



Prof. Dr. Farah Malik

MSc. (A. Psy), MPhil (Clin. Psy), PhD (QAU)
Postdoctoral Fellowship (UK), Fulbright Postdoctoral Fellowship (USA)

Professor,
Institute of Applied Psychology
University of the Punjab, Quaid-i-Azam Campus, Lahore, Pakistan
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Experience of Higher Education

06-03-2018: Director, Institute of Applied Psychology
25-08-2017 to date: Professor in Applied Psychology (BPS 21)
2017: Director, Institute of Applied Psychology & Centre for Clinical Psychology
14-01-2016: Shortlisted as last 4 candidates for the post of VC of LCWU, Lahore
13-10-2013: Professor in Applied Psychology (BPS 21)
2012 – 2013: Associate Professor (BPS 20), GCU, Lahore
2011-2012: Assistant Professor (TTS)
2006-11: Assistant Professor (TTS), GCU
2004-06: Assistant Professor, GCU (Regular)
2003-04: Lecturer, GC University
1996-2003: Lecturer, GCW, Gujrat
1993-1996: Research Associate: National Institute of Psychology, Quaid-i-Azam University, Islamabad
1991-2003: Visiting Faculty: Fatima Jinnah Women University, Rawalpindi, Postgraduate Diploma in Clinical Psychology, National Institute of Psychology, Quaid-i-Azam University, Islamabad, I.C.G. F-6/2, Islamabad, F. G. Postgraduate College for Women F-7/2, Ibne-Ameer GCW, Gujrat

Academic Credentials

2014: Fellowship of International Medical Sciences Academy (IMSA, USA)
2011: Fulbright Postdoctoral Fellowship, University of Connecticut, USA
2008: Postdoctoral Fellowship, University of Birmingham, UK (2007-08)
2008: Certificate Course: Advance Research & Statistics, School of Psychology, UOB, UK
2007: Research Fellowship under Charles Wallace Trust Award: School of Psychology, Brain and Behavioral Centre, University of Birmingham, UK
2006: Honorary Research Fellowship, University of Birmingham, UK
2005: Honorary Research Fellowship under HEC-BEC Academic link, University of Birmingham, UK
2005: Certificate Course in Clinical & Forensic Psychology, School of Psychology, University of Birmingham UK
2005: Certificate Training Course in EPrime (Software for Experimentation) & Cognitive Psychology
2002: PhD in Psychology, NIP, Quaid-i-Azam University, Islamabad

Dissertation: Home Environment, Parental Acceptance-Rejection and Paternal Authoritarianism in Child Abuse

1994: MPhil in Psychology, NIP, Quaid-i-Azam University, Islamabad

Dissertation: Student Unrest at University Campuses

1990: MSc (Clinical Psychology Major): Applied Psychology, Punjab University, Lahore

1981-87: Graduation, FSc., & Matric: (throughout 1st class first with distinctions)

Honors/Awards

14-01-2016: Shortlisted in the last 4 candidates for the post of VC of LCWU, Lahore

2014: Fellowship of International Society for Medical Sciences (IMSA, US)

2011: Fulbright Postdoctoral Fellowship

2008: HEC Best GC University Teacher Award 2009

2007: Research/Postdoctoral Fellowship, University of Birmingham, UK

2006: Charles Wallace Trust Award, BC, UK

2005: Honorary Research Fellowship under HEC-BC academic link, University of Birmingham, UK

1994: MPhil 2nd position in NIP, QAU

1981: 1st position in School in HSS Examination

1992-94: Two years merit scholarship in MPhil (1992-94)

1996-08: Two years HEC-Infraque Foundation merit scholarship in PhD

Teaching & Research

PhD/MPhil/MS: Teaching and Research Supervision

PhD: Forensic Psychology, Advance Research Methods, Ethical Issues in Research, Advanced Statistics on Computers

MPhil: Advance Research Methods-I & II, Clinical Psychology I & II, Psychopathology, Statistical analysis on computers, Perspectives in Psychology

MSc/BSc. (Hons.): Clinical Psychology, Forensic Psychology, Abnormal Psychology, Personality theories, Research Methods

Administrative Experience

06-03-2018: Appointment as Director, Institute of Applied Psychology.

2017: Nominated as a member of the Interview board, C.T.D. Punjab, Lahore.

2017: Attend the Interviews as an Expert/Advisor of the Selection Board for International Ph.D. Partial Scholarships (Applied Psychology) on 30th January, 2017 at Lahore College for Women University, Lahore.

28-12-2016: Appointment as Director, Institute of Applied Psychology and Centre for Clinical Psychology.

January 2016: Shortlisted for interview for the post of Vice Chancellor in the different universities of Punjab.

2016-to date: Member of the Board of Faculty of Law Constituted under the University of the Punjab Act, 1973.

2016 to date: Member of the Board of Faculty of Life Sciences as Constituted under the University of the Punjab Act.

2016: Chairperson Fact Finding Committee constituted by the Vice-Chancellor.

2016: Chairperson Fact Finding Committee.

2016: As an Expert for Selection Board for the Recruitment of Academic Posts in the subject of Psychology, University of Gujrat.

2016: Appointment as an Advisor to Assist the Punjab Public Service Commission

2016: Member Fact Finding Committee by the Vice-Chancellor, University of the Punjab.

2016: Member Fact Finding Committee, College of Statistical & Actuarial Sciences, University of the Punjab.

2016: Convener Inquiry Committee constituted by the Vice-Chancellor, University of the Punjab.

2016: Member Fact Finding Inquiry Committee, Girls Hostel No.11.

2016: Member Inquiry Committee, Vide Notification No. D/024/R, dated 08.01.2016.

2016: Convener Inquiry Committee, Vide Notification No. IER/D/985, dated 06.09.2016.

2016: Appointment as Examiner/Paper Setter for Punjab Public Service Commission.

2015-to date: Special Member Board of Faculty of Behavioral & Social Sciences.

2015 to date: Warden Girls Hostel No.5 and Additional Charge of Warden Sports Hostel.

2015-18: Member PU Equivalence Committee by Academic Council for 2 years.

2015-18: Member University Disciplinary Committee by Academic Council for 2 years.

2015: Convener Degrees / Shields / Medals Committee for (125th) Convocation.

2015--: Member Departmental Tenure Review Committee (DTRC) of the Centre for Clinical Psychology, University of the Punjab, Lahore.

August 2015: Special Member of BOF, Behavioral and Social Sciences for 3 years

2015: Member Fact Finding Committee for a case of Professorship Appointment

2015: Member Fact Finding Inquiry for Academic Fraud Committee

2015: Chair/Convener Fact Finding Inquiry Committee on Plagiarism

2014-to date: Member Departmental Tenure Review Committee (DTRC) of the Institute of Applied Psychology, University of the Punjab, Lahore.

2013-: Member Academic Council, University of the Punjab, Lahore

2013-: Member Board of Faculty of Life Sciences, PU, Lahore

2013-: Member BOS, IAP, PU, Lahore, BOS UMT, University of Sargodha, BZU, Multan

2013-: Member DDPC, IAP, PU, Lahore

2012-2103: Incharge Clinical Psychology Unit, GCU, Lahore

2009-2013: Chair, Department of Psychology, GCU, Lahore

2010-13: Member AS & RB, GCU Lahore for 3 years

2008-09: Consultant: Canada- Pakistan Basic Education Project, CIDA, 9A Upper Mall Lahore

2007: HEC Approved PhD Supervisor GCU
fGCU

2006—13: Member/Convener BOS, Dept. of Psychology, GCU, Lahore

International and Interuniversity Services (National & International)

9th May, 2016: Subject Expert for PPSC, 9 Davis Lahore

31st March 2016: Scientific Chair PPA –BZU Conference ICCTP 2016 and Session Chair

4th 6th March, 2016: Session Chair and oral presenter in 9th SAARC International Conference, Psychiatry Sans Frontier, Serena Hotel, Islamabad.

Feb 20th, 2016: Session Chair 10th International Psychiatric Conference and 6th International CBT Conference at Department of Psychiatry and Behavioral Science, SIMS, Lahore

2016:Invited to hold a Symposium in 6th Congress of International Society, USA in Madrid, Spain, 7th-10th June, 2016.

2016: Member Executive Committee, 6th Congress of International Society for PARTheory, USA (Madrid, Spain, 7th-10th June, 2016).

2015

2014-15: Regional Representative for South Asia, Society for Interpersonal Acceptance-Rejection, USA

March 2015: Chair Scientific Committee, ICP 2015 for 14th International Conference IAP-PPA

2015: Member Scientific Committee for International Conference of European Society, July 2015

2015: Member Scientific Committee for the 4th International Congress of ISIPAR, 2016

2014 May: Chair Scientific Committee, PACP-CCP International conference

2014 Oct: Chair Scientific Committee, IMSACON Bangkok, Thailand.
2014: Member Scientific Committee, Editorial Board, 5th International Congress on Interpersonal Acceptance and Rejection in Chisinau, Moldova.
2013: Member Editorial Board, Session Chair, 4th International Congress of Society for Interpersonal Acceptance-Rejection, Chandigarh, India
2012-13: Department of A. Psychology, PU, Lahore
2012--13: Member DDPC, Center for Clinical Psychology, PU
2005-13: Member BoS: Faisalabad, Sargodha & BZU, Multan
External Examiner: Punjab University, Lahore; NIP, Quaid-i-Azam University, Islamabad; GCU, Faisalabad; BZU Multan, UHS, Lahore.

