

# Curriculum Vitae



**Assistant Professor (BS-19)/ Consultant Clinical Psychologist**

Name Ms. Humaira Naz  
Father's Name Bashir Ahmad  
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## **Qualification**

- PhD Scholar at Centre for Clinical psychology
- MS In Clinical Psychology in year 2010 with CGPA 3.53 from Centre for Clinical Psychology, PU
- First Position in Advanced Diploma In Clinical Psychology in 2005 from Centre for Clinical Psychology, PU
- MSc Applied Psychology in 2003 from Department of Applied Psychology, PU.

## **Job Experience:**

<b>Date</b>	<b>Designation</b>	<b>Institute</b>
Since Oct, 2013	Assistant Professor (BS 19)	Centre for Clinical Psychology, University of the Punjab, Lhr
April 2010-Oct, 2013	Lecturer (BS 18)	Centre for Clinical Psychology, University of the Punjab, Lhr
Nov, 2007- April 2010	Clinical Psychologist (Teaching Post): Lectureship and Coordination of Pre and In-service training courses for Special Education professionals. <b>Areas:</b> Child Development, Childhood disorders, Behavioral modification, and Behavioral management plan, Individualized Education Plan, speech and language problems, psychological assessment, family counseling etc.	Govt. In service Training College for the teachers of disabled children , Punjab Special Education, Lhr.
Sep, 2005- Sep, 2007	Lecturer (Contract)  Child Development, Psychological	Centre for Clinical Psychology, University of the Punjab, Lhr

	assessment, Applied psychology (Abnormal Psychology);  Supervision of Rehabilitation of Chronic mentally ill persons at Punjab Institute of Mental Health).	
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### **Current Professional Status**

#### **Consultant Clinical Psychologist: Since 2005.**

- Conducting Psychological Assessment (I Q Assessment, Personality Assessment and Neuropsychological Assessment for Stroke, Dementia, Epilepsy and other neurological Conditions etc.)
- Psychotherapy for Child's behavioral Problems, Adolescent's delinquent and adjustment issues, Parent Child Conflict, Psychological disorders, Elderly's emotional problems, Marital relationship conflicts and Psychological disorders etc.

#### **Teaching: Since 2005**

Areas: Applied Psychology: Theories of Personality, Neurological Basis of Behavior, , Forensic Psychology, Statistical Methods, Psychological Assessment (neuropsychological assessment), Cross Cultural Psychology, Forensic Psychology, Research Methods, Drug Rehabilitation

#### **Supervision:**

- Supervision of students in Clinical Case Consultation (Advanced Diploma, ADCP and MS Clinical Psychology)
- BS and MS Research supervision (Clinical Psychology and Speech and Language Pathology) R

#### **Research Interest:**

Development of Indigenous research questionnaires; Outcome researches on effectiveness of Psychological Therapies in treatment of psychological disorders; Qualitative researches on new dimensions ; Acceptance and Commitment therapy, Cognitive Behavioral Therapy, Aging, Emotional, behavioral issues of Adolescence, Middle adulthood and Geriatrics; Psychosocial implication of Stuttering on Speaker;

#### **Research Work:**

1. PhD research on Communication Attitude, Emotional Regulation, Impact and Management of Stuttering supervised by Prof Dr Rukhsana Kausar, VC University of Sialkot.

2. Funded Research Project in Fiscal year 2019-2020 titled, *Determinants of Psychological Adjustment in Middle Age Women undergoing Menopausal Transition*
3. Funded Research Project in Fiscal year 2015-2016 titled, *Attachment styles, Conflict resolution styles and marital quality of married individuals*
4. Funded Research Project in Fiscal year 2013-2014 titled, *Exploring the psychological adjustment to aging*
5. Funded Research Project in Fiscal year 2012-2013 titled, *Illness perception, Coping and Mental health issues of patients with Chronic pain*
6. Funded Research Project in Fiscal year 2011-2012 titled, *Parents' Perception of their adolescents Self harm behaviors: A Qualitative Study*
7. Research Project in year, 2010 *Relationship between Perceived Parental Rearing Behaviors, Attachment Patterns and Anxiety Disorders among Adolescents*, supervised by Dr. Saima Dawood, Associate Professor, Centre for Clinical Psychology
8. Research Project in year, 2005 *Relationship between different Irrational beliefs and trait Anxiety, Trait anger, Anger Expression and Depression*, supervised by Dr. Nosheen K Rahamn (Director) and Dr Saima Dawood, Associate Professor, Centre for Clinical Psychology.

