

CURRICULUM VITAE

PROF. DR. RUKHSANA KAUSAR

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Previous Positions:	<ul style="list-style-type: none">• Vice Chancellor, Lahore College for Women University, Lahore• Director, Institute of Applied Psychology,• Director, Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.
Academic Qualification	
Sept. 2001- Oct. 2002	Post-Doctorate in Clinical Neuro Rehabilitation
Institution	School of Human Sciences, University of Surrey and the Wolfson Neuro- rehabilitation Centre, Atkinson Morley Hospital, Wimbledon, St. George's NHS Trust London, UK.
Consultants	Prof. Dr. Chris Fife-Schaw, Department of Psychology, Faculty of Arts and Human Sciences, University of Surrey, England, UK. Prof. Dr. Sarah Hampson, Psychology Department, Surrey University, UK Dr Martin Van den Broek. Consultant Clinical Neuropsychologist, the Wolfson Neurorehabilitation Centre, St. George's NHS Trust London, UK
Research Project:	Rehabilitation outcome of Head injury
1994	PhD. November, 1994
Institution	University of Surrey, Department of Psychology, UK
Supervisor	Dr. Graham Powell, Psychology Department, University of Surrey, England (Former President British Psychological Society, 2005-2006, Vice President, BPS, 2006-2007).
Thesis:	Cognitive appraisal, Coping and Psychological distress in carers of patients with neurological disorders.
1984	MSc. Applied Psychology (Gold medalist)
Institution	University of the Punjab, Lahore, Pakistan.
1982	BA Humanities (Gold Medalist, topped the list of students in Degree College for Women, Sialkot).
Areas of Interest:	Neuropsychology, Stress and Coping, Health Psychology, Rehabilitation, Health Related Behaviours and associated Disorders, Implications of Caregiving, Translation and adaptation of Psychological Assessment Measures, Psychological Implications of Disasters / Trauma, Geriatrics, Parental Acceptance Rejection, Peace Psychology.

Additional Training

Summer Schools, Seminars and Workshops Attended:

1. Attended “2015 National Forum on Higher Education” held on 12th March, 2015 organized and hosted by Sughra Begum Centre for Education Policy & Development, Institute of Social and Cultural Studies, University of the Punjab, Lahore, Higher Education Commission (HEC), Islamabad and Promotion of Education in Pakistan (PEF) Foundation, Inc., New York.
2. Workshop on “Management of Autism Spectrum Disorders” by Prof. Dr. Jill Taylor, 22nd February, 2011, at Department of Applied Psychology, University of the Punjab, Lahore.
3. A two days workshop on “Neuro-Linguistic Programming (NLP) by Lord Shoukat Nawaz Khan, 11-12 February, 2011 at Department of Applied Psychology, University of the Punjab, Lahore.
4. A two days workshop on “Test item construction techniques” jointly organized by HEC & NTS, 17-18 January, 2011 at NTS secretariat, Islamabad.
5. A two day workshop on Art as therapy for trauma victims by Dr. Farnes Anderson, USA, Applied Psychology Department, University of the Punjab, 21-22nd October, 2010.
6. Academic Retreat for HEC approved PhD supervisors organized by the Learning Innovation Division, Abbotabad, 3-5 June, 2010.
7. A workshop on “Conducting and Publishing Research” by Department of Applied Psychology, University of the Punjab, Lahore in collaboration with the Learning Innovation Division, Higher Education Commission, Islamabad, 5-7 April, 2010.
8. A workshop on Neurolinguistic Programming (NLP), by Lord Shoukat Organized by Centre for Clinical Psychology, University of the Punjab, Lahore, March, 2009.
9. Course on “Professional Development and Capacity Building” organized by University Putra Malaysia (Kuala Lumpur), Centre for Extension, Entrepreneurship and Professional Advancement, 2-3 August, 2007.
10. Workshop on “Active Citizens Interaction Consultation” organized by the British Council, at Marriot Hotel, Islamabad, May 7-8, 2007.
11. A series of seminars on “Masters and PhD Research Supervision” by Anne Gold, Institute of Education, London, organized by Fatima Jinnah Women University from April 17–19, 2007.
12. Open Forum on Future of higher education in Pakistan, by the Chairman Higher Education Commission, organized by Quaid-e- Azam University and Higher Education Commission, April 14, 2007.
13. Seminar on Projects & Programs execute by the Research & Development Division of HEC by Prof. Dr. Altaf G. Sheikh, organized by Fatima Jinnah Women University, Rawalpindi, April 10, 2007.
14. Seminar on “Role of Cerebro Spinal fluid in Congenital Development Disorders” by Dr. Jalil Miyan, Manchester University, organized by Pakistan Sciences Academy, Islamabad, April 05, 2007.
15. Seminar on Problem-based learning “addressing the parallel questions of information overload and life-long learning by Dr. Jaleel Miyan, Manchester University, organized by the HEC, Islamabad, April 2, 2007.

16. Seminar on Civil Rights Movement of the 1960s: A Black Women 's Perspective, Then and now by Ms. Lyngrid Rawalings, Senior Management Counselor at U.S Embassy, organized by Fatima Jinnah Women University, Rawalpindi, February 15, 2007.
17. Training workshop on "Core Research Skills, Data Analysis and Presentation of result" by Prof Amanda J Lee, Dr. Gareth Jones, Dr. Susan Klein (UK), organized by Fatima Jinnah Women University, Rawalpindi, 11-12, January, 2007.
18. Seminar on "Black Women" organized by Department of Human Resource Development, Institute of Education, University of London, UK, December, 5th 2006.
19. Workshop on "Log frame and Proposal Writing" organized by British Council, Islamabad, 18th May, 2006.
20. Two-Day workshop on " Developing Management Skills" by Anne Gold (Institute of Education, University of London, UK) and Prof. Dr. I. N. Hassan, Fatima Jinnah Women University, Pakistan, Organized by Fatima Jinnah Women University, Rawalpindi, April 4-5, 2006.
21. Seminar on "Conversion Disorders: "Diagnosis and Intervention" Organized by Psychiatry Department, Rawalpindi General Hospital, on 6th January 2006.
22. Workshop on "Basics of Behaviour Therapy" by Ms. Nashi Khan (Consultant Chartered Clinical Psychologist), organized by the Department of Applied Psychology, University of the Punjab, Lahore, 11th June, 2005.
23. Workshop on "Reiki: Application and Treatment, Level II" by Dr. Shaharyar Aftab, organized by the Department of Applied Psychology, University of the Punjab, Lahore, 4th June, 2005.
24. Workshop on Reiki: Application and Treatment, Level I" by Dr. Shaharyar Aftab, Organized by the Department of Applied Psychology, University of the Punjab, Lahore, 28th May 2005.
25. Workshop on "REBT: Assessment and Intervention" by Ms. Cyma Salman (Clinical Psychologist), Organized by the Department of Applied Psychology, University of the Punjab, Lahore, 21st -22nd December, 2004.
26. Workshop on "The Multicultural Family Chessboard: An Educational and Psychological Interview Method" by Sandra Neil and Robert Silverberg, organized by International Council of Psychologists, in Jinan, China, 3rd August 2004.
27. Workshop on "Identity Personality Disorders in Children: Diagnosis and treatment" by Consuelo Barreda Hanson, organized by International Council of Psychologists, in Jinan, China, 3rd August 2004.
28. Seminar on "Drug Treatment Works" on International Day against Drug abuse & Illicit Trafficking, Organized by Academic Department of Psychiatry and Behavioural Sciences, KEMC/Mayo Hospital, and Pakistan Psychiatric Society (Punjab Chapter), 26th June, 2004.
29. Symposium on Student Counseling and Assessment Services, organized by the Department of Applied Psychology, University of the Punjab (prior to the launch of SCAS), Lahore on 6th April 2004.
30. Workshop on "Developing a Counseling package for victims of domestic violence", organized by Department of Applied Psychology under DFID Link, Lahore, 26th March, 2004.
31. Workshop on "How to do research", by Dr. Zahid Mahmood, Chartered Psychologist from UK, organized by Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 9th October 2003.

32. Workshop on "Child sexual abuse" organized by Department of Applied Psychology, University of the Punjab in collaboration with SAVERA and DFID, Lahore, January 2003.
33. Regular weekly Academic meetings of Neurologists, organized by Atkinson Morley's Hospital, London (from November 2001-July 2002).
34. Workshop on "Neuropsychology", organized by Wolfson Neurorehabilitation Center, Atkinson Morleys' Hospital, St. George's NHS trust, London, September, 2002.
35. Seminar on "Faith conquers all? Religious Issues in Mental Health" by Professor Kate Loewenthal, Royal Holloway London University, organized by Psychology Department, University of Surrey, 27th November 2001.
36. Seminar on "Forensic Psychology: Not the sex and violence bit" by Professor Jennifer Brown, Surrey University, England, organized by Psychology Department, University of Surrey, 20th November 2001.
37. Workshop on "Psych-Maps: Psychometric Profiling Tools", by Phil Clarke, Managing Director, Psych-Maps Ltd, organized by Department of Psychology, University of Surrey, 19th November 2001.
38. Workshop on "Higher Education, CSFP and International Development", Commonwealth Conference and Events Centre London, 5th November 2001.
39. Seminar on "Universities and Wider Society" by Prof. John Tarrant, Vice Chancellor of the University of Huddersfield, UK, Commonwealth Conference and Events Centre London, 5th November 2001.
40. Seminar on "The Role of Attention, Imagery and Perception in Chronic Insomnia" by Dr. Allison Harvey, University of Oxford, at Psychology Department, University of Surrey, Guildford, 30th October 2001.
41. Seminar on "Show me the Features" by Professor Phillips Schyns, Glasgow University, at Psychology Department, University of Surrey, Guildford, 30th October 2001.
42. Seminar on "Moderators of the intention-health behaviour relationships" by Dr. Mark Conner, University of Leeds, UK, Psychology Department, University of Surrey, Guildford, 23rd October 2001.
43. Seminar on "The perception of external space in Parkinson Disease" by Dr. John Harris, University of Reading, UK, Organized by Psychology Department, University of Surrey, Guildford, UK, 16th October 2001.
44. A one week Workshop on "Use of Local Area Network", by Mr. Farhan (the University Internet Administrator), organized by University of the Punjab, summer 2001.
45. Workshop on Hypnotherapy, by Farzana Noor, organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 2001.
46. One week Faculty Development workshop on "Computer Skills: Multimedia Use and MS Office" organized by University of the Punjab, Lahore, August 2000.
47. Workshop on "Post-Traumatic Stress Disorders" by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 18th April 2000.
48. Workshop on "Projective techniques", by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 16th April 2000.

49. Seminar on “Perception of Medical Images for Diagnostic and Surgery Purposes”, by Dr. Jorg Huber, Roe Hampton College, London, organized by Department of Applied Psychology, University of the Punjab, Lahore, 6th April 2000.
50. Seminar on “Brain and Behaviour” by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by Department of Applied Psychology, University of the Punjab, 6th March 2000
51. Workshop on “Wechsler Adult Intelligence Scale, WAIS III”, by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by the Centre for Clinical Psychology, University of the Punjab, 1st March 2000.
52. Workshop on “Trauma Psychology” organized by Fountain House in collaboration with Missouri University, USA on 22nd January 2000.
53. Workshop on “Internet Access” held in Applied Psychology Department in collaboration with SNDP on 15th January 2000.
54. Seminar on “the Tragic incident of child Abuse and Killing: Lessons Learned and What Needs to be done”, Department of Applied Psychology, University of the Punjab, 15th December, 1999.
55. Workshop on “Development of Syllabi of Psychology for intermediate and Graduate level”, by Dr. Zahid Mahmood, Chartered Clinical Psychologist, UK, organized by Psychology Department, Govt. College Lahore, April 1999.
56. Seminar on ‘Environmental Pollution in Punjab’ organized by Environmental protection Department and Social Welfare Department, Government of Pakistan, November 28, 1998.
57. Seminar on “Counseling Psychology in Britain” by Johnny Doyll a Counseling Psychologist from Glasgow, U. K, Organized by the Department of Applied Psychology, University of the Punjab, December 1997.
58. Workshop on “Family Therapy in Clinical Psychology” by Dr. Chris Gilliard (a Clinical Psychologist from England), organized by the Pakistan Association of Clinical Psychologists, Lahore, December, 1997.
59. A Consultative Workshop on “Vehicular Pollution”, organized by Social advancement towards humanity in collaboration with the American Centre, Lahore, April, 21, 1996.
60. Short course "Writing and Publishing Research", Psychology Department, University of Surrey, England, March 1993.
61. One year part time course on “Writing skills”, the Linguistic Institute, University of Surrey, England, 1993.
62. Short course “Using Statistical Package for Social Sciences (SPSS Pc)”, Department of Sociology, University of Surrey, England, 1992.
63. One year part-time course in "Communication skills", the Linguistic Institute, University of Surrey, England, 1991.
64. Summer school on Research skills for the Post-Graduate Research students organized by the British Psychological Society (UK), Southampton University, England, 1991.
65. Short course "the Secondary analysis of survey data", Department of Sociology, University of Surrey, England, March, 1991.

66. Summer school organized by the National Institute of Psychology, Islamabad, Pakistan for the teachers at Post-graduate level, 1990.
67. Summer school for in-service teachers at Post-Graduate level, organized by the Government College Lahore, Pakistan, 1987.

Work Experience

Teaching: 31 Years (Post Graduate Level Teaching)

26-10- 2007 – date	Professor, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
6-1-2006 – 25-10-2007	Professor (on Deputation), Fatima Jinnah Women University, Rawalpindi, Pakistan.
20-4-2002 – 5-1-2006	Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.
21-4-2000-19-4-2002	Associate Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan.
15-7-1996- 20-4-2000	Assistant Professor, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan
19-10-1987–14-7-1996	Lecturer, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan
1985-1987	Lecturer, Govt. Post-Graduate College for Women, Satellite Town, Gujranwala, Pakistan.

Job Description:

- At College, taught Courses: “Experimental Psychology”, “Clinical Psychology” to M.Sc Psychology Classes. Taught course on Clinical Psychology, Case Supervision and Supervision of M.Sc. Research Projects.
- At University of the Punjab, have been teaching Courses: “Abnormal and Clinical Psychology; Counseling Psychology; Psychological Assessment; Research Methods, Data Analysis Using SPSS” to BS, Masters, M. Phil and Ph. D Classes.
- At Fatima Jinnah Women University, have taught courses: “Psychopathology: Introduction, classification and diagnosis; Advanced Counseling Techniques, Research Methods and supervised Masters students’ research theses.
- Have been involved in supervision of “Research projects”, “Clinical Case Reports” and Practicum Reports in Counseling Psychology, Department of Applied Psychology, Lahore.
- Have been actively involved in supervision of BS, MSc, MPhil, MS and PhD Research Projects.

Visiting Faculty:

Dec 2011-2013	Karakorum International University, Gilgit, Teaching a course on Advanced Statistics to PhD scholars
Dec 2009 –Date	Centre for Clinical Psychology, University of the Punjab, Teaching a course on Advanced Statistics and Computers to M.S in Clinical Psychology Students and a course on Research Methods to PhD scholars.
Dec 2008- 2010	Institute of Communication Studies, University of the Punjab, PhD Instructor, Teaching Quantitative Techniques of Data Analysis.
Oct 2005-Jan 2006	Department of Actuarial Sciences, Institute of Statistics, University of the Punjab, Lahore.

