

SPORTS

DEPARTMENT OF SPORTS (WOMEN)

Achievements of Punjab University (Girls) Players for 2010-11

Participation at International Level: Punjab University players selected in Pakistan teams/ delegations on basis of their excellent performance.

Sr. #	Name	Event	Position	Department
1	Nida Dar Cricket	16 th Asian Games 2010 China and T/20 World Cup West Indies	Gold Medalist Women of the Match (Final) -	Dept. Sports Sciences & Physical Education
2	Sania Khan Cricket	16 th Asian Games 2010 China and T/20 World Cup West Indies	Gold Medalist -	Dept. Sports Sciences & Physical Education
3	Munazza Iram Hockey	Youth Delegation to China 2011	Pakistan Youth Delegation	Dept. of Sociology
4	Bushra Nazir Hockey	Youth Delegation to China 2011	Pakistan Youth Delegation	Sheikh Zaid Islamic Center
5	Nighat Kausar Athletics	Long Jump 26 th World University Games , Shenzhan, China 2011	Participation	Sheikh Zaid Islamic Center
6	Zeba Manzoor Softball	Asian Softball Championship 2011 China	Participation	Dept. Sports Sciences & Physical Education
7	Mariyum Butt Softball	Asian Softball Championship 2011 China	Participation	Dept. of Chemistry
8	Summaya Farrukh Softball	Asian Softball Championship 2011 China	Participation	Dept. of Sociology

Participation and Achievement at National Level

Sr. #	Name	Event	Position Overall	Department
1	Madiha Latif Athletics	31 st National Games 21-25 September 2010 Peshawar	3 rd Overall	Dept. of Sociology
2	Sehrish Asghar Athletics	31 st National Games 21-25 September 2010 Peshawar	3 rd Overall	Hailey College Banking & Finance
3	Bakhtawar	31 st National Games	3 rd Overall	Hailey College

	Sultan Athletics	21-25 September 2010 Peshawar		Banking & Finance
4	Javairia Sultan Athletics	31 st National Games 21-25 September 2010 Peshawar	3 rd Overall	Hailey College Banking & Finance
5	Sobia Sultana Athletics	31 st National Games 21-25 September 2010 Peshawar	3 rd Overall	Dept. Sports Sciences & Physical Education
6	Mahrukh Table Tennis	Junior National Table Tennis 21-25 October 2010 Islamabad	Participation	College of Pharmacy
7	Iqra Rasheed Table Tennis	Junior National Table Tennis 21-25 October 2010 Islamabad	Participation	Dept. of Mass Communication
8	Qrat ul Ain Table Tennis	Junior National Table Tennis 21-25 October 2010 Islamabad	Participation	Dept. of Mass Communication
9	Tamsila Yousaf Table Tennis	National Table Tennis 23-27 march 2011 Peshawar	Participation	Dept. of Sports Sciences & Physical Education
10	Hira Aziz Hockey	National Women Championship 03-04 2011 National Hockey Stadium	Participation	Dept. of Sports Sciences & Physical Education
11	Bushra Nazir Hockey	National Women Championship 03-04 2011 National Hockey Stadium	Participation	Sheikh Zaid Islamic Center
12	Munazza Iram Hockey	National Women Championship 03-04 2011 National Hockey Stadium	Participation	Dept. of Sociology
13	Zeba Manzoor Cricket	6 th National Women Cricket Championship 25 March 2011 Multan	3 rd Position	Dept. of Sports Sciences & Physical Education
14	Aisha Qazi Cricket	6 th National Women Cricket Championship 25 March 2011 Multan	3 rd Position	Dept. of Sports Sciences & Physical Education
15	Mariyum Butt Cricket	6 th National Women Cricket Championship 25 March 2011 Multan	3 rd Position	Dept. of Chemistry.
16	Saima Maqsood	6 th National Women Cricket Championship 25 March 2011 Multan	3 rd Position	Dept. of IAS
17	Umme Kulsoom	6 th National Women Cricket Championship 25 March 2011 Multan	3 rd Position	Dept. of Philosophy

