of Ghazali Personality Inventory. M.Sc. Psychology, 1984. (University of the Punjab).

RESEARCH PROJECTS

(From Other Organizations)

- Translation and Adaptation of HESPER. Principal Investigation. World Health Organization (WHO) Collaboration. (Dec 2013-Dec 2014).
- Efficacy of Recovery Technique Manual for Child Survivors of Floods-2010 in Southern Punjab; HEC Project
- ASPEN/INDIGO. Co-partner. Kings College London, UK. (Nov 2011-2012).

(University of the Punjab Projects)

- Translation and Adaptation of “Camberwell Assessment of Need-Mothers (CAN-M) for Assessment of Social and Mental Health Issues of Pregnant Women with Severe Mental Illness” (2015-2016) (On Going)
- “Translation and Adaptation Stigma of Suicide Scale” (2014-2015).
- “Translation and Adaptation of HESPER”. Principal Investigation. World Health Organization (WHO) Collaboration (2013-2014).
- “Perception of Men with DHAT Syndrome”. (Nov 2012-2013).
- “Common Mental Disorders in Women presenting at Gynecology Clinics”. (Nov 2011-2012).

RESEARCH SUPERVISION**PhD**

1. Farzaneh Fuladagar. Relationship between Dysfunctional Attitude and Performance Anxiety among College Students: A Cross-Cultural Analysis.
2. Faiza Safdar. Stigmatization, Coping, Social Support and Psychological Distress in Women Victims of Human Trafficking. (Topic Approved by ASRB)
3. Aisha Aziz. Investigation of Stigma and Discrimination about Depression and Efficacy of Intervention among Primary Care Staff. (Topic Approved by ASRB).
4. Hina Javed Rana. Psychosocial Predictors, Implications of Stuttering and Efficacy of Interventions for Individuals who Stutter. (Topic Approved by ASRB).
5. Adeela Khalid. Psychosocial Implications of Child Custody Process and Development of Child Custody Evaluation Guidelines (Approved by ASRB)
6. Nazia Bashir. Correlates of Post-Traumatic Stress Disorder and Post Traumatic Growth in Adolescents Survivors and Efficacy of Psychological Intervention for Survivors of Disasters (In process).
7. Sultan Shuja. Parental Peer Rejection, Social Competence and psychological Adjustment of Adolescents (Completed).

MS Thesis Supervised

1. Ashraf, R., & Khan, N. (2016). Internalized Transphobia, Social Support, Coping Strategies and Common Mental Disorders in Transgender. (in process)
2. Kausar, S., & Khan, N. (2016). Child Abuse, Coping Strategies, Behavioral and Emotional Functioning in Runaway Adolescents. (in process)
3. Khan, A. K & Khan, N. (2016). Intimate Partner Homicide: Perceptions and Experiences of Female Offenders. (in process)
4. Hameed, K., Kausar, R., & Khan, N. (2016). Knowledge and Beliefs about Depression: Comparing Urban & Rural Population.
5. Rizwan, H., & Khan, N. (2015). Supervisory Working Alliance, Emotional Intelligence and its Impact on Psychological Wellbeing.
6. Lodhi, M., & Khan, N. (2015). Psychological Problems, Perceived Social Support and Perceived Stigmatization among Women Living in Shelter Homes.
7. Farooq, A., & Khan, N. (2015). Predictive Validity of Induction Procedure of Clinical Psychology Trainees.
8. Shahzeb, S., & Khan, N. (2015). Common Mental Health Problems in University Students Seeking Counselling Services.
9. Nasim, B., & Khan, N. (2015). Experienced Therapists Difficulty Therapeutic Impasse: A Phenomenological Analysis.
10. Munawar, K., Khan, N. (2014). Sexual Functioning, Body Image and Quality of life after Hysterectomy and other Gynecological problems in Women.
11. Rashid, Z., & Khan, N. (2014). Perception about Mental Illness in Mental Health Professionals, Families and Patients suffering from Psychiatric Illness.
12. Amjad, A., & Khan, N. (2013). Psychosocial Demographic Effect and Common Mental Disorders among Patients in Health Care Settings in Lahore.
13. Khalid, A., & Khan, N. (2013). Psychiatric Morbidity & Low Sexual Satisfaction among Women with Polycystic Ovarian Syndrome.