Journals Editorship

2013--: Associate Editor, *Journal of Behavioral Sciences*, IAP, PU, Lahore (ISSN; HEC Recognized, X category, Indexed in PsycINFO, ProQuest, Asianet)
2003--2010: Editor/ Pioneer Associate Editor *Pakistan Journal of Social and Clinical Psychology* (ISSN 1727-4931; HEC Recognized, Y category, Indexed in PsycINFO, ProQuest, Asianet)
2010---: Pioneer Editor *GCU PsycABSTRACT*
2010---: Editor *Conference Proceedings 1st International Conference on Forensic Psychology*, GCU, March 31- April 2, 2010

Consulting Editor

2013---: Pakistan Journal of Psychological Research, NIP, QAU
2012---: Journal of Child & Family Studies (USA)
2012---: Pakistan Journal of Professional Psychology: Research & Practice
2011---: Australian Psychologists (Australia)
2008---: Journal of Behavioral Sciences (JBS), PU, Lahore
2009---: FWU Journal of Social Sciences, FWU, Peshawar

Program Coordination

2012-13: Coordinator MS and PhD Clinical Psychology, CPU, GCU, Lahore
2003-13: Coordinator MPhil and PhD Programs, GCU, Lahore
2005-07: Co-Coordinator HEC-BC Academic Link Program
2003-07: Student Advisor MPhil / PhD Program
2003-07: Incharge Dr. Ajmal Psychological Society

Professional Memberships

2015-16: Co-opted Executive Member Pakistan Psychological Association (PPA), 2015-16
2011---: Fulbright Alumni Association, USA
2002---: University of Birmingham Alumni Association, UK
2011---: International Affiliate, American Psychological Association, (APA)
2011---: Member Section on Child Maltreatment of the APA Division 37 of Child, Youth, and Family Services
2002---: International Society for Acceptance and Rejection (ISIPAR, USA)
2011---: Society for Cross-Cultural Research (SCCR, USA)
1996---: Pakistan Psychological Association (PPA)
2000---: Pakistan Association of Clinical Psychology (PACP)

Program Designed

2014: MS in Forensic Psychology, PU, Lahore
2013: Postgraduate Diploma in Child and Adult Psychotherapy, GCU

2013: MS in Clinical and Forensic Psychology, GCU
2010: MS Counseling Psychology, GCU

Courses Designed

PhD: Forensic Psychology (Introduced Forensic Psychology for the first time in Pakistan in 2005)
PhD: Advanced Research Methods, Advanced Statistics on Computers
MPhil: Seminar II, Research Methods, Statistical Analysis on Computers
MS Counseling: Research methods and Data Analysis in Counseling & Rehabilitation Counseling
MSc: Forensic Psychology, Abnormal Psychology, Research Methods
MS Clinical Psychology: Research Process & Methods
BSc (Hons)VIII: Clinical Psychology (Psy-3204)
BSc (Hons) II: Neuroscience & Psychopathology (Psy-201)
BSc (Hons)VIII: Psychology Lab (Psy-461)
BSc (Hons) VIII: Forensic Psychology (Psy-425)
BSc (Hons) II: Research Methods: an introduction (Psy-252)
BSc (Hons)III: Abnormal Psychology (Psy-301)
BSc (Hons)III: Personality Psychology (Psy-251)
Cognitive Psychology: computer based experiments in EPRIME computer software

Clinical Experience

2014: Consultant Clinical Psychology, Husnain Medical Complex, Muslim Town, Lahore
2012-13: Consultant Clinical Psychology, Akram Medical Complex, Gulberg, Lahore
2005-10: Consultant Clinical Psychologist, Psychiatric & Neurodiagnostic Clinic, 83 Shah Jamal, Lahore
2005--: Honorary Consultant Clinical Psychologist, Fountain House, Lahore
1998-2000: Consultant Clinical Psychologist, Shifa International, Saidpur Road, Islamabad
1998-2002: Consultant Associate, Rehman Clinic, I-10 Merkaz, Islamabad

Journal Publications

1. Ayub, S., & Malik, F., (2019 in press). Experiences of Cyber Harassment, Self-efficacy and Social Adjustment in Female University Students. *Pakistan Journal of Psychological Research*. (Manuscript submitted).
2. Solmon, V., Malik, F., & Kausar, R., (2019 in press). Development and Validation of Psychological Skills Scale for Team Sports. *Pakistan Journal of Psychological Research*. (Manuscript submitted).
3. Butt, M., Watson, R., Malik, F., & Rohner, R. P. (2019 in press). *Remembrances of Parental rejection in Childhood and Current Psychological Maladjustment Predict Substance Abuse among Young Adult*. *International Journal of Psychology*,.....
4. Majeed S., & Malik, F., (2019). Role of child temperament as moderator in the relationship of parental perception and anger express in children. *Pakistan Pediatric Journal*, September 2019).
5. Shafqat, A., & Malik, F., (2019). Sadistic impulsiveness and violent behavior in prisoners of Lahore. *Pakistan Journal of Criminology* 11(01), 28-42.

6. Imtiaz, K., A., Malik, F., (2019). *Reinforcement of Honour Killings of Women in the Socio-Cultural Context in Punjab. Research Journal of South Asian Studies Vol. 34 No.1 (page 401-419).*
7. Ramzan, N., & Malik, F., Resilience, Self Compassion, Mindfulness, and Emotional Well-being of Doctors. *Indian Journal of Positive Psychology 2018, 9 (1), 55-59.*
8. Gul, M., & Malik, F. (2018). Development and Validation of Indigenous Stressful Life Event Scale for Children in Pakistan (SLESC). *Pakistan Journal of Psychological Research, Vol. 33, No.1, P 239-256.*
9. Majeed S., & Malik, F., (2018). Psychological Distress, Affiliate Stigma and Burnout in Caregivers of Patients with Schizophrenia. *International Journal of Social Sciences & Educational Studies ISSN 2520-0968 (Online), ISSN 2409-1294, December 2018, Vol.5, No.2, P.73-85, (HEC Recognized/ Abstracted & Indexed, Y category)*
10. Khan, S., & Malik., F. (2018). Maternal stress and behavioral-emotional problems in children with Dyslexia. *Journal of Pakistan Psychiatric Society, V.15. No.3, P 18-23 (X category).*
11. Khawar, R., & Malik, F. (2018). Bullying Defined in Pakistani School Context: An Urdu Translation of Olweus Bully Victim Questionnaire. *Journal of Behavioural Sciences Volume 15, No.3, P 18-23.*
12. Majeed, S., & Malik, F., (2017). Impact of parental perception and child temperament on anger expression of children with emotional behavioral problems. *Pakistan Pediatric Journal, 41 (3), 144-152.*
13. Shujja S., Malik, F., & Khan, N. (2017). Translation and Cross Validation of Children Rejection Sensitivity Questionnaire for Pakistani Adolescents, *Pakistan Journal of Psychological Research, Vol.32, No.1, P. 297-315.*
14. Majeed S., & Malik, F., (2017). Anger Experience, Expression and Control in Children with Emotional Behavioural Problems in Comparison with Normal Children, *Journal of Pakistan Psychiatric Society, Vol.14, Issue 1, P.32-36, ISSN 1726-8710.*
15. Ilyas, R., & Malik, F. (2016). Development of a Scale of Resilience against Terrorism. *Pakistan Journal of Social and Clinical Psychology. 14 (1), 15-20.*
16. Majeed S., & Malik, F., (December, 2016). Development and Validation of Indigenous Child Anger Expression Scale, *Pakistan Pediatric Journal, ISSN 0304 4904, online ISSN 2305-820x, 40 (4), 199-207.*
17. Ashiq S., Majeed S., & Malik F., (2016) Psychological Predictors of Cyber Bullying in Early Adulthood, *Health Science Journal, Vol.10 (3:4), 1-9. ISSN1791-809X.*
18. Khawar R, & Malik F., (2016). Bullying Behavior of Pakistani Pre-adolescents: Findings Based on Olweus Questionnaire, *Pakistan Journal of Psychological Research, 31 (1), 23-43.*
19. Majeed S., & Malik F., (2016). Phenomenology of Anger Expression in Children within Pakistani Cultural Context, *Health Science Journal, 10 (2:11), 1-9, ISSN 1791-809X .*