2003 – Jan 2006, 2008	Institute of Business and Information Technology, University of the Punjab, Lahore, and Psychology Course to BBIT students.
2002 - 2003	Department of Women Studies, University of the Punjab, Lahore, taught “Gender issues in Psychology” to M.A students.
2001 & 2003	National University of Computer Science, Lahore, Pakistan, taught Psychology course.
Oct. 2001- Oct. 2002	Commonwealth Fellow at Psychology Department, University of Surrey, England.
Oct. 2001- Oct. 2002	Supervised Experimental / Physio Labs at Psychology Department, University of Surrey, England.
Summer 2002	Tutor, Open University UK Summer School for Psychology students in Durham (England), taught course on Research Methods.
Summer 2002	Tutor, Open University UK Summer School for Psychology students in Sterling (Scotland), taught course on Research Methods.
2001, 2003, 2010	Department of Special Education, University of the Punjab, Lahore, taught computer skills and Data Analysis using SPSS to Ph.D. students.
1996 - 2001	Department of Special Education, University of the Punjab, Lahore, taught courses on “Child Growth and Developmental” and “Personality Development” to M.Sc students.
1996 - 2001	Centre for Clinical Psychology, University of the Punjab, Lahore, taught Psychological Assessment Courses to Advanced Diploma Students and Quantitative Research Methods to M. Phil students.
1995	Punjab College of Business Administration, Lahore. Taught Psychology course to BCS students.
1992-1994	Psychology Department, University of Surrey, UK, Teaching Assistant with Prof. Dr. David Rose, Course on “Statistics for Psychology” to Graduate level students at Psychology Department, University of Surrey, England, UK from 1992-1994.

Administrative Experience:

12-06-2013 – date	Director, Institute of Applied Psychology, University of the Punjab, Lahore
15-11-2011 – date	Director, Centre for Clinical Psychology, University of the Punjab, Lahore
29-12- 2008 - 11-06-2013	Chairperson, Department of Applied Psychology, University of the Punjab, Lahore.
Aug 2007- Oct 2007	Acting Dean, Faculty of Science and Technology, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Aug 2007	Associate Dean, Earth, Life, and Communication Sciences, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Jan 2006- Oct 2007	Chairperson, Department of Behavioural Sciences, Fatima Jinnah Women University, Rawalpindi, Pakistan.
Feb 2006- Oct 2007	Director Resident Services, Fatima Jinnah Women University Rawalpindi, Pakistan.

EXPERIENCE:

CURRICULUM AND MODULE DEVELOPMENT:

- a) Has vast experience in curriculum development for PhD, MS, MSc and BS (4-Years) Programs in Psychology / Applied Psychology, Behavioural Sciences and Special Education.

- b) Served as Consultant to develop modules for test item construction for University Teachers for Higher Education Commission (HEC), Islamabad and National Testing Service (NTS).
- c) Chairperson/Convener of the HEC Committee for National Curriculum Framework/ Standards: developed curriculum of MS and BS (4-Years) in Psychology Courses/Syllabi.
- d) Served as consultant to Government of the Punjab, Education Department to develop modules on character building, personal grooming and mannerism for school and college students for utilization of Zero period.
- e) Co-opted member on the Chief Minister's task force constituted by Chief Minister, Punjab, Lahore, (2012) for improvement of higher education in Punjab and gave active input in formulation of recommendations.

Convener / Chairpersonship and Membership of Committees:

1. Member of the Special Committee of the Committee for Development of Social Sciences and Humanities in Pakistan (CDSS &HP), constituted to deliberate upon some identified issues of Social Sciences for impeccable inferences and decisions, to improve the policies & procedures (Notification No.HEC/DG/Acad/CDSS&HP/2016/1045 dated 01-03-2016).
2. Member HECs' Expert Committee for Evaluation of the Nominations received from different Public and Private Sector Universities for the Civil Awards 2016 (11th March, 2016).
3. Member, Academic Council, Government College University (GCU), Lahore (29th October, 2015 – date).
4. Member, Urdu Science Board, Government of Pakistan, Ministry of Information, Broadcasting and National Heritage (8th May, 2015).
5. Convener, Board of Studies, Institute of Applied Psychology, University of the Punjab, Lahore (2003 – 2005 & 29-12- 2008 - date)
6. Secretary, Board of Governors, Centre for Clinical Psychology, University of the Punjab, Lahore (15-11-2011 - date).
7. Chairperson, Psychology Subcommittee, Committee for Development of Social Sciences, Arts and Humanities, Higher Education Commission, Pakistan (August, 2010 – date).
8. Member, Committee for the Development of Social Sciences, Arts and Humanities, Higher Education Commission, Pakistan (August, 2010 – date).
9. Member, Subcommittee - Committee for the Development of Social Sciences, Arts and Humanities, Higher Education Commission, Developing Ethical Guidelines for Journal Editors, Reviewers and Authors (2012 – date).
10. Member, Sub Committee for the Selection of Distinguished Professors in Social Sciences and Humanities (2013 – onwards).
11. Convener, Academic Committee, Centre for Clinical Psychology, University of the Punjab, Lahore (15-11-2011 – date).
12. Convener, Staff and Faculty Development and Training Committee, University of the Punjab, Lahore (2012 – June, 2014).
13. Convener, Student Counseling and Assessment Services, University of the Punjab, Lahore (2004 -2005 & 2010 – date).
14. PhD Coordinator, Institute of Applied Psychology, University of the Punjab, Lahore (27-3-2009 - date)
15. PhD Coordinator, Centre for Clinical Psychology, University of the Punjab, Lahore (15-11-2011- date).
16. Chairperson, Model School Committee, University of the Punjab, Lahore (2012 – date).
17. Member, Disciplinary Committee, University of the Punjab, Lahore (21-4-2011 – date).

18. Member, House allotment Committee, University of the Punjab, Lahore (2011-2014).
19. Member, Campus Committee, University of the Punjab, Lahore (2011 – 2014).
20. Member, Semester Implementation Committee, University of the Punjab (2011- date).
21. Chairperson, Inter University Faculty Board (IUFB) for Developing Psychology and Applied Psychology Courses for Universities in Punjab (2005, on the Chancellor's directives).
22. Chairperson, Punjab University Research Projects Grant Committee (Feb. 2012 – Jan 2014).
23. Member, Incentive Awards Committee, University of the Punjab, Lahore (2012 – 2013).
24. Member, Tenure Track Committee, University of the Punjab, Lahore (2011-2013).
25. Member, Committee for Fire Prevention at the University Premises, University of the Punjab, Lahore (2013).
26. Member, Transport Fleet Committee, University of the Punjab, Lahore (2013).
27. Member, University of the Punjab Press and Publication Committee (Feb 2008 – Feb 2009).
28. Member, University of the Punjab, Unfair Means Cases Committee (Feb 2008 –Feb 2011).
29. Member, Committee for the up gradation of Universities Journals, University of the Punjab, Lahore, Pakistan, 2010 onwards.
30. Chairperson, Need Assessment for Special Needs Students. University of the Punjab, Lahore (2008-2010).
31. Member Board of Studies, Department of Special Education, University of the Punjab, Lahore (2003-2005).
32. Member, Doctoral Program Committee. Department of Special Education, University of the Punjab, Lahore (2003 – 2005 & 2009 – 2013).
33. Member, Faculty Board, Life Sciences, University of the Punjab, Lahore (2003 – 2005 & 2007 – date).
34. Member, Faculty Board, Arts and Humanities, University of the Punjab, Lahore (2010 -2013).
35. Member Academic Council, University of the Punjab, Lahore (2003 – 2005 & 2007 – date).
36. Member, Gold medal Committee, University of the Punjab, Lahore (2009 – 2013).
37. Member, Workplace Harassment Committee, University of the Punjab University. Lahore (2012 – 2014).
38. Member, Punjab University Alumni Committee (2012 – June 2014).
39. Member, Overseas Scholarship Committee, University of the Punjab, Lahore (2011 – 2014).
40. Member, Budget Committee, University of the Punjab, Lahore (2012 – 2013).
41. Member Research Advisory Committee of National Institute of Psychology, Centre of Excellences, Quaid-e-Azan University, Islamabad, Pakistan.
42. Member, Hall Council, University of Punjab, Lahore (2012-2013).
43. Member, Academic Committee, National Institute of Psychology, Centre of Excellences, Quaid-e-Azan University, Islamabad, Pakistan.
44. Member, Board of Studies, Psychology Department, University of Gujrat.
45. Member, Board of Studies, Psychology Department, Faisal Abad University.
46. Chairperson, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan (Nov 2003- Nov 2005).
47. Superintendent Girls' Hostel, University of the Punjab, Lahore (Aug 1997- May 2006).
48. Assistant Superintendent Girls' Hostel, University of the Punjab, Lahore (Aug 1987- Sep 1990; Jan, 1995-July 1997).

49. Member Collaboration and Linkages Committee, Fatima Jinnah Women University, Rawalpindi, Pakistan (Jan 2006-Oct 2007).
50. Member of Advanced Research Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (Jan 2006-Oct 2007).
51. Member of Thesis Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (Jan 2006-Oct 2007).
52. Chair, University Journal Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (2006-Oct 2007).
53. Member Hostel Advisory Committee, Fatima Jinnah Women University Rawalpindi, Pakistan (Feb 2006- Oct 2007).
54. Chairperson, Gardening Committee, Fatima Jinnah Women University, Rawalpindi, Pakistan (Jan 2006- August 2007).
55. Chairperson, Hoarding Committee, Fatima Jinnah Women University, Rawalpindi, Pakistan (Jan 2006- Oct 2007).

Research Experience:

Nov. 2001- Oct 2002 Honorary Research Associate at the Wolfson Neuro-rehabilitation Centre, St. George's NHS trust London, UK. Worked with Dr Martin Van den Broek, Consultant Clinical Psychologist, Head of Neuropsychology, Wolfson Neuro-rehabilitation Centre, St. Georges Hospital London.

Project Effect of Careers' coping and psychological functioning on head injured patients' rehabilitation outcome.

Research Training and Research Work:

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| 2015 | Collaborative Cross-cultural study of intimate relationships with Prof. Hill Chuck, Whittier College, USA. |
| 2015 | International Collaborative study on Dysfunctional Eating with Dr Esben Strodl, Director of Psychology Services at QUT Psychology and Counseling Clinic, Australia & Dr. Myra Cooper, Oxford University, UK |
| 2012 | Collaborative project on PARQ, Najam, Kausar & Malik |
| Oct 2011-
Jan 2011- | Member, Punjab University Dengue Research Group
Member Research Consortium as Collaborating Partners on "Global Climate Change and Health Security: Concepts, Methodology and Burden of Disease Assessment for Asia" with Prof. Dr. Alexander Krämer, Dr. MMH Khan, Heiko Jahn, Belfield University, Germany. |
| Nov 2010 | Collaborative INDIGO-Depression Project on Stigmatization of patients with psychiatric disorders, with Prof. Graham Tormicroft and Dr. Tine Van Bortel, Institute of Psychiatry, King's College London |
| April 2007 | Reviewer and Technical Consultant for United Nations Educational, Scientific and Cultural Organization (UNESCO)'s Project No 443-06, Study 2: "Research on Gender Disparity: Root Cause of Low Female Literacy". |
| April 2007 | Reviewer and Technical Consultant for United Nations Educational, Scientific and Cultural Organization (UNESCO)'s Project No 443/06, Study 1: "Review of National Policies and Program from Gender Perspective. |

- Jan, 2007 Training workshop on “Core Research Skills, Data Analysis and Presentation of result” by Prof Amanda J Lee, Dr. Gareth Jones, Dr. Susan Klein (UK), held in Fatima Jinnah Women University, Rawalpindi, 11- 12 January, 2007.
- 2006 Collaborative project on “Marital Disharmony in Army Personnel Families” with Psychiatry Department, Military Hospital Rawalpindi.
- 2003 -2003 Collaborative research project on “Social and health issues of Pakistani, American and African University Students” Dr. Jessi Smith, Psychology Department, Montana State University, (USA) and Holt-Lunstad J. Brigham Young University, (USA).
- 2001-2002 Project "Effect of Carers' Psychological Functioning and Coping on Rehabilitation Outcome of Head Injured Patients in UK.
- 1999 – 2000 Collaborative research project on “Hand test characteristics of children from different cultures”, in collaboration with European and American Psychologists.
- 1999 -2000 Conducted a series of projects in collaboration with a UK Clinical Psychologist
- Developing Checklists for Assessment of ADHD
 - Assessing Hand test Characteristics of Children with ADHD versus Non ADHD
 - Development of Norms of “Urdu Reading test” for Pakistani School Children.
- 1996-1997 Project on “Carers of Physically Disabled people in Pakistan (University Funded project).
- 1996-1997 Development of Coping strategies Questionnaire (CSQ) for Pakistani population.
- 1992-1994 Project on Caregiving to Physically disabled people in UK: Cognitive appraisal, Coping and Psychological Distress.
- 1991-1992 Worked on a Project “Longitudinal Study of Post-onset Personality and Behaviour Changes in Patients with Neurological Disorders and Burden on Carers in England.
- 1990-1991 As a part of PhD training, attended one year intensive course work on Research Methodology and Statistical analysis.
- 1985 Worked on World Health Organization’s Project on Family planning in Pakistan.
- 1983 Conducted a research project on "Coping with the grief of death" on Pakistani population.

Research Publications:-

1. Ali, N., & **Kausar, R.** 2016, Social Support and Coping as Predictors of Psychological Distress in Family Caregivers of Stroke Patients. *Pakistan Journal of Psychological Research*, 31 (2), 587-608. **(HEC’s X Category).**
2. Inam A., & **Kausar, R.** 2006, Psychological Adjustment of Typical Siblings of Children with Autism in the Context of Family Environment. *Isra Medical Journal*, 8 (3), 176- 181. **(HEC’s X Category).**
3. Asad, S., Saeed, S. & **Kausar, R.** (2016). *Level of Frustration Tolerance and Coping Strategies used by Women with Conversion Disorder Vs those with General Medical Conditions.* *Journal of Pakistan Psychiatric Society*, Vol. 13(2), 35-38, **(HEC’s X Category).**
4. Yosuf, M., & **Kausar, R.** (2016). *Self-Care, Coping Strategies and Quality of Life of Individuals with Diabetes.* *Journal of Behavioral Science*, Vol. 26(1), 17-31, **(HEC’s X Category).**

5. Yosuf, I., Zafar, N., & **Kausar, R.** (2016). *Perceived Inter-Parental Conflict, Emotional Security and Self-Discipline in Adolescents*. Journal of Behavioral Science, Vol. 26(1), 98-112, **(HEC's X Category)**..
6. Naz, F., & **Kausar, R.** (2016). Somatic Symptoms Scale: Psychometric Properties in Clinical and Normal Sample. Journal of Pakistan Medical Association.
7. Khan, N., Amjad, A., Farooq, A., & **Kausar, R.** (2016). Gender Differences in Common Mental Disorders. Pakistan Journal of Clinical Psychology, 15 (1), 21-32. **(HEC's Y Category)**..
8. Ahmad, S., Arshad, T., **Kausar, R.** (2015). *Psychological Correlates of Distress in Rescue 1122 Workers in Pakistan*. International Journal of Emergency Mental Health and Human Resilience, Vol. 17(2), 486-494, ISSN 1522-4821 **(IF = 3.63)**.
9. Khan, N., **Kausar, R.**, Khalid, A. & Farooq, A. (2015). *Gender Differences among Discrimination & Stigma Experienced by Depressive Patients in Pakistan*. Pakistan Journal of Medical Sciences, ISSN: 1682-024x; Vol. 31(6), 1432-1435, **(IF = 0.231)**.
10. Shoukat, J., Zafar, N., & **Kausar, R.** (2015). *Self-compassion and Positive Psychological Functioning in Women with Primary and Secondary Infertility*. Bahria Journal of Professional Psychology, Vol 14 (2), (Z Category).
11. Naz, F & **Kausar, R.** (2015). *Parental Neglect, Self-Esteem, Emotional Instability and Depressive Symptoms in Adolescents with Somatic Symptoms*. Pakistan Journal of Social Sciences, Vol.35 (1), 25-36, **(HEC's Y Category)**.
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Submitted For Publication:

1. Zafar, N & Kausar, R. *Emotional, Social and Behavioral Problems of Adolescents in relation to Early Father Separation*. (Paper accepted in FWU Journal of Social Sciences).
2. Nisar, R, Zafar, N., & Kausar, R. *Perceived Ostracism, goal directed thinking and perception of meaningful life in adolescents*. Submitted in Biannual Journal of Social and Gender Issues. Journal of Research & Reflections in Education, UOE (Y category).
3. Rashid, R. & Kausar, R. *Development and Validation of Meaning in Life Scale*. The Social Science Journal (International).