18	Aisha Qazi Cricket	National Softball Championship 14-17 March Jinnah Stadium Gujranwala	Winner	Dept. of Sports Sciences & Physical Education
19	Mariyum Butt Cricket	National Softball Championship 14-17 March Jinnah Stadium Gujranwala	Winner	Dept. of Chemistry.
20	Sehrish Asghar Athletics	43 rd National Athletics Championship 09-21 April 2011 Lahore	Runner-up	Hailey College Banking & Finance
21	Sobia Sultana Athletics	43 rd National Athletics Championship 09-21 April 2011 Lahore 09-21 April 2011 Lahore	Runner-up	Dept. Sports Sciences & Physical Education
22	Rooma Abbas Rowing	National Rowing Championship 27-28 May 2011 Rawal Dam, Islamabad	Winner	Dept. Sports Sciences & Physical Education
23	Sobia Sultana Rowing	National Rowing Championship 27-28 May 2011 Rawal Dam, Islamabad	Winner	Dept. Sports Sciences & Physical Education
24	Farzana Nisar Rowing	National Rowing Championship 27-28 May 2011 Rawal Dam, Islamabad	Winner	Dept. of Sociology
25	Zeba Manzoor Volleyball	10 th National Women Volleyball Championship 02-06 May 2010 Islamabad	Runner up	Dept. Sports Sciences & Physical Education
26	Hira Atta Volleyball	10 th National Women Volleyball Championship 02-06 May 2010 Islamabad	Runner up	Dept. Sports Sciences & Physical Education
27	Zunaira Mir Volleyball	10 th National Women Volleyball Championship 02-06 May 2010 Islamabad	Runner up	D Dept. Sports Sciences & Physical Education
28	Rizwana Kausar Volleyball	10 th National Women Volleyball Championship 02-06 May 2010 Islamabad	Runner up	Dept. Sports Sciences & Physical Education
29	Asma Usman Football	6 th National Football Championship 25 June -07 July 2010 Islamabad	Participation	Hailey College Banking & Finance

30	Kiran Javed Football	6 th National Football Championship 25 June -07 July2010 Islamabad	Participation	Dept. Sports Sciences & Physical Education
31	Nida Rasheed Football	6 th National Football Championship 25 June -07 July2010 Islamabad	Participation	D Dept. Sports Sciences & Physical Education
32	Naima Mukhtar Football	6 th National Football Championship 25 June -07 July2010 Islamabad	Participation	Dept. Sports Sciences & Physical Education
33	Zeba Manzoor Volleyball	11 th National Volleyball Championship 26-29 July 2011 Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
34	Hira Atta Volleyball	11 th National Volleyball Championship 26-29 July 2011 Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
35	Saima Majeed Volleyball	11 th National Volleyball Championship 26-29 July 2011 Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
36	Asma Usman Football	07 th National Football Championship 19 Sep -02 Oct 2011 Islamabad	Participation	Hailey College Banking & Finance
37	Sumaira Parveen Football	07 th National Football Championship 19 Sep -02 Oct 2011 Islamabad	Participation	Dept. Sports Sciences & Phy. Edu.
38	Rooma Abbas Football	07 th National Football Championship 19 Sep -02 Oct 2011 Islamabad	Participation	D Dept. Sports Sciences & Phy. Edu.
39	Kiran Javad Football	07 th National Football Championship 19 Sep -02 Oct 2011 Islamabad	Participation	Dept. Sports Sciences & Phy. Edu.

Participation at Interuniversity Level

Sr. #	Name	Event	Position Overall	Department
1	Hira Aziz Hockey	Inter University Hockey Championship November 2010 Karachi	Participation	Dept. Sports Sciences & Phy. Edu.
2	Zeba Manzoor Hockey	Inter University Hockey Championship November 2010 Karachi	Participation	Dept. Sports Sciences & Phy. Edu.

3	Bushra Malik Hockey	Inter University Hockey Championship November 2010 Karachi	Participation	Dept. Sports Sciences & Phy. Edu.
4	Farhan Sadiq Hockey	Inter University Hockey Championship November 2010 Karachi	Participation	Dept. of Special Education
5	Sidra Munawar Hockey	Inter University Hockey Championship November 2010 Karachi	Participation	Dept. of Special Education
6	Bushra Nazir Hockey	Inter University Hockey Championship 26-29 November 2010 Karachi	Participation	Sheikh Zaid Islamic Center
7	Munazza Iram Hockey	Inter University Hockey Championship 26-29 November 2010-11 Karachi	Participation	Dept. of Sociology
8	Madiha Latif Hockey	Inter University Hockey Championship 26-29 November 2010-11 Karachi	Participation	Dept. of Sociology
Football				
9	Sumaira Rajab Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
10	Rabia Arooj Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
11	Bushra Malik Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
12	Sumaira Parveen Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
13	Asma Usman Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Hailey College Banking & Finance
14	Iqra Tabbasum Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
15	Aisha Qazi Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.