20. Naveed, A., Naz, F., & Malik, F., (2015). Development and Validation of Postpartum Depression Risk Factors Scale. *Journal of Pakistan Psychiatric Society*, 12 (4), 22-28. DOI 145785585352.
21. Mujtaba, A., Malik, F., & Iftikhar, F. (2015). Anger, depression and locus of control among heavy smokers, cannabis users and heroin addicts. *The international Journal of Indian Psychology*, 3(1), 51-66. DIP: C00398V3I12015 (ISSN 2348-5396(e); ISSN 2349-3429(p)).
22. Khaleque, A., Malik, F., & Rohner, R. (2015). Differential Acculturation among Pakistani American Immigrant Parents and Children. *Psychological Studies*, 60(4), 407-411.
23. Butt, M., Malik, F., & Hoffman, H. (2015). Emotion Recognition in Individuals with Substance Use Disorder. *Journal of Behavioral Sciences*, 25 (2), 47-64.
24. Shujja S., & Malik, F., (2015, July). Parental rejection and psychological adjustment among adolescents: Does the peer rejection mediate? *Journal of Indian Academy of Applied Psychology*, 41 (2), 340-347.
25. Malik, F., & Rohner, R. (2015). Spousal Rejection as a Risk Factor for Parental Rejection of Children among Pakistani Families in the U.S. *Journal of Family Violence*, 27(4), 1-9. DOI 10.1007/s10896-015-9756-0 (IF = .95).
26. Shujja S., & Malik, F., (2015). Development and validation of Social Competence Scale for Adolescents. *Journal of Behavioral Sciences*, 25 (1, June), 59-77.
27. Ishfaq K., Malik, F., & Batool I., (2014). Pakistani Psychologists' Experiences with Cognitive Behavior Therapy of Obsessive Compulsive Disorder, *Pakistan Journal of Social and Clinical Psychology*, 12 (2), 43-52.
28. Iftikhar, R., & Malik, F., (2014). Translation and validation of aggression questionnaire in Pakistani Cohorts. *Pakistan Journal of Social and Clinical Psychology*, 24 (1), 38-44.
29. Malik, F., Butt, M., Kausar, R., Najam, N., & Rasool, F. (2014). Parental acceptance-rejection and power-prestige as predictors of psychological adjustment in Pakistani adolescents. *Journal of Cross-Cultural Research: Special Issue*, 48 (3), 1-8. DOI: 10.1177/1069397114528455 (IF = .75).
30. Najma, N., Hussain, S., Hussain, R., Malik, F., & Kausar, R. (2014). Parental Power, Prestige, and Acceptance as Predictors of Young Adults' Psychological Adjustment in Gilgit-Baltistan, Pakistan. *Journal of Cross-Cultural Research: Special Issue*, 48 (3) 1-8. DOI: 10.1177/1069397114528455 (IF = .75).
31. Malik, F., Khawar, R., Chaudhry, H. R., Mossaheb, N., Schloegelhofer., & Aschaur, H.(2014). Cognitive impairment and duration of untreated psychoses in patients of First Episode Psychoses in Pakistan. *Journal of Indian Academy of Applied Psychology*, 40 (1), 44-52.
32. Khawar, R., Malik, F., Maqsood, S., Yasmeen, T., & Habib, S. (2013). Age and gender differences in emotion recognition ability and intellectual functioning. *Journal Behavioral Sciences*, 23 (3), 53-71.

33. Ghyas, S., & Malik, F. (2013). Sense of humor as predictor of creativity and sociability level among university students. *Journal Behavioral Sciences*, 23 (2), 49-61.
34. Mossaheb, N., Schloegelhofer, M., Kaufmann, M. R., Werneck-Rohrer, S., Zehetmayer, S., Malik, F., Khawar, R., Chaudhry, R. H., Amminger, G. P., Klier, M. C., & Aschauer, H. (2013). Duration of untreated psychosis in a high-income- versus a low-and middle income region. *Australian and New Zealand Journal of Psychiatry*, 00(0), 1-7. DOI: 10.1177/0004867413504472 (IF = 3.293)
35. Ghyas, S., & Malik, F. (2013). Sociability and academic achievement as predictors of creativity level among university students. *Journal of the Indian Academy of Applied Psychology*, 39 (2), 266-273.
36. Malik, F., & Shujja, S. (2013). Social competence and School system as a predictor of academic achievement in high and low achieving school children. *Journal of Behavioral Sciences*, 23 (1), 76-92.
37. Malik, F., & Shujja, S. (2013). Emotional Intelligence and Academic Achievement: Implications for children's Performance in Schools, *Journal of the Indian Academy of Applied Psychology*, 39 (1), 65-73.
38. Malik, F., & Rohner, P. R. (2012). Spousal Rejection as risk factor for child rejection. *Journal of Family Violence*, 27(4), 295-301. DOI 10.1007/s10896-012-9425-5 (IF =.95).
39. Malik F. (2012). Parental acceptance-rejection and paternal authoritarianism among abused children in Pakistan, *Journal of Behavioral Sciences: Special Issue on Parental Acceptance-Rejection*. 22 (1), 23-48.
40. Shujja, S., & Malik, F. (2011). Initial validation and reliability analysis of social competence scale for children: A cultural perspective. *Journal of Behavioral Sciences*, 2(1), 13-43.
41. Malik, F., Gul, A., & Humphreys, G. (2011). Cognitive interference for trauma related word cues in maltreated children: Evidence from Emotional Stroop Task in a Pakistani cohort, *International Journal of Business & Social Science*, 2 (8). 118-128.
42. Malik, F., Khawar, R., Iftikhar, R., Illyas, R., & Saeed, S. (2010). Development of Terrorism Impact Scale (TIS): Initial validity and reliability analyses. *Pakistan Journal of Social and Clinical Psychology: Special Issue on Terrorism & Mental Health*, 8(2) 88-117.
43. Malik, F., Gul, A., & Humphreys G. (2010). Behavioral and emotional problems in abused and non-abused children in a Pakistani cohort. *Pakistan Journal of Psychological Research*, 25(2), 179-202.
44. Malik, F., Malik, T., & Anjum, S. (2010). Emotional intelligence, academic achievement and social competence in high and low achiever Pakistani adolescents. *Pakistan Journal of Psychology*, 41 (2), 75-89.
45. Malik, F., (2010). Parental acceptance-rejection and demographic determinants of child abuse in Pakistani families. *International Journal of Business and Social Science*, 1 (1) 67-80.

46. Malik, F., Khawar, R., Chaudhry, H. R. & Humphreys, G. W. (2010). Emotion recognition and duration of untreated first episode psychosis among patients in Pakistan. *East Asian Archives of Psychiatry*, 20(1), 31-38. (IF =5.61).
47. Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. *Pakistan Journal of Social and Clinical Psychology*, 8(1), 18-38.
48. Suhail, K., Malik, F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. *Psychology and Developing Societies*. 21(2), 183-207.
49. Malik, D. F. & Rizvi, F. (2009). Family violence as a risk factor to child abuse in Pakistan. *Pakistan Journal of Psychological Research*, 23(3-4), 1-25.
50. Malik, D. F., & Shah, A. A. (2007). Development and initial validation of Child Abuse Scale. *Psychology and Developing Societies*, 19 (2), 161-178. DOI: 10.1177/097133360701900202.
51. Malik, D. F. & Shah, A. A. (2004). Political involvement of the students and their perception of unrest at campuses. *Journal of Behavioral Sciences*, 14 (1-2), 1-16.
52. Malik, D. F. & Shah, Z. (2004). Knowledge about HIV/AIDS and its effect on drug taking practices of IV drug users. *Pakistan Journal of Social and Clinical Psychology*, 2(1), 67-79.
53. Malik, D. F. (2003). A study of relationship of home environment and parental acceptance-rejection with child abuse. *Pakistan Journal of Social and Clinical Psychology*. 1, 35-46.
54. Rehman, G., & Malik, D. F. & Sanam, M. (2002). Mental health of Afghan refugee women. *Biannual Journal of Gender and Social Issues*, 1(4), 17-32.
55. Rehman, G., & Malik, D. F. (2001). Perception of people about effectiveness of media campaign for family planning program in Pakistan. *Bangladesh Psychological Studies*, 11, 68-76.
56. Malik, D. F. (2001). Students' perceptions about some causes of student unrest at university campuses. *Pakistan Journal of Psychological Research*, 16 (1-2), 47-66.
57. Khan, M. R., & Malik, F. (2007). Family Considerations in Schizophrenia: Prevailing Misperceptions about Mental Illness. *Pakistan Journal of Social and Clinical Psychology* 22, 72-76.

Conference Proceedings & Edited Books

58. Malik, F. & Rizvi, F. (2010). Violence tactics against women in Pakistan. Proceedings: 1st International Conference Forensic Psychology: Issues and Interventions, GC University, Lahore (March 31- April 1, 2010), Pp. 67-79.

59. Malik, F., Hasan, S. S. & Perveen, A. (2010). Suicide attacks and mental health of youth. 1st International Conference of Forensic Psychology: Issues and Interventions, GC University, Lahore (31st March-3rd April, 2010). Pp. 3-14.
60. Masood, R., Malik, D. F. (2008). Cognitive-behavioral therapy in schizophrenia. In A.K. Kala., R. Kala., & D. J. Singh. (Eds.). *Culture and Mental Health*. Ludhiana: Pradipika publishers. Pp.146-163. (based on the proceedings of 1st annual conference of Indo-Pak Punjab psychiatric Society, Ludhiana, India, 15-17 September, 2007.
61. Malik, D. F., & Shah, Z. (2006). Knowledge about HIV/AIDS and Attitude of IV drug users in Pakistan. Paper published in the proceedings of 1st. *International Conference of Social Sciences, Ethics, Values, & Society: Transformation*, LUMS, Lahore. Oxford University Press. Pp.101-111. ISBN-13: 978-0-19-547355-1 & ISBN-10:0-19-547355-8
62. Rehman, G., & Malik D. F. (2003). Terrorist attack on USA: Perception of Pakistani public through an indigenous measure. In A. Z. Rizvi (Ed.), *Violence, terrorism and social responsibility*. Lahore: Institute of Muslim Psychology in collaboration with American Psychological Association (CIPR). Pp. 89-110.