Conference Participation and Presentations:

1. Rukhsana Kausar. "Gender Differences in Psychopathic Personality Traits, Perception of Peer Pressure and Reckless Behavior in Late Adolescents" ORAL presentation in 6th International Conference on

- Psychology of Gender in Perspective: Issues and Challenges (ICPG 2016) held on 1st -2nd December, 2016, organized by the National Institute of Psychology (NIP), Quaid-e-Azam University, Islamabad.
2. Rukhsana Kausar and Azba Sohail. "Work Demands, Work-Family Conflict and Job Satisfaction in Nurses" ORAL presentation in the 35th Year Annual Conference cum Convocation, IMSACON 2016 held on 7th – 8th October, 2016 at Balaclava, Mauritius.
 3. Rukhsana Kausar, Ayesha Ali and Anum Javed, "Child Abuse, Emotional and Behavioral Problems in Domestic Child Workers" ORAL presentation in the 11th International Conference on Child and Adolescent Psychology (ICCAP-2016) held on 18-20th July, 2016 at University of Roehampton, London.
 4. Nazia Bashir, Rukhsana Kausar and Nashi Khan, "Children and Disaster Teaching Recovery Techniques as a Preventive Measure to Deal posttraumatic Stress Disorder" ORAL presentation in the 1st International Conference on Current Trends in Psychology (ICCTP)-2016 held on 31st March, 2016 at Department of Applied psychology, Bahauddin Zakariya University, Multan (organized by Pakistan Psychological Association (PPA) and Department of Applied Psychology, Bahauddin Zakariya University, Multan).
 5. Nida Zafar and Rukhsana Kausar, "Post-divorce Adjustment in Relation to Socioeconomic Status in Pakistani Women: Moderating Role of Social Support" ORAL presentation in the 1st International Conference on Current Trends in Psychology (ICCTP)-2016 held on 31st March, 2016 at Department of Applied psychology, Bahauddin Zakariya University, Multan (organized by Pakistan Psychological Association (PPA) and Department of Applied Psychology, Bahauddin Zakariya University, Multan).
 6. Kousar Azam, Saira Batool and Rukhsana Kausar, "Work Family Conflict, Emotional Exhaustion and Workplace Wellbeing in Female" ORAL presentation in the 1st International Conference on Current Trends in Psychology (ICCTP)-2016 held on 31st March, 2016 at Department of Applied psychology, Bahauddin Zakariya University, Multan (organized by Pakistan Psychological Association (PPA) and Department of Applied Psychology, Bahauddin Zakariya University, Multan).
 7. Rukhsana Kausar & Amna Liaqat. "Resilience, Cognitive Appraisal, Posttraumatic Growth and Quality of Interpersonal Relationships among Flood Affected Adolescent", ORAL presentation in the 1st International Conference on Current Trends in Psychology (ICCTP)-2016 held on 31st March, 2016 at Department of Applied psychology, Bahauddin Zakariya University, Multan (organized by Pakistan Psychological Association (PPA) and Department of Applied Psychology, Bahauddin Zakariya University, Multan).
 8. Rabia Nisar, Nida Zafar and Rukhsana Kausar. Perceived parental and peer rejection, goal directed thinking and perception of meaningful life in late adolescents. Oral presentation in the 1st International Conference "Advancing Women Issues: Local & Global Directions" 12th December 2015 at Marriott, Islamabad.
 9. Mariam Bibi, Nida Zafar and Rukhsana Kausar. Perceived authentic leadership practices, organizational climate and team innovativeness in employees of multinational companies. Oral presentation in the 1st International Conference "Advancing Women Issues: Local & Global Directions" 12th December 2015 at Marriott, Islamabad.
 10. Nida Zafar and Rukhsana Kausar. Socio-demographic predictors of divorce adjustment in Pakistani women. Oral presentation in National Symposium of psychiatry 6-7th June (2015), Khyber Medical College Peshawar.
 11. Nida Zafar and Rukhsana Kausar. Social Support and Social adjustment as predictors of quality of life in Diabetic patients, Oral presentation in National Symposium of psychiatry 6-7th June (2015), Khyber Medical College Peshawar.

12. Nida Zafar and Rukhsana Kausar. Predictors of psychological well-being in infertile women. Oral presentation in 11th Neuro psycon Conference at PC Lahore. 25th April, 2015.
13. Nida Zafar and Rukhsana Kausar. Emotional, Social and Behavioral Disorders of Adolescents with Early Father Separation. Oral Presentation in 11th Neuro psycon Conference at PC Lahore, 26th April, 2015.
14. Mahnaz Yousaf and Rukhsana Kausar, PhD. Psychosocial Correlates of Distress in Type I and Type II Diabetes Patients. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
15. Fauzia Naz, PhD and Rukhsana Kausar, PhD. Somatic Symptoms Scale: Psychometric Properties in Clinical and Normal Sample. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
16. Fauzia Naz, PhD and Rukhsana Kausar, PhD. Translation and Validation of Interpersonal Relationship Anxiety Questionnaire (IRAQ). Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
17. Farhana Nasim, Sumera Siddique, and Rukhsana Kausar, PhD. Personality Traits, Emotional Expressivity and Prosocial Behavior in Rescue 1122 Workers. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
18. Andleeb Zahra, Aneeza Sarwar, and Rukhsana Kausar, PhD. Personality, Procrastination, Self-Efficacy, Anxiety and Academic Performance of the University Students. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
19. Ume Habiba, Nazia Bashir, and Rukhsana Kausar, PhD. Parental Training Program with the Mothers of Children having Mental Retardation. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
20. Fauzia Naz, PhD and Rukhsana Kausar, PhD. Parental Neglect, Negative Self-Esteem, Emotional Instability and Depressive Symptoms in Adolescents with Somatic Symptoms. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
21. Sara Asad, Shafaq Saeed, and Rukhsana Kausar, PhD. Level of Frustration Tolerance and Coping Strategies Used by Women with Conversion Disorder VS Those with General Medical Conditions. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
22. Anum Javed and Rukhsana Kausar, PhD. Causes of Suicidal Ideation in Adolescents: A Qualitative Study. Oral Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
23. Saira Jabeen, Asma Yousaf and Rukhsana Kausar, Ph.D. Inappropriate Sexual Behaviors in Adolescents with Autism and Mental Retardation and Stress in Mothers. Poster Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.

24. Sahrish Ahmad, Tehreem Rana and Rukhsana Kausar, Ph.D. Psychological Correlates of Distress in Rescue 1122 Workers in Pakistan. Poster Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
25. Saira Afzal, Khalid Ghaffar, Maira Saeed, and Rukhsana Kausar, PhD. Perceived Social Support, Sense of Coherence and Psychological Well-Being of Divorced Women. Poster Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
26. Amina Sadia and Rukhsana Kausar, PhD. Social Support and Marital Adjustment of Women with First versus Subsequent Pregnancies. Poster Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
27. Ayesha Idrees, Saira Batool and Rukhsana Kausar, PhD. Humor Styles and Interpersonal Relationships among University Students. Poster Presentation in the 14th International Conference of Psychology 2015 (ICP-2015) held from 19th – 21st March, 2015 by the Institute of Applied Psychology, University of the Punjab, Lahore.
28. Nida Zafar and Rukhsana Kausar. Externalizing and Internalizing problems in adolescents in relation to type of family. Oral Presentation in International conference on Education Psychology, National Institute of Psychology, Quaid-e-Azam University Islamabad, 13th November, 2014.
29. Nida Zafar and Rukhsana Kausar. Perceived interparental conflict, Emotional Security and Self-discipline in Adolescents. Poster Presentation in International conference on Education Psychology, National Institute of Psychology, Quaid-e-Azam University Islamabad. (13th November 2014).
30. Perceived Stigmatization in Drug Addicts in Relation to perceived Social Support and Coping Strategies. Poster Presentation in the 28th Conference of the European Health Psychology Society (EHPS) held from 26th – 30th August, 2014 at Innsbruck, Austria.
31. Protective Factors, Drug Use and Depression Young Drug Users in Pakistan. Poster Presentation in the 28th Conference of the European Health Psychology Society (EHPS) held from 26th – 30th August, 2014, Innsbruck, Austria.
32. Psychosocial Risk Factors of Suicidal ideation in Adolescents in Pakistan. Poster Presentation in the 28th Conference of the European Health Psychology Society (EHPS) held from 26th – 30th August, 2014, Innsbruck, Austria.
33. Kausar, R., & Zafar, N. (2014). Psychosocial Implications of Early Father Separation for Adolescents and their Mothers. Oral presentation in the 28th International Congress of Applied Psychology (ICAP 2014) held from 08th – 13th July, 2014, Paris, France.
34. Kausar, R., Rasool, F. (2014). Psychosocial Causes and Psychological Implications of Beggary in Pakistan. Oral presentation in the 28th International Congress of Applied Psychology (ICAP 2014) held from 08th – 13th July, 2014, Paris, France.
35. Ajmal, A., Kausar, R., & Fatima, I. (2014). Psychosocial and Personality Factors in Economic Decision Making. Oral presentation in the 28th International Congress of Applied Psychology (ICAP 2014) held from 08th – 13th July, 2014, Paris, France.
36. Najam, N., Kausar, R., & Hussain, R. (2014). A Comparative Study of Psychological and Neurological Functioning of Elderly in Pakistan: Preliminary Study. Oral presentation in the 28th International Congress of Applied Psychology (ICAP 2014) held from 08th – 13th July, 2014, Paris, France.

37. Zafar, N., & Kausar, R. Predictors of Fear of Negative Evaluation in Adolescents in Pakistan, Presented in two day International conference on Social Psychology, Organized by GCU Lahore, 20th – 21st May, 2014.
38. Waheed, I., Batool., & Kausar, R. (2014). Parent's Personality, Family Environment and Adolescents Personality. Presented in two day International conference on Social Psychology, Organized by GCU Lahore, 20th – 21st May, 2014.
39. Kausar, R. (2014). Application of Psychology in Medical Settings. Presented in 1st Medical Association Conference at Arif Memorial Teaching Hospital, Lahore, 8th April, 2014.
40. Zafar, N. & Kausar, R. (2014). Psychosocial functioning of Adolescents living with Divorced Mothers and those with Married Mothers. Presented in International Conference of Center for Clinical psychology, University of the Punjab, Lahore, 2nd -3rd April, 2014.
41. Batool, S. & Kausar, R. (2014). Demographic Characteristics, Drug Use and Depression among Young Drug Users. Presented in International Conference of Center for Clinical psychology, University of the Punjab, Lahore, 2nd -3rd April, 2014.
42. Ijaz, A., Naz H., & Kausar, R. (2014). Symptom Severity, Cognitive Appraisal and Quality of Life of Patients with Obsessive Compulsive Disorder. Presentation in International Conference of Center for Clinical psychology, University of the Punjab, Lahore, 2nd -3rd April, 2014.
43. Tariq, O & Kausar, R. (2013). Interpersonal Problems and Symptoms Severity in Patients with Conversion Disorder. Presented in 3rd Asia Pacific Conference on Psychosocial Rehabilitation & 8th PPRC International Psychiatric Conference, 1st -4th November 2013, Lahore, Pakistan.
44. Khan, S., Mustafa, T., & Kausar, R. (2013). Performance Related Pay and Its Linkage with Employee Motivation and Job Satisfaction: A Study of Public and Private Sector Universities of Pakistan, Presented in International Conference organized by PPA on Role of Psychologists in the Service of Society, 31st October, 2013, Lahore, Pakistan.
45. Hassan, W, & Kausar, R. (2013). Personality, Motivation and Social Interaction in Relation to Use of Social Networking Sites. Presented in International Conference organized by PPA on Role of Psychologists in the Service of Society, 31st October, 2013, Lahore, Pakistan.
46. Kausar, R. (2013). Body Image, Social Support and Self-esteem in Post Mastectomy Breast Cancer Patients. 27th Conference of the European Health Psychology Society (EHPS) 2013, 16th – 20th July, 2013 at Bordeaux, France.
47. Kausar, R. & Tariq M. (2013). Assessment of Well-being and Ill-being in Pakistan. 27th Conference of the European Health Psychology Society (EHPS) 2013 16th – 20th July, 2013 at Bordeaux, France.
48. Naz, F., & Kausar, R. (2013) Parental Rejection, Personality Maladjustment, and Depression in Female Adolescents in the Pakistani Context. ISIPAR, India on 13th January, 2013.
49. Nida Zafar and Rukhsana Kausar. (2013). Self-compassion and positive psychological functioning in women with primary and secondary infertility. Poster Presentation in International Psychiatry conference, Avari Lahore.
50. Malik, F., Kausar, R. & Butt, M. (2013) Parental Acceptance and Power/Prestige as Predictors of Psychological Adjustment among Pakistani Adolescents. ISIPAR, India on 10th January, 2013.
51. Naz, F., & Kausar, R. (2012). Childhood abuse and Depressive Symptoms in Adolescents with Conversion Disorder. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.

52. Kausar, R., Tariq, S., & Khalid, M. (2012). Gender Disparity and Achievement Gaps in Higher Education in Pakistan. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
53. Saleem, F., & Kausar, R. (2012). Computer Use, Social Interaction and Academic Performance of Pakistani Adolescents. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
54. Zaidi, G., Zafar, N., Huda, N., Zubair, R., & Kausar, R. (2012). Quality of life and Adjustment of Patients with Type II Diabetes with Amputation and without Amputation. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
55. Batool, S., & Kausar, R. (2012). Health Related Behaviors and Medication Adherence in Patients with Hepatitis C. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
56. Batool, S., Naqvi, G., Javed, A., Tufail, H., & Kausar, R. (2012). Menopausal Attitude and Symptoms among Working Women. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
57. Qureshi, A., Liaqat, F., Hassan, H., Ashraf, N., Javed, Z., & Kausar, R. (2012). Coping Strategies And Marital Adjustment Of Wives Of The Patients With Ischemic Heart Disease. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
58. Ijaz, A., & Nashi, Q. (2012). Social Support, Body Image And Self Esteem In Post Mastectomy Brest Cancer Patients. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
59. Zahra, A., & Kausar, R. (2012). Acute Stress Disorder Symptoms, Anxiety and Extent of Information Among Patients Suffering From Dengue Fever. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
60. Wahid, S., & Kausar, R. (2012). Acute Stress Disorder, Symptoms Severity and Satisfaction with Treatment in Dengue Fever Patients in Relation to Empathy and Altruism in Paramedics. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
61. Naz, S., & Kausar, R. (2012). Psychological Impact of Dissemination of Dengue Related Information Through Media on Dengue Patients and General Population. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
62. Mukhtar, B., & Kausar, R. (2012). Symptom Severity and Self-Efficacy of Dengue Patients Receiving Psycho-education and those who Did Not Receive Psycho-education: A Case Control Study. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
63. Bibi, A., & Kausar, R. (2012). Level of Awareness and Precautionary Practices Regarding Dengue Fever among Nomads. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
64. Waris, B., & Kausar, R. (2012). Psychological Distress and Quality of Life of Dengue Fever Survivors. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.
65. Anwar, S., & Kausar, R. Level of Information And Precautionary Practices Among Dengue Survivors And Non-Affected Individuals: A Case Control Study. International Conference of Applied Psychology, University of the Punjab, Lahore, Pakistan, 15-19 December, 2012.

