

Chapter 10 Sports

DEPARTMENT OF SPORTS (MEN)

During the session under review, the Punjab University Men's Sports Department, not only conducted Inter-Department & Inter-Collegiate sports tournaments in various games and sports, but it also selected, trained and managed University Teaching Departments combined teams as well as Punjab University teams for their participation in the University Inter-Collegiate and Inter-University Championships.

The standard and performance of both University Teaching Departments and Punjab University teams has been remarkably praise-worthy. P.U.T.D. got alround Runner-sup position in the University Inter-Collegiate tournaments; Punjab University team also got alround Runner-up' Position in the Inter-University Championship.

The details of achievement of Punjab University teams in the Inter-University tournaments are as under:-

○ Wushu	Winner
○ Water Polo	Winner
○ Badminton	Second
○ Swimming	Second
○ Weight Lifting	Third
○ Squash	Third
○ Wrestling	Third
○ Table Tennis	Third
○ Rifle Shooting	Third
○ Gymnastics	Third
○ Judo	Third
○ Netball	Third
○ Body-Building	Fourth
○ Rowing	Fourth
○ Tennis	Fourth
○ Boing	Fourth
○ Athletics	Fourth
○ Chess	Fourth
○ Taekwondo	Fourth
○ Cycling	Fourth
○ Ski	Fourth

As mentioned above, Inter-Collegiate tournaments in 9 different disciplines were held in which a number of teams from affiliated Colleges and constituent Institutions took part. The results were as under:-

Games	Winner	Runners-up
Body-Building	P.U.T.D.	I.C. Railway Road Lahore.
Badminton	P.U.T.D.	H.C.C., Lahore
Football	P.U.T.D.	G.C.Com. Faisalabad.
Hockey	P.U.T.D.	H..C.&F
Kabaddi	Govt. College, Narang.	G.Gulbarg College, Lhr.
Rifle Shooting	P.U.T.D.	P.U. Law College
Tug-of-War	P.U.T.D.	Akhwan Sc. College, Barki
Volleyball	P.U.T.D.	G.Gulberg College, Lhr.
Cricket	P.U.T.D.	H.C.C., Lahore.

P.U.T.D. with 85 Points, topped the points-position table P.U. Law College was second with 27 points; whereas Hailey College of Commerce, occupied Third position with 19 points.

Punjab University combined Teaching Departments teams were duly selected, their camps training were arranged. Their participation in the University Inter-Collegiate tournaments was ensured. The detail of performance of these teams given hereunder:-

- Badminton Winner
- Football Winner
- Hockey Winner
- Rifle Shooting Winner
- Tug-of-War Winner
- Table Tennis Winner
- Volleyball Winner
- Body-Building Winner
- Kabaddi Third

The performance of PUTD teams & players on pre page Championships was really praise-worthy. Out of major Colleges, the P.U.T.D. got the distinction of 'Overall Winner – a rare achievement.

Apart from arranging/managing PUTD teams in Inter-Collegiate tournaments, Inter-Department tournaments in Athletics, Badminton, Hockey, Football, Table Tennis, Basketball & Tug-of-War were conducted in which a large number of student-players of the University Teaching Departments/ Institutes actively and keenly participated. The results and positions obtained by these Departments/ Institutes are as follows:

Games	Winner	Runners-up
Athletics	Sports Sciences	Gujranwala Campus
Badminton	I.B.A.	Chem. Engg. & Tech.
Football	Sports Sciences	I.Q.T.M.
Hockey	Sports Sciences	Gujranwala Campus
Basketball	Gujranwala Campus	Sports Sciences
Tug-of-War	I.E.R.	Chem. Engg. & Tech.
Table Tennis	Chem. Engg. & Tech.	Sports Sciences

Apart from arranging/managing PUTD teams in Inter-Collegiate tournaments, Inter-Department tournaments in Athletics, Badminton, Hockey, Football, Table Tennis, Basketball & Tug-of-War were conducted in which a large number of student-players of the University Teaching Departments/ Institutes actively and keenly participated. The results and positions obtained by these Departments/ Institutes are as follows:

Sports Sciences won the title of ‘All Round Champions’ with 44 points while Gujranwala Campus was ‘Allround Runners-up’ with 34 points.

In addition, meetings of the Executive Committee, Sub-Committees and General House of the Punjab University Sports Committee as well as of the Punjab University Teaching Departments Sports Association were also convened to discuss and decide urgent matters inclusive of budget estimates and Annual activities reports.

Furthermore, vast area of playing-fields both at Old and New Campuses, Boat Club, Physical Fitness Centre and New Campus Swimming Pool are properly maintained in a smooth manner.

In brief, the work and performance of Punjab University Sports Department (Men), was most satisfactory for the sessions 2011-12.