Books

63. Farah Malik (2011). *Child abuse and Neglect: Parenting and Family Environment*. LAP LAMBERT Academic Publishing GmbH & Co. KG, Germany. ISBN: 978-3-8465-1195-4
64. Mussafa Butt & Farah Malik (2011). Emotional recognition and father's authoritarianism in drug addicts: Socio-cultural context of Pakistan. LAMBERT Academic Publishing GmbH & Co. KG, Germany. ISBN: 978-3847-31610-7.
65. Rehana Illyas & Farah Malik (2012). Burden of Care among Primary caregivers of patients with Schizophrenia: Determinants in Pakistani Socio Cultural Context. LAMBERT Academic Publishing GmbH & Co. KG, ISBN: 978-3-8473-1991-7.

Conference Proceedings & Others

66. *Conference Proceedings*: 1st International Conference on Forensic Psychology, GCU, March 31- April 2, 2010
67. *GCU PSYCABSTRACT, Volume 1, 2010*

Projects Reports

- 2015: Validation and Norm development of indigenous childhood Abuse scale in children and adolescents in Pakistan.
- 2014: Teachers' acceptance-rejection and physical punishment as mediating factor to the psychological adjustment, academic performance in children and adolescents in Pakistan.
- 2006-2008: Determinants of performance on emotional STROOP task in abused and non-abused children in Pakistan. Sponsored by Research Project Committee, GCU Lahore

1999-2000: Perception of People about Effectiveness of Media Campaign for Family Planning Program in Pakistan. Funded by UGC, Islamabad, National Institute of Psychology, Center of Psychology, Quaid-i-Azam University, Islamabad

1992-1996: Student Unrest at University Campuses (A National Level Project). Sponsored by UGC, Islamabad, National Institute of Psychology, Center of Excellence, Quaid-i-Azam University, Islamabad.

Conferences/Workshops/Symposium Organized/Co-organized

6th to 8th February 2019: Chief Organizer of International Conference of Applied Psychology Practices & Interventions (ICAP), University of the Punjab, Lahore.

7 April 2018: *Workshop on Child Sexual Abuse with Speaker from NJ, USA*

4 April 2018: Organized Lecture on Drug Addiction among Youth on 4th April, 2018 by the Institute of Applied Psychology, University of the Punjab, Lahore.

21 March 2017: Organized One Day Symposium on Psychology for Change: Women and Community to celebrate International Women's Day on 21st March, 2017 by the Institute of Applied Psychology, University of the Punjab, Lahore.

31 March: Scientific Chair, and Session Chair in PPA-BZU, Multan One day International conference; 3 papers presented too.

7-10 June, 2016: Invited to Organize and Chair a Symposium on ISIPAR Theory Research in Pakistan", in 6th International Congress of Interpersonal Acceptance-Rejection Society, USA to be held in Madrid, Spain. 17 papers are accepted for it.

July 18-20, 2016: Member Scientific Review Committee; 3 papers accepted for 11th International Conference on Child and Adolescent Psychopathology (ICCAP 2016), Roehampton University, London.

October 7-9, 2016: Scientific Chair IMSACON 2016, Mauritius, October 7th, 8th & 9th, 2016 Theme: Golden Bridge: New Wave in Global Medicine: Knowledge Integration and Knowledge Generation

2015 March 19-21: Scientific Chair, PPA-IAP 14th International Conference of Psychology, Lahore

2014: 10 days training course on Eidetic Therapy in collaboration with Image Institute USA, Brothers of Charity Services, Ireland and HEC, Pakistan

2014, October: Scientific Chair IMSACON, Bangkok, Thailand

2014, May: Scientific Chair and co-organizer, PACP International conference 2014, IAP & CCP, University of Punjab, Lahore

2010: 1st International Conference on Forensic Psychology: Issues & Interventions.

2009: Training workshop on Growth Model of Eidetic Therapy in collaboration with Image Institute, USA

2004-2008: Co-organized national and international conferences at GCU Lahore

2005: National conference on Child Abuse: Antecedent factors, consequences and intervention, GC University, Lahore

2006: One Week Training Workshops on Eidetic Therapy for faculty/professionals/students

2003: 1st Training Workshop on Research Skills, GCU Lahore

1994-1996: Co-organized training workshops in Research Methods, NIP, QAU

Conferences/Seminars/Symposia Attended / Organized (International and National)

International 2018

3-Day International Conference from 17th to 19th December on *Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects* at Government College University (GCU) Lahore Pakistan organized by department of psychology GCU.

December 18th, 2018: Oral presentation: Faran, M., Nazir, L., Hasim, A., & Malik, F. “Multi-Cultural Competence, Social Alienation and Mental Health in Pakhtun Students: A way forward at Government College University (GCU) Lahore.

December 19th, 2018: Poster Presentation: Majeed, S., & Malik, F. “Gender Differences in Sadistic-Impulsiveness and Violent Behaviour in Prisoners: A way forward at Government College University (GCU) Lahore.

December 19th, 2018: Poster Presentation: Faran, M., Nazir, L., Hasim, A., & Malik, F. “Multi-Cultural Competence, Social Alienation and Mental Health in Pakhtun Students: A way forward at Government College University (GCU) Lahore.

7th international conference from 29th to 30th November on Positive Psychology: Developing a Flourishing Community at National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad.

November 29th, 2018: Oral Presentation: Mehmood, I., Faran, M., & Malik, F. “Music Absorption and Well-being in Adults: Mediating Role of Spirituality” A way forward at National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad.

November 30th, 2018: Oral Presentation: Ayub, S., & Malik, F. “Experiences of Cyber Harassment, Self-Efficacy, and Social Adjustment in Female University Students” A way forward at National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad.

National 2018

March 17th, 2018: Oral presentation: Majeed, S., & Malik, F. "Emotional Behavioral Problems and Anger Expression in School Going Children" in National Conference on “Promoting Mental Health in Schools: A way forward” at University of Management and Technology, Lahore held on 17th March 2018

March 17th, 2018: Oral presentation: Tariq, M., Majeed, S., & Malik, F. “Emotional Autonomy, Self-Criticism and Psychological Well-Being in Early Adolescence” in National Conference on “Promoting Mental Health in Schools: A way forward” at University of Management and Technology, Lahore held on 17th March 2018

International 2017

March 9, 2017: Session Chair (Theme: Parenting and Mental Health, at 1st International Conference on Clinical Psychology and the Developing World: Issues, Challenges and Solutions at Institute of Clinical Psychology, University of Management and Technology, Lahore on March 09, 2017 and three papers presented, “Self-entitled: Regulation and Positive Development in Youth”, “Attachment Styles and Love in Long Wed Individuals” and “Self-Concept, Self-Determination and Academic Achievement in University Students with Physical Disability”.

March 30, 2017: Attend “One Day Symposium on HIV/AIDS” and delivered a Lecture on “Social and Psychological Issues related to AIDS” organized by the Department of Microbiology & Molecular Genetics, University of the Punjab, Lahore on 30th March, 2017.

April 26, 2017: Session Chair Theme: Health in Organizational Settings at 3-Day International Conference on Health Psychology: Issues and Challenges and one paper presented “Translation, Adaptation & Validation of State-Trait Anger Expression Inventory-2 Children and Adolescents organized by Government College University, Lahore on 26th – 28th April, 2017.

International 2016

February 20, 2016: Plenary Session Chair, 6th International CBT Conference” Evidence based approaches to Mental Health Care, Pakistan Association of Cognitive Behavioral Therapy in collaboration with Services Institute of Medical Sciences Hospital, Lahore, February 19-20, 2016.

March 4-6, 2016: 2 paper accepted entitled “Majeed & Malik (2016). Translation and adaptation of state-trait anger expression inventory-2 children and adolescents into Urdu” and “Malik & Ridul Wafa (2016). Self-transcendence, sense of Coherence and perceived health in patients with Coronary Heart Angioplasty for the 9th SAARC International Psychiatric Conference, Islamabad, Pakistan

March 31, 2016: Scientific Chair, and Session Chair in PPA-BZU, Multan One day International conference; 3 papers presented too.

June 7-10, 2016: Invited to Organize and Chair a Symposium on ISIPARTheory Research in Pakistan”, in 6th International Congress of Interpersonal Acceptance-Rejection Society, USA to be held in Madrid, Spain. 17 papers are accepted for it.

July 18-20, 2016: Member Scientific Review Committee; 3 papers accepted for 11th International Conference on Child and Adolescent Psychopathology (ICCAP 2016) 18-20 July 2016, at Roehampton University, London.

