

CURRICULUM VITAE

Dr. ALAMGIR KHAN QURESHI

Ph.D. SPORTS SCIENCES (GU, D.I. KHAN K.P, PAKISTAN)

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PERSONAL INFORMATION

- **NAME:** ALAMGIR KHAN QURESHI
- **F.NAME:** Abdullah Khan
- **D.O.B:** 13-04-1989
- **NATIONALITY:** PAKISTANI
- **DOMICILE:** K.P. BANNU
- **RELIGION:** ISLAM
- **Marital Status:** MARRIED
- **CNIC#** 11101-9667790-5
- **Institution** University of the Punjab Lahore, Pakistan
- **Designation** Assistant Professor
- **Department:** Sports Sciences & Physical Education, University of the Punjab Lahore, Pakistan
- **Present Address:** Room No 130, Hostel No.2, University of the Punjab Lahore, Pakistan
- **Permanent Address:** Village, Akhundani P/o Fazal Haq Malwana Surrani Bannu, KPK, Pakistan
- **Mob No:** 03329741015

Personal objectives:

I am confident and enthusiastic person with ability to learn and adapt quickly to new challenges and difficult situation under pressure. I have an organized approach with good communication skills which enable me to work effectively either on my own or as a part of the team.

Academic Records

<i>Year</i>	<i>Degree</i>	<i>Institution</i>
2017-2020	Ph.D.(Sports Sciences)	Deptt; Sports Sciences and Physical Education Gomal University, D.I.Khan, KPK, Pakistan
2014-2016	M.Phil.(Sports Sciences)	Deptt; Sports Sciences and Physical Education Gomal University, D.I.Khan, KPK, Pakistan
2009-2011	M.Sc. (Sports Sciences)	Deptt; Sports Sciences and Physical Education Gomal University, D.I.Khan, KPK, Pakistan
2007-2009	B.A	University of Science and Technology Bannu, KPK, Pakistan
2005-2007	F.A	Board of Intermediate and Secondary Education, Bannu, KPK, Pakistan
2003-2005	SSC	Board of Intermediate and Secondary Education, Bannu, KPK, Pakistan

Languages Experience

1. (Mother Language) Pashto
2. Other Language (Urdu)
3. Other Language (English)

Teaching and Other Professional Experiences:

1. 02 months working experience as a **PTI** in Federal Public School & College Hayatabad Phase-VI Peshawar

2. 02 months working Experience as a **Lecturer** in Peshawar College of Physical Education Peshawar
3. 2 Years Working Experience as **Assistant Worden**, Hostel No. 5, Gomal University D.I. Khan, KPK, Pakistan.
4. Worked as a **Staff Proctor**, Department of Sports & Sciences & Physical Education, Gomal University D.I. Khan, since 19th April 2017 to till 2019
5. Worked as a **Lecturer** in the Department of Sports & Sciences & Physical Education, Gomal University D.I. Khan, KPK, Pakistan since 19th April 2012 to till 1st Oct 2020.
6. Worked as a Focal Person of **QEC**, Gomal University D.I. Khan, KP, Pakistan from 2016-17
7. *Working as an Assistant Professor in the Department of Sports & Sciences & Physical Education, University of the Punjab, Since 02, Oct 2020*
8. Member Board of Study (**Gomal University**), From 2020 to till date
9. Departmental **Coordinator** of M.Phil. & Ph.D. (Department of Sports & Sciences & Physical Education, University of the Punjab, Since 02, Oct 2020)
10. **Subject Expert** of Curriculum Planning & Designing, Punjab Higher Education Commission Pakistan
11. Member Board of Study (**University of AJ&K**), From 2021 to till date
12. Departmental Focal Person of **QEC**, Punjab University from 2021 to till date
13. Member Board of Study (**Punjab University**), From 2020 to till date
14. Member **Departmental Directorate Program Coordination** (Department of Sports & Sciences & Physical Education, University of the Punjab, Since 02, Oct 2020).

Major Areas of M.Phil. & Ph.D.

