

# CURRICULUM VITAE

## Rahla Rahat

**Lecturer** Institute of Social & Cultural Studies (ISCS), University of the Punjab, Lahore.

### EDUCATION

**Master of Arts in Sociology** University of New Brunswick, Fredericton, NB, Canada (2002).

**Master of Arts in Sociology** University of the Punjab, Lahore, Pakistan (1995)

**Bachelor of Arts – Sociology** Islamabad College for Girls, Punjab University, Islamabad (1992)

**Diploma in Computer Applications** Petroman Training Institute, Islamabad (1992).

### ACHIEVEMENTS

First position (Gold Medal), Masters of Arts in Sociology University of the Punjab (1995).

Barry Award- for Hosting Best Cultural Radio Program (1999-2000)

Nominee - Barry Award for Hosting Best Cultural Radio Program (1998-1999 and 1997-1998)

CHSR Radio Station, University of New Brunswick, Canada.

### AREAS OF TEACHING:

Sociology of Urbanization, Ageing and Gerontology, Introduction to Sociology, Social Thought, Sociological Theory, Introduction to Population Sciences, Introduction to Gender Studies, Violence Against Women.

### PUBLICATION:

*Experiences of First-Generation South Asian Women with the Healthcare Services in Toronto, Canada.* Conference Proceedings of the Seventh Annual Population Research Conference: Population and Development at the Cross Road. November 28-30, 2006. Population Association of Pakistan. Published 2008.

### PAPERS PRESENTED

*Women, Politics and Gendered Spaces: A Critical Introduction.* International Conference on Women's Empowerment and Social Transformation. Held on 23-24 April, 2007. Institute of Social and Cultural Studies, University of the Punjab, Lahore

*Experiences of First Generation South Asian Women with the Healthcare Services in Toronto, Canada.* Paper presented at the Seventh Annual Population Research Conference: Population and Development at the Cross Road. Held on November 28-30, 2006, by at the University of Peshawar.

### Conference Organized

National Conference on *Implementing Human and Minorities' Rights: Hurdles and Encouragements from Local Cultures'*. Held on December 16, 2009. Institute of Social and Cultural Studies, University of the Punjab, Lahore

International Conference on *Women's Empowerment and Social Transformation.* Held on 23-24 April, 2007. Institute of Social and Cultural Studies, University of the Punjab, Lahore

National Conference on *Population of Pakistan: Prospects and Challenges*. Held on 13-14 April, 2005. Department of Sociology, University of the Punjab, Lahore

### **STUDENT SUPERVISION**

Supervise MA and BA Honors Dissertations at the Institute of Social and Cultural Studies, University of the Punjab, Lahore

### **WORKSHOPS AND TRAININGS**

#### International

1. *3rd International Workshop on Preparing for Ageing Societies: Meeting New Challenges of Health, Well-being and Poverty in Developing Countries*. Held on July 5-15 2005. By United Nation Population Fund, Department of Sociomedical Sciences and Mailman School of Public Health, Columbia University, New York, USA.
2. *Demographic Techniques and Application of Demographic Software Packages*. Held on November 14-December 2, 2007 by Population Association of Pakistan. at International Institute of Population Sciences, Mumbai, India
3. University of New Brunswick, Fredericton, NB, Canada. 2000-2001
  - Tools for Team Building Workshop.
  - Mentoring and Programming Workshop.
  - Psychological First Aid Workshop.
  - Critical Incident Response Training.
  - Active Listening Workshop.
  - Crisis identification Intervention.

#### International Tour

Part of the University of the Punjab Delegation of Students and Faculty to the University of Duisburg-Essen, Germany. July 2007.

#### National

1. Leadership Training in Reproductive Health, Population Council, Islamabad May 19 – June 5, 2004
  - Reproductive Health: Components, Issues and priorities
  - Research Methods, Project and concept development
  - Leadership style: Visionary, Bureaucratic and Collaborative.
  - Conflict Management
  - Negotiation skills
  - Writing, Communication, Presentation Skills
  - Gender Sensitization

### **OTHER POSITIONS HELD**

University of New Brunswick, Fredericton, NB, Canada.

- Member, University Diversity Team. 2000- 2001.
- Coordinator, Anti Racism Team. 1999-2000.
- RJ/Programmer, CHSR Campus Radio Station. 1998-2000.
- Vice President, Board of International Students. 1999-2000.
- Vice President, South Asian Society. 1998-1999.