14. Javaid, H., & Khan, N. (2013). Self-Harm & Psychiatric Morbidity in Women Prisoners.
15. Iqbal, H., & Khan, N. (2012). Psychological Distress in Relation to Male Erectile Dysfunction.
16. Fatima, H., & Khan, N. (2012). Perceptions Psychological Problems, & Health Seeking Behaviors among Women Reporting Vaginal Discharge.
17. Khalid, A., & Khan, N. (2012). Psychological Distress and Pathways of Female Offenders to Jail.

BS (Hons)

1. Khan, N., Fatima, H., Lodhi, M. (2013). Sexual Dysfunction & Psychological Disorder among Women presenting at Gynecological Clinics in Lahore.

ADVISORY SERVICES RENDERED

CCP COMMITTEES

- Member CCP, Entry Test Committee
- Member CCP, Purchase Committee
- Member CCP Disciplinary Committee
- Member CCP MS Semester and Examination Committee
- In charge Computer Lab. Committee/ In charge Department IT Committee
- In charge CCP Library
- In charge CCP Client Consultation Committee
- Member CCP Technical Committee
- Member CCP Selection Committee
- Member CCP Board of Studies
- Member CCP Semester Committee
- Member Admission Committee of PhD
- Member Journal Committee of CCP
- Member Result Committee of CCP
- Member Academic Board (Course Development on Therapeutic Intervention, Skill development, Professional Ethics for PhD/MPhil/MS/ADCP) of CCP
- Member Tool Assessment/Scales Translation & Adaptation Committee of Centre for Clinical Psychology
- Member of Protection against Women Harassment Committee, University of the Punjab, Lahore.
- Member of Committee of Performance Evaluation Award Committee of PhD and Non-PhD teachers, University of the Punjab, Lahore.
- Member of Model High School Management Committee, University of the Punjab, Lahore.
- Consulting Editor, Journal of Behavioral Sciences, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
- Member of Editorial Board, Pakistan Journal of Professional Psychology, Research & Practice. Centre of Clinical Psychology, University of the Punjab, Lahore.
- Member of DDPC, Centre of Clinical Psychology, University of the Punjab, Lahore.
- Development of Designing Cover page of Psychological Abstracts Book, Department of Applied Psychology (2006). University of the Punjab, Lahore.
- Designing Cover page of Journal of Behavioral Sciences (JBS) Department of Applied Psychology, University of the Punjab, Lahore. (2005)
- Contribution in the Development of Student Counseling and Assessment Services (SCAS) Department of Applied Psychology, University of the Punjab, Lahore.
- Member of Engineering Branch Inquiry Committee. University of the Punjab, Lahore.
- Member of Self-Assessment Annual Increment Committee of University of the Punjab, Lahore.
- Member of meeting of Working Groups on Psychological Profiling of Police Employees, Government of the Punjab, Lahore.

ADMINISTRATIVE SERVICES

- Coordinator, M.S. & ADCP Program.
- Acting Head when Director Travels or on Leave.
- In Charge of Purchase Committee, CCP, Lahore.
- In Charge CCP IT Committee, University of the Punjab, Lahore.
- In Charge, CCP Client Consultation Committee.
- In Charge CCP, Library, University of the Punjab, Lahore.
- Organizer, PACP & CCP Two Days International Conference, Centre for Clinical Psychology, University of the Punjab, Lahore.
- Chief Organizer of One Day International Seminar on Sehatmand Pakistan, PACP & Centre for Clinical Psychology, University of the Punjab, Lahore.
- President, Pakistan Association of Clinical Psychologists, Lahore, Pakistan (2012-2015).
- Vice President, Pakistan Association of Clinical Psychologists, Lahore, Pakistan (2016-2018).