October 7-9, 2016: Scientific Chair IMSACON 2016, Mauritius, October 7th, 8th & 9th, 2016 Theme: Golden Bridge: New Wave in Global Medicine: Knowledge Integration and Knowledge Generation

December 1-2, 2016: Invited as “Session Chair” and to present papers entitled “Gender Stereotypes regarding Anger Expression: A myth or a reality?” and poster presentation entitled “Gender Differences in Quality of Friendship in Bullies and Victims in Schools” in 6th International Conference on Psychology of Gender in Perspective: Issues and Challenges (ICPG 2016) from December 1-2, 2016 organized by National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad.

National 2018

March 17th, 2018: Oral presentation: Majeed, S., & Malik, F. "Emotional Behavioral Problems and Anger Expression in School Going Children” in National Conference on “Promoting

Mental Health in Schools: A way forward” at University of Management and Technology, Lahore held on 17th March 2018.

March 17th, 2018: Oral presentation: Tariq, M., Majeed, S., & Malik, F. “Emotional Autonomy, Self-Criticism and Psychological Well-Being in Early Adolescence” in National Conference on “Promoting Mental Health in Schools: A way forward” at University of Management and Technology, Lahore held on 17th March 2018.

National 2016

April 28th, 2016: “Keynote Speaker” in the inaugural session of the National Conference on Mental Health (NCMH-2016): Latest Research Trends in Pakistan at Department of Applied Psychology GC University Faisalabad to be held on 28th April 2016

August 26-27, 2016: invited “Keynote speaker” papers entitled “Development of Terrorism Impact Scale (TIS): Validation and Standardization” and “Development and Validation of Resilience against Terrorism Scale (RATS)” in 15th Annual Conference of Psychology on “Psychological Impact of Regional Geo-Strategic Situation on Pakistani Youth & Children” organized by Department of Psychology University of Peshawar to be held on August 26-27, 2016 at the Summer Campus Bara Gali, Abbottabad.

December 8-9, 2016: Invited as “Guest Speaker” in the Conference of University of Gujrat entitled “Emerging Trends, Challenges and Implementing Psychology in Community” on 8-9 December, 2016 organized by Department of Psychology, University of Gujrat, Gujrat.

2015

December 10-11, 2015: Member Scientific Review Committee; 2 Session Chairs, 1st International Conference of Shaheed Benazir Bhutto University, Peshawar in Collaboration with Southern Methodist University, USA.

October 24-29, 2015: Member Review Committee, 3 papers and one poster accepted for International Asian Pacific Regional Conference, Kulalampur, Malaysia.

September 1-5, 2015: Paper accepted for European Health Psychology Society, Cyprus:

July 20-22: Member Review Board and Paper presented at 10th International Conference on Child and Adolescent Psychopathology (ICCAP-10), July 20-22, 2015, Center for Applied Research and Assessment in Child and Adolescent Wellbeing. Roehampton University, London. Entitled “Corporal Punishment as Mediator between Teachers’ Rejection, Psychological Adjustment and Academic Achievement of the Students.

July 6-8, 2015: 01 paper accepted for oral presentation “Sultan, S., & Malik, F., Parental Rejection and Psychological Adjustment among Adolescents: Does the Peer Rejection Mediate? Brighton University, Thistle Brighton , UK

May 27-29, 2015: Paper accepted for oral presentation “Malik, F., Corporal punishment as mediator between teachers’ rejection, psychological adjustment and academic achievement of students”; Member Scientific Review Committee for ICAP 2015, Tokyo, Japan.

March 19-21 2015: Scientific Chair, PPA_IAP I4th 14th International Conference of Psychology (ICP, 2015), the Current Challenges for Psychology: From Crisis to Sustainable Solutions.

2014

November 13-14, 2014: Member Scientific Committee, Session Chair and 2 oral presentations.

October 11-12, 2014: Chair Scientific Committee, International Society for Medical Sciences (IMSACON) Bangkok, Thailand and 1 oral presentation.

October 16-17, 2014: Khaleque, A., Malik, F., & Rohner, R. P. (2014). Acculturation and Family Relations among Pakistani-American Immigrant Parents and Children. Toronto, Canada, 6th International Congress of SSHRC on “Immigrant and Ethnic Minority Families: Bridging across Cultural Boundaries” presented by 1st author.

26-30th August 2014: European Health Psychology Society, Austria; 3 posters presentations.

July 8-13, 2014: International Congress of Applied psychology, ICAP, Paris, France: 2 oral presentations.

June 24-27, 2014: Member Scientific Committee, Editorial Board, the 5th International Congress on Interpersonal Acceptance and Rejection in Chisinau, Moldova, June 24 through June 24th ISIPAR Congress, Moldova. 1 oral presentation by Ronald Rohner (2nd author).

2014, May: Scientific Chair and Co-organizer, PACP International Conference 2014, IAP & CCP, University of Punjab, Lahore

April 2-3, 2014: Chair Scientific Committee, PACP-CCP International conference on” Clinical Psychology outside Clinics” at CCP, PU, Lahore; 4 papers presented.

March 20-28, 2014: Principal Organizer of 10 Days internationally collaborative training workshop on “Eidetic Therapy and Growth Model, funded by HEC; collaborators Image Institute, USA, Brothers of Charity Services, Ireland.

February 2014: Oral presentation in the 20th National Psychiatric Conference 2014: Khan, S., & Malik, F. "Maternal Stress and Behavioral-Emotional Problems in the Children with Dyslexia"

January 2013: Member Editorial Board, Session Chair + 3 Papers International Congress of Society for Interpersonal Acceptance-Rejection, Chandigarh, India.

Dec 2012: Session Chair + 3 Papers International Conference of A. Psychology: New trends and challenges, PU, Lahore

2012: 2 Papers presented at International Conference of the Society for Cross-Cultural Research, Las Vegas, USA

2011: American Psychological Association, Washington, DC, USA

2011: Int. Conference of Society for Cross-Cultural Research, SC, USA

2010: International conference on early Psychosis by International Early Psychoses Association (IEPA), Amsterdam, Netherland.

2010: Session Chair: Academic Session in 3rd International Congress on Interpersonal Acceptance and Rejection July 28 – 31, 2010, University of Padua, Italy

- 2010: 3rd International Congress on Interpersonal Acceptance and Rejection, University of Padua, Italy
- 2010: International Conference on War on Terror, University of Peshawar, BaraGali Campus, Peshawar
- 2010: 4 papers 1st International Conference on “Forensic Psychology: Issues Interventions”, GCU, Lahore (1st-2nd April)
- 2010: One Day Conference on Resilience and Coping in Women in Pakistan, Department of A. Psychology, Punjab University Lahore
- 2009: 2 papers, 3rd International Conference on Developmental Psychopathology, National Institute of Psychology, Quaid-e-Azam University, Islamabad (13-15 October, 2009)
- 2009: International Conference on Culture and Mental Health”, GC University, Lahore
- 2008: 2nd International Congress of Interpersonal Acceptance-Rejection, University of Crete, Greece
- 2008: 2 papers at International Conference on Challenges for Mental Health 26-29th June 2008), PU Lahore
- 2007: 2 papers presented in 1st International Conference on Cross-Cultural Psychology, GCU, Lahore
- 2007: National Conference: New Trends in Psychology, Punjab University, Lahore.
- 2007: National Conference on Trauma and Disaster, Pakistan Psychological Association, LCWU, Lahore
- 2006: 13th International Psychiatric Conference, Ganga Ram Hospital & Fountain House Lahore
- 2006: Psychiatric Conference, King Edward University & Mayo Hospital Lahore
- 2005: 1st International Conference of Social Sciences: Ethics, Values and Society: Social Transformation, LUMS, Lahore
- 2005: Child Abuse: Antecedent factors, consequences and intervention, 19th April 2005, GC University, Lahore
- 2005: International Conference on Applied & Community Psychology: Trends and Directions, Gurukul Kangri University, Haridwar, India.
- 2004: 8th International Conference of Pakistan Association of Clinical Psychologists, PU, Lahore
- 2004: 3 Days conference Role of Psychologists in the socio-economic development of Pakistan, NIP, Quaid-i-Azam University Islamabad”.
- 2003: 8th Annual Conference of Psychology, Bara Gali Campus, Dept. of Psychology, Peshawar University, Peshawar.
- 2003: 1st International Conference on Positive Psychology, GC University Lahore
- 2001: 6th Annual Conference, Bara Gali Campus, Dept. of Psychology, Peshawar University, Peshawar