16	Hira Aziz Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
17	Rukhsana Shaheen Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
18	Rooma Abbas Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
19	Rahila Football	Inter University Football Championship 03 February 11 Islamabad	Winner	Sheikh Zaid Islamic Center
20	Saniha Kahnem Football	Inter University Hockey Championship 03 February 11 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
VOLLEYBALL				
21	Zeba Manzoor Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
22	Zunaira Tasleem Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
23	Madiha Latif Volleyball	Inter University Volley Championship 06 February11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
24	Hira Atta Volleyball	Inter University Volley Championship 06 February11, Islamabad	Winner	Dept. of Sociology
25	Rizwana Kanwal Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
26	Qibtia Jamshaid Volleyball	Inter University Volley Championship 06 February11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
27	Sidra Munawar Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. of Special Education
28	Uzma Yousaf Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. of Special Education
29	Asma Jalil Volleyball	Inter University Volley Championship 06 February 11, Islamabad	Winner	Dept. of Special Education

BASKETBALL				
30	Almeera Iftikhar Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. of Applied Psychology
31	Sadia Latif Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
32	Rooma Abbas Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
33	Sahr Zafar Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
34	Sobia Sultana Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
35	Bushra Nazir Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Seikh Zaid Islamic Center
36	Farzana Nisar Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. of Sociology
37	Nayar Nasir Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Hailey College of Commerce
38	Razia Nazir Basketball	Inter University Basketball Championship 03 April 11, Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
HANDBALL				
39	Razia Nazir Handball	Inter University Handball Championship 07 April 11 Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
40	Bushra Nazir Handball	Inter University Handball Championship 07 April 11 Islamabad	Runner up	Seikh Zaid Islamic Center
41	Nayar Nasir Handball	Inter University Handball Championship 07 April 11, Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
42	Hira Atta Handball	Inter University Handball Championship 07 April 11, Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.
43	Sumaira Parveen Handball	Inter University Handball Championship 07 April 11, Islamabad	Runner up	Dept. Sports Sciences & Phy. Edu.

44	Farzna Nisar Handball	Inter University Handball Championship 07 April 11, Islamabad	Runner up	Dept. of Sociology
BADMINTON				
45	Maria Khan Badminton	Inter University Badminton Championship 07 April, 10 Faisalabad	Winner	Hailey College of Commerce
46	Anam Bilal Badminton	Inter University Badminton Championship 07 April 10 Faisalabad	Winner	Dept. Sports Sciences & Phy. Edu.
47	Rizwana Kanwal Badminton	Inter University Badminton Championship 07 April 10, Faisalabad	Winner	Dept. Sports Sciences & Phy. Edu.
LAWN TENNIS				
48	Natasha Shahid Tennis	Inter University Tennis Championship 09 April 11, Islamabad	3 rd	Dept. of History
49	Farah Batool Tennis	Inter University Tennis Championship 09 April 11, Islamabad	3 rd	Dept. Sports Sciences & Phy. Edu.
TABLE TENNIS				
50	Tamsila Yousaf Table Tennis	Inter University Tennis Championship 05 Dec 10 Faisalabad	3 rd	Dept. Sports Sciences & Phy. Edu.
51	Qurat ul Ain Table Tennis	Inter University Tennis Championship 05 Dec 10 Faisalabad	3 rd	Dept. of Mass Communication
52	Iqra Hafeez Table Tennis	Inter University Tennis Championship 05 Dec 10 Faisalabad	3 rd	Dept. of Mass Communication
CRICKET				
53	Zeba Manzoor Cricket	Inter University Cricket Championship 13 February 11 Bahawalpur	Winner	Dept. Sports Sciences & Phy. Edu.
54	Aisha Qazi Cricket	Inter University Cricket Championship 13 February 11 Bahawalpur	Winner	Dept. Sports Sciences & Phy. Edu.
55	Iqra Tabassum Cricket	Inter University Cricket Championship 13 February 11 Bahawalpur	Winner	Dept. Sports Sciences & Phy. Edu.

56	Kiran Javad Cricket	Inter University Cricket Championship 13 February 11 Bahawalpur	Winner	Dept. Sports Sciences & Phy. Edu.
57	Rahila Younis Cricket	Inter University Cricket Championship 13 February 11 Bahawalpur	Winner	Sheik Zaid Islamic Center
58	Sobia Sultana Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
59	Sumaira Parveen Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Dept. Sports Sciences & Phy. Edu.
60	Bakhtawar Sultan Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Hailey College of Banking & Finance
61	Javiaria Sultan Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Hailey College of Banking & Finance
62	Sehrish Asghar Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Hailey College of Banking & Finance
63	Munnaza Tufail Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Law College
64	Madiha Latif Athletics	Inter University Athletics Championship 20-25 Dec 10 Islamabad	Winner	Law College

Achievements at National Level

- 2 players went to China representing Pakistan Youth Delegation August 2011
- 5 Players represented HEC and won Silver Medal National Women Volleyball Championship, 2011.
- 4 Players represented HEC in 42nd National Athletics and won 3rd position trophy. (4 Bronze – 1 Silver total 57 Points)
- 5 Players represented HEC in 31st National Games (Athletics and won 3rd position Trophy.

- 4 Players represented HEC in 43rd National Athletics and won Runners Trophy.
- 3 players represented Punjab in National Machine Rowing championship and won Gold in Single & Doubles events.
- 2 players represented Punjab in National Softball championship and won Gold.
- 1 player is selected to represent Pakistan universities team for World University Championship at China August 2011.
- 8 Players represented Punjab in National Basketball championship and won 3rd position 2011
- 2 players represented Pakistan cricket team who won Asian Games Gold in Cricket
- 1 player was nominated as Vice Captain of Pakistan football team during SAF Football Cup at Bangladesh.

Incentives and Honors/ Awards for Players

- Enhancement of remuneration for Players, Coaches and Technical officials.
- Free admission, Fee waivers and need based scholarships are given.
- Equipment and sports gear is provided to the players.

DEPARTMENT OF SPORTS (MEN)

Inter-Departmental Sports

During the session under review, the Punjab University Men's Sports Department, not only conducted **Inter-Department tournaments in Athletics, Badminton, Cricket, Football, Table Tennis, Handball & Tug-of-War** were conducted in which a large number of student-players of the University Teaching Departments/ Institutes actively and keenly participated. The results and positions obtained by these Departments/Institutes are as such:

Gujranwala Campus won the title of 'Around Champions' with 20 points while Department of Sports Sciences. was 'Around Runners-up with 18 points.

Sr. #	Games	Winner	Runners-up
1.	Inter-Department Badminton Championship P.U. Lahore	I.B.I.T.	P.U. Gujranwala Campus
2.	Inter-Department Cricket Championship P.U. Lahore	Economics	P.U. Gujranwala Campus
3.	Inter-Department Hockey Championship P.U. Lahore	Sports Sciences	Instt. Chem. Engg.
4.	Inter-Department Volleyball Championship P.U. Lahore	Sports Sciences	Centre for High Energy Physics
5.	Inter-Department Tug-of-War Championship P.U. Lahore	P.U. Gujranwala Campus	Social Work

Achievements of Punjab University (Men) Players for 2010-11

Punjab University team also got around Runners-up' Position in the Inter-University Championship the details of achievements of Punjab University teams in the Inter-University tournaments are as under:

Punjab University Participation in Inter-University Individual Level

Sr. #	Name of Players	Event	Event Position	College/Department
1.	M. Faisal Sultan	Inter-University Athletics Championship, November. 2010 Peshawar	5000 M. Winner 10000 M. Silver 3000 M. Silver	Akhwan Sc. College, Barki.
2.	Muhammad Zahid	Inter-University Athletics Championship, November 2010 Peshawar	Hammer Winner	Instt. Chem. Engg.
3.	M. Faisal Ali	Inter-University Athletics Championship, November 2010 Peshawar	High Jump Winner	Akhwan Sc. College, Barki.
4.	Zahid Ali	Inter-University Athletics Championship, November 2010 Peshawar	400 M.H. Winner 400 M. Bronze	Akhwan Sc. College, Barki.
5.	Muhammad Ishaq	Inter-University Athletics Championship, November 2010 Peshawar	1500 M. Silver 800 M. Bronze	Akhwan Sc. College, Barki.
6.	Khalil Majeed	Inter-University Athletics Championship, November 2010 Peshawar	Javelin Silver	Akhwan Sc. College, Barki.
7.	Muhammad Nawaz	Inter-University Athletics Championship, November 2010 Peshawar	110 M.H. Winner	Akhwan Sc. College, Barki.
8.	Waheed younas	Inter-University Athletics Championship, November 2010 Peshawar	5000 M. Bronze	Akhwan Sc. College, Barki.
9.	M. Anees Ahmad	Inter-University Athletics Championship, November 2010 Peshawar	200 M. Silver	Hailey College Com. Lahore
9.	Mudassar Mushtaq	Inter-University Athletics Championship, November 2010 Peshawar	110 M.H. Silver	Sports Sciences P.U.
10.	Mursil Mehmood	Inter-University Swimming Championship, April 2011 U.E.T. Lahore	Gold Silver Silver Silver	P.U. I.B.A.
11.	Sana Ullah	Inter-University Swimming Championship, April 2011 U.E.T. Lahore	Silver Bronze	P.U. I.B.A.