OTHER ORGANIZATION**ADVIOSRY**

- Associate Editor, Surgimed Medical and Dental Hospital. Official Journal of Lahore Medical and Dental College, Lahore.
- Member Editorial Board, Health Promotion Perspective Journal, Tabriz University of Medical Sciences, Iran.
- Member Editorial Board, Journal of Humanities and Social Sciences (IJHSS). Global Research Forum International.
- Member Editorial Board, Sage Publishers, Open Editorial Office.
- Member of Renal Transplant Committee, Government of Punjab, Lahore.
- Consulting Editor of Bahria Journal of Professional Psychology, Bahria University, Karachi.

ADMINISTRATIVE

- Organizing Secretary, 32nd International Conference of International Medical Sciences Academy, IMSACON 2014, Bangkok, Thailand.
- Chief Organizer, as President PACP Joint International Conference by PACP and CCP. Centre for Clinical Psychology, University of the Punjab, Lahore. 2014.
- Organizing Secretary, International Conference of International Medical Sciences Academy, IMSACON 2008, Dubai.
- Incharge of Rehabilitation Services (1994). Punjab Institute of Mental Health, Lahore.
- Deputy Chief Executive, Hameed Latif Hospital, Lahore.

COMMUNITY/SOCIAL WORK

- Donated 50 Scholarly Research Reprints to Library of Centre for Clinical Psychology. University of the Punjab, Lahore. January, 2016.
- Sponsored 500 Conference Bags for the 14th International Conference of Psychology. 19th- 21st March, 2015.
- Donated 122 Journals, Newsletters, Reviews and Abstracts to Library of Center of Clinical Psychology, University of the Punjab, Lahore. 11-10-2013.
- Donated 1HP Laser Printer 1200 series for the examination section of Center of Clinical Psychology, University of the Punjab, Lahore. 07-10-2013.
- Donated British Psychological Society Letters and Clinical Psychology Division Reports (122) for Centre for Clinical Psychology library. 07-10-2013.
- Donated Twenty Seven (27) Original "Educational and Informative DVDs" to the library of Center of Clinical Psychology, University of the Punjab, Lahore. 07-03-2013.
- Donated Twenty (20) Magazines "The Psychologist" to the library of Center of Clinical Psychology, University of the Punjab, Lahore. 05-03-2013.
- Organized a Basant Mela for Psychiatric Patients. Punjab Institute of Mental Health. Lahore. February 22, 2000. (The Nation).
- Organized a Basant Mela for Psychiatric Patients. Govt. Hospital for Psychiatric Diseases, Lahore. February, 2001.

- Organized a Musical Evening with Atta Ulla Khan Esa Khalvi organized for the fund raising of Psychiatric Patients at the Alhamra Art Council, Lahore. 1992.
- Psychiatric Outpatient Clinic established for M.IN.D Organization at the Mazaar of Haji Sheer in Burewala. October, 1992.
- Donating Fund for “SAHARA for Life Trust” for treatment of Patients. Lahore.

INTERVIEWS IN NEWS PAPERS

- Sexual Abuse, Daily Ausaf, August, 2015
- Dhat Syndrome, Times of India, Nov. 2007
- Rehabilitating the Mentally Ill. The Nation. June 10, 2001
- Hope for the Mentally Ill. The News. August 5, 2001
- Split from Realities. The News. April 6, 1997
- World Senior Citizen Day. Daily Nawa-e-Waqat. September 29, 2003
- The Cry of a Woman. The Friday Times, September 27, 1990
- Sahat – aur - Sakoon: An Audio Cassette for Relaxation and Better Thinking. Pakistan Times
- Hysteria in Women. Roznama Pakistan. December, 1990.
- Effect of Environment on Psychological Health. Roznama Mashriq. October, 1994

NEWS PAPER FORUMS

- “Khawatein Ki Nafsaiti Bemarian”. Pakistan Forum.
- “Bachoon Say Badsaloki” Session in Awami Waqle.
- Infertility in Men. Roznama Jang. October 10, 1998.
- Infertility is Treatable. Roznama Jang. September 19, 1998.