66. Kausar, R. & Zahra, A. (2012). Acute Stress Disorder Symptoms, Anxiety and Extent of Information among patients suffering from Dengue Fever. 12th International Congress of Behavioral Medicine, 29 August – 1 September, 2012, Budapest, Hilton, Hungary.
67. Kausar, R. & Awan, B. (2012). Risk Perception and Psychological Distress in patients with Type 11 Diabetes. 12th International Congress of Behavioral Medicine, 29 August – 1 September, 2012, Budapest, Hilton, Hungary.
68. Khan, N., Kausar, R., Flach, C., & Howard, L. (2012). Psychological and Gynecological Morbidity in Women Presenting with Vaginal Discharge in Pakistan. 12th International Congress of Behavioral Medicine, 29 August – 1 September, 2012, Budapest, Hilton, Hungary.
69. Kausar, R., & Arif, A. (2012). Resilience, Post traumatic growth and coping strategies used by Flood Survivors. 26th Conference of European Health Psychology Society. Diplomat Hotel, Prague, Czech Republic, 22-26th August, 2012.
70. Kausar, R., & Awan, B. (2012). Emotional Distress and Risk Perception of Patients with Diabetes. 26th Conference of European Health Psychology Society. Diplomat Hotel, Prague, Czech Republic, 22-26th August, 2012.
71. Kausar, R., & Batool, S. (2012). Health Related Behaviors and Medication Adherence in Patients with Hepatitis C. 26th Conference of European Health Psychology Society. Diplomat Hotel, Prague, Czech Republic, 22-26th August, 2012.
72. Mirza, M., & Kausar, R. (2012). Construction of Mental Health Screening Questionnaire. 9th International Neuropsychon 2012, PC Hotel, Lahore, Pakistan, 3-4 March 2012.
73. Naz, F., & Kausar, R. (2011). Effect of Childhood abuse on Personality of adolescents with conversion disorder. 14th Conference of Pakistan Psychological Association, Islamabad, 10-11 January, 2012.
74. Naz, F., & Kausar, R. (2011). Maladjustment in Children with Somatization Disorder. 13th Conference of Pakistan Psychological Association, Lahore, 18-19 November, 2011.
75. Kausar, R. (2011). What Psychologists have learned from flood in Pakistan. Presented at the 3rd Clinical Psychology Conference, Dhaka, Bangladesh, 27-28 October, 2011.
76. Khan, N., Flach, C, Kausar, R., & Howard, L. (2011). Psychological Morbidity in Women Presenting with Vaginal Discharge in Pakistan. Presented at the 12th European Congress of Psychology, Istanbul, Turkey, 4-8 July, 2011.
77. Kausar, R., & Javed, A. (2011). Moral Values and Forgiveness in Children studying in Private vs. Public schools in Pakistan. Presented at the 12th European Congress of Psychology, Istanbul, Turkey, 4-8 July, 2011.
78. Kausar, R. & Akram, S. (2011). Coping Strategies and Life satisfaction among Older Adults in Pakistan. Presented as a member of Working Group 2: Costs and Opportunities of Pakistan's Rapidly Changing Age Structure: Demographic Dividend, Ageing and Urbanization, First International Conference on 'Promotion of Social Science Research in Pakistani Universities: Prospects and Challenges', Organized by the Higher Education Commission's Committee for Development of Social Sciences and Humanities in Pakistan (CDSSHP), Islamabad, Pakistan, 18-20 April, 2011.
79. Jabeen, S, & Kausar, R. (2010). Development of Indigenous Obsessive Compulsive Disorder Scale. Presented at International conference of Irish Psychiatric Society, Ireland, UK, November 12, 2010.
80. Hussain M., & Kausar, R. 2010. Psychological implications of terror attacks for families of victims. Presented at National conference on Research in Psychology: Indigenous and Cultural Context, organized by National Institute of Psychology, Quaid-e-Azam University, Islamabad, October 14, 2010.

81. Khan, N., Kausar, R., & Choudhary, H. R. (2010). Psychological distress in patients with Dhat syndrome in Pakistan. Presented at National conference on Research in Psychology: Indigenous and Cultural Context, organized by National Institute of Psychology, Quaid-e-Azam University, Islamabad, October 14, 2010.
82. Kausar, R., & Naqvi, A. (2010). Effect of sleep wake pattern on academic performance of University students. Presented at International Council of Psychologists 2010 Regional Meeting held at Padua, Italy, July 26-27, 2010.
83. Kausar, R., & Kazmi, S. R. (2010). Relationship between parental acceptance-rejection and self-efficacy of Pakistani adolescents. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
84. Choudhary, F. N., & Kausar, R. (2010). Parental acceptance-rejection and childhood abuse in Pakistani adolescents with somatoform disorders. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
85. Najam, N., & Kausar, R. (2010). Socio-emotional development of adolescents in relation to Father acceptance-rejection. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
86. Kausar, R., & Anjum, S. (2010). Parental acceptance rejection of special needs Pakistani children with behavioural problems. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
87. Kausar, R., & Saleem, M. (2010). Parental acceptance rejection, self-image and self-esteem of Pakistani Children. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
88. Ali, S., & Kausar, R. (2010). The Relationship between Perceived teacher and parental acceptance rejection, academic performance and psychological adjustment of children: A literature review. Presented at 3rd International Congress on Interpersonal Acceptance and Rejection (ISIPAR) held in Padua Italy, July 28-31, 2010.
89. Kausar, R., & Anwar, T. (2010). Stress appraisal and coping strategies in relation to viewing of terrorism on television. Presented at 27th International congress of Applied Psychology (ICAP), held in Melbourne, Australia, July 11-16, 2010.
90. Kausar, R., & Saleem, F. The effect of computer use on social interaction and academic performance of adolescents. Presented at 27th International congress of Applied Psychology (ICAP), held in Melbourne, Australia, July 11-16, 2010.
91. Hussain, M., & Kausar, R. (2010). Effect of Loss of a relative in suicide blasts on Psychological distress and coping of the deceased's families. Presented in 14th Annual Conference of Psychology organized by Department of Psychology, Khyber-Pakhtunkhwa, Pakistan, at the Summer Campus Bara Gali, 23-27th June, 2010.
92. Kausar, R. & Hussain, M. (2010). Psychological distress and coping strategies used by the victims of families of suicide blasts. First International conference on "Forensic Psychology: Issues and Interventions", organized by Department of Psychology, GC University, Lahore, 31st March – 3rd April, 2010.
93. Kausar, R. & Anwar, T. (2010). Perceived stress, Stress appraisal and Coping strategies used in relation to television exposure of terrorism. First International conference on "Forensic Psychology: Issues and

- Interventions”, organized by Department of Psychology, GC University, Lahore, 31st March – 3rd April, 2010.
94. Iqbal, A., & Kausar, R. (2010). Determinants of Marital conflicts in Interfiles. First International conference on “Forensic Psychology: Issues and Interventions”, organized by Department of Psychology, GC University, Lahore, 31st March – 3rd April, 2010.
 95. Iqbal, A., & Kausar, R. (2010). Prevalence of psychopathologies in Brain injured patients. First International conference on “Forensic Psychology: Issues and Interventions”, organized by Department of Psychology, GC University, Lahore, 31st March – 3rd April, 2010.
 96. Raana, T., & Kausar, R. (2010). Effect of Ambient Pollution on Short-term Memory of School going Children in Pakistan. Presented at 2010 American Association for Aerosol Research (AAAR) Specialty Conference entitled “Air Pollution and Health: Bridging the Gap from Sources to Health Outcomes” held in San Diego, California in March 22-26, 2010.
 97. Kausar, R. Gender differences in resilience and negative and positive affect post cancer onset. National Conference on “Resilience, coping strategies and reconstruction of self among women”, Organized by Department of Applied Psychology, University of the Punjab, Lahore, 11 March, 2010.
 98. Iqbal, A., & Kausar, R. (2009). Prevalence of Head injury in Pakistan. 22nd Annual Congress of Pakistan Society of Neurosurgeons. December 17-20, 2009.
 99. Kausar, R., & Khan, Q. (2009). Stress Appraisal and Psychological Distress in medical professionals working in emergency units. 23rd Annual conference of European Health Psychology Society in Collaboration with the Italian Society of Health Psychology, Pisa, Italy, 23-26 September 2009.
 100. Kausar, R., & Rasool, F. (2009). Post Traumatic Growth and tendency towards religion after the onset of Cancer. 23rd Annual conference of European Health Psychology Society in Collaboration with the Italian Society of Health Psychology, Pisa, Italy, 23-26 September 2009.
 101. Kausar, R., & Rasul, F. (2009). Religiosity and Post-traumatic Growth in relation to Cancer. International Conference on Culture and Mental Health held in Department of Psychology, GC University Lahore, Pakistan on March 17-21 2009.
 102. Kausar R., & Maqbool, A. (2009). Coping Strategies used by the patients with Bipolar Disorder, Generalized Anxiety Disorder and Conversion Disorder. Annual Conference of Psychiatry held in Services Hospital Lahore on 15th February 2009.
 103. Kausar, R., & Zehra, S. K. (2008). Depression, Anxiety and Stress among Mothers of Children with Thalassemia. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
 104. Khan, N., Kausar, R., & Choudhry, H. R. (2008). Demographic Characteristics and Family Correlates of Dhat Syndrome in Pakistan. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
 105. Nasr, T & Kausar, R. (2008). Effect of Family Psycho-education on Burden in Families of Patients with Schizophrenia. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.
 106. Mirza, M., & Kausar, R. (2008). Comparison of Perception of Expressed Emotions in the Patients with Schizophrenia, Depression and Obsessive Compulsive Disorder. Annual Conference of International Academy of Medical Sciences Academy, Dubai, 11-13 October, 2008.

107. Kausar, R., & Kanwal, S. (2008). Psychological Implications of Terrorism for Children: Acute-Stress Disorder symptoms in Children. First International Conference on Psycho-trauma. Islamabad, Pakistan, 30 – 31st August 2008.
108. Kausar, R., & Akram, A. (2008). Coping Strategies and Quality of Life of Patients with Asthma, XXIX International Congress of Psychology, Berlin, Germany, 20-25 July 2008.
109. Kausar, R., Rashid A., & Bashir, N. (2008). Self Concept and Emotional intelligence of Children from orphanages vs those living with intact families (Poster presentation). XXIX International Congress of Psychology, Berlin, Germany, 20 - 25 July 2008.
110. Kausar, R., Rashid A., & Bashir, N. (2008). Self-Concept and Emotional intelligence of Children in relation to Parental Acceptance Rejection. The Second International Congress, “Acceptance, Rejection, and Resilience Within Family, School, and Social emotional Context” ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
111. Khan, N., Kausar, R., & Choudhry, H. (2008). Manifestation of Dhat Syndrome symptoms in relation to Parental Strictness. The Second International Congress, “Acceptance, Rejection, and Resilience within Family, School, and Social emotional Context” ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
112. Kausar, R., & Akram, S. (2008) Life Satisfaction in Relation to the use of Coping Strategies by Older Adults. 2nd Asian Psychological Association’s conference held in Malaysia, Kuala Lumpur, 27-28 June 27-28, 2008.
113. Kausar, R., & Yusuf, S. (2008). Patients’ Coping with Hepatitis C. International Conference of World Psychiatric Association, Held in Lahore, Pakistan, 27-29 March 2008.
114. Jabeen, S., & Kausar, R. (2008). Development of Indigenous Obsessive Compulsive Disorder Symptom Checklist for Pakistan. International Conference of World Psychiatric Association, Held in Lahore, Pakistan, 27-29 March 2008.
115. Kausar, R., & Yusuf, S. (2007). State Anxiety and Coping Strategies of Hepatitis C Patients in relation to Interferon Therapy. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
116. Kausar, R., & Saghir, S. (2007). Post-Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse perspective. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
117. Khan, N, Kausar, R., & Choudhary, H. (2007). Manifestation of Dhat Syndrome in Pakistan. Annual Conference of International Medical Sciences Academy, Manipal, India, November 2-4, 2007.
118. Kausar, R., & Khalid, T. (2007). Quality of Life and Depression in Caregivers of Stroke patients. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
119. Kausar, R., & Shafique, N. (2007). Gender differences in perceived parenting styles and socio-emotional stability of Adolescents. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
120. Khan, N., & Kausar, R. (2007). Implications of Dhat Syndrome in Pakistan: Preliminary Findings. 65th Annual Convention of International Council of Psychologists, San Diego, USA, August 11-14, 2007.
121. Kausar, R., & Iqbal, A. (2007). Implications of head injury: Post onset Cognitive & Behavioural changes. National Conference of Social Sciences for University and Post-Graduate Teachers at the International Islamic University, Islamabad, April 28-29, 2007.

122. Iqbal, A., & Kausar, R. (2007). Head injury and its implications, Annual Pakistan Psychological Association Conference, Lahore College for Women, Lahore, March 17-18, 2007.
123. Bibi, B., & Kausar, R. (2007). Coping Strategies and Psychological Distress in Amputated Earthquake Survivors. International Conference on Disaster Management, Jinnah Convention Centre, Islamabad, January 12-14, 2007.
124. Kausar, R., & Iqbal, A. (2006). Psychosocial distress in infertile couples. Annual Conference of International Medical Sciences Academy, Lahore, Pakistan, November 3-5, 2006.
125. Kausar, R., & Anas, M. (2006). Gender Differences in Health Related Behaviors and Readiness to Change in Diabetic Patients., 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
126. Kausar, R., & Jamal, A. (2006). Change in Eating Habits and Health Related Behaviours in Female patients with Osteoporosis. 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
127. Khan, N., & Kausar, R. (2006). Efficacy of Token Economy with Schizophrenia in Pakistan: A Single Case Study. 64th Annual Convention, International Council of Psychologists (ICP), Kos, Greece, July 10-13, 2006.
128. Khan, N., & Kausar, R. (2006). Psychotherapeutic Intervention for Post-Traumatic Stress Disorder: A Single Case Study. International Conference on Earthquake 10/8: Social, Human and Gender Issues, Islamabad, Pakistan, January 15-17, 2006.
129. Khan, N., & Kausar, R. (2005). Efficacy of Cognitive Behaviour Therapy with PTSD: A Single Case Study. 1st International Conference of SAARC Psychiatric Federation on Mental Health in South Asia Region-Problems and Priorities, Agra, India, December 2-4, 2005.
130. Kausar, R., & Maqbool, A. (2005). Psychopathology and Coping with Stress: Comparison of Coping Strategies Used by the Patients with Generalized Anxiety Disorder, Bipolar Mood Disorder and Conversion Disorder. 1st International Conference of SAARC Psychiatric Federation on Mental Health in South Asia Region-Problems and Priorities, Agra, India, December 2- 4, 2005.
131. Raana, T., & Kausar, R. (2005). Pollution and Visuo-Spatial abilities of Children. International Conference in Home Economics, organized by Home Economics College for Women, Lahore, March 2005.
132. Khan, N., Kausar, R., & Chouhdhry, H. R. (2005). Factor Structure of Dhat Syndrome Symptom Checklist. International Conference on Applied and Community Psychology: Trends and Directions, Organized by Department of Psychology, Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal), India, February 26-28, 2005.
133. Raana, T., & Kausar, R. (2005). Effect of Ambient Pollution on Memory of Children. International 2005 Conference on Applied and Community Psychology: Trends and Directions, Organized by Department of Psychology, Gurukul Kangri University, Vishwanidyalaya, Haridwar (Uttaranchal), India, February 26-28, 2005.
134. Kausar, R., Hampson, S., Fife-Schaw, C., & Van-den Broek, M. (2004). Role of Carer coping in Head Injury Rehabilitation. The World Psychiatric Association's Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.
135. Khan, N., Kausar, R., & Choudhry, H. R. (2004). Demographic Characteristics of Dhat Syndrome Patients in Pakistan. The World Psychiatric Association's Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.