1. **M.Phil.** (Major-field (Sports Sciences) Sub-field (Behavior Psychology). Impact of Professional Attitude of Universities Physical Education Teachers on Students Academics Performance.
2. **Ph.D.** (Major-field (Sports Sciences) Sub-field (Clinical Exercise Physiology). Comparative Analysis of Liver Function and Oxidative Stress Among Low and High Intensity Exercise Perfumers

List of M.Phil. Supervised Students

1. **Miss Fakha Wadhiat.** (Session, 2017-19). Effect of Moderate Aerobic Exercise on Maximum Heart Rate (A Comparative Study of Gomal University and Sargodha University Athletes (*Projected Completed and Degree Awarded*))
2. **Fozia Nawaz.** (Session, 2017-19). Effect of Moderate Intensity Exercise on Heart Recovery Rate and Body Composition (*Projected Completed and Degree Awarded*)
3. **Aurang-Zeb.** (Session, 2017-19) Causes of Declining Hockey in Pakistan (*Projected Completed and Degree Awarded*)
4. **Naila Shaheen.** (Session, 2017-19). Impact of Low Intensity Exercise on Serum Bilirubin and Myeloperoxidase (*Projected Completed and Degree Awarded*)
5. **Adnan Khan.** (Session, 2017-19). Effect of Moderate Intensity Exercise on VO₂ Maximum (*Projected Completed and Degree Awarded*)

List of Year Wise Research Publications

Publication-2014

1. S Zia, S., Jamil, A., **Khan, A.**, & Khan, I.(2014). Study of governmental barriers/hurdles affecting sports in Secondary schools of Khyber Pakhtunkhwa, Pakistan. Industrial Engineering. Volume.4, No.4, 2014. (**HEC Recg-Z Category**)

Publication-2016

2. S Zia, S., Khan, S, & **Khan, A.** (September, 2016). Parental constraints in the way of sports participation among the secondary students of Khyber Pakhtunkhwa, Pakistan. Journal of Physical Education Research, Volume 3, Issue III, 66-72. (**HEC Recg-Z Category**)
3. **Khan, A.**, Khan, S., Khan, S.Z., & Khan, M. (June, 2016). Impact of teacher personality on the academics of the students. Journal of Physical Education Research, Volume 3, Issue II, 74-79. (**HEC Recg-Z Category**)
4. S Zia Syed A., & **Khan, A.** Study of the Financial Impediments and its Effects on Sports Activities in Secondary Schools of Khyber Pakhtunkhwa Pakistan.Internation Review of Social Sciences. International Review of Social Sciences (**HEC Recg-Y Category**)
5. **Khan A**, Khan s, Khan M. (2016). Factors effecting life expectancy in developed and developing countries of the world (An approach to available literature). International

Journal of Yoga, Physiotherapy and Physical Education. Volume 1; Issue 1; November 2016; Page No. 31-33. **(HEC Recg-Z Category)**

6. **Khan A**, Khan S, Islam S. (2016). Causes of Misconception about Polio Vaccination (A Case Study of Tribal Areas of South Waziristan (SWA) KpK Pakistan). *Journal of Psychiatry Photon*. Volume 117 (2016) 173-177. **(HEC Recg-Z Category)**
7. **Khan, A.**, Khan, S., & Khan, S. Z. U. I. (2016). Impact of Teacher Knowledge on Students Academics. *International Journal of Scientific & Engineering Research*, Volume 7, Issue 4, **(HEC Recg-Y Category)**
8. **Khan, A.**, Khan, S., Zia-Ul-Islam, S., Khan, M., & Khan, M. I. (2016). Class room Management on part of a Teacher and Students Academics Performance. *IGWEBUIKE: An African Journal of Arts and Humanities*, Volume 2(6), 72-80. **(HEC Recg-Z Category)**
9. **Khan, A.** (2016). Effectiveness of Recreational Activities Among the Doctors Community of District Dera Ismail Khan KPK Pakistan. *Research*, Volume Vol. 1, No. 1, pp: 16-20. **(HEC Recg-Z Category)**
10. Khan Z, **Khan A.** (2016). Perception of physical education students regarding their teacher behavior. *International Journal of Yoga, Physiotherapy and Physical Education*. Volume 2; Issue 1; January 2017; Pp 09-11. **(HEC Recg-Z Category)**
11. **Khan A.** Khan S., & Zia-ul-Islam, S. (2016). Role of sports in the development of peace, equality and brother-hood among the students. *Gomal University Journal of Research (Sciences)*, Volume 32(2), 78-84. **(HEC Recg-Y Category)**