DEPARTMENT OF SPORTS (WOMEN)

• Jashan-e-Bahran Girls Sports Gala 2012 : Results of All Events

Sr. No.	Name of Player	Game	Department	Position
1.	Iqra Tabssum Nayer Nasir Sports Science “A”	D.W. Cricket	Sports Sciences.	Winner
2.	Hira Aziz Saba Riaz Sports Science “B”	D.W. Cricket	Sports Sciences	Runners Up
3.	Tamsila Yousaf	Table Tennis Single	Sports Sciences	Winner
4.	Sidra Munir	Table Tennis Single	English	Runners Up
5.	Tamsila Yousaf Iqra Rasheed	Table Tennis Doubles	Sports Sciences	Winner

Sr. No.	Name of Player	Game	Department	Position
6.	Shumila Khalid Rahida Waheed	Table Tennis Doubles	Geography.	Runners Up
7.	Iqra Rasheed	Badminton Single	Sports Sciences	Winner
8.	Sidra Ghulam Nabi	Badminton Single	Sports Sciences	Runners Up
9.	Iqra Rasheed Sidra Ghulam Nabi	Badminton Doubles	Sports Sciences	Winner
10.	Azka Jannat Fazal	Badminton Dobles	Clinical Psychology	Runners Up
11.	Hira Atta Qibtia Jamshaid Saima Majeed Noor-un-Nisa Nayla Rukhsana Shaheen Uzma Yousaf Sidra Butt	Volleyball	Sports Sciences	Winner
12.	Shumila Khalid Rashida Waheed Sehar Amina Mehwish Afifa Wajiha Iqra	Volleyball	Geography.	Runners Up
13.	Samar Anjum	High Jump	I.B.A	Gold
14.	Uzma Yousaf	High Jump	Sports Sciences	Silver
15.	Yasmeen Azka	High Jump	Sports Sciences Clinical Pshy.	Bronze
16.	Samar Anjum	Long Jump	I.B.A	Gold
17.	Shumaila Khalid	Long Jump	Geography.	Silver
18.	Bushra Malik Qibita Jamshaid	Long Jump	Sports Sciences.	Bronze
19.	Hira Atta	Javelin Throw	Sports Sciences	Gold
20.	Noor-un-Nisa	Javelin Throw	Sports Sciences	Silver
21.	Rashida Waheed	Javelin Throw	Geography.	Bronze
22.	Saba Riayz	Discus Throw	Sports Science	Gold
23.	Hira Atta	Discus Throw	Sports Science.	Silver
24.	Azka	Discus Throw	Clinical Psychology.	Bronze
25.	Hira Atta	Shot Put	Sports Science	Gold
26.	Saba Riayz	Shot Put	Sports Science	Silver

Sr. No.	Name of Player	Game	Department	Position
27.	Rashida Waheed	Shot Put	Geography	Bronze
28.	Uma Yousaf	200 Meter	Sports Science	Gold
29.	Shumila Khalid	200 Meter	Geography	Silver
30.	Rashida Waheed	200 Meter	Geography	Bronze
31.	Rashida Waheed	400 Meter	Geography	Gold
32.	Rukhsana Shoukat	400 Meter	Sports Sciences	Silver
33.	Farwa Shoukat	400 Meter	Sports Sciences	Bronze
34.	Iqra Tabsum Hira Aziz Qibita Jamshaid Bushra Malik	4x100 Meter	Sports Science	Gold
35.	Kainat Momina Lamae Mariyam	4x100 Meter	Clinical Pshy.	Silver
36.	Rashida Waheed Shumila Khalid Amina Wajiha	4x100 Meter	Geography	Bronze
37.	Most Entertaining Team	Clinical Psychology.		
38.	Maximum Participation Award	Geography.		
39.	Best Player (S) Volleyball Table Tennis Badminton Cricket	Hira Atta Tamsila Yousaf Iqra Rashid Iqra Tabssum	Sports Science	
40.	Best Athlete			
41.	Consolation Prize	Sheik Zaid Islamic Center		
42.	All Rounder General Trophy	Sports Science		

• **Achievements:**

- 4 Players represented HEC in 43rd National Athletics and won Runners Trophy.
- 3 players represented Punjab in National Machine Rowing championship and won Gold in Single & Doubles events. (Sobia Sultana, Rooma Abbas and Farzana Nisar).
- 6 players represented Netball National Championship 2012 won Bronze Medal (Rooma, Sumaira, Razia, Rizwana, Humaiza, Sidra)
- 4 players represented National Basketball Championship 2012 won Silver Medal (Rooma, Nayyer, Sobia, Sahar).

- 3 players represented National Volleyball Championship 2012 won Bronze medal (Saima Majeed, Zeba, Hira Atta)
- 3 players represented National Athletics Ranking Meet:
 - Sehrish Asghar: 400 M (Gold) and 200 M (Silver)
 - Sobia: Shot Putt (4th) and Javelin (2nