

**Work Experience**

Applied Psychology Department, University of Punjab, Pakistan.

Lecturer (1991-2000), Assistant Professor 2000-

Duties included teaching and research supervision.

Lahore University of management sciences, Pakistan.

Research Associate 1987-1988

Duties involved, Case writing and assisting the senior faculty in assessment.

Centre for Psychological Medicine, Muslim Town, Lahore.

Assistant Psychologist. 1986-1987. Duties included case history interviews, counselling, day care programme supervision.

**Part-Time Jobs**

President Kennedy Community College, Coventry, England. A level Psychology teacher, 2001-2002.

Warwick Leicester Medical School, University of Warwick, England. Tutor in Health Psychology. 2002-2003.

Caduceus, A magazine devoted to health and healing, Leamington Spa, England.

Assistant Editor and editorial member, 2001-2006.

**Education**

**PhD-** 2007, University of Warwick, England.

**M.sc-** 1983, University of Punjab, Lahore, Pakistan. Role of Honour

**B.A-** 1977, Kinnaird College Lahore, Pakistan,

### **Conference Presentations**

Can frequency of aggressive acts be predicted from reflection, remorse and private self-consciousness ? Poster presentation in World Meeting of International Society for Research on Aggression- July, 2006, Minnesota, USA.

*Beliefs and scripts about retaliation-Can we predict all the links?* Summary of PhD research presentation at Psychology department Post-Graduate Seminar, October 2006.

*Eye for an Eye- A cross-cultural investigation of Normative Beliefs about Aggression* World Meeting of International Society for Research on Aggression – September, 2004, Santorini, Greece.

*Consciousness-Revealed Wisdom and Human investigation.* International Seminar on Science and Religion, sponsored by John Templeton Foundation, USA, Islamabad, November, 1999. Paper presented.

*Traditional Islamic Science of Behaviour and Modern Empirical Psychology-Points of convergence and conflict.* International Conference on Science and Islam, organized by COMSTECH a body of Organization of Islamic Countries (OIC), Islamabad 1995. Paper presented and published in proceedings (Attached).

*Science Education in the Muslim world: case model of psychology.* International Conference on Values and Attitudes in Science. Islamic University, Kuala Lumpur, Malaysia, 1996. Paper presented.

*Deviant behaviour in the light of Sufi concept of self.* Afro-Asian Conference on Psychology, Kuala Lumpur, Malaysia, July, 1994. Paper presented.

### **Invited Talks**

*Role of Moral beliefs in aggression.* Annual Schimmel Lecture, Kinnaird College for Women, Lahore. - 17<sup>th</sup> April, 2007.

*Frequency of aggressive acts, remorse and self-consciousness,* Mental health Week, Government College University, Lahore. 27<sup>th</sup> April, 2007.

*Behavioural problems among children with disabilities.* Invited lecture for teachers of blind children at Punjab special Education department, March 2006.

*Conduct Problems among Children*. Centre for Clinical Psychology University of Punjab, May 2004.

*Normative Beliefs about aggression – Comparison of British Muslim, British Indian and Native British adolescents*. Talk given at Punjab Research Group, University of Coventry, England. April 2002.

*Prophet of Christianity according to Quran*. Talk given at University of Birmingham, Theology Department, October, 2001.

Psychological insights in Islamic Wisdom. Talk given at Islamic Society, University of Warwick, England.

### **Training Workshops**

John Templeton Science-religion seminar/workshop (Islamabad, 1999; Oxford 2000) workshops in Projective Techniques, PTSD, University of Punjab.

Research methods, Warwick University.

Discourse Analysis, Loughborough University, England.

### **Conference/workshops organized**

Islamic Counselling. Resource person Ms. Sabnum Dharmasi from Academy of self-Knowledge, UK, 6<sup>th</sup> November 2007.

International Conference on new trends in Research, Department of Psychology and Applied Psychology, University of the Punjab, 5-7<sup>th</sup> April, 2007. Organized in collaboration with faculty of the Department.

Counselling Skills, Resource person Mr Faisal Mahmood from University of Birmingham, July 2006.

### **Awards**

AnneMarrie Schimmel Scholarship for year 2000

Science Religion course Award 2000, funded by John Templeton Foundation, USA.

### **Membership**

International Society for Research on Aggression.

Pakistan Psychological Association.

Society for Advancement of Muslim Psychology, Pakistan.

### **Languages (in order of proficiency).**

English, Urdu, French, Arabic, Persian

## List of Publications

- Amjad, N. (1986). Psyche- A traditional perspective. *Iqbal Review*, 27 (1), 135-165. 107-159.
- Amjad, N. (1986). Psyche- A traditional perspective. *Iqbal Review*, 27 (3), 107-159.
- Amjad, N. (1992). Psyche in Islamic Gnostic and philosophical tradition. Chapter in *Quranic concepts of Psyche*, Islamabad, IIT, 39-56.
- Amjad, N & Kausar, S. (1992) Adjustment pattern of Childless Women, *Bangladesh Journal of Psychology*, Bangladesh, 91-98.
- Amjad, N. (1996). Traditional Islamic science of behaviour and modern empirical psychology: points of convergence and conflict. *Islamic thought and scientific creativity*, vol. 1, 71-78. Islamabad.
- Amjad, N. (1993). Role of prayer in the integration of self. *Studies in tradition*, Karachi.
- Amjad, N. (1998). Deviant behaviour in the light of Sufi concept of self. *Al-Adwa*, Islamic centre, University of Punjab press, Lahore.
- Amjad, N. (2000) *Discourse between science and religion-the way out*. *Islamic Studies*, IIIT, Islamabad, 91-102.
- Amjad, N. (2000). *Consciousness- Revealed Wisdom and scientific investigation*, WWW. Kalam.org/papers/Naumana.htm.
- Amjad, N & Khalid, R. (2001). Psychosocial factors of suicide in Punjab. *Journal of Humanities* (XXXIV (1-2), University of Punjab.

- Stephen, J., Amjad, N., Grimshaw, G., & Stanton, A. (2005). Self-motivations for smoking cessation among teen-agers. *Journal of Personality and Individual Differences*, 39, 895-902.
- Gauhar, A and Amjad, N. (2004). Gender differences in conflict resolution and its relationship to stress. *Journal of Behavioural Sciences*, 15 (1-2), 35-47.
- Amjad, N. (2006). Eye for an Eye- A cross-cultural investigation of Normative Beliefs about Aggression. In Contemporary Research on Aggression, International Society for Research on Aggression, 240-251.
- Umar, S., & Umar, N. (2007). Mir Saman-e-Wajood. Translation of 'King of the Castle' by Gai Eaton. Lahore, Iqbal Academy.