Publication-2017

12. **Khan, A.**, Khan, S., Zia-Ul-Islam, S., & Khan, M. (2017). Communication Skills of a Teacher and Its Role in the Development of the Students' Academic Success. *Journal of Education and Practice*, Volume 8(1), 18-21. **(HEC Recg-Z Category)**
13. Khan, Z., **Khan, A.**, & Khan, S. (2017). Attitude of Tribal People of South Waziristan Agency Toward Their Children Sports Participation. *Journal of Tourism, Hospitality and Sports, ISSN (Paper)*, 2312-5187. **(HEC Recg-Z Category)**
14. S Zia, **Khan A**, I Ali. (2017). Perception of Female College Teachers Regarding the Role of Sports in Controlling Deviant Behavior among the Female Students at College

Level. Volume, *Journal of Tourism, Hospitality and Sports, ISSN (Paper)*, 2312-5187.26, (3). **(HEC Recg-Z Category)**

15. **Khan, A.**, Khan, S., Zia-Ul-Islam, S., Khan, S., & Khan, M. (2017). Psychological Satisfaction through Sports Participation. *Journal of Tourism, Hospitality and Sports, ISSN (Paper)*, 2312-5187. **(HEC Recg-Z Category)**
16. Khan, S., **Khan, A.**, Khan, S., Khan, M., & Khan, S. (2017). Perception of athletes about diet and its role in maintenance of sports performance. *J. Nutr. Food Sci*, Volume,7,(3). **(HEC Recg-Z Category)**
17. Khan, S., **Khan, A.**, Khan, S (2017). Diet and Sports Performance. *Journal of Tourism, Hospitality and Sports, Volume 26 (5)*. **(HEC Recg-Z Category)**
18. **Khan A**, Khan S, Khan M. (2017). Teaching Professionalism and Students Academic Achievements. *Journal of Tourism, Hospitality and Sports, Volume 7N (7)*. **(HEC Recg-Z Category)**
19. **Khan, A.**, Khan, S., & Zia-ul-Islam, S. (2017). Causes, sign and symptoms of malnutrition among the children. *J Nutr Hum Health 2017 Volume 1 Issue 1 Pp-31, 34*. **(HEC Recg-Z Category)**
20. **Khan, A.**, & Khan, S. (2017). Causes and Complication of Obesity among the Children. *International Journal of Nutrition and Health Sciences*, 2(1). **(HEC Recg-Z Category)**
21. Jan A, **Khan A**, Khan S. (2017). *Causes, Complications and Management of Diabetes Mellitus. CP Food Nutri. 1[1]: 002*. **(HEC Recg-Z Category)**
22. Shah, A. J., **Khan, A.**, Rehman, H. U., Roman, S., Khan, M. J., Waqas, M., & Ahmad, K. (2017). Impact of recreational activities upon psychological wellbeing. *Int. J. Phy. Edu. Spo*, 2(6), 19-23. **(HEC Recg-Z Category)**
23. Khan M, **Khan A**, Khan S.(2017). Allocation & Utilization of Sports Amenities. *Res Inves Sports Med*. 1(1). RISM.000503. **(HEC Recg-Z Category)**
24. **Khan A**, Khan S, Jan AA, et al. (2017). *Health complication caused by protein deficiency. J Food Sci Nutr. 2017;1(1):1-2*. **(HEC Recg-Z Category)**
25. Khan, M. K., **Khan, A.**, Khan, S. U., & Khan, S. (2017). Effects of Anxiety on Athletic Performance. *Res Inves Sports Med*. Volume 1 (1). **(HEC Recg-Z Category)**

26. **Khan, A.**, Khan, S., & Zia-ul-Islam, S. Practice of dieting and its complications among the females. *J Nutr Hum Health*. 2017; 1 (2): 30-33 *J Nutr Hum Health 2017 Volume 1 Issue, 2.* (HEC Recg-Z Category)
27. Rehman H. **Khan A**, Khan S. (2017). Perception of Physical Education Teachers (PETs) Regarding Their Role in Resolving Scholastic's Problem of the Students at Secondary School Level. *International Journal of Science Culture and Sport*, 5(3), 188-196. (HEC Recg-Y Category)
28. **Khan A**, Khan S, Khan M. (2017). Sports and Physical Activities as Agents of Controlling Social Delinquencies among the Children and Youth (An Approach to Available Literature). *International Journal of Science Culture and Sport*, 5(3), 233-239. (HEC Recg-Z Category)
29. **Khan A.** (2017) A Function of Carbohydrates in the Body after Digestion. *SF Food Dairy Tech J* 1:1. (HEC Recg-Z Category)

Publication-2018

30. **Khan A**, Khan A Khan S (2018) Causes and Coping Strategies for Stress among Employee. *J Phy Fit Treatment & Sports*. Volume 1(4) (HEC Recg-Z Category)
31. **Khan A**, Khan A Khan S (2018). Health Complications Associated with Self-Medication. *J Phy Fit Treatment & Sports*. Volume 1(4) (HEC Recg-Z Category)
32. **Khan A**, Khan A Khan (2018). Nutritional complications and its effects on human health. Volume. *1(1):17-20.* (HEC Recg-Z Category)
33. **Khan A**, Khan M, Khan S, Zia S, Khan S.(2018). Trend of Recreational Activities among the Lawyers. *International Journal of Science Culture and Sport*, 6(1), 2148-1148. (HEC Recg-Z Category)
34. **Khan A**, Khan S (2018).“Oxidative Stress and Antioxidant Supplements”. *Acta Scientific Nutritional Health*. Volume 2. (5) (HEC Recg-Z Category)
35. Khan S, **Khan A**, Khan S. (2018). Parks and Social Development of the Masses. *International Journal of Health, Physical Education and Computer Science in Sports*. Vol 29 (1) (HEC Recg-Z Category)

36. Khan S, **Khan A**, Khan S. (2018). Study regarding The Perception of Athletes about the Role of Massage in Sports Performance. *International Journal of Health, Physical Education and Computer Science in Sports*. Vol 29 (1) **(HEC Recg-Y Category)**
37. Luqman S, **Khan A**, Khan A, Khan W. (2018). Assessment of Physical Fitness: Focusing on Grade 8 th to 10 th Class Students. *International Journal of Science Culture and Sport*, 6(3), 2148-1148 **(HEC Recg-Y Category)**
38. **Khan A**, Khan S,Zia ,Khan M, (2018).Diet, Exercise and Cardiovascular Health. *ARC Journal of Research in Sports Medicine 2018; 3(2):5—9* **(HEC Recg-Z Category)**

Publication-2019

39. Islam, S. Z. U., Khan, S., **Khan, A.**, & Khan, S. (2019). Coaching and training as influential factor, affecting sport at universities level. *Pedagogics, psychology, medical-biological problems of physical training and sports*, 23(3), 145-149.**14961** **(HEC Recg-Y Category)**
40. **Khan A**, Khan S,Zia ,S Zain.(2019. Exercise is more important than medicine; A Clinical Approach; *International Journal of Medical Research and Health Sciences*. 2019; 8(6) **(HEC Recg-Y Category (IF=0.11))**
41. **Khan A**, Khan S,Zia ,S Zain.(2019).Impact of High Intensity Exercise on Liver functions and Antioxidants System of the body; *International Journal of Medical Research and Health Sciences*. 2019; 8(7) **(HEC Recg-Y Category (IF=0.11))**
42. **Khan A**, Khan S,Zia ,Khan S, Khan B (2019)Oxidative Stress and Ministerial Dysfunction induced by Oral Contraceptive Pills. *Latin American Journal of Pharmacy*, 2019; 38(12). **(HEC Recg-W Category (IF=0.240))**

Publication-2020

43. Khan, S., Butt, M. Z. I., & **Khan, A.** (2020). Relationship of children's awareness with their dietary habits among govt. middle schools of district Bannu KP, Pakistan. *Journal of Physical Education Research*, Volume 7, Issue IV, 30-37.
44. Ejaz M, Noor M, **Khan A.** (2020). Physical and Psychological Factors Affecting Athlete's Performance. *Elementary Education Online*. 19(4).

Publication-2021

45. Khan, M **Khan A**,M, Butt.(2021).Alteration of serum liver enzymes level caused by Cetirizine Hydrochloride in exercise performers (2021).Journal of Pharmaceutical Research International, 33(8): 23-27, 2021; **(HEC Recg-Y Category (IF=0.6))**
46. **Khan A**, Mughal Ijaz,Gill S .(2021)Perception of Physical Education Students regarding Online Physical Education Classes and Its Influence on Academic Performance. International Review of Social Sciences .9(3) **(HEC Recg-Y Category)**
47. Touqeer M, **Khan A**, .(2021).International Review of Social Sciences. Instrumental Agents of Migration among the Youth of Pakistan. 9(3). **(HEC Recg-Y Category)**
48. Shah I, Arif , Baxendale, Iftikhar M,**Khan A**. (2021)The Effect of Different Exercise Intensities on Plasma Endostatin in Healthy Volunteers. Journal of Pharmaceutical Research International, 33(13): 23-27. **(HEC Recg-Y Category (IF=0.6))**
49. Ahmad A, **Khan A**, But MZ, Ijaz, Jamil M. (2021). Alteration in Metabolic Cost of Blood Urea, Serum Albumin, and Oxidative Stress induced by Oral Contraceptive Pills (OCP) Among Elite Females. Journal of Pharmaceutical Research International, 33(21B): 77-84 **(HEC Recg-Y Category (IF=0.6))**
50. **Khan A**, But MZ, Ijaz, Jamil M. (2021). Estimation of Alanine Transaminase (ALT), Alkaline Phosphate (ALP) and Aspartate (AST) irrespective of Dietary Supplementation, Body Mass Index and Nature of Exercise. Journal of Pharmaceutical Research International, 33(21B): 84-90 **(HEC Recg-Y Category (IF=0.6))**
51. Muhab M, **Khan A**, But MZ, Ijaz, Jamil M.(2021).Analysis of Blood Serum Bilirubin Concentration among Moderate Intensity Exercise Performers; A Randomized Control Trails. Journal of Pharmaceutical Research International, 33(21B): 70-74 **(HEC Recg-Y Category (IF=0.6))**
52. **Khan A**, Zafar M. (2021). “Covid-19 as Major Factor Effecting Students Academics in Pakistan”. *EC Clinical and Medical Case Reports* 4.7 (2021): 41.
53. Adan A, **Khan A**, Zafar M. (2021). Randomized Control Trails for the Assessment of Impact of Moderate Intensity Exercise on Blood Serum Creatinine Concentration among the Male Athletes. Journal of Pharmaceutical Research International, 33(36B): 173-179, **(HEC Recg-Y Category (IF=0.6))**
54. Noor M,**Khan A**, Zafar M. (2021). Effect Of Moderate Intensity Exercise On Lungs Functions In Young Athletes. Journal of Pharmaceutical Research International, 33(44); **(HEC Recg-Y Category (IF=0.6))**

55. **Khan A**, Zafar M.(2021).Impact of Low intensity exercise on liver enzymes (ALT &ALP). Journal of Pharmaceutical Research International, 33(44B); (**HEC Recg-Y Category (IF=0.6)**)
56. Tasawar A,Ejaz A,Noor M, Dr. Muhammad Z, **Khan A** , Abdul B, Arslan L.(2021).Psychological Coping Strategies Of German & Pakistani Field hockey Players: A Comparative Study. PalArch's Journal of Archaeology of Egypt/ Egyptology.18 (10) (**HEC Recg-X Category**)
57. Khan S, Malik Z, Khan N, Rehman A2, KhanA (2021). Frequency of Acute Ischemic Stroke in Patient with Type-Ii Diabetes Mellitus: Descriptive Cross Sectional Study. Journal of Pharmaceutical Research International, 33(44B); (**HEC Recg-Y Category (IF=0.6)**)
58. **Khan A**, Zafar, (2021). Exercise as an Emerging Factor Effecting Cardiovascular Health (An Experimental Approach). Journal of Pharmaceutical Research International, 33(57B); (**HEC Recg-Y Category (IF=0.6)**).
59. Jamil Khan, Soniha A, Rafiq K, **Khan A**, Zafar M. (2021). Clinical Health Complication associated with Covid-19. Journal of Pharmaceutical Research International, **Accepted (HEC Recg-Y Category (IF=0.6))**.
60. Zafar M, **Khan A**, Badar M , Jabar A.(2021).explicit recommendations for home-based physical training during corona-virus pandemic (covid-19) for beginner and professional players. 6(1).
61. M.Jawad, **Khan A**, Zafar. (2021). Assessment of Availability and Utilization of Sports Facilities at High School Level in Distract Sargodha, Pakistan. Journal of Physical Education Research. Volume 8, Issue 04
62. Coaching as a Dominant Factor Effecting Coaching Process. **Submitted for Publication**
63. Impact of High intensity exercise on liver enzymes and Antioxidants System of the Body. **Accepted and wait for Publication**
64. Ministerial problems and oxidative stress associated with COVID-19 Vaccination. **Submitted for Publication**
65. Role of Existing Health and Physical Education in developing Social Skills through the Perception of Teachers and Students. **Submitted for Publication**
66. Comparison of Biochemical parameters in Hepatitis B, C and co-infected patients of North West Pakistan. **Submitted for Publication.**
67. Assessment of Resting Heart Rate and Body Composition among Exercise Performers. **Submitted for Publication.**