136. Kausar, R., & Maqbool, A. (2004). Coping Strategies used by Female patients with Generalized Anxiety Disorder, Bipolar Mood Disorder and Conversion Disorder. National Conference on Role of Psychologists in the Socio-Economic Development of Pakistan, Islamabad, September 9-11, 2004.
137. Iqbal, A., & Kausar, R. (2004). Gender Differences in Psychological Health and Marital Relationship of Infertile Males and Females. National Conference on Role of Psychologists in the Socio-Economic Development of Pakistan, Islamabad, September 9-11, 2004.
138. Kausar, R., Hampson, S., Fife-Schaw, C., & Van-den Broek, M. (2004). Head injury Rehabilitation Outcome in Relation to the Carers' Psychological Functioning. International Council of Psychologists' 62nd Annual Convention, Jinan, China, August 3-6, 2004.
139. Smith, J. I., Holt-Lunsted J., Kausar, R., & Jones B. Q. (2004). Motivation Regulation Strategies for Academic Tasks in two Developing Countries. American Psychological Association's Annual Convention, Hawaii, U.S.A, July 2004.
140. Kausar, R., & Raana, T. (2004). Effects of Fluoride in Drinking water on Cognitive Functioning of Children. 8th International Conference of Pakistan Association of Clinical Psychologists, Lahore, April 10-11, 2004.
141. Kausar, R., & Sharaf, S. (2004). Personality Characteristics and Adjustment Problems of Female Prisoners, 6th International Muslim Psychology Conference, Lahore, February 20-22, 2004.
142. Panek, P., Mahmood, Z., & Kausar, R. (2003). Hand test in Pakistan and USA. 7th European Congress of Psychology, Vienna, July 6-11, 2003.
143. Kausar, R., & Raana, S. (2003). Gender Differences in Study Habits and Academic performance of Pakistani British National and Native English School Children. Conference on Women's Psychological Issues, Department of Applied Psychology, University of the Punjab, Lahore, April 2003.
144. Kausar, R., & Amjad, N. (2003). Personality Differences in University Science and Arts students. Conference on Positive Psychology, Government College University, Lahore, January 25, 2003.
145. Kausar, R., & Munir, R. (2001). Effect of Parental Loss and Gender of Adolescents on their Coping with Stress. Fifth International Muslim Psychology Conference, Lahore, February 16-18, 2001.
146. Kausar, R., & Mahmood, Z. (2000). Cross-cultural comparison of the Hand test scores: some methodological Issues. XXVII International Congress of Psychology, Stockholm, Sweden, July 23-28, 2000.
147. Kausar, R., & Mahmood, Z. (2000). A Factor Analytic Study of the ADHD scales based on DSMIII and DSM IV. XXVII International Congress of Psychology, Stockholm, Sweden, July 23-28, 2000.
148. Kausar, R., & Ilyas, F. (2000). Anxiety in Cancer patients receiving first three successive administrations of Chemotherapy. Sixth International Conference organized by Pakistan Association of Clinical Psychologists, Lahore, April 22-23, 2000.
149. Kausar, R., & Mahmood, Z (2000). Factorial Validity of the ADHD Scale based on DSM IV. Sixth International Conference organized by Pakistan Association of Clinical Psychologists, Lahore, April 22-23, 2000.
150. Kausar, R. (2000). Women as Careers. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, March 8, 2000.

151. Kausar, R., & Farooq, M. (2000). Cognitive Appraisal and Coping Strategies Used by Mothers of Mentally Retarded Children. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
152. Kausar, R., & Ilyas, F. (2000). Longitudinal study of Anxiety in Female Cancer Patients Before Receiving Chemotherapy. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
153. Kausar R., & Munir R. (2000). Effect of Gender and Loss of Parents on Adolescents' Coping with Stress. Conference on "New Directions in Research for Women" organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
154. Kausar, R., & Mahmood, Z. (1999). Hand Test Characteristics of the Attention Deficit Hyperactivity Disorder children. European Congress of Psychology, Rome, Italy, July 4-9, 1999.
155. Kausar, R., & Mahmood, Z. (1999). Hand Test Characteristics of ADHD Children, Preliminary Findings. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.
156. Kausar, R., & Iqbal, A. (1999). Psychological Implications of Infertility: Gender differences in Psychological Health and Marital Relationship. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.
157. Kausar, R., & Jabeen, S. (1999). Caregiving to Cancer patients: Psychological Health and Coping of Carers. 10th International Conference organized by Pakistan Psychological Association, Lahore, April 4-7, 1999.
158. Kausar, R. (1998). Factor Structure of Coping Strategies Questionnaire. National Conference organized by Afro-Asian Psychological Association, Lahore, Pakistan, April 1998.
159. Kausar, R. (1998). Development of Coping Strategies Questionnaire for Pakistani Population. Third Muslim Psychology Conference, Lahore, Pakistan, March 1998.
160. Kausar, R., & Akram, M. (1997). Cognitive Appraisal and Coping of Patients with Terminal vs. Non-terminal Diseases. Fifth International Conference, Pakistan Association of Clinical Psychologists, Lahore, December 1997.
161. Kausar, R., & Anis, A. (1997). Harassment of women at Workplace. First National Conference on "Women Issues: Psychological Perspectives", Lahore, Pakistan, April 1997.
162. Kausar, R., & Akam, M. (1997). Gender differences in Cognitive appraisal and Coping of Patients with Terminal Vs Non-terminal Diseases. First National Conference on "Women Issues: Psychological Perspectives" organized by Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April 1997.
163. Kausar, R., & Aslam, S. (1997). Depression in wives in relation to Spousal Aggression. First National Conference on "Women Issues: Psychological Perspectives" organized by Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April 1997.
164. Kausar, R., & Aslam, S. (1997). Depression in Wives in relation to Marital Aggression. Psychological Conference organized by Afro-Asian Psychological Association, Lahore, March 1997.
165. Kausar, R., & Powell, G. (1996). Coping and Psychological Distress among Carers of Patients with Neurological Disorders (Physical Disability). First World Congress in Neurological Rehabilitation, Newcastle upon Tyne, England, June 1996.

166. Kausar, R., & Sarwar, F. (1996). Misconceptions about Etiology and Treatment of Mental Disorders in Pakistani People. Second Muslim Psychology Conference, Lahore, May 1996.
167. Kausar, R., & Powell, G. (1996). Psychological Distress in Carers of Patients with Neurological disorders in relation to Cognitive Appraisal of post-onset changes in Patients. Fourth International Conference, Pakistan Association of Clinical Psychologists, November 1996.
168. Kausar, R., & Powell, G. (1995). Psychological Changes in Stroke Patients. Second Annual National Conference on Neurology, Pakistan Institute of Medical Sciences, Islamabad.
169. Kausar, R., & Powell, G. (1993). Personality and Behaviour Changes in Physically Disabled People and Burden on Carers. British Psychological Society's Annual Conference, Black Pool, England.
170. Kausar, R. (1992). Caregiving to Physically Disabled People. Annual Post-Graduate Students' Conference, University of Surrey, England.
171. Kausar, R., Sitwat, A., & Najam, N. (1990). Coping with the Grief of Death. Pakistan Psychological Association's 7th Conference, Lahore.

Conferences Participation only:

1. 4th International Social Sciences Conference on “Regional and International Cooperation: Problems and Prospectus 2016” held on 26th -27th October, 2016 at Higher Education Commission, Islamabad.
2. International Conference of Clinical Psychology, Organized by PACP and Institute of Professional Psychology, Behria University, Karachi, 4th June, 2015.
3. World Mental Health Day. Depression: A Global Crisis, Organized by Department of Psychiatry & Behavioral Sciences, Postgraduate Medical Institute/Lahore General Hospital, Lahore on 10th October, 2012.
4. 10th National Child Rights Conference, Organized by Child Rights and Abuse Committee Pakistan Pediatric Association and Pakistan Psychiatric Association, Punjab in collaboration with the Children Hospital Lahore and Protection and Help of Children Against Abuse and Neglect, Lahore, 6-7th December, 2010.
5. 3rd International Conference on Developmental Psychopathology: Prevalence, Management & Prevention, National Institute of psychology, Islamabad, 13-15 October 2009.
6. Women’s Education Worldwide Student Leadership Conference (accompanied University students), hosted by Mount Holyoke College and Smith College, USA, June 10 – 13, 2008.
7. American Psychological Association’s 115th Annual Convention, San Francisco, USA, August 17-20, 2007.
8. International moot on Social Sciences, Islamic International University, Islamabad, April 28, 2007.
9. National Conference on “Professional Development of Teachers at Higher Education in Pakistan”, organized by the HEC, Islamabad, 16-18 January, 2007.
10. 3rd International HRD Congress on Human Security & Social Development: Issues & Perspectives, at Hotel Marriott, Islamabad, November 25-26, 2006.
11. Conference "Collaborating with the Commonwealth: Funding for Future Research Partnership Opportunities" organized by the British Academy, London, 23rd November 2001.

Scientific Sessions Chaired:

1. Chaired Session in 6th International Conference on Psychology of Gender in Perspective: Issues and Challenges (ICPG 2016) held on 1st -2nd December, 2016, organized by the National Institute of Psychology (NIP), Quaid-e-Azam University, Islamabad.
2. Chaired a Scientific Session in International Conference of Clinical Psychology, Organized by PACP and Institute of Professional Psychology, Behria University, Karachi, 4th June, 2015.
3. Chaired a scientific session, 28th International Congress of Applied Psychology (ICAP 2014) held from 08th – 13th July, 2014 at Paris, France.
4. Chaired a scientific session, two day International conference on Social Psychology, Organized by GCU Lahore, 20th – 21st May, 2014.
5. Chaired a scientific session, 3rd Asia Pacific Conference on Psychosocial Rehabilitation & 8th PPRC International Psychiatric Conference, 1st -4th November 2013, Avari Hotel, Lahore, Pakistan.
6. Chaired a scientific session, 9th International Neuropsychon 2012, PC Hotel, Lahore, Pakistan, 3-4 March 2012.
7. Chaired a scientific session, 13th Conference of Pakistan Psychological Association, Lahore, 18-19 November, 2011.
8. Chaired a scientific session, 3rd Clinical Psychology Conference, organized by Bangladesh Clinical Psychologists' Society and Department of Clinical Psychology, Dhaka University, Bangladesh, 26-27th October, 2011.
9. Facilitator, symposium on "Post-Disaster psychological intervention", 3rd Clinical Psychology Conference, organized by Bangladesh Clinical Psychologists' Society and Department of Clinical Psychology, Dhaka University, Bangladesh, 26-27th October, 2011.
10. Chaired a scientific session, 10th National Child Rights Conference, Organized by Child Rights and Abuse Committee Pakistan Pediatric Association and Pakistan Psychiatric Association, Punjab in collaboration with the Children Hospital Lahore and Protection and Help of Children Against Abuse and Neglect, Lahore, 6-7th December, 2010.
11. Chaired a scientific session in Ist Child and Family Conference "Family Stressors and Solutions" Organized by Department of Human Development and Family Studies, Government College of Home Economics, Lahore, on 22nd Oct, 2010.
12. Participated in Panel Discussion on "Behaviour Problems in Children: Diagnosis and management" In Ist Child and Family Conference: Family Stressors and Solutions" Organized by Department of Human Development and Family Studies, Government College of Home Economics, Lahore, on 22nd Oct, 2010.
13. Participated in Panel Discussion on Research in Psychology: Indigenous and Cultural Context, at National conference on Research in Psychology: Indigenous and Cultural Context, organized by National Institute of Psychology, Quaid-e-Azam University, Islamabad, October 14, 2010.
14. Chaired scientific session II, 3rd International Conference on Developmental Psychopathology: Prevalence, Management & Prevention, National Institute of psychology, Islamabad, 13-15 October 2009.
15. Chaired a scientific session on "Expressed Emotions (EE) in Families with Schizophrenic Patients in International Conference on Culture and Mental Health held in Department of Psychology, GC University Lahore, Pakistan on March 17-21 2009.
16. Chair Scientific Committee Annual Conference of International Medical Sciences Academy (IMSACon08) held in Dubai, 11 – 13 Oct, 2008.
17. Chaired a scientific session in Annual Conference of International Medical Sciences Academy, Dubai 11- 13th October, 2008.

18. Chaired a scientific session in the First International Conference on Psycho-trauma, Islamabad, Pakistan, 30 – 31st August, 2008.
19. Chaired a scientific session in the Second International Congress, “Acceptance, Rejection, and Resilience with in Family, School, and Social emotional Context” ISIPAR 2008, Held in Crete, Greece 3 – 6 July 2008.
20. Chaired an invited Lecture on Women’s Changing Values and Attitudes, Fatima Jinnah Women University, Rawalpindi, Pakistan, 2007.
21. Chaired a scientific session in 64th Convention of International Council of Psychologists, Kos, Greece, July 10-13, 2006.
22. Chaired a scientific session in International Conference on Earthquake 10/8: Social, Human and Gender Issues, Organized by Fatima Jinnah Women University, Rawalpindi and University of Azad Jammu & Kashmir, Muzaffarabad, January 15-17, 2006.
23. Participated in Panel Discussion in International Conference on Earthquake 10/8: Social, Human and Gender Issues, Organized by Fatima Jinnah Women University, Rawalpindi and University of Azad Jammu & Kashmir, Muzaffarabad, January 15-17, 2006.
24. Chaired Muhammad Rashid Choudhry Memorial Lecture on “Communication Skills” organized by Fountain House Lahore on June 4, 2005.
25. Chaired a scientific session in International conference in Home Economics Organized by Home Economics College for Women, Lahore, March, 2005.
26. Chaired a scientific session in International Conference on Applied and Community Psychology: Trends and Directions, Organized by Department of Psychology, Gurukul Kangri Vishwanidyalaya University, Haridwar (Uttaranchal), India, February 26-28, 2005.
27. Chaired a scientific session in the World Psychiatric Association’s Regional and Inter Zonal Meeting, Lahore, September 16-20, 2004.

Research Supervision (PhD, MPhil / MS, MSc and BS)

PhDs Completed:

- | | | |
|----|-----------------------|--|
| 1. | Mehnaz Yousaf | Psychological correlates, quality of life and readiness to changes in patients with Type I and Type II Diabetes (Submitted for evaluation) |
| 2. | Attiya Inam (2016) | Psychological Adjustment, Self Esteem and Academic Performance of typical Siblings of Children with Autism. |
| 3. | Fauzia Naz (2012) | Parental Acceptance Rejection and Childhood Abuse in Adolescents with Somatoform Disorders |
| 4. | Shaista Jabeen (2010) | Prevalence, Symptom Manifestation, Etiology and Precipitating Factor in Patients with OCD |
| 5. | Tanvir Nasr (2010) | Effect of Family Psycho education on Relapse prevention of Schizophrenia |
| 6. | Mohsina Najeeb(2010) | Development of Scale for Perceived Expressed Emotions and its Demonstration on patients with Schizophrenia, Depression, OCD, and Normal Controls |
| 7. | Tahira Raana (2009) | Ecological Perspective: Effect of Air and Water Pollution on Cognitive Functioning of Children |
| 8. | Nashi Khan (2008) | Psychological Implications of Dhat Syndrome in Pakistan |

PhD Ongoing:

1. Shahnila Tariq Psychosocial correlates of Deviant behavior in Adolescents in Pakistan.
2. Shazia Irfan Psychosocial correlates of Moral Judgment among Adolescents in Pakistan.
3. Zainab Habib Resilience, Perception of Stigmatization, Coping and Quality of Life of Burn Survivors.
4. Humera Naz Communication Attitude, Emotional Regulation, Impact and Management of Stuttering
5. Sadia Dildar Predictors of Psychological Implications of Trauma for Adolescents and its Psychological Intervention
6. Asma Yousaf Personality Dimensions, Beliefs, Emotional Reactions and Compulsive Hoarding
7. Tehreem Arshad Psychosocial Predictors of Quality of Life and Psychological Intervention for Cognitive Impairment in Older Adults
8. Adeela Khalid Psycho-Social Implications of Custody process for Children and Custody Evaluation Guidelines
9. Nazia Bashir Post traumatic Stress symptoms and Effect of Psychological Intervention for Survivors of Natural Disaster
10. Hina Javed Rana Psychosocial Predictors, Implications of Stuttering and Efficacy of Intervention for Individuals Who Stutter
11. Nida Zafar Psychosocial Factors and Implications of Usage of Social Networking Sites: A Cross-Cultural Study
12. Saira Batool Psychosocial, Cognitive and Academic Implications of Bullying for the Adolescent Victims

Post-Doc Supervision:

Khan, N. 2011 Psychological & Gynecological Morbidity in Women Presenting with Vaginal Discharge in Pakistan. Institute of Psychiatry, Kings' College London, UK, Co-supervised with Professor Louise Howard)

MPhil Completed:

1. Muneeb ul Haq. (2016) Correlates of Immoral Practices in Athletes
2. Mushtaq, F. (2016) Perceived Parental Involvement, Communication, Peer Influences, Level of Frustration, Tolerance and Impulsivity in Teenagers
3. Bano, S. 2015 Spousal Communication, Personal Values, Intimacy and Well-Being in Couples.
4. Solomon, V. 2015 Psychological Skills and Choking in First Class, National and International Cricketers.
5. Kanwal, S. 2014 Intellectual Ability, Emotional Intelligence and Creative Intelligence as Predictors of Dark Triads of Creative and Non- Creative Individuals.
6. Sarwar, A. 2014 Parental Involvement, Control, Childhood Conduct Problems and Aggression as Predictors of Psychopathic Tendencies in Adolescents
7. Zahra, A. 2014 Predictors of Sexual Orientation and its Implications for Adolescents

8. Khan, S. 2014 Psychosocial Factors of Non-suicidal self injury in Adolescents and Young Adults.
9. Nasim, F. 2014 Locus of control, Autonomous Motivation, Diabetic Care and Medication Adherence in Patients with Type-II Diabetes.
10. Ahmed, B. 2013 Concerns for Future Consequences, Diabetes Management Self Efficacy, Health Related Behaviours, Adherence and barriers to adheres in Diabetes Type II Patients.
11. Naeem, M. 2013 Personality, Emotional Empathy, Tolerance for Disagreement and Aggression among Students of Madrassah, Public and Private Schools
12. Saeed, U. 2013 Emotional Reactivity, Sleep Disturbances, Psychological Distress, and Thenatophobia in Survivors of Factory Fire
13. Javed, A. 2013 Psychological Risk Factors of Suicidal Ideation in Adolescents
14. Huda. N. 2013 Positive Affect, Optimism and Posttraumatic Growth in the Victims of Domestic Violence Living in Dar-ul-Aman
15. Batool S. 2013 Protective Factors and Depression in Young Drug Users
16. Zafar N. 2013 Psychosocial Implication of Early Father Separation for Adolescents and their Mothers.
17. Awan, A.W. 2012 Experiences of Non-Custodial Parents & Predictors of Psychological Distress in them
18. Hassan, W. 2012 Personality, Motivations and Social Interaction related with Social Networking Websites Use
19. Ain, N. 2012 Age Related Cognitive and Physical Deficits, Social Support, Coping and Health Related Quality of Life of Elderly
20. Rasheed, R. 2012 Development of an Indigenous Scale of Meaning in Life and Assessment of Meaning in Life in Relation to Age
21. Rasool, F. 2012 Psychosocial Causes of Beggary and its Psychological Implication.
22. Ajmal, A. 2012 Psychosocial and Personality Factors in Economic Decision Making
23. Ali S. 2011 Relationship between Perceived Parental and Teacher Acceptance and Rejection, Adjustment and Academic Performance of Children
24. Iqbal, A. 2002. Post onset Cognitive and Personality Changes in Head injured patients
25. Amjad, N. 2001. A Comparative Study of Personality of Male and Female Arts and Science Students
26. Rana, S. A. 2001. A Comparative Study of Study Habits & Academic Performance of Pakistani British Students and White British Students of High Schools of England
27. Hanif, S. 2001. Development of Student Problem Checklist.
28. Jamal, Y. 2001. Development of Vocabulary Test for Pakistani School Children

M.Phil Ongoing:

1. Fatima Safdar (2016)
2. Zanub Ansari (2016)
3. Iqra Nasrullah (2016)
4. Naveera Islam (2016)

MS Completed:

1. Sadia, A. 2016 Correlates of Dysfunctional Eating in Younger Adults
2. Hussain, M. 2016 Psychological Constructs and Dysfunctional Eating in University Students.
3. Nisar S. 2016 Predictors of Medication Non-adherence in Pulmonary Tuberculosis Patients
4. Komal, A. 2015 Psychological Implications of Trauma and Psychological Intervention of Teaching Recovery Techniques on Trauma Affected Children
3. Hamid, K. 2015 Knowledge and Beliefs about Depression: Comparing Urban and Rural Population
4. Abbas, S 2015 Psychosocial Implication of Manmade Trauma and Efficacy of “Teaching Recovery Techniques” on Children and Adolescents Exposed to Trauma
5. Chohan, F. 2015 Metacognitive Beliefs, Meta-Emotions and Dysfunctional Eating in University Students.
6. Liaquat, A. 2015 Resilience, Cognitive Appraisal, Post-Traumatic Growth and Quality of Interpersonal Relationships among Flood Affected Adolescents.
7. Bashir, A. 2015 Perceived Stigmatization, Parental Stress, Social Support and Burden in Parents of Intellectually Disabled Younger Adults.
8. Ali, N. 2014 Social Support, Coping, Psychological Distress and Burden in Caregivers of Stroke Patients.
9. Batool Saher, N. 2014 Acculturation Stress, Attachment styles, Resilience and Psychological Distress among Female University Students.
10. Batool, S. 2013 Risk Factors and Depression in Young Drug Users
11. Ijaz, A. 2013 Symptom Severity, Cognitive Appraisal and Quality of Life of Patients with Obsessive Compulsive Disorder
12. Ahmed, S. 2013 Psychological Correlates of Distress in Rescue 1122 and Consumers’ Perception of Rescue 1122 Services
13. Habiba, U. 2013 Efficacy of Behaviour Modification Training with the Mothers of Children with Mental Retardation
14. Jabeen, S. 2013 Inappropriate Sexual Behaviour in Adolescents with Autism and Mental Retardation and Distress in Mothers

15. Tariq, O. 2012 Parental acceptance-rejection and interpersonal Problems in patients with conversion disorder.

M.Sc Completed:

1. Illyas, N. 2016 Psychopathic Traits, Peer pressure and Reckless Behavior in Late Adolescents
2. Pervaiz, A.2016 Occupational Aspirations, Perceived Career Barriers and Career Decision-Making Self efficacy in Adolescents.
3. Mumtaz, S.2016 Narcissistic Tendencies, Consumption of Brands and Self-image in Working Women
4. Shafiq, I.2016 Psychological Distress and Marital Satisfaction in Women Whose Husbands Live Abroad
5. Hafiza Rabbia Mehmood 2016 Peer – Parental Acceptance Rejection, Social Interaction and Mental Health of Children with Physical Disability.
6. Irfan, A. 2015 Attitude Towards Seeking Professional Psychological Help and Counseling Needs of Punjab University Students
7. Ali, A. 2015 Child abuse, Emotional Behavioral Problems in domestic Child Worker
8. Sohail, A 2015 Work Demands, Work Family Conflict and Job Satisfaction in Nurses
9. Safder, F 2015 Situational Motivation, Social Relationship and Altruistic Behavior in Young Adults.
10. Naeem, A. 2015 Coping Strategies and Health Related Quality of Life in Patients with Asthma
11. Javed, R. 2015 Attachment orientation, perceived Parental Support and Social Adjustment in Adolescents of Working Parents.
12. Noor, R. 2015 Sleep Quality and Quality of Life in Old Age People Living in Old Age Home and Those Living with Intact Families
13. Hashmi, A 2015 Parental Attachment, emotional intelligence and Family Conflict in Young Adults
14. Butt, K. 2015 Occupational Stress, organizational Commitment and Organizational Citizenship Behavior among Worker of Rescue 1122
15. Khan, A. F. 2015 Emotional intelligence and Pro-Social Self-Regulation in University Students.
16. Khan, S. N. 2015 Gender Role Conflicts, Relationship Quality and Psychological Distress in Married Men
17. Dar, S.T 2015 Homesickness Perceived loneliness and Interpersonal Problems in Hostel Students
18. Azam, K. 2015 Work Family Conflict, Emotional exhaustion and Workplace Wellbeing in Female Teachers
19. Ashraf, S. 2015 Teacher’s Acceptance Rejection and Self directing Learning in Matric and Level students

20. Nisar, R. 2015 Perceived Ostracism, Goal Directed Thinking and Perception of Meaningful Life in Late Adolescents
21. Bibi, M. 2015 Perceived Authentic Leadership, Organizational Practices, Organizational Climate and Team Innovativeness in Employees of Multinational Companies
22. Naz, F. 2014 Ethical use and Misuse & Implication of using Social Network Sites
23. Lal Din, S. 2014 Hypochondriasis and Somatization features in Patients with General Medical Conditions
24. Irfan, M. 2014 Parents' Concerns About Children Protection and Abuse in Public, Private Islamic Schools
25. Ahmad, F. 2014 Positive and Negative Use of Social and Electronic Media and its Effect on Academic Performance of Professional Degree Students
26. Ramzan, N. 2014 Body Dysfunction and Eating behaviors in working woman
27. Rasheed, K. 2014 Concerns, Attitudes and Perception of Mothers about Child Vulnerability For Sexual Abuse
28. Yaqoob, F. 2014 Public Perception about Mental Illness in Persons Living in Rural Versus Urban Areas
29. Arif, F. 2014 Psychosocial Problems and Quality of Life of Patients with Thalasemia
30. Javed, Z. 2014 Group Cohesion, Decision making Styles and Group Performance of University Students
31. Bhatti, I. S. 2014 Coping strategies and psychological well being of Orphan Children
32. Muntaha, T. S. 2014 Leisure Motivation and Creativity in Science, Arts and Fine Arts Students
33. Yousaf, I. 2014 Inter-Parental Conflict, Emotional Security and Self Discipline in Adolescents
34. Idrees A. 2014 Styles of Humor and Interpersonal Relationship in University Students
35. Butt, Y. 2013 Psychological distress, loneliness and quality of life of old age people living in old age homes and those in intact families.
36. Younas M. 2013. Subjective Exercise Experience and Mood in Younger Adults.
37. Iram H. 2013. Health promoting behavior and body mass index of rural and urban Women
38. Afzal M. 2013. Psychological distress and social interaction anxiety in women living in shelter homes
39. Hussian A. 2013. Academic stress and psychological well being of school children.
40. Gull. F. 2013. Experience of harassment, emotional distress and cognitive avoidance in University students.
41. Ahmed M. 2013. Functional status, inclination towards religion and psychological well-being in Elderly.
42. Waheed I. 2013. Parents' personality and family environment and adolescents' Personality

43. Ahmed S. 2013. Social disconnectedness, perceived loneliness and quality of life in Retired individuals
44. Faran M. 2013. Preference and functions of Music, Emotional Regulation and Psychological wellbeing
45. Shahzadi S. 2013. The impact of physical disability on social adjustment of students.
46. Kanwal S. 2013. Impact of family system and social skills on the resilience of Adolescents
47. Afzal A. 2013. Adjustment and emotional maturity of adolescents living with mothers and those living with parents
48. Shaukat J. 2013. Self-Compassion and positive psychological functioning in women with Primary and Secondary Infertility
49. Tahir S. 2013. Attributional styles and coping strategies in women with Miscarriages
50. Mushtaq M. 2013. Social support, coping strategies and death anxiety in HIV/AIDS Patients.
51. Bibi, A. 2012. Level of information and Precautionary practices regarding Dengue Fever among Nomads
52. Mukhtar, B. 2012. Self Efficacy, Psycho-education and Treatment outcome in Patients suffering from Dengue Fever
53. Naz S. 2012. Psychological Impact of Dissemination of Dengue Related information through Media on Patients and General Masses
54. Anwar S. 2012. Level of Information and Precautionary Practices among Dengue Fever Survivors: A Case Control Study
55. Wahid S. 2012. Treatment Outcome of Dengue Fever in Relation to Empathy and Altruism in Nurses and Paramedic Staff
56. Batool S. 2011. Health Related Behaviour and Medication Adherence in patients with Hepatitis
57. Zahra A. 2011. Acute Stress Symptoms, Anxiety and Extent of Information in Patients Suffering from Dengue Fever
58. Arif, A. 2011. Resilience, Post Traumatic Growth and Coping Strategies Used by Flood Survivors
59. Awan, B. 2011. Emotional Distress and Risk Perception in Patients with Diabetes
60. Akram, M. 2011. Study Habits and Academic Performance of Science and Arts Students
61. Ashraf, S. 2011. Depression, Anxiety and Stress in Renal Failure Patients receiving Haemodialysis vs those receiving Peritoneal Dialysis
62. Uneeza 2011. Post-Traumatic Stress Disorder symptoms in Children Survived Terror Attacks
63. Bano, S. 2010. Self-Esteem, Coping and Quality of Life in Women with Breast Cancer Receiving Chemotherapy
64. Aslam, S. 2010. Gender differences in Gratitude, Self efficacy and Psychological Wellbeing

of Adolescents

65. Azhar, R. 2010. Comparison of Smokers and non Smokers on neuropsychological Functioning
66. Khatoon, A. 2010. Parental Acceptance Rejection, Emotional Intelligence and Emotional Empathy
67. Mazafer M. 2010. Comparison of Disabled and Able Students on Academic Achievement and Motivation
68. Haq, H. 2010. Resilience, Cognitive Appraisal and Coping Strategies used by Traffic Police Wardens in Relation to Terror Attacks
69. Saleem, M. 2009. Effect of Parental Acceptance and Rejection on Self-image, Self-esteem and Academic Performance of Children
70. Kanwal, S. 2009. State-Trait Anxiety and Perceived Stress in Relation to Academic Workload in University Students
71. Anjum, S. 2009. Parental Acceptance, Rejection in relation to Behavioural Problems in Children
72. Bilal, A. 2009. Academic Procrastination, Anxiety and Academic Performance of Students
73. Anwar, T. 2009. Perceived Stress, Stress Appraisal and Coping Strategies used in Relation to Depiction of Terrorism on TV
74. Jabeen, S. 2009. Relationship between Resilience and Mood Post Cancer onset
75. Saleem, F. 2009. The Effect of Computer Use on Social Interaction and Academic Performance of Adolescents
76. Kazmi, R. S. 2009. Relationship between Parental Acceptance Rejection and Self Efficacy in Adolescents
77. Fayyaz, H. 2009. Perceived Stress and Anxiety among Younger and Older Generation in relation to the Media Depiction of Terrorism
78. Zaman, K. 2009. Anxiety and Coping Strategies in relation to Daily Hassles among University Students
79. Zaman, S. 2009. Anxiety and Coping Strategies among University Students
80. Kanwal, S. 2008. Psychological Effects of Terrorism on Children: Acute Stress Symptoms in Children
81. Shami, S. 2008. Gender Differences in Self Determination and Quality of Life of Physically Disabled Young Individuals
82. Rasool, F. 2008. Posttraumatic Growth and Tendency towards Religion after onset of Cancer
83. Khan Q. A. 2008. Stress Appraisal and Psychological well being of Medical Professional Working in Emergency Units
84. Muneer, B. 2007. Socio-Emotional Adjustment of Adolescent in Single Parent Families And Those from Intact Families
85. Zehra, S. K. 2007. Depression, Anxiety and Stress among the Mothers of children with Thalassaemia

86. Saghir, S. 2007. Posttraumatic Growth and Marital satisfaction after Breast Cancer: Patients and Spouse Perspective
87. Rasheed, A. 2007. Self-Concept and Social Adjustment of Adolescents from Orphanages and those from Intact Families
88. Akram, A. 2007. Coping strategies and Quality of life of Asthmatic Children
89. Rashid, M. 2007. Self – Efficacy and Sociability in Younger Adults having Siblings with and without Mental Retardation
90. Saghir, S. 2007. Relationship between Self -Concept and Perceived Parental Favoritism in relation to Birth order of Adolescents
91. Yusuf, S. 2007. State Anxiety and Coping Strategies among Hepatitis C Patients in relation to Interferon Therapy
92. Akram, S. 2006. Life Satisfaction in relation to Coping Strategies used by the older adults
93. Malik, F. 2006. Health Locus of Control and Quality of Life in Chronic Cigarette Smokers
94. Shafique, N. 2006. Perceived parenting styles and emotional stability among the children of Elite and Model schools
95. Naqvi, A S. 2006. Effect of sleep wake patterns on academic performance of students.
96. Bibi, B. 2006. Coping Strategies and Psychological Well- Being of amputated Earthquake Survivors
97. Khalid, T. 2006. Depression and Quality of Life among Caregivers of Stroke Patients
98. Nafees, R. 2006. Effect of head injury on Neuropsychological Functioning
99. Asghar, N. 2006. Violence in films and its impact on behaviour of Pakistan male Teenagers
100. Mubarak, A. 2005. Psychological Implications of Mobile Phone Use among Youngsters
101. Mubashar, T. 2005. A Comparative Study of Job Satisfaction among Bank Employees
102. Anas, M. 2004. Gender Differences in Health Related behaviour and Readiness to Change in Patients with Diabetes
103. Jamal, A. 2004. Eating Habits and Health Related behaviours in Female Patients with Osteoporosis.
104. Rashid, M. 2004. Marital Adjustment of Couples Having First Child compared to those with No Child.
105. Shahid, M. 2004. Traffic Related Stresses and Coping Strategies Used by the Drivers.
106. Maqbool, A. 2003. Coping Strategies Used by Patients with Depression, Anxiety Disorders and Conversion Disorder.
107. Fareed, H. 2000. Causal Factors, Cognitive Appraisal and Coping Strategies Used by AIDS Patients.