Seminar / Workshops /Invited Lectures

- 3rd May, 2018: Keynote Speaker, Seminar on Role of Media and Mental Health in Pakistani Society, in 1st National Symposium on Media and Mental Health, organized by School of Creative Arts, University of Lahore,
- 2018: Keynote Speaker, Seminar on Child Abuse and Sexual Abuse in Pakistani Society: Misconceptions & Community, in Mental health Week, 2018, Lahore College for Women University, Lahore
- 2016: One Full Day workshop delivered on Child abuse, prevention, dealing with abused children-treatment, and Family Counseling, in Govt. In-Service training College for the teachers of the Disabled Children, 31 Sher Shah Block New Garden Town Lahore.
- 2016: Keynote Speaker at National Conference on Mental health (NCMH-2016) “Latest Research Trends in Pakistan”, Department of Applied Psychology, GC University, Faisalabad.
- 2015: Training Workshop in UMT on Child Abuse and counseling, 23rd May, 2015
- 2015: Invited lecture in BNU, 15th May 2015
- 2015: Key Speaker, Psychology and Law, Judicial Training Academy, Lahore.
- 2015: Key Speaker, Psychology and Law, Judicial Training Academy, Lahore.
- 2015: Key Speaker, Positive Attitude, Judicial Training Academy, Lahore
- 2014: Workshop on research publication, PU, Lahore
- 2013: HEC TOT Workshop, Islamabad
- 2013: Workshop: Juvenile delinquents: assessment and rehabilitation, GCU, Lahore
- 2012: Workshop: Working with abused children: assessment and rehabilitation, ICAP, PU, Lahore
- 2012: Mental Health Day, Centre for Clinical Psychology, Punjab University, Lahore.
- 2012: HEC TOT Workshop, Shah Abdul Latif Bhattai University, Khairpur, Sindh
- 2011: HEC TOT Workshop, IUB, Bahawalpur
- 2011: Child abuse and Neglect: Assessment and treatment, Pall Therapeutic & Counseling Services, Brampton Canada
- 2011: Spousal rejection as risk factor to child rejection, HDFS, UCONN, USA
- 2010: Beacon House National University, Lahore “Emotional Stroop Effect on Information Processing of Abused Children”
- 2010: A. Psychology, Punjab University “Training workshop on Conducting & Publishing Research”
- 2010: NUST Islamabad: Seminar on Emotional Intelligence
- 2009: BZU University, Multan: Research process & Dissertation writing
- 2009: Canada-Pakistan Basic Education Project, 9 A Upper Mall Lahore: Research proposal Writing
- 2009: University of Education, Lahore: Research process and its major steps
- 2009: Research Methods, University of Education, Bank Road Campus Lahore
- 2009: Sampling techniques, Canada-Pakistan Basic Education project, 9 A Upper Mall Lahore
- 2009: Thesis and article writing, Education University, Lahore
- 2009: Instrument development, Lower Mall Campus, University of Education, Lahore
- 2008: Human Development & Psychology, UET Lahore, for Educational Development Seminar
- 2007: Cognitive Screen, Beacon House National University, Lahore
- 2007: HEC University Faculty Training Program, LCWU, Lahore
- 2006: Training Workshop on EPRIME Computer Software for the faculty and students
- 2006: Cognitive Psychology and Cognitive Assessment, GCU, Lahore

International Trainings Received

- 2015: Brief trauma therapy for the victims of APS, Peshawar, CCP, PU, Lahore, 1st January
- 2010: Suicide Risk Management, GCU Lahore (delivered by UK affiliate)

- 2009: Updates on Dementia and Autism, FJMC, Lahore (UK/US affiliates)
- 2007: Projective techniques, FW University, Peshawar (Spain affiliate)
- 2006: Therapeutic and counseling strategies for children with trauma, HEC-BC Link (UK affiliate)
- 2006: Therapy and rehabilitation of brain injury patients, HEC-BC Link (UK affiliate)
- 2006: Juvenile justice system in Pakistan, Training Institute of Jail Staff, Lahore
- 2005: Certificate Course in Clinical & Forensic Psychology, School of Psychology, UOB, UK 2005: Birmingham Cognitive Screen, School of Psychology, University of Birmingham, UK
- 2005: EPrime Software for the Experimentation in Psychology, School of Psychology, University of Birmingham, UK
- 2005: Early intervention of Psychoses: Fountain House Lahore (UK affiliate)
- 2005: Eidetic Imagery and Healing with trauma patients: Fountain House Lahore (Ireland affiliate)
- 2005: Counseling strategies with trauma victims (Earthquake), Fountain House, Lahore (UK affiliates)
- 2004: REBT with psychotic patients (UK affiliate)
- 2004: Domestic violence, NIP, Islamabad
- 2004: CBT with Psychosis, GCU Lahore
- 2004: Clinical and therapeutic skills, GCU, Lahore (US affiliate)
- 2003: Advance psychiatric disorders, Pakistan Psychiatric Association, Mayo Hospital, Lahore (UK/US affiliates)
- 1993: Eidetic Therapy: Imagery and healing, NIP, Quaid-i-Azam University, Islamabad (Akhtar Ahsan, USA)

Research Projects Completed

Internationally and nationally Collaborative Projects: 2006-2016

- 2016-17: International Project on “Fear of Intimacy” in collaboration with Rohner Centre for Interpersonal Acceptance-Rejection, UCONN, USA funded by PU Research Funding Committee
- 2015-16: International Project on “Fear of Intimacy” in collaboration with Rohner Centre for Interpersonal Acceptance-Rejection, UCONN, USA
- 2014-16: Parental and Peer Rejection and Psychological Adjustment in adolescents in Pakistan.
- 2015: Translation and validation of aggression questionnaire (Buss & Perry 1994).
- 2015: Translation and validation of Emotional Regulation Questionnaire (ERQ) (Berstein & Fink 1996)
- 2015: Translation and adaptation of newly developed Interpersonal Acceptance-Rejection Questionnaire by Ronald Rohner.
- 2015-16: Translation and validation of Emotional Regulation Questionnaire (ERQ)
- 2015-16: Teachers’ acceptance-rejection and psychological adjustment in adolescents in Pakistan.
- 2015: Emotion recognition and regulation in drug addicts with Prof. Glyn Humphreys, Oxford University, UK
- 2016: Parental and Peer Rejection and Psychological Adjustment in adolescents in Pakistan.
- 2015: Translation and validation of Aggression Questionnaire by Buss and Perry (1997).
- 2012-14: Fathers’ love, power-prestige and psychological adjustment in children, adolescents and adults in collaboration with PU, Lahore & KIU, Gilgit.
- 2011-13: Spousal rejection as determinant to child rejection and psychological adjustment in Pakistani children and adolescents *collaborate Prof. Ronald Rohner: Rohner & Nancy Rohner Centre of Interpersonal acceptance-rejection, HDFS, Studies, University of Connecticut, USA (Phases I & II)*
- 2012-14: A cross-cultural study on the cognitive functioning and impact of duration of untreated psychoses in first episode Psychosis *in collaboration with Prof. Dr. Herald Ausher, Monika Schfolger, and Nelofer Mussaheb Psychiatrists from University of Vienna, Austria (Phase 2)*

- 2009-10: Selective attention towards facial expression in juvenile delinquents and non-delinquents in Pakistan, collaboration with Prof. Hoffman, Ulm University, Germany.
- 2007-08: Emotional intelligence and personality factor as determinants of children's performance on Emotional Stroop task (Phase II), collaboration-Prof. Dr. Glyn Humphreys: *funded by GCU, Research Committee.*
- 2006-09: A cross-cultural study on the cognitive functioning and impact of duration of untreated psychoses in first episode Psychosis *in collaboration with Prof. Haroon Rashid Ch. (Psychiatry head, Ganga Ram Lahore, Pakistan); Prof. Dr. Herald Ausher, Monika Schfolger, and Nelofer Mussaheb Psychiatrists from University of Vienna, Austria Phase 1. (funded by Lilly Pharmaceuticals)*
- 2006-07: Influence of child abuse related anxiety on change blindness in simulated scenes, collaboration-Prof. Dr. Glyn Humphreys, Head School of Psychology, University of Birmingham, UK
- 2006-07: Determinants of performance Emotional STROOP task in abused and non-abused children (Phase I), collaboration-Prof. Glyn Humphrey, Head School of Psychology, University of Birmingham, UK

National Collaborations completed

- 2009-10: Effect of Arsenic on the mental ability of Children in District Kausar, in collaboration with SDSS and Environmental Sciences, GC University Lahore
- 2008-09: Cognition and emotion recognition in patients with Schizophrenia in Pakistan in collaboration with *Prof. Haroon Rashid Ch. (Psychiatry Head, Ganga Ram Lahore, Pakistan): funded by Pfizer Pharmaceuticals.*
- 2008-09: Effects of Emotional STROOP Task on Aggressive and Non-Aggressive Adolescents.
- 2006-07: Parenting stress, practices and behavioral problems in intellectually disabled children: *funded by Pfizer Pvt. Limited Pakistan*
- 2005-06: Determinants of vulnerability to PTSD and coping strategies in adult and child survivors of Earthquake in Pakistan: *data collection collaboration with Prof. Haroon Rashid Ch., President Psychiatric Association Pakistan.*
- 2005-06: Psychological health of earthquake victims in Pakistan: Implications for counseling, GC University Lahore
- 2004-05: Domestic violence as a contributing factor to child abuse, GC University, Lahore in collaboration with NGO SAVERA
- 1992-96: Student Unrest at University Campuses: UGC funded, NIP, Quaid-i-Azam University, Islamabad
- 1999-2000: Perception of people about effectiveness of media campaign for family planning program in Pakistan” funded by UGC. Islamabad, NIP, Quaid-i-Azam University, Islamabad.