68. Perceptions of Parents About Online Learning and Physical Activity of Their Children During the Covid Pandemic. **Submitted for Publication.**

List of Books Publications:

1. Basics of health and physical education. (2014). (Published by LAP Germany)
2. Concept of sports training & coaching (2014). (Published by LAP Germany)
3. Global Perspectives of Sports Sciences & Physical Education. (2020). (Awan Book Center).

Memberships/Affiliation

1. Member of Executive Board of **Asian Society for Comparative Physical Education & Sports (ASCPES)**
2. Member Editorial Board (**International Journal of Science and Technology Education Research**)
3. Member Editorial Board (**International Journal Physical Health Education**)
4. Member Editorial Board (**Chronicle Journal of Food and Nutrition**)
5. Member Editorial Board (**Journal of Nutrition & Human Health**)
6. Member Editorial Board (**Journal of Food Science and Nutrition**)
7. Member Editorial Board(**International Journal of Nutrition and Health Sciences**)
8. Member Editorial Board (**The Journal of Social Sciences Research**)
9. Member Editorial Board (**International Journal of Yoga, Physiotherapy and Physical Education**)
10. Member Editorial Board (**SciFed Food & Dairy Technology Journal**)
11. Member Editorial Board (**International Review of Social Sciences**)
12. Member Editorial Board (**Journal of Entrepreneurship, Management, and Innovation (JEMI)**)
13. Member Editorial Board (**EC Clinical & Medical Case Report**)

Participation in National and International Academic Activities

1. Participated in four (4) days international Workshop organized by Barged Youth Organization Germany, **Germany** (05-09 July 2013), under the title Promotion of Peace and Democracy Through Critical Thinking Among the Youth.
2. Participated in four (4) days international Workshop organized by Dawah Academy, International Islamic University Islamabad, **Pakistan** (05-09 December 2013), under the title 54th Islamic Orientation Program for Teachers.
3. Participated in one day National Seminar organized by Gomal University D.I.Khan, **Pakistan** (20th November,2014) under the title Research in Sports Sciences &Physical Education.
4. Participated in Four Days International Congress organized by Turkish Science Technology Publishing, Gazimagusa, Cyprus **TUREY** (25th -29 October,2021)

Professional Achievements

1. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2014)**
2. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2015)**
3. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2016)**
4. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2017)**
5. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2018)**
6. First Position in the evaluation of teaching faculty of Deptt of Sports Sciences & Physical Education conducted by **QEC Gomal University (2019)**
7. Best Reviewer Award (**Journal of Pharmaceutical Research International**)
8. Best Reviewer Award (**Current Journal of Applied Science and Technology**)

Field of interest:

1. Sports Medicine
2. Sports Nutrition

3. Sports Bio-mechanics
4. Exercise Physiology
5. Planning Facilities in Sports, Physical Education & Recreation
6. Administration & Management in Sports, Physical Education & Recreation
7. Health & Environmental Education
8. Social aspect of Sports, Physical Education & recreation
9. Foundation of Physical Education

References

1. **Dr. MUHAMMAD ZAFAR IQBAL BUTT (Associate Professor)**

Chairman Deptt; Sports Science & Physical Education,
University of the Punjab Lahore, Pakistan

2. **Dr. SALAH-UD-DIN KHAN (Professor)**

Chairman of Sports Science & Physical Education,
Gomal University D.I. Khan, KPK, Pakistan

3. **Dr. GULZAR ALI QURESHI (Professor)**

Dean of Numerical Sciences
Peshawar University KPK, Pakistan

4. **Dr. MOHSAN NAWAZ QURESHI (Associate Professor)**

Dean of Science
Hazara University Manshera. KPK, Pakistan

5. **Dr. SUBHAN QURESHI (Professor)**

Dean of Veterinary Sciences
Peshawar University KPK, Pakistan