COMMUNITY/PROFESSIONAL SKILLS HIGHLIGHTED IN PRESS MEDIA

1. Pakistan Association of Clinical Psychologist (PACP) and Centre for Clinical Psychology (CCP) in collaboration organized an International Conference “Clinical Psychology Outside the Clinic”. "PU News Site. 2nd April, 2014.
2. Pakistan Association of Clinical Psychologist (PACP) and Centre for Clinical Psychology (CCP) in collaboration are organized an International Conference “Clinical Psychology Outside the Clinic”. “Daily Business Recorder”. 2nd April, 2014.
3. PACP and CCP collaborated in organizing a Two Day International Conference “Clinical Psychology Outside the Clinic”. “Daily Frontier Post”. 3rd April, 2014.
4. Pakistan Association of Clinical Psychologist (PACP) and Centre for Clinical Psychology (CCP) in collaboration are organized an International Conference “Clinical Psychology Outside the Clinic”. “Daily: The News”. 3rd April, 2014.
5. PHEC set up to fund Institutes of Higher Learning declared in International Conference by PACP and CCP. “Business Recorder”. 3rd April, 2014.
6. Psychological Problems on the Rise in Pakistan. “Daily DAWN”. 3 April, 2014.
7. PHEC to Fund Universities: Mashood; declared in International Conference by PACP and CCP Daily Pakistan Observer. April, 2014.
8. Pakistan Association of Clinical Psychologist (PACP) and Centre for Clinical Psychology (CCP) in collaboration organized an International Conference “Clinical Psychology Outside the Clinic”. “Roznama Ausaaf Lahore”. 3rd April, 2014.
9. Two Day International Conference at University of the Punjab, Lahore. “Roznama Pakistan Lahore”. April, 2014
10. PACP and CCP collaborated in organizing a Two Day International Conference “Clinical Psychology Outside the Clinic”. “Roznama Jahan Pakistan”. 3rd April, 2014.
11. PACP and CCP collaborated in organizing a Two Day International Conference “Clinical Psychology Outside the Clinic”. “Roznama Express”. 3rd April, 2014.
12. PACP and CCP collaborated in organizing a Two Day International Conference “Clinical Psychology Outside the Clinic”. “Roznama Al Shirq”. 3rd April, 2014.
13. PACP and CCP collaborated in organizing a Two Day International Conference “Clinical Psychology Outside the Clinic”. “Roznama City-42”. 3rd April, 2014.
14. Two Day International Conference at University of the Punjab, Lahore. “Roznama Alshirq Lahore”. April, 2014.
15. Two Day International Conference at University of the Punjab, Lahore. “Roznama Masawat Lahore”. April, 2014.