108. Sharaf, S. 2000. Psychosocial Adjustment Problems and Personality Characteristics of Female Prisoners.
109. Sheikh, H. R. 1999. Behavior Characteristics of Attention Deficit Hyperactivity Disorder Children and Non-Attention Deficit Hyperactivity Disorder Children Using the Hand Test
110. Munir, R. 1999. Effect of Parental Loss and Gender on Adolescent's coping with Stress
111. Humaira, S. 1999. Post onset Personality Changes and Memory Deficits in Head Injured Patients
112. Farooq, M. 1999. Cognitive Appraisal and Coping Strategies Used by Mothers of Mentally Retarded Children
113. Ilyas, F. A. 1999. Longitudinal Study of Anxiety in Cancer patients before Receiving Chemotherapy
114. Jabeen, S. 1997. Psychological Health and Coping Strategies used by Family Carers of Cancer Patients
115. Iqbal, A. 1997. Psychological Implications of Infertility: Gender Differences in Psychological Health and Marital Relations
116. Jamila, S. 1997. Effects of Parental Death and Gender on Psychosocial Problems of Children
117. Akram, M. 1996. Cognitive Appraisal and Coping of Patients with Terminal Versus Non-Terminal Diseases
118. Watto, H. I. 1995. Social Stress, Coping, in Relation to Psychological Distress.
119. Lubna, M. 1995. Coping with stress in Relation to Personality.
120. Aslam, S. 1995. Depression among Women in Relation to Marital Aggression.
121. Nassar, R. 1995. A Comparative Study of Medical Professionals Dealing with Cancer Patients and General Medicine Patients on Burnout and Coping Strategies.

BS Completed:

1. Sohail, A. 2015 Work Demands, Work Family Conflict and Job Satisfaction in Nurses
2. Safdar, F. 2015 Situational motivation, Social Relationships and Altruistic behavior in Young Adults.
3. Naheed, S. 2014 Emotional Expressions and Emotion Regulation Difficulties in Hypertensive Patients and Healthy Individuals
4. Safdar, F. 2014 Mental Health and Adjustment in University Hostel Students
5. Mushtaq, F. 2014 Belief in Just world, Optimism and Coping Strategies Used by Parents of Children with Thalesemia
6. Waheed, S. 2014 Family functioning styles and eating behaviors of Adolescents
7. Butt, J. 2014. Acculturative Stress and Socio-Cultural Adaptation in International and Overseas Pakistani University Students

8. Muneeb-ul-Haq.2014. Coach-Athlete Relationship and Team Cohesion in the University Athlete's Performance
9. Aftab, F. 2014 Intellectual Functioning, Curiosity of Government and Madarassah Students
10. Munawar, N. 2014 Body Image, Social Anxiety and Aggression in Adolescents
11. Sadia, A. 2014 Social Support and Marital Adjustment of Women in First versus Successive Pregnancy
12. Gul, S. 2014 Perceived Social Support and Self Determination in Adolescents
13. Amanatullah. A. 2013 Religiosity, Belief in a just world and life satisfaction in elderly people living in old age homes and those living with intact families.
14. Chohan F. 2013. Occupational Stress, Resilience, and Life Satisfaction in Rescue Workers.
15. Beenish. 2012. Psychological distress and quality of life of Dengue fever survivors.
16. Javed, A. 2010. Moral Values and Forgiveness in Private Vs Public Sector School Children.
17. Tahira, A. 2010. Comparison of Psychiatric and Non-psychiatric Population on Depersonalization Symptoms
18. Hussain, M. 2010. Coping Strategies and Psychological Distress among Families of Suicide Blasts Victims
20. Meo, S. B. 2010. Hardiness and Resilience in Doctors and Nurses working in Intensive Care Units.

Research Grants obtained:

- | | |
|---------|---|
| 2013-14 | University of the Punjab, Lahore – Parental Power and prestige Moderate the Relationship between perceived Parental Acceptance and offspring's Psychological Adjustment: Father Acceptance-Rejection. |
| 2013 | Higher Education Commission of Pakistan, Psychological and Neurological Functioning of Elderly in Pakistan: A Comparison in Punjab and Gilgit-Baltistan. Under thematic research Projects. 6.5 million |
| 2013 | Higher Education Commission of Pakistan. Efficacy of Children and Disaster Recovery Techniques with Flood-Stricken Children in Southern Punjab, Pakistan. Under National Research Program for Universities, 3.5 million |
| 2011 | University of the Punjab, Lahore, Pakistan, Translation of Manual for Child Survivors of Disasters, .5 million |
| 2010 | University of the Punjab, Lahore, Pakistan. Gender Differences in Pursuit of Higher Education |
| 2010 | University of the Punjab, Lahore, Pakistan. Translation and Adaptation of Spielberger's State Trait Anxiety Scale in Pakistan |
| 2008 | University of the Punjab, Lahore, Pakistan. Social and Emotional Development of Adolescents in relation to Parental Acceptance Rejection and Father Involvement. |
| 2005 | Higher Education Commission, Pakistan, "Stress, Workload and Coping by University Students". |

- 2001 Association of Commonwealth Universities. "Effect of Carers' coping and psychological functioning on rehabilitation outcome of head injured patients".
- 1996 University of the Punjab, Lahore, Pakistan. "Cognitive appraisal, coping and psychological distress in carers of patients with Neurological disorders".

Seminars and Invited Lectures:

1. Key Note Speech on "Changing Trends in Clinical Psychology: in International Conference of Clinical Psychology, Organized by PACP and Institute of Professional Psychology, Behria University, Karachi, 4th June, 2015.
2. Gave a Session on Role of Employees in Productivity of an Organization in Staff Development Workshop Conducted by Board of Intermediate & Secondary Education (BISE), Lahore, 29th May, 2014.
3. Key Note Speaker at the Seminar for Session "Gender based violence and issues that impact society at multiple levels" organized by Women Institute for Leadership & Learning, Lahore College for Women University, Lahore on 22nd November, 2012.
4. Invited Lecture on "Psychological Causes of Mental Illness", 10th Oct, 2012, Department of Psychiatry and Behaviour Sciences, Lahore General Hospital, Lahore.
5. Invited Lecture on "Depression in women in Pakistan", 9th Oct, 2012, Punjab Institute of Mental Health, Lahore.
6. Invited Lecture on "Research method" for Clinical Trainees at Centre for Clinical Psychology, University of the Punjab, Lahore, February, 2012.
7. Invited Lecture on "How to write a Research Article" at the 2nd National Symposium on "Developmental Pediatrics in the 21st Century, Organized by The Children's Hospital & Institute of Child Health, Lahore Pakistan, 25th May, 2011.
8. Invited Lecture on "writing Research Thesis" at Psychology Department, MAO post graduate college, Lahore, 26 April, 2011.
9. A special lecture on "Psychological implications of disabilities in Pakistan" at Seminar on "Special Children: awareness, education and integration" Jointly organized by Ghazali Education Trust and Punjab Welfare Trust for the Disabled, Lahore, 3rd December, 2010.
10. A session on "Moral and Ethical issues in PhD supervision" at the Academic Retreat for HEC Approved PhD supervisors organized by the Learning Innovation Division, Higher Education Commission, held in Abbottabad, June 3-5, 2010.
11. A session on "Quantitative analysis of Research Data" at three day workshop on "Conducting and Publishing Research" organized by Department of Applied Psychology in collaboration with the Learning Innovation Division, Higher Education Commission, Pakistan, April 2010.
12. Seminar on "Research Methodology" at the Research Centre of the University College of Art and Design, University of the Punjab, Lahore. March 1, 2010.
13. Invited Lecture on "Analyzing Research Data Using SPSS" at MAO College, Lahore. February, 2009.
14. Stress Management, in a Workshop on Leadership and Management, at Fatima Jinnah Women University, from Feb20 to 23, 2007.

15. Key note Address on “Barriers In Communication and Behaviour Change: Specific Reference To HIV/AIDS, in a Seminar on “Media Advocacy” organized by Pakistan National AIDS consortium at Holiday Inn, Islamabad on March 21st 2006.
16. Psychology and its areas of Specialization, in the HEC’s teacher training workshop organized by Human Resource Department, University of the Punjab, Lahore on June 16 2005.
17. Role of Family in Drug use Prevention, in a workshop organized by Anti Narcotic Force, Punjab, in May 2005.
18. Data Analyses using SPSS, in a training workshop for in-service postgraduate teachers in Psychology, organized by the Higher Education Commission, June 7, 2003.
19. Personality Development, in a Seminar on Job Hunting Skills, Organized by Department of Human Resource Development, University of the Punjab, Lahore, July 1, 2001.
20. Psychological Assessment and its importance in Special Education at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, May 7, 2001.
21. Literature Review in Research, a training workshop on “Research Methods” at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, April 21, 2001.
22. Forming Hypotheses in a training workshop on “Research Methods” at Teacher Training Centre for Disabled People, Directorate of Special Education, Garden Town, Lahore, April 21, 2001.
23. Risk / Causal Factor of Drug Abuse, 100 NGO’ workshop organized by Anti Narcotic Force Punjab, June 23, 2000 (Published in Proceedings).
24. Identifying Problem Areas through Data Collection, Research, Survey, 100 NGO’ Workshop organized by Anti Narcotic Force Punjab, June 23, 2000 (Published in Proceedings).
25. Psychological impact and Coping of Cancer patients’ Carers, presented in a seminar on Psychosocial implications of Cancer, Shoukat Khanum Memorial Hospital and Research Centre, Lahore, February 12, 2000.
26. Multivariate Statistical Analysis of Data, in a Workshop in Recent Advancement in Research Methodology, in Psychiatry Department, King Edward Medical College, Mayo Hospital, Lahore, 1998.
27. Research Methods, to Trainee Civil Servants in Civil Services Academy, Lahore, 1998.
28. Social Attitudes in the context of Women Empowerment, in Educational workshop for the political Educators from Sialkot Zone, organized by Aurat Foundation, Pakistan, June 6, 1998.
29. Coping and Adjustment, in Staff Development Workshop for in-service College teachers in Lahore, Pakistan, 1996.
30. Childhood Disorders and their Identification, Directorate of Special Education Lahore, Pakistan, 1996.
31. Stress and Coping, in Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan, October, 1995.
32. Stress, Coping and Adjustment, to in service Post-graduate teachers, Murree, Pakistan, July, 1995.
33. Caregiving, Cognitive Appraisal, Coping and Psychological Distress at the Psychologists' Forum's meeting, University of the Punjab Lahore, Pakistan, April, 1995.
34. The Carers' Coping with Post-onset Changes in Physically Disabled People, at Parkhead Hospital, Department of Clinical Psychology, Glasgow, Scotland, UK, December 1994.
35. The Carers of Physically disabled people, at Roe Hampton College, London, UK, December 1994.

36. Rehabilitation of Mentally Retarded Children, at Directorate of Special Education Lahore, Pakistan, 1990.
37. Talk on Role of Clinical Psychologist in District Hospitals and need of Psychiatry Wards at the District Level in Pakistan, at a Seminar organized by Government Post Graduate College for Women, Satellite Town, Gujranwala, 1986.

Workshops Conducted as Convener and Resource Person:

1. Resource Person, Training Workshop for the Editors of HEC Recognized Journals of Islamabad at HEC Regional Centre, Lahore held in Islamabad, 17-18 April, 2017
2. Resource Person, Training Workshop for the Editors of HEC Recognized Journals of Punjab Region at HEC Regional Centre, Lahore held on 19-20 August, 2015.
3. Expert Member, Two Days Orientation Workshop on “National Curriculum Standards” to be held at Higher Education Commission, Lecture Hall, Islamabad on 4-5 August, 2015.
4. Resource Person, Editors’ Workshop for the Session Research Journals: From Editing to Printing – Standards & Challenges held on March 19, 2014 at HEC Regional Center, Lahore.
5. Convener, Meeting of Editors of Social Sciences’ Journals in Pakistan on “Ethical Guidelines for Editors, Reviewers and Authors” held on 30th October, 2013, HEC’s regional Office, Lahore.
6. Convener of a series of workshops for “Punjab University staff Development and Training” 2013. University of the Punjab, Lahore, Pakistan.
7. Convener of a series of workshops for “Punjab University Drivers 2013. University of the Punjab, Lahore, Pakistan.
8. Conducted a series of workshops, 2013 on “Professional ethics for University employees”.
9. Conducted a series of workshops, 2013 on “Gender diversity” in training course for University employees.
10. Conducted a Session on “Mentoring and Counseling in Educational Context” in Faculty Development Workshop on 5th July, 2012, Human Resource Department, University of the Punjab, Lahore.
11. Conducted a session on “Writing and Scoring Essay type Questions”, in Test Item Construction workshop held on 18-21 June, 2012 at DSD, Lahore.
12. Conducted a session on “Professional Ethics in Educational Assessment”, in Test Item Construction workshop held on 18-21 June, 2012 at DSD, Lahore.
13. Conducted a session on “Conducting and Supervising Research” in Refresher Course for Post Graduate Teachers in Affiliated Colleges, held in May, 2012, University of the Punjab, Lahore.
14. 2nd TOT workshop, Held 2nd TOT workshop on Test Item Construction Techniques organized by HEC and NTS, Pakistan, HEC regional Centre, Karachi, 11-14th July, 2011.
15. Ist TOT workshop on Test Item Construction Techniques organized by HEC and NTS, Pakistan, at Learning Innovation Division Building HEC, Islamabad, 14-17th June, 2011.
16. Two day Faculty Development workshop on “Basic Statistics using SPSS”, Karakorum International University Gilgit, 3-4 July, 2011.
17. Two day workshop on “Advanced Regression Analyses” at National Institute of Psychology, Quaid-i-Azam University, Islamabad, March 24-25, 2011.
18. Two day consultative workshop on Effective Techniques of Test item development, organized by Higher Education Commission and National Testing Service, Islamabad, 17-18 Jan, 2011.
19. Conducted a workshop on “Factor analysis using SPSS” at the Department of Psychology, Department of Psychology, Government College University, Lahore, on June 24, 2010.