### **Publications**

1. Naz H., Ilyas N., von Humboldt S. (2019) Cyberpsychology and Older Adults. In: Gu D., Dupre M. (eds) *Encyclopedia of Gerontology and Population Aging*. Springer, Cham. [https://doi.org/10.1007/978-3-319-69892-2\\_74-1](https://doi.org/10.1007/978-3-319-69892-2_74-1)
2. Naz H., Ilyas N., von Humboldt S. (2019). Performance Anxiety. In: Gu D., Dupre M. (eds) *Encyclopedia of Gerontology and Population Aging*. Springer, Cham. [https://doi.org/10.1007/978-3-319-69892-2\\_81-1](https://doi.org/10.1007/978-3-319-69892-2_81-1)
3. Zainab, N. & Naz, H. (2017). Daily living functioning, Social engagement and wellness of older adults. *Special Thematic Section on Aging and Health in Different Socio Cultural Context: Psychology Community & Health*, 6(1), 93-102. doi. <https://doi.org/10.5964/pch.v6i1.213>
4. Ali, N., & Naz, H. (2017). An Incest Case Study: Suffering from PTSD. *Pakistan Journal of Professional Psychology : Practice & Research*, 8 (1), 46-60. ISSN 1818-6416.
5. Rehan, S., Naz, H. (2015). Diabetic self care and Diabetes distress of patients with Diabetes type 2. *Pakistan Journal of Professional Psychology : Practice & Research*, 6(1), 61-73. ISSN 1818-6416 .
6. Afzal, A., Naz, H. (2012). Coping, Self esteem and Quality of Life of Women with Infertility. *Pakistan Journal of Professional Psychology : Practice & Research*, 3, 40-49

## Paper/Poster Presentation

<b>Topic</b>	<b>Oral / Poster</b>	<b>Conference</b>
Imposter Phenomenon, Academic Self efficacy and Psychological Distress in University Students ( <b>Co Author</b> )	Oral	International Conference on Islamic Perspective in Modern Psychology (IPMP), 24 <sup>th</sup> - 25 <sup>th</sup> September, 2019 by Ripha Institute of Clinical and Professional Psychology, Ripha International University, Lahore.
Management of Scrupulosity (Religious OCD): A Case Study ( <b>Co Author</b> )	Oral	International Conference on Islamic Perspective in Modern Psychology (IPMP), 24 <sup>th</sup> - 25 <sup>th</sup> September, 2019 by Ripha Institute of Clinical and Professional Psychology, Ripha International University, Lahore.
Stress Vulnerability, Spousal Reciprocity and Perinatal Anxiety ( <b>CoAuthor</b> )	Oral	International Conference on Recent Trends & Interventions in Clinical Psychology" on 20th-22nd March 2019 by Centre for Clinical psychology, University of the Punjab, Lahore.
Phonological Process of Urdu Language in Typically Developing Children ( <b>Co Author</b> )	Oral	International Conference on Recent Trends & Interventions in Clinical Psychology" on 20th-22nd March 2019 by Centre for Clinical psychology, University of the Punjab, Lahore.
Body Image, Rejection Sensitivity and Body Dysmorphic Concerns in Adolescent Females ( <b>CoAuthor</b> )	Oral	13 <sup>th</sup> International Conference on Child and Adolescent By University of Roehampton, London at Kuching Sarawak, Malaysia, 6 <sup>th</sup> – 8 <sup>th</sup> August, 2018
Academic Stress, Self Regulation, Leisure Satisfaction and Academic Procrastination in College Students ( <b>CoAuthor</b> )	Oral	13 <sup>th</sup> International Conference on Child and Adolescent By University of Roehampton, London at Kuching Sarawak, Malaysia, 6 <sup>th</sup> – 8 <sup>th</sup> August, 2018
Social Networking, Social Comparison and Academic Performance in High School Students ( <b>Co Author</b> )	Poster	13 <sup>th</sup> International Conference on Child and Adolescent By University of Roehampton, London at Kuching Sarawak, Malaysia, 6 <sup>th</sup> – 8 <sup>th</sup> August,

		2018
Materialism, Epistemic style and Psychological Well being in Young adults <b>(Co Author)</b>	Oral	Two-day national conference on the “Impact of Global Challenges on Mental Well Being” on 6 <sup>th</sup> -7 <sup>th</sup> July, 2018 by Centre for Clinical psychology, University of the Punjab, Riphah International University, Bahria University Karachi, Punjab University and Pakistan Association of Clinical Psychologists Lahore.
Perception of Aging, Quality of Life and Adjustment to Aging <b>(Author)</b>	Poster	1st International Conference on Social Sciences & Humanities By Kinnaird College for Women University, 25 <sup>th</sup> - 26 <sup>th</sup> April, 2018
Social Support, General Self efficacy and Burnout in Lawyers <b>(Co Author)</b>	Oral	1st International Conference on Social Sciences & Humanities, By Kinnaird College for Women University, 25 <sup>th</sup> - 26 <sup>th</sup> April, 2018
Illness perception, Intolerance of Uncertainty and Quality of life Women with Poly Cystic Ovarian Syndrome (PCOS) <b>(Co Author)</b>	Poster	1st International Conference on Social Sciences & Humanities: In New Millennium Challenges and Prospects by Virtual University and Lahore College for Women University, 14 <sup>th</sup> - 16 <sup>th</sup> December, 2017
Exploring the Adjustment to Aging <b>(Author)</b>	Poster	National Conference of Psychology: Emerging Social and Mental Health Issues in Society, by Garrison University, 12 <sup>th</sup> - 13 <sup>th</sup> December, 2017
Comparison of Lawyer’s Autotelic Personality, Work Flow, Work Resources and Burn Out <b>(Co Author)</b>	Poster	National Conference of Psychology: Emerging Social and Mental Health Issues in Society, by Garrison University, 12 <sup>th</sup> - 13 <sup>th</sup> December, 2017
Autotelic Personality, Work Flow and Burnout in Lawyers <b>(Co Author)</b>	Oral	3 Day International Conference of Health and Well Being, by Lahore College for Women University, 11 <sup>th</sup> – 13 <sup>th</sup> December, 2017
Illness Perception, Appearance Anxiety and Quality of life of patients with dermatological Conditions <b>(Co Author)</b>	Oral	3 Day International Conference of Health and Well Being, by Lahore College for Women University, 11 <sup>th</sup> – 13 <sup>th</sup> December, 2017
Internalization of sociocultural standards, perceived teasing, body dissatisfaction and eating patterns of young females <b>(Co Author)</b>	Oral	3-Day International Conference on Health Psychology, By Department of Psychology, Govt College University,

		lhr, March 2017
Illness Perception, Depression, anxiety and Stress in Patients with Myocardial Infarction (Co Author)	Poster	3-Day International Conference on Health Psychology, By Department of Psychology, Govt College University, lhr, March 2017
Quality of life and psychological well being of women consulting gynecologist with and without menopausal complications ( <b>First Author</b> )	Oral	6 <sup>th</sup> International conference on Psychology of Gender: Issues and Challenges organized by National Institute of Psychology, Quaid e Azam University Islamabad, 1 <sup>st</sup> -2 <sup>nd</sup> December, 2016.
Experience of harassment, Self objectification, coping and psychological distress in women using public transport ( <b>Co Author</b> )	Oral	1 <sup>st</sup> National Conference on “Emerging Trends in Clinical Psychology”, organized by Faculty of Clinical Psychology, COMSATS-Institute of Information Technology on 21 <sup>st</sup> – 22 <sup>nd</sup> September, 2016.
Daily living functioning, Social engagement and Perceived wellness among older adults ( <b>Co Author</b> )	Poster	1 <sup>st</sup> International Conference on Current trends in psychology;/ Security issues in Pakistan and its Psychological implication Bahauddin Zakariya University, Multan, 31 <sup>st</sup> March, 2016
Attachment Patterns and Anxiety disorder in adolescents ( <b>Author</b> )	Paper	14 <sup>th</sup> International Conference of Psychology , organized by Centre for Clinical Psychology, and Institute of Applied Psychology on March 19 <sup>th</sup> - 21 <sup>st</sup> 2015
Illness perception, coping and mental health of patients with chronic pain ( <b>Author</b> )	Oral	32 Annual Conference of IMSACAN, in Bangkok, Thailand on 11 <sup>th</sup> -12 <sup>th</sup> October, 2014
Symptom severity, Cognitive appraisal and Quality of life of patients with Obsessive compulsive disorder ( <b>Co Author</b> )	Poster	International Conference of Clinical Psychology , April 2 <sup>nd</sup> -3 <sup>rd</sup> , 2014
Alexithymia and psychosomatic severity in patients of anxiety and depression ( <b>Co Author</b> )	Poster	International Conference of Clinical Psychology , April 2 <sup>nd</sup> -3 <sup>rd</sup> , 2014
Life events and psychosomatic severity in patients of anxiety and depression ( <b>Co Author</b> )	Oral	International Conference of Clinical Psychology , April 2 <sup>nd</sup> -3 <sup>rd</sup> , 2014

Family accommodation and functional impairment of relative of patients with Obsessive compulsive disorder ( <b>Co Author</b> )	Oral	International Conference of Clinical Psychology , April 2 <sup>nd</sup> -3 <sup>rd</sup> , 2014
Relationship between different Irrational beliefs, Trait Anxiety, Trait anger, anger expression and depression ( <b>Author</b> )	Oral	16 <sup>th</sup> International Psychiatric Conference December 16-18, 2006

## **Supervised Research Project**

### **MS Research Project: 2019**

#### **MS Research Project: 2019**

1. **Rabbia Ashraf:** Alexithymia, Social Anxiety, Online Cognitive Distortions and Compulsive internet use in young adults

#### **MS Research Project: 2018**

2. **Zunaira Shafique:** Stress Vulnerability, Spousal Reciprocity, Social Support and Perinatal distress
3. **Quratul Ain:** Symptom Severity, Family Stigma, Coping and distress in family of patients with Schizophrenia

#### **MS Research Project: 2017**

4. **Khadija Abbas:** Development of Phonological processes of urdu language in typically developing 3-4 years old Children
5. **Rabia Mumtaz:** Acquisition of Urdu Consonants in typically developing 2-3 years old Children

#### **MS Research Project 2016**

6. **Hanniya Shabbir:** Development of Phonological processes of urdu language in typically developing 3-4 years old Children

#### **MS Research Project 2015**

7. **Namrah Illyas:** Body image, Rejection sensitivity and Body dysmorphic concerns in late adolescent females

#### **MS Research Project 2014**

8. **Saher Batool Naqvi:** Attachment styles, Resilience and Acculturative Stress in national and international female hostel based university students

### **MS Research Project 2013**

9. **Anum Ijaz:** Symptom severity, Cognitive appraisal and Quality of life of patients with Obsessive compulsive disorder

### **BS (4 years) Research Project**

#### **BS Research Project 2018**

1. **Sania Azhar:** Materialism, Epistemic style and Psychological Well being in Young and Middle aged adults
2. **Laiba Hanif:** Imposter Phenomenon, Academic self efficacy and Psychological Distress among University Students
3. **Zaira Abbas:** Sexist Micro aggression, Resilience and Eudaimonic Well Being in Female Journalist

#### **BS Research Project 2017**

4. **Rabbia Ashraf:** Autotelic Personality, Work Flow, Resources and Burn Out in Lawyers
5. **Shifa :**Family Functioning, Dark Triad Traits and Moral Disengagement in adolescents
6. **Komal** Illness Perception, Appearance Anxiety and Quality of life in individuals with dermatological conditions
7. **Mehreen Baloch:** Acculturation Stress, Discrimination, Social Support and Academic Achievement in Baloch students enrolled in Universities of Lahore

#### **BS Research Project 2016**

8. **Sana Zaheer:** Experience of harassment, Self objectification, coping and psychological distress in women using public transport
9. **Maheen Khan:** Aging perception, social generativity, social support and psychological well being of middle age adults
10. **Ammara Waheed:** Academic stress, self regulation, leisure satisfaction and academic procrastination of college students

#### **BS Research Project 2015**

11. **Khola Tahir:** Pain severity, illness perception and pain acceptance of patients with chronic pain



**12. Noor Zainab:** Daily living functioning, Social engagement and Perceived wellness among older adults

**13. Iqra Sehr:** Internalization of sociocultural standards, perceived teasing, body dissatisfaction and eating patterns of young females

#### **BS Research Project 2014**

**14. Jannat Fazal:** Illness perception, Uncertainty and Quality of life of patients with Polycystic Ovarian Syndrome

**15. Zunaira Aziz:** Quality of life and Psychological well being of women consulting gynecologist with and without menopausal complication

**16. Iqra Saeed:** Stress appraisal, Anger and Psychological distress of Hypertensive and Non Hypertensive individuals

**17. Saliha Rehan:** Diabetic self care and Diabetes distress of patients with Diabetes type 2

#### **BS Research Project 2013**

**18. Sidra Batool:** Alexithymia, Emotional Regulation of Hypertensive and Non Hypertensive individuals

**19. Hafiza Hafsa:** Alexithymia and Psychosomatic severity of patients with anxiety and depression

**20. Anum Sindhu:** Life events and Psychosomatic severity of patients with anxiety and depression

**21. Sadia Abbas:** Family accommodation and functional impairment of relative of patients with Obsessive Compulsive disorder

**22. Quratulain:** Illness perception and Psychological distress of patients with Myocardial Infarction

#### **BS Research, 2012**

**23.** Coping, Self Esteem and Quality of life of Infertile Women

**24.** Pain Severity, Illness Perception and Psychological Well- being of patients with Rheumatoid Arthritis

#### **BS Group Research Projects, 2012**

**25.** Health Related Quality of Life amongst Smokers and Non Smokers

**26.** Sensation Seeking and Impulsivity in Smokers and Non Smokers

**27.** Self Esteem, Social Support and Emotional Regulation among Young adults

**28.** Gender differences in Psychological well- being in middle aged adults

29. Self Efficacy and Psychological well-being in working and non- working women
30. Perfectionism and Procrastination in university students
31. Internet Addiction and Procrastination among university students

### **BS Research 2011**

32. **Sumaira** Relationship between Social Support, Self Efficacy and Psychological Well being among Adolescents

### **Membership:**

1. Member of *Program Team: Self Assessment Report* for Quality Enhancement Cell, University of The Punjab
2. Member of Pakistan Association of Clinical Psychologist (PACP)

### **Trainings Seminars, Symposiums and Work Shops:**

1. Q Day work on Cognitive Behavior Therapy conducted by Prof. Dr David Kingdom and Ms. Tayyaba Kiran, organized by Centre for Clinical Psychology, University of the Punjab, Lahore on 21<sup>st</sup> June, 2019
2. 1 Day Workshop on **Trauma, its Impact on children and its therapeutic intervention** conducted by Prof. Dr Uzma Ali, organized by Centre for Clinical Psychology, University of the Punjab, Lahore on March, 2018
3. **Addictive Behaviors in Global Perspective** organized by Pakistan Institute of Living and Learning (PILL) and Centre for Clinical Psychology on 14<sup>th</sup> November, 2017.
4. **Realizing your Personal Potentials** organized by Centre for Clinical Psychology, University of the Punjab, on 16<sup>th</sup> November, 2017 (Attended & Organized)
5. **Psychology of Positive Relationship**, organized by Centre for Clinical Psychology, University of the Punjab, on 16<sup>th</sup> November, 2017 (Attended & Organized)
6. **Brief Trauma Therapy** organized by Centre for Clinical Psychology, University of the Punjab, on 1<sup>st</sup> January, 2015
7. **Quality Assurance in education** on 3<sup>rd</sup> April, 2015 organized by Quality Enhancement Cell, University of the Punjab
8. **Structured Equation Modeling with AMOS** organized by Institute of Applied Psychology on 21<sup>st</sup> -22<sup>nd</sup> June, 2013

9. **Motivational interviewing** organized by Centre for Clinical Psychology, University of the Punjab, 18<sup>th</sup>—19<sup>th</sup> March, 2013
10. **Screening of Depression & Planning Mental Health Interventions for people with Diabetes**, on 16<sup>th</sup> Dec, 2012, conducted by Dr Jorg Huber
11. **Estimation of Chronbach's Alpha Coefficient in Psychological Research** on 19<sup>th</sup> Dec, 2012, conducted by Dr Ditta Roy organized by Deptt. Of Applied Psychology, PU
12. **Enhancing Human Excellence** on 20<sup>th</sup> Dec, 2012, conducted by Dr Jitendra Mohan organized by Deptt. of Applied Psychology, PU
13. **NVIVO 9 Software for Qualitative Analysis** on 12<sup>th</sup> May, 2012, conducted by Mr, Rab Nawaz, organized at Centre for Clinical Psychology, PU.
14. **Primary Certification Course in Rational Emotive Behavior Therapy (REBT)** from 19<sup>th</sup>-21<sup>st</sup> Dec, 2011, conducted by Ms. Saima Salman organized by Pakistan Association of Clinical Psychologist (PACP)
15. **Understanding the Adult Learner**: from 15<sup>th</sup>-16<sup>th</sup> July, 2011, conducted by Higher education Commission
16. **Significant Association of Conduct disorder & Parental Discord**, from 18<sup>th</sup> – 20<sup>th</sup> April, 2011 conducted by Ms. Amna Tariq, organized by Centre for Clinical Psychology, PU
17. National Conference on **Indigenous Clinical Psychology** on 7<sup>th</sup> Dec, 2010, organized PACP
18. **New Faculty Orientation Training** : from 5<sup>th</sup> - 8<sup>th</sup> July, 2010, conducted by Human Resource Development Centre, Institute of Administrative Sciences, University of the Punjab, Lahore.
19. **Research Methods and Statistics (How to Plan a Research?)** from 8-15<sup>th</sup>, July, 2009 conducted by Dr. Ashiq Ali Shah at Centre for Clinical Psychology.
20. Training in **Counseling Strategies In Dealing with Trauma of Abuse** from 29<sup>th</sup> June– 2<sup>nd</sup> July, 2007 Conducted by SAHIL NGO held by Department of Psychology, University of Peshawar.
21. **Dissertation Writing**, from 19<sup>th</sup> -20<sup>th</sup> April, 2007 conducted by Dr Saiqa Khan organized by Centre for Clinical Psychology, PU
22. **Therapeutic Uses of Mental Imagery** 8-12<sup>th</sup> January, 2007 conducted by Dr. Anees Sheikh at Centre for Clinical Psychology.
23. **Psychology of Happiness** 19<sup>th</sup> January, 2007 conducted by Dr. Anees Sheikh at Centre for Clinical Psychology.
24. **Quality in Psychological Treatment Services: Reflections and Developments** 14<sup>th</sup> February, 2006 Dr. Amra Rao at Centre for Clinical Psychology.

## **Attended Conferences**

1. International Conference on Islamic Perspective in Modern Psychology (IPMP), 24<sup>th</sup>- 25<sup>th</sup> September, 2019 by Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore.
2. International Conference on Recent Trends & Interventions in Clinical Psychology" on 20<sup>th</sup>-22<sup>nd</sup> March 2019 by Centre for Clinical psychology, University of the Punjab, Lahore.
3. 13<sup>th</sup> International Conference on Child and Adolescent By University of Roehampton, London at Kuching Sarawak, Malaysia, 6<sup>th</sup> – 8<sup>th</sup> August, 2018.
4. Two-day national conference on the “Impact of Global Challenges on Mental Well Being” on 6<sup>th</sup> -7<sup>th</sup> July, 2018 by Centre for Clinical psychology, University of the Punjab, Riphah International University, Bahria University Karachi, Punjab University and Pakistan Association of Clinical Psychologists Lahore.
5. 1<sup>st</sup> International Conference on Social Sciences & Humanities By Kinnaird College for Women University, 25<sup>th</sup> -26<sup>th</sup> April, 2018.
6. 1<sup>st</sup> International Conference on Social Sciences & Humanities: In New Millennium Challenges and Prospects by Virtual University and Lahore College for Women University, 14<sup>th</sup> -16<sup>th</sup> December, 2017.
7. National Conference of Psychology: Emerging Social and Mental Health Issues in Society, by Garrison University, 12<sup>th</sup>- 13<sup>th</sup> December, 2017
8. 3 Day International Conference of Health and Well Being, by Lahore College for Women University, 11<sup>th</sup> – 13<sup>th</sup> December, 2017.
9. 3-Day International Conference on Health Psychology, By Department of Psychology, Govt College University, lhr, March 2017.
10. 6<sup>th</sup> International conference on Psychology of Gender: Issues and Challenges organized by National Institute of Psychology, Quaid e Azam University Islamabad, 1<sup>st</sup> -2<sup>nd</sup> December, 2016.
11. 1<sup>st</sup> National Conference on “Emerging Trends in Clinical Psychology”, organized by Faculty of Clinical Psychology, COMSATS-Institute of Information Technology on 21<sup>st</sup> – 22<sup>nd</sup> September, 2016.
12. 6<sup>th</sup> International CBT Conference|| Evidence based approaches to Mental Health Care, Pakistan Association of Cognitive Behavioral on 20<sup>th</sup> February.
13. 14<sup>th</sup> International Conference of Psychology , organized by Centre for Clinical Psychology, and Institute of Applied Psychology on March 19<sup>th</sup> - 21<sup>st</sup> 2015
14. 32 Annual Conference of IMSACAN, in Bangkok, Thailand on 11<sup>th</sup> -12<sup>th</sup> October, 2014

15. International Conference of Clinical Psychology , organized by Centre for Clinical Psychology on April 2<sup>nd</sup> -3<sup>rd</sup>, 2014
16. Attended 1<sup>st</sup> national Medical Conference of Rashid Latif Medical College and Arif Memorial Teaching Hospital held on 18<sup>th</sup> April, 2014
17. Attended 3<sup>rd</sup> Asia Pacific Conference on Psycho rehabilitation, 8<sup>th</sup> International Psychiatric Conference organized by World Psychiatric Association, held on 1<sup>st</sup> -3<sup>rd</sup> , November, 2013
18. International Conference of Applied Psychology (ICAPP) 15<sup>th</sup> – 19<sup>th</sup> Dec, 2012

### **Services For Organizing Conference, Scientific Session and Workshops**

1. Member of Organizing Committee in International Conference of Applied Psychology (ICAPP) 15<sup>th</sup> – 19<sup>th</sup> Dec, 2012
2. **Moderator** of Scientific Session of Cognitive Psychology: Neuroscience on 18<sup>th</sup> , Dec, 2012 in International Conference of Applied Psychology (ICAPP) 15<sup>th</sup> – 19<sup>th</sup> Dec, 2012
3. **Moderator** of Preconference workshop on Assessment and Management of Child Abuse on 16<sup>th</sup> Dec, 2012, conducted by Dr Farah Malik, organized by ICAPP
4. Helped organize the Post Disaster Psychological Management of Children on 22<sup>nd</sup> -24<sup>th</sup> April, 2012 at Centre for Clinical Psychology
5. Member of Organizing Committee in National Conference on Gender Issues in 21<sup>st</sup> Century in Pakistan on 16<sup>th</sup> May, 2007 organized by Centre for Clinical Psychology, PU