16. Two Day International Conference at University of the Punjab, Lahore. "Roznama Duniya". 3rd April, 2014.
17. PACP and CCP collaborated in organizing a Two Day International Conference "Clinical Psychology Outside the Clinic". "Roznama Din". April, 2014.
18. PACP and CCP organized "Clinical Psychology outside the Clinic" an International Conference. "Roznama Jahan Pakistan". April, 2014.
19. PACP and CCP Two Days International Conference at University of the Punjab, Lahore. Roznama Jang. 3rd April, 2014.
20. PACP and CCP Two Days International Conference at University of the Punjab, Lahore. Roznama Duniya. 3rd April, 2014.
21. Seminar on Sehatmand Pakistan at University of the Punjab, Lahore. "Roznama City-42". 13 Novemeber, 2014.
22. Seminar on Sehatmand Pakistan at University of the Punjab, Lahore. "Roznama Ausaaf." 13 Novemeber, 2014.
23. PACP & CCP hold talk on Health. "Daily: The News" University of The Punjab, Lahore. November, 2014.
24. PACP & CCP Seminar on Health Challenges. "Daily Times" University of The Punjab, Lahore. November, 2014.
25. PACP & CCP Organized Seminar on Health Challenges. "Daily Pakistan Observer" University of The Punjab, Lahore. 13 November, 2014.
26. PACP & CCP organized Seminar on Health Challenges. Daily Times. "Roznama Pakistan." University of The Punjab, Lahore 2014.
27. PACP & CCP Joint Venture Seminar on Health Challenges. "Roznama Jahan Pakistan" University of The Punjab, Lahore. 13th November, 2014.
28. Seminar on Health Challenges organized by Centre for Clinical Psychology, University of the Punjab, Lahore. "Roznama Din". 13th November, 2014.
29. Seminar on Health Challenges faced "Sehatmand Pakistan" by CCP & PACP. "Roznama Jinnah", University of The Punjab, Lahore. 13th November, 2014.
30. PACP & CCP Organized Seminar on Health Challenges. "Roznama Masawat". 13 November, 2014
31. PACP & CCP Organized Seminar on Health Challenges. "Lahore World" University of The Punjab, Lahore. 13th November, 2014.
32. PACP & CCP Organized Seminar on Health Challenges. "Daily Times" University of The Punjab, Lahore. 13th November, 2014.
33. PACP & CCP Organized Seminar on Health Challenges. University of the Punjab News. 11 November, 2014.
34. Health Seminar by PACP & Centre for Clinical Psychology, University of the Punjab, Lahore. "The Nation". 12th November, 2014.
35. Pakistan Association of Clinical Psychologists & CCP Organized International Talk on Health Challenges. "Pakistan News Releases". 11th November, 2014.
36. Health Seminar Organized by PACP & CCP. PAKEDU.NET. 12th November, 2014.
37. PU, CCP Organized Seminar on Health Challenges. "Daily Pakistan Observer". 13th November, 2014.
38. Conference on Medical Research Ends. "Dawn Lahore". 18 October, 2008.
39. International Council of Psychologist. Volume 49, Number 1. February, 2009.
40. Pakistan Doctors studies Dhat Syndrome. "The Times of India". Manglore: India. 6 November, 2007.
41. Dr. Nashi Khan Conducted a Workshop on Behavior Therapy at Department of Psychology and Applied Psychology, University of the Punjab, Lahore. Psyche (English/Urdu): The Only Magazine of Psychology and Mental Health in Pakistan. December, 2005.
42. Punjab University Workshop on Behavior Therapy conducted by Dr. Nashi Khan. "The Nation International". 16 June, 2005.
43. An Expert Opinion by Dr. Nashi Khan in "Seminar on Human Growth Hormone" by Anti-Aging Association of Pakistan. Medical Edition; Khabrain. 30th March, 2005.
44. Annual General Meeting held by Anti-Aging Seminar Held by Anti-Aging Association of Pakistan. "The News". 17 January, 2005.
45. Basant Mela Organized by Dr. Nashi Khan for Government Hospital Patients. "Roznama Jang", 14 February, 2002.
46. I Fight for Principles: Dr. Nashi Interview in "The Nation". July, 2002.

47. Rehabilitating the Mentally Ill of Government Hospital of Psychiatric Diseases. "The Nation". June 2001.
48. Basant Mela Organized by Dr. Nashi Khan. "The Nation". 22 February, 2000.
49. Infertility is Preventable: Stay away from Dabblers. "Roznama Jang, Lahore". 19 September, 1998.