12.	Hamza Tahir	Inter-University Swimming Championship, April 2011 U.E.T. Lahore	Silver Bronze Bronze	P.U. I.B.A.
13.	Usman Akhtar	Inter-University Swimming Championship, April 2011 U.E.T. Lahore	Bronze Bronze	College of Pharmacy
14.	M. Waqas	Inter-University Swimming Championship, April 2011 U.E.T. Lahore	Bronze	Instt. Chem. Engg.
15.	Nasrullah	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Gold.	P.C.C., Lahore
16.	M. Junaid Ahmad	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Bronze	H.C. Banking & F.
17.	Zain ul Abideen	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Silver	P.C.C., Lahore
18.	Imran Anwar	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Bronze	P.U. Gujranwala Campus
19.	Waqar Asif	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Silver	P.C.C., Gujranwala
20.	Mazhar Ali	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Bronze	P.C.C., Lahore
21.	Muhammad Inam	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Gold	P.U. Gujranwala Campus
22.	Tabish Mehmood	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Gold	P.U. Gujranwala Campus
23.	M. Kashif Iqbal	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Silver	P.U. Law College
24.	Ehtasham Asif	Inter-University Wrestling Championship, November	Silver	P.U. Gujranwala Campus

		2010 U.C.P. Lahore		
25.	Muhammad Bilal Butt	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Silver	P.C.C., Lahore
26.	Muhammad Wasif Iqbal	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Silver	P.C.C., Lahore
27.	Muhammad Ramzan	Inter-University Wrestling Championship, November 2010 U.C.P. Lahore	Bronze	P.C.C., Lahore
28.	Muhammad Tahir	Inter-University Rifle Shooting Championship, June 2011 Agri. Univ. Faisalabad	2 Silver	P.U. Law College
29.	Muhammad Tanveer	Inter-University Rifle Shooting Championship, June 2011 Agri. Univ. Faisalabad	1 Silver	P.U. Sociology
30.	Muhammad Naveed	Inter-University Rifle Shooting Championship, June 2011 Agri. Univ. Faisalabad	1 Bronze	P.U. Sports Sciences
31.	Muhammad Fayyaz	Inter-University Gymnastics Championship, April 2011 G.C.U. Lahore	Gold Silver Bronze	Instt. Chem. Engg.
32.	Hafiz Muhammad Sufyan	Inter-University Gymnastics Championship, April 2011 G.C.U. Lahore	Silver 2 Bronze	P.U. I.A.S.
33.	Muhammad Aqib	Inter-University Gymnastics Championship, April 2011 G.C.U. Lahore	Gold Silver Bronze	P.C.C. Lahore
34.	Muhammad Salman	Inter-University Gymnastics Championship, April 2011 G.C.U. Lahore	2 Bronze	P.C.C., Lahore
35.	Muhammad Sulman	Inter-University Body-Building Championship, November 2010 U.V.A. Sciences Lahore	Silver	College of Pharmacy