National Projects Completed Funded by Punjab University Research Committee

- 2015-16: Perceived childhood parental acceptance-rejection and its relationship with the development of fear in intimate relationships in later age.
- 2014-15: Validation and norm development of Indigenous Childhood Abuse Scale for Adolescents,
- 2013-14: Teacher acceptance-rejection, physical punishment as mediating factors to the psychological adjustment and academic achievement in children and adolescents.

Projects Offered to MPhil & PhD Students

- 2011-12: Perceived teachers’ acceptance-rejection/control, psychological adjustment, self-image and academic achievement of slow learners vs. normal children
- 2009-11: Spousal rejection as determinant for the parental rejection/control of children in Pakistan
- 2009-11: Modification, Revision and Norms Development of Child Abuse Scale
- 2010-12: Duration of Untreated Psychoses First Episode Psychoses collaborated with Prof. Dr. Haroon R. Chaudhry, President Pakistan Psychiatric Association, and *Prof. Herald Ausher and Associates, Medical University Vienna, Austria*
- 2010-11: Anxiety, emotional intelligence and emotion recognition in children and adolescents
- 2009-11: Behavioral problems of Autistic Children as determinant factors of maternal stress and depression.
- 2008-09: Emotional recognition and paternal authoritarianism in drug addicts
- 2007-08: Selective attention and emotion recognition in juvenile delinquents and non-delinquents
- 2008-09: Effects of Emotional STROOP Task on aggressive and non-aggressive adolescents
- 2006-07: Relationship of emotional intelligence with academic achievements and social competence in high and low achiever adolescents
- 2005-06: Emotional intelligence and social competence in low and high achiever children
- 2005-06: Influence of child abuse related anxiety on change blindness in simulated scenes
- 2005-06: Determinants of performance of emotional STROOP task in abused and non-abused children

- 2005-06: Pre and Post-operative Cognitive Functioning and Depression in Brain Tumor Patients in Pakistan: Asma Gul, co-supervised by Prof. Glyn Humphreys
- 2004-05: Domestic violence as a contributing factor to child abuse, GC University, Lahore in collaboration with NGO SAVERA

Theses Supervised 2006-2017: PhD/ MS Clinical Psychology / MPhil Psychology

PhD Theses Completed

- Maryam Gul (2010-13): Conversion Disorder & OCD in Children (submitted).
- Viqar Solomom: (2015): Psychological Skills, Coaching Competence, Sportsmanship and Performance Efficacy in Team Sports (Thesis Submitted)
- September 2018: Afshan Kiran Imtiaz: Violence Against Women: A Study of Reinforcement of Honour Killing in the Socio-Cultural Context in Punjab (Thesis Submitted)
- September 2018: Saima Majeed: Perception of Parenting, Child Temperament, Cognitive Appraisal and Anger Expression in Children.
- March 2018: Shujja Sultan: Norm Development of Social Competence Scale for Children.
- Decemebr 2017: Rehana Illyas: Mental health and resilience in survivors of war on terror.
- December 2016: Mussaffa But: Emotion Recognition, cognitive processing in drug addicts.
- December 2016: Rabia Iftikhar: Interplay of emotional Behavioral Problems, Emotional Intelligence and Stroop Interference in Abused Children.
- October 2016 Rabia Khawar: Effect of Mood on Emotion Recognition and Quality of Friendship among School Bullies and Victims.
- 2013-14 Saima Sandhu: Oversight Supervisor from Pakistan, Counseling Studies, Capella University, New Jersey, USA; “Childhood sexual abuse and its impact on intimate relationships of Pakistani women: mental health professional perspectives in Pakistan”.
- 2008-2011 Tazvin Ijaz: A Comparative Study of Personal Constructs of the Self, the Family, the world and the Future of Runaway, Abandoned Children and Controls

PhD Supervision in Progress (Approved by BOS/AS & RB and submitted)

- Nosheen Ramzan (2015-2019): Father Involvement, Family Environment, Interparental Conflicts and Psychological Adjustment in Adolescents (Submitted)

MPhil /MS Student Theses completed

MPhil Completed in 2018:

1. Sumaira Ayub: (session 2015-2017) “Experiences of Cyber Harassment, Self-Efficacy and Social Adjustment in Female University Students
2. Khadeeja Rasheed: (session 2016-2018) Personality stereotypes, Public Trust and Security Dependence on Police Personnel in Adults
3. Maria Idrees: (session 2016-2018) Attachment Styles, Affect Regulations and Interpersonal Problems in Hostel Students.
4. Fatima Saddique: (session 2016-2018) Moral Disengagement, Empathetic Efficacy, Emotion Dysregulation, and Cognitive Distortions in Prison Inmates.
5. Saima Khan: (session 2016-2018) Traumatic Life Events, Social Support and Mental Health of Under Trial Women Prisoners.

6. Maryam Ijaz: (session 2016-2018) Academic Goal Orientation, Academic Coping Strategies and Goal Adjustment in Under-Graduate University Students with Pre-professional certificate.

Theses completed in 2017

1. Syeda Fatima Hasnain (Session 2014-2016) Family Environment, Peer Relationships, Self-Regulation and Positive Development in Youth.
2. Fareeha Arshad (Session 2014-2016) Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers.
3. Wafa Kamran (Session 2014-2016) Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage.
4. Khadija Rasheed (Session 2014-2016) Personality Stereotypes, Public Trust and Security Dependence on Police Personal.
5. Asifa Akram (MS Health; Session 2014-16) Perceived Stigmatization, Resilience and Post Traumatic Growth in Patients with Hepatitis C.

MSc. & BS 4 years Theses Completed from 2016-2018

2014-2018

2018 BS 4 Years

1. Hina Zafar: (session 2014-2018) Parentification Attachment Styles and Interpersonal Competence in Adolescents.
2. Mehak Azam: (session 2014-2018) Social Grooming on Facebook, Appearance Comparisons and concerns in Youth.
3. Anam Hina: (session 2014-2018) Parental Differential Treatment, Sibling Relationships Quality and Psychological Wellbeing of Adolescents.

2018 M.Sc.

1. Ayesha Fazal Karim: (session 2016-2018) Dispositional Optimism, Self-Determination and Well-Being in Jobs Seekers Young Adults.
2. Sana Riaz: (session 2016-2018) Social Desirability, Selfie Addiction and Physical Appearance in Young Adults.
3. Syed Muhammad Komail Raza Abdi: (session 2016-2018) Criminal Thinking, Moral Disengagement and Psychological Wellbeing in Prisoners.

BS 4 years (completed in 2016)

6. Fatima Siddique (Session 2013-2017) Parental Acceptance-Rejection, Self-regulatory Efficacy and Anti-Social Behavior in Juvenile Delinquents.
7. Maria Idrees (Session 2013-2017) Emotional Intelligence, Emotional Regulation and Job Satisfaction in School Teachers.
8. Misbah Munir (Session 2013-2017) Occupational Health, Safety Measures and Psychological Distress in Technical Staff of Industry.
9. Hafsa Dawood (Session 2014-2016) Academic Resilience and Goal Orientation in High and Low Achiever Medical Students.
10. Zainab Bukhari (Session 2014-2016) Executive Functioning in Children with Emotional Behavioral Problems.
11. Aleena Zafar (Session 2014-2016) Media Influence on Cognitive functioning of Children (Media Influence Multidimensional Scale).

M.Sc. Students Theses completed in 2016

12. Aqsa Mirza (Session 2014-2016) Personality Traits, Resilience and Self Comparison in Eunuchs.
13. Mehwish Hanif (Session 2014-2016) Self-concept, Social Support and Life Satisfaction in Early Adulthood.
14. Maria Khan (Session 2014-2016) Attachment Styles, Commitment and Intimacy in Long Wed Couples.
15. Iqra Abdul Haq (Session 2014-2016) Belief in Just World and Social Competence in Orphans.
16. Saima Shaukat (Session 2014-2016) “Sleep Patterns, Sleep Disturbance and Psychological Health of Children”.
17. Sidra Iqbal (Session 2014-2016) Locus of Control and Superstitious Beliefs in Young Adults.
18. Marriyam Khalid (Session 2014-2016) Temperament, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents.

MPhil Theses completed in 2017:

1. Muhammad Safi Aslam: “Physical-Psychological Punishment, Emotional Regulation and Academic Self-Efficacy in High School Students”.
2. Sumaira Ayub: “Experiences of Cyber Harassment, Self-Efficacy and Social Adjustment in Female University Students”
3. Sabila Naseer: “Jealousy, Marital Satisfaction and Mental Health of Women in Polygamous Marriages”
4. Shamim Rafique: “Corporal Punishment, Selective Mutism, Social Competence and Academic Motivation in Children”

Theses completed in 2015:

1. Muhammad Faran (Session 2013-2015) Music Engagement, Emotional Responses, Peak Experience of Music and Wellbeing in Music and Non-Music Students.
2. Rida-ul-Wafa (Session 2013-2015) Self-Transcendence, Sense of Coherence and Perceived Health in Patients with Coronary Angioplasty.
3. Andleeb Zahra (Session 2012-2014) (in co-supervision) Predictors of Sexual Orientation and its Implications for Adolescents.
4. Aneesa Sarwar (Session 2012-2014) (in co-supervision) Parental Involvement/Control, Childhood Conduct Problems, and Aggression as Predictors of Psychopathic Tendencies in Adolescents.
5. Ayesha Saddiqa (MS Health, Session 2013-2015) Resilience, Life Orientation and Post Traumatic Adjustment in Burn Injury Patients.
6. Madiha Khan (Session 2013-15; in progress) Perfectionism, Concealment and Marital Satisfaction in Couples.