20. Conducted a workshop on “Analyzing Data using Multiple Regression and Logistic Regression, at Department of Applied Psychology, Government College University, Lahore, on June 17, 2010.
21. Conducted a workshop on “Personal Grooming” organized by Fatima Jinnah Women University, Rawalpindi, Pakistan for Faculty Development, November, 2007.
22. Conducted a workshop on “Advanced Diagnostic Techniques” at Fatima Jinnah Women University, Rawalpindi.
23. Conducted a workshop on “Counseling Techniques” at Fatima Jinnah Women University, Rawalpindi, held in August 2004.
24. Conducted a workshop on “Data Management and its use in Education” Organized by Academy of Educational Planning and Management, Ministry of Education and Department of Human Resource Development, University of the Punjab, 12th June, 2004.
25. Conducted a workshop on “SPSS use and interpretation of the output”, at Sociology Department, University of the Punjab, Lahore, 2004.
26. Conducted a workshop on "Statistical Package for Social Science", jointly with Dr. Nasira Jabeen, in Faculty Development Programme, Organized by University of the Punjab, Human Resource Development Department, held in September 2001.
27. Conducted a workshop on “Hand Test” jointly with Dr. Zahid Mahmood, Clinical Psychologist, from Glasgow, Scotland, organized by the Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan on 14th April, 1999.
28. Conducted a workshop on “Developing Semantic Differential Scales” jointly with Dr. Zahid Mahmood, Clinical Psychologist, form Glasgow, Scotland, organized by the Pakistan Association of Clinical Psychologists, held in Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan in December, 1997.

Workshops, Conferences and Lectures Organized:

1. Chief Organizer Three Days International Conference of Psychology 2015 (ICP-2015) on 19th – 21st March, 2015, Institute of Applied Psychology, University of the Punjab, Lahore.
2. Organized Three Days Workshop on “Structural Equation Modeling with AMOS” for MS/M.Phil/Ph.D students from June 11-13, 2014.
3. Organized One Day Workshop “Nvivo” for MS/M.Phil/Ph.D Students on June 6, 2014.
4. Organized two Day International Conference (PACP & CCP joint ventures) on 2– 3 April, 2014 at Centre for Clinical Psychology, University of the Punjab, Lahore.
5. Organized Four Day International Conference of Applied Psychology (ICAPP 2012), 15-19 December, 2012.
6. Organized a Post-Conference Workshop on International Conference of Applied Psychology (ICAPP 2012) “Procrastination and its Management” on 19th December, 2012.
7. Organized a Post-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) “Estimation of Cronbach’s Alpha Coefficient in Psychological Research” on 19th December, 2012.
8. Organized a Post-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) “Job and Life Satisfaction” on 19th December, 2012.
9. Organized a Post-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) “Application of NVivo Software for Qualitative Data Analysis relating to Industrial & Organizational Psychology” on 19th December, 2012.
10. Organized a Post-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) “Success and Achievement” on 19th December, 2012.

11. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Building Healthy Relationships" on 16th December, 2012.
12. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Behaviors and Attitudes for Promoting Women Leadership" on 16th December, 2012.
13. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "The Art and Science of Rational Anger Management: Teaching your Clients how to Control their Anger before it Controls them" on 16th December, 2012.
14. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Building Healthy Relationships" on 16th December, 2012.
15. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "School Psychology – Modus Operandi" on 16th December, 2012.
16. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Screening for Depression and Planning Mental Health Interventions for People with Diabetes" on 16th December, 2012.
17. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Dealing with Abused Children: Assessment, Clinical Implications and Rehabilitation" on 15th December, 2012.
18. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Healing Through Hypnosis" on 15th December, 2012.
19. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Developing Cultural Sensitivity and Self-Awareness for Effective Therapeutic Communication" on 15th December, 2012.
20. Organized a Pre-Conference Workshop of International Conference of Applied Psychology (ICAPP 2012) "Enhancing Human Excellence" on 15th December, 2012.
21. Organized One Day Refresher Course for the Teachers of Affiliated Colleges at the Department of Applied Psychology, University of the Punjab, Lahore on 31st May, 2012.
22. Organized Three Day workshop on "Post Disaster Psychological Management of Children" at Department of Applied Psychology, University of the Punjab, Lahore on 22nd -24th April, 2012.
23. Organized Three Day workshop on "Structural Equation Modeling Using AMOS" for M.Phil and PhD students, by Dr. Jamil A. Malik, National Institute of Psychology, Quaid-e-Azam University, Islamabad, 28-30th November, 2011.
24. Organized Four Day workshop on Autism Spectrum Disorders: Diagnosis, Assessment and Intervention, by Prof. Dr Jill Taylor, Foreign Faculty and Dean of Humanities, Karakoram International University, Gilgit, 19-22nd February, 2011.
25. Organized two days workshop on Neuro-Lingustic Programming (NLP), by Lord Shaukat Nawaz Khan, British Pakistanis Foundation (UK), 11-12 February, 2011.
26. Coordinator of Consultative workshop on Effective Techniques of Test item development, organized by Higher Education Commission and National Testing Service, Islamabad, 17-18 Jan, 2011.
27. A two day workshop on "Art as therapy for child victims of trauma" by Dr. Frances Anderson, Fulbright Fellow, Illinois, USA, on 22-23 Oct, 2010.
28. Organized National Conference (to commemorate International Women's Day) on "Resilience, Coping Strategies and Reconstruction of self among Women", Department of Applied Psychology, University of the Punjab, March 11, 2010.

29. A three day workshop on “Conducting and Publishing Research” organized by Department of Applied Psychology in collaboration with the Learning Innovation Division, Higher Education Commission, Pakistan, April 2010.
30. Seminar on “Psychological implications of human rights violation” on Human Rights day, in December, 2009.
31. Seminar on “Women in Higher Education Management”, on Women Day activities on 11th March 2009.
32. Organized Women Day activities on 11th March 2009.
33. Helped organize Annual Conference of International Medical Sciences Academy (IMSACon08) held in Dubai, 11 – 13 Oct, 2008. Chair Scientific Committee.
34. Organized a Workshop on “Core Research Skills and Data Analysis” in collaboration with Military Hospital, Rawalpindi by Prof Dr. Amanda Lee, Dr Gareth Jones, Prof. Alexander and Dr. Susan Klein from UK, 11-12 Jan, 2007.
35. Organized workshop II on “Techniques of Behaviour therapy” by Dr. Nashi Khan a Consultant Clinical Psychologist, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 18th June, 2005.
36. Organized workshop I on “Basics of Behaviour therapy” by Dr. Nashi Khan a Consultant Clinical Psychologist, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 11th June, 2005.
37. Organized a workshop on “Reiki Level II” by Dr. Shahryar, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 4th June, 2005.
38. Organized a workshop on “Reiki Level I” by Dr. Shahryar, at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 28th May, 2005.
39. Organized a workshop for PhD scholars on “Writing and summarizing research work” by Ms. Naumana Amjad at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore on 25th May, 2005.
40. Organized a workshop for PhD scholars on “Literature Search” by Ms. Naumana Amjad at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore. 18th May, 2005.
41. Organized a workshop on “REBT: Assessment and Intervention Techniques” by Ms. Cyma Salman (USA) at the Department of Psychology and Applied Psychology, University of the Punjab, Lahore, May 2005.
42. Organized a workshop on “Counseling techniques” by Khatija (UK) under DFID Link Programme. March, 2005.
43. Organized a workshop on “Qualitative Research” by Prof. Erica Berman (UK) under DFID Link Programme. March, 2005.
44. Organized a special lecture on “Psychopharmacology” By Dr. Haroon Rashid Chaudhry. November 4, 2004.
45. Organized a workshop on “Counseling for Victims of Domestic Violence” By Dr. Zahid Mahmood (UK) under DFID Link Programme. September 2004.
46. Organized a special lecture on “Multivariate Analysis of Data” By Dr. Khudadad. July 19, 2004.
47. Organized a Seminar on “Women Rights in South Asia”, By Ms Nadia Siddiqui, UK. June 21, 2004.
48. Organized a special lecture for PhD scholars on “Doing Qualitative Research” By Ms Umneea Khan. May 9, 2004.

49. Organized a seminar on "Perception of Art work" By Dr. Shahida Manzoor. April 22, 2004.
50. Organized a Seminar on "Reiki" By Mrs Mahmooda Aftab (Clinical Psychologist), April 15, 2004.
51. Organized a Symposium on "Student Counseling and Assessment Services" at the Department of Psychology and Applied Psychology, University of the Punjab, April 6, 2004.
52. Organized a seminar on "Preparing Research Proposals and Grant Applications", By Dr. Waheed Akhtar. March 23, 2004.
53. Organized a conference in the Department on "Role of women in Different Fields of life" on International Women Day, March 11, 2004.
54. Organized a seminar on "Application of Rational Emotive Therapy" By Ms Cyma Iqbal (USA). February 25, 2004.
55. Organized a seminar on "Hypnosis: an important tool in Psychotherapy", By Ms Farzana Noor. February 16, 2004.
56. Organized a special lecture on "Neurological Problems leading towards behavior problems", By Dr. Munawar Hayyat. January 19, 2004.
57. Organized a special lecture on "Attention Deficit Hyperactivity Disorder" By Ms Umneea Khan, January 12, 2004.
58. Organized a Seminar on "Qualitative research Methods, a case for Depression in women" By Dr. Aisha Tareen (UK), at the Department of Applied Psychology, University of the Punjab, December, 2003.
59. Organized a seminar on "Child Psychotherapy" by Dr. Valerie Orangezbe (USA). November 2003.
60. Organized a workshop on "Research Skills" for Ph. D scholars, by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, at the Department of Applied Psychology, University of the Punjab, April 4, 9, 2003.
61. Helped organizing one day Conference on "New Direction in Research for Women", at the Department of Applied Psychology, University of the Punjab, Lahore, March 8, 2000.
62. Organized a Workshop on "Projective techniques" by Dr. Zahid Mahmood, a Clinical Psychologist from UK, at the Department of Applied Psychology, University of the Punjab, April 16, 2000.
63. Organized a Seminar on "Perception of Medical Images for Diagnostic and Surgery purposes", by Dr. Jorg Huber, Roe Hampton College, London, at the Department of Applied Psychology, University of the Punjab, April 8, 2000.
64. Organized a Seminar on "Brain and Behaviour" delivered by Dr. Mazhar Khan (Chartered Psychologist from USA), at the Department of Applied Psychology, University of the Punjab, March 6, 2000.
65. Helped organize one day Seminar on "the Tragic incident of child Abuse and Killing: Lessons Learned and What Needs to be done", at the Department of Applied Psychology, University of the Punjab, December, 15, 1999.
66. Organized a seminar on "Counseling Psychology in Britain" by Johnny Doyll a Counseling Psychologist from Glasgow, U. K., at the Department of Applied Psychology, December, 1997.
67. Helped organize First One day National Conference on "Women Issues: Psychological Perspectives", at the Department of Applied Psychology, University of the Punjab, Lahore, Pakistan, April, 1997.

Fellowships and Memberships:

1. Fellow, International Medical Sciences Academy (awarded in Manipal, India 2007).
2. Member, Advisory Committee of Children of War Organization (International)

3. Member, International Council of Psychotherapy, UK.
4. Member British Psychological Society, UK (BPS, Membership No 135809, 2005 - 2012).
5. Member American Psychological Association (International Affiliated member No 8899-2661, 2007 onwards).
6. Full Member of the European Health Psychology Society (EHPS, Member ID1081, 2003 onwards).
7. Member International Council of Psychologists (ICP, from 2003 onwards).
8. Member International Association of Applied Psychology (IAAP, 2010).
9. Member International Positive Psychology Society (2007).
10. Member Asian Psychological Association (APsyA).
11. Member, International Society of Interpersonal Acceptance and Rejection (2007 onwards).
12. Life Member, Pakistan Psychological Association (PPA).

Journal Editing and Reviewing:

1. Chief Editor, Journal of Behavioural Sciences, recognized by HEC in X category of Journals, Official Publication of Institute of Applied Psychology, University of the Punjab, Lahore (2003-2005; 2007 onwards).
2. Chief Editor “Psychological Abstracts”, Department of Applied Psychology (1994-2004, 2005 onwards).
3. Chief Editor, “Pakistan Journal of Professional Psychology Research”, Official Publication of Centre for Clinical Psychology, University of the Punjab, Lahore (2011 onwards).
4. Chief Editor “Psychological Abstracts”, Centre for Clinical Psychology (1999-2011 onwards).
5. Senior Editor, Journal of Gender and Social Issues, Official Publication of Fatima Jinnah Women University, Rawalpindi (2006-2007).
6. Senior Editor “Research Abstracts”, Fatima Jinnah Women University, Rawalpindi (2006-2007).
7. Member, Editorial Board, Journal of Social and Clinical Psychology, Pakistan
8. Member, Editorial Board, Pakistan Journal of Professional Psychology.
9. Consulting Editor, Science Journal of Business Management, ISSN” 2276-6316, <http://www.sjpub.org/sjbm.html>
10. Consulting Editor, Pakistan Journal of Psychological Research, National Institute of Psychology, Quaid-i-Azam University, Islamabad.
11. Consulting Editor, Indian Journal of Psychology and Mental Health.
12. Consulting Editor, Journal of Gender and Social Issues, Fatima Jinnah Women University, Rawalpindi.
13. Consulting Editor, Frontier Women University, Journal of Social Sciences.
14. Consulting Editor, Journal of Professional Psychology, Behria University, Karachi, Pakistan
15. Consulting Editor, Journal of Indian Academy of Applied Psychology, India.
16. Consulting Editor, Bulletin of Educational Research, Institute of Education and Research, Islamic International University, Islamabad
17. Consulting Editor, Bulletin of Educational Research, Institute of Education and Research University of the Punjab, Lahore.

Countries Visited:

Austria, Australia, Bangladesh, Belgium, Czech Republic, France, Germany, Greece, Hungary, India, Italy, Luxemburg, Malaysia, Netherland, Spain, Switzerland, Thailand, Turkey, UAE, UK, USA.

Voluntary Advisory and Community Work:

- 2015 Developed Ethical Guidelines for Authors, Reviewers and Editors of Social Sciences Journals in Pakistan for Higher Education Commission, Pakistan
- 2015 Have submitted a proposal to Chief Minister, Punjab, for establishing Psychological Emergency Services in Punjab.
- 2015 Have submitted a proposal to Chief Minister, Punjab, for provision of Counseling to survivors, and families of APS, Peshawar Trauma
- 2015 Developed modules on counter terrorism for School children (for Lahore Text Book Board).
- 2013 Arranged Counseling Services for Survivors and Families of School van burning incident in Gujrat.
- 2013 To inculcate sense of volunteerism in students, have included “Community work” as mandatory in BS/M.Sc Curriculum both at IAP and CCP
- 2013 Helped Develop curriculum on Personal Grooming & Mannerism for Zero Period in schools and Colleges for Punjab Education Department.
- 1999-2001 Worked as teacher Incharge of Punjab University’s Blood Donors Society (Female Students).
- 1985- 2014 Have been giving a series of talks and delivering lectures at different forums to raise awareness about psychological problems: such as Drug abuse (with ANF, Government of the Punjab in Drug Demand Reduction Programme), Status of Women, Stress and Coping, Psychosocial implications of Neurological disorders for the patient as well as carers, implications of terminal diseases such as Cancer, Served as consultant to Government of Punjab, Secretary of Education: to develop curriculum for school and college students for Zero period; to take measures to facilitate special students in Educational institutes in Punjab; Co-opted member on the Chief Minster’s task force constituted by Chief Minister, Punjab, Lahore, (2012) for improvement of higher education in Punjab and gave active input in formulation of recommendations.