Punjab University Participation in Inter-University Team Level

Sr. #	Event	Event Position
1.	Inter-University Athletics Championship, November 2010, Peshawar	Gold
2.	Inter-University Football Championship, January 2011, NED. Karachi	Gold
3.	Inter-University Wrestling Championship, November 2010, U.C.P., Lahore	Gold
4.	Inter-University Judo Championship, December 2010, Islamia Univ. Bahawalpur	Silver
5.	Inter-University Tennis Championship, February 2011, G.C.U., Lahore	Silver
6.	Inter-University Rowing Championship, April 2011, University of Lahore	Silver
7.	Inter-University Squash Championship, November 2010, Mehran University, Jamsoro	Silver
8.	Inter-University Gymnastics Championship, April 2011, Govt. College Univ. Lahore	Silver
9.	Inter-University Rifle Shooting Championship, June 2011 Agri. University, Faisalabad	Silver
10.	Inter-University Swimming Championship, April 2011, U.E.T. Lahore	Silver
11.	Inter-University Tug-of-War Championship, March 2011, B.Z. Univ. Multan	Bronze
12.	Inter-University Handball Championship, April 2011, Peshawar University	Bronze
13.	Inter-University Water Polo Championship, April 2011, G.C. U. Lahore	Bronze
14.	Inter-University Body-Building Championship, November 2010 U.V.A. Sciences, Lahore	Bronze
15.	Inter-University Weight Lifting Championship, November 2010 U.C.P. Lahore	Bronze

P.C.C. Lahore. with 151 Points, topped the points-position table P.U.T.D. was second with 108 points; whereas I.C. Civil Lines, Lahore, occupied Third position with 46 points.

Punjab University combined Teaching Departments teams were duly selected, their camps training were arranged. Their participation in the University Inter-Collegiate tournaments was ensured. The detail of performance of these teams given hereunder:-

Participation in Inter-Collegiate P.U.T.D. Team Level

Sr. #	Event	Event Position
1.	Inter-Collegiate Athletics Championship, March 2011 P.U. Lahore	Bronze
2.	Inter-Collegiate Badminton Championship, January 2011 P.U. Lahore	Gold
3.	Inter-Collegiate Basketball Championship, December 2010 P.U. Lahore	Silver
4.	Inter-Collegiate Boxing Championship, October 2010 P.U. Lahore	Silver
5.	Inter-Collegiate Football Championship, November 2010 P.U. Lahore	Gold

6.	Inter-Collegiate Gymnastics Championship, March 2011 P.U. Lahore	Gold
7.	Inter-Collegiate Hockey Championship, March 2011 P.U. Lahore	Silver
8.	Inter-Collegiate Hiking Championship, February 2011 P.U. Lahore	Gold
9.	Inter-Collegiate Handball Championship, March 2011 P.U. Lahore	Silver
10.	Inter-Collegiate Rowing Championship, March 2011 P.U. Lahore	Silver
11.	Inter-Collegiate Rifle Shooting Championship, February 2011 P.U. Lahore	Gold
12.	Inter-Collegiate Squash Championship, November 2010 P.U. Lahore	Gold
13.	Inter-Collegiate Tug-of-War Championship, February 2011 P.U. Lahore	Silver
14.	Inter-Collegiate Table Tennis Championship, October 2010 P.U. Lahore	Gold
15.	Inter-Collegiate Volleyball Championship, February 2011 P.U. Lahore	Bronze
16.	Inter-Collegiate Wrestling Championship, October 2010 P.U. Lahore	Bronze

In addition, meetings of the Executive Committee, Sub-Committees and General House of the Punjab University Sports Committee as well as of the Punjab University Teaching Departments Sports Association were also convened to discuss and decide urgent matters inclusive of budget estimates and Annual activities reports.

Furthermore, vast area of playing-fields both at Old and New Campuses;, Boat Club, Physical Fitness Centre and New Campus Swimming Pool are properly looked –after, up kept and maintained in a smooth manner.

In brief, the work and performance of Punjab University Sports Department (Men), was most satisfactory for the sessions 2010-'11.

Inter-University Result

03 Gold, 07 Silver and 05 Bronze.

Athletics

05 Gold, 05 Silver and 04 Bronze.

Swimming

01 Gold , 05 Silver and 06 Bronze.

Wrestling

02 Gold, 04 Silver and 01 Bronze.

Weight Lifting

01 Gold, 02 Silver and 03 Bronze.

Gymnastics

02 Gold, 03 Silver and 05 Bronze.

Rifle Shooting

00 Gold, 03 Silver and 01 Bronze.

Body-Building

00 Gold, 01 Silver and 00 Bronze.

Inter-Collegiate

Punjab University Teaching Departments

07 Gold, 06 Silver and 03 Bronze.

Over All Total Medal

21 Gold, 36 Silver and 28 Bronze.