INVITED SPEAKER

1. Invited to Chair the Scientific Session in 35th Year Annual Conference cum Convocation International Medical Science Academy Conference (IMSACON). Mauritius. 7th - 8th October 2016.
2. Invited to Chair the session at 1st National Conference "Emerging Trends in Clinical Psychology". COMSATS- Institute of Information Technology, Lahore, Pakistan. 21st -22nd September, 2016.
3. Chaired the Scientific Session on "Psychological Treatment and Mental Disorders" at 1st International Conference (ICCTP- 2016), "Current Trends in Psychology: Security Issues in Pakistan and Its Implications". Department of Applied Psychology and Bahauddin Zakariya University, Multan. 31st March, 2016.
4. Co-Chaired the Session of Pre-Conference and Seminar on "Jin, Jado, Mental Health and Islam" at 9th SAARC International Psychiatric Conference. Islamabad. 4th to 6th March, 2016.
5. Chaired the Open Paper Session at 6th International CBT Conference "Evidence based approaches to Mental Health Care: Integrating Psychopharmacology and Cognitive Behavior Therapy". Services Institute of Medical Sciences, Psychiatry Department, Lahore. 19th – 22nd February, 2016.
6. Chaired the Panel Session at NCCTCP 2015, "National Conference on Changing Trends in Clinical Psychology". Bahria University, Karachi. June, 2015.
7. Chaired Scientific Session in 14th International Conference of Psychology "The Current Challenges for Psychology from Crisis to Sustainable Solutions" University of The Punjab, Lahore. 19th – 21st March, 2015.
8. Invited Speaker to Deliver Lecture on "Sexual Dysfunction". Centre for Clinical Psychology, University of the Punjab, Lahore. 11th February, 2015.
9. Invited Speaker to Deliver Lecture on "Sex Therapy". Centre for Clinical Psychology, University of the Punjab, Lahore. 18th February, 2015.
10. Invited as Guest Speaker for Seminar on "Health Psychology Application In Medical Settings". Institute of Applied Psychology, University of the Punjab, Lahore. 14th May, 2014.
11. Invited as Speaker to deliver lecture on "Sexual Disorders" at Government College University, Lahore. June, 2013.
12. Invited Speaker to Deliver Lecture on "Cognitive Behavior Therapy" by Sharp Investigation Limited, Rawalpindi. 23rd March, 2013.
13. Chief Guest for Inaugural Ceremony of 10 days Certificate Training Course on "Eidetic Psychotherapy and its Growth Model". Government College University, Lahore. 20th March, 2013.
14. Invited for participation in "Panel Discussion as an Expert". Government College University, Lahore. 4th – 8th March 2013.
15. Chairperson for Paper Session. 39th National Annual Conference of Indian Association of Clinical Psychologist, at AIIMS, New Delhi, India. 17th – 20th February, 2013
16. Chaired Scientific Session in International Conference of Applied Psychology (ICAPP). Institute of Applied Psychology, University of the Punjab, Lahore. 15th - 19th December, 2012.
17. Panel Discussant in International Conference of Applied Psychology (ICAPP). Institute of Applied Psychology, University of the Punjab, Lahore. December, 15th – 19th December, 2012.
18. Invited as Key Note Speaker at Seminar on "Psychological Perspective of Violence Against Women". Women Institute for Leadership & Learning. Government College for Women University, Lahore. 22nd November, 2012.
19. Delivering Special Lecture on "Sex Therapy" at Centre for Clinical Psychology, University of the Punjab, Lahore. 27th April, 4th & 11th May, 2011.
20. Chaired the Scientific Session at IMASCON 2008. International Medical Science Academy, Dubai, UAE. October, 2008.
21. Invited Speaker on "Seminar on Growth Hormone" by Anti-Aging Association of Pakistan at Aiwan-e-Iqbal Complex, Egerton Road, Lahore. March, 2005.

COMPUTER KNOWLEDGE

- Microsoft Windows 10 (Professional)
- Microsoft Office 2013 (Professional Edition)
- SPSS. 22

REFERENCES

Available on Request