BS. 4 year

7. Sumaira Ayub (Session 2011-2015) Self-concept, Self Determination and Academic Achievement in University Students with Physical Disability.
8. Zahra Jaleel Qureshi (Session 2011-2015) Temperamental Surgency, Perception of Parents and Social Competence in Early Adolescents.
9. Naveera Islam (Session 2011-2015) Parental Involvement, Learning Autonomy and Academic Performance in College Students.

M.Sc. Theses

10. Sidra Ashiq (Session 2013-2015) Empathy, Emotional-Behavioral Problems and Cyber Bullying in Young Adults.
11. Tayyaba Manzer (Session 2013-2015) Parental Expectations, Academic Stress and Academic Achievement in High School Students.

12. Shaista Jamil (Session 2013-2015) Stress Anxiety, Proactive Coping and Psychological Well-Being in Patients with Angiography.
13. Asad Abbas (Session 2013-2015) Sense of Coherence, Hardiness, Social Support and Post-Traumatic Growth Among Flood Victims.
14. Anam Tariq (Session 2012-2014) Anger and Stress Appraisal in Patient with Coronary Heart Disease

Theses completed in 2014:

15. Khalid Ghaffar (Session 2012-2014) Childhood Maltreatment, Self-Compassion, Empathy and Emotion Dysregulation in Destitute Adolescents

2013: MS Clinical Psychology:

16. Emotional Intelligence, Job Satisfaction and Burnout in Psychiatric Vs. Medical Nurses (Farah Sharif)
17. Coping Styles and Mental Health of Mental Health Professionals (Nida Mahmood)
18. Rejection Sensitivity, Self-Esteem and Depression in Acid Burn Victims (Maida Arshad)
19. Development of an Indigenous Cognitive Distortion Scale: A Cultural Perspective (Nazia Ishfaq)
20. Domestic Violence, Psychological Distress and Depression Among Women in Darulaman/ Shelter Homes. (Saima Bano)
21. Cognitive Deficits and Social Competence in children with ADHD. (Zaira Abbas)
22. Internet Addiction and Extroversion-Introversion among University Students (Arj Ramzan)
23. Anger, Depression and Locus of Control among Smokers, Cannabis and Heroin Addicts/Users (Ather Mujtaba)
24. Development and Validation of Assessment Protocol for Children with Cerebral Palsy (Samavia Hussain)
25. Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (Sidra Aslam)
26. Maternal Coping Strategies and Behavioral Problems in Children with Down Syndrome (Rabia Jameel)
27. Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivations of Drug Addicts (Naila Noor Din)

2013: MPhil Psychology

28. Perceived teachers' acceptance-rejection/control, psychological adjustment, self-image and academic achievement of slow learners vs. normal children (Amir Ranjha)
29. Development of an indigenous scale for depression in children (Noor-ul-Ain)
Development of assessment tool to measure mental abilities of slow learners (Salma Khaliq)
30. Burden of Care and Behavior Problems in Alzheimer Patients as moderating factors to depression and Quality of Life of Care Givers (Anam Khan)
31. Psychological perceptions of domestic workers in Lahore (Sahira Muzafar) Translation and Validation of the Behavioral Assessment Battery for School going Children who stutter (Naila Tariq)
32. Behavioral Problems in Dementia Patients and Quality of Life among their Caregivers (Mahrukh Nawaz)

2012: MS Clinical Psychology:

33. Stressors and Psychological Distress among Traffic Wardens: Farah Amanat
34. Coping Strategies Used by Survivors/Victims of Terrorist Attacks: Aisha Parveen

35. Emotion Recognition and Emotional Intelligence in Anxious and Non-anxious Children: Saniya Kokab

2011

36. Psychopathic trends and criminality in the drug addicts jail inmates: Abid Ayub
37. Spousal rejection and child rejection in conflicting families: Shazia Gulzar
38. Revision of Child Abuse Scale, Standardization and Norms development: Saima Saeed
39. Teachers' expectations, self-efficacy as determinant to academic achievement in Students: Shazia Sadaqat
40. Parenting stress and Depression in the parents of Autistic Children: ShaziaRehm Din

2010

41. Maternal practices, stress and behavioral problems in children with Dyslexia: Saira Khan
42. Humor as predictor of creativity and achievement in university students: Saba Ghayas
43. Paternal authoritarianism and emotion recognition in drug addicts: Mussafa But
44. Expressed emotions and burden of care in the relatives of Schizophrenics: Rehana Illyas
45. Emotional intelligence and academic achievement of university students: A comparison of self-report and performance based on measures: Shumaila Aslam (as co-supervisor)
46. Effect of Arsenic on intellectual ability of children in Kasur district: Saqlain (as co-supervisor)

2009

47. Parenting practices and stress in mothers of intellectually handicapped (mentally retarded): Rabia Zahid
48. PTSD and coping strategies in child victims of Earthquake in Pakistan: Naila Ambreen
49. Emotional intelligence and social competence in high and low achievers (adolescents and children): Shujja Sultan
50. Selective attention towards facial expression in Juvenile delinquents and non-delinquents: Riffat Ali

2008

51. Cognition and Emotion recognition in the Patients with First Episode of Schizophrenia: Rabia Kahwar
52. Emotional intelligence and social competence in high and low achievers in adolescents: Tina Malik

2007

53. Determinants of performance on Emotional STROOP task in abused and non-abused children: Amara Gul, co-supervisor Prof. Glyn Humphreys
54. Influence of child abuse related anxiety on change blindness in simulated scenes: Ms. Zahra Fatima Jamil, Co-Supervisor Prof. Glyn Humphreys
55. Determinants of vulnerability to PTSD and coping strategies in Earthquake victims in Pakistan: Maryam Bawer
56. Determinants of parenting practices in Mothers of ADHD children: Naveed Anjum

2006

57. Pre and Post-operative Cognitive Functioning and Depression in Brain Tumor Patients in Pakistan: Asma Gul, co-supervised by Prof. Glyn Humphreys

58. Effectiveness of Cognitive-Behavioral Therapy in patients with schizophrenia: Raumish Masood
59. Determinants of Psychological Distress and PTSD in Earthquake/Victims in Pakistan: Maryam Bawer

MSc. / BSc. Hons.

FJWU: 2003

60. Knowledge, attitude and practices about HIV AIDS in drug users (Zareen Shah)
- 61.
62. family settings (Samiya Qureshi)
63. Relationship between parental control and stuttering (Shamsa Kanwal)

GCU 2003-04

64. Domestic violence as contributing factor to child abuse in Pakistan: Farwa Rizvi
65. Religiosity and death anxiety among doctors, military officers and Policemen: Sidra Khaid
66. Job satisfaction, depression and anxiety among college and school teachers: Shabana Afshan

BSc (Hons.) GCU: 2010-2012

67. relationship of gratitude with life satisfaction and stress among University Students (Nadia Fatima)
68. Psychological distress and emotional intelligence in mental health professionals (doctors) (Bushra Naz)
69. Family Functioning, Self-Esteem and Emotional Disturbance of Family Functioning, Self-Esteem and Emotional Disturbance of adolescents (Sehrish Ali)
70. Effect of Emotional STROOP Task on aggressive and non-aggressive adolescents: Sahira Muzaffar

Computer Skills: well versed in computer and internet facilities etc.; expert in statistical analyses on SPSS and Excel, data analysis and scientific report writing.

Languages

- ✓ English (fluent in writing, reading and speaking)
- ✓ 2002: English Proficiency Course in written and spoken English, FIML, Islamabad
- ✓ Punjabi (Mother Language)
- ✓ Urdu

References

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(References and copies of the publications may be provided as and when required)

Research Interest Statement: Research is my passion with major interest areas of *Clinical Psychology (especially child), family violence, child abuse and neglect, Cognitive and Forensic Psychology*. I love teaching, supervising and conducting research and clinical psychology as my major area throughout. I have special expertise in the scale and measures development, translation and adaptations. I have been working as Editor/Associate Editor for *Pakistan Journal of Social & Clinical Psychology* since 2003. I have developed, translated and adapted number of scales. I have

research collaborations with eminent researchers in many countries like UK, USA, Germany, and Austria that is growing day by day. I have completed many internationally and nationally collaborative research projects, some of which are still in progress. I had been serving on many administrative positions from heading 2 departments, managing accounts and managing research journals. I had started Journal of Social and clinical Psychology and took it to HEC Recognized Y category before I left GCU University, Lahore to join University of the Punjab, as Professor, here I'm also Associate Editor of Journal of Behavioral Sciences along with serving on numerous University level committees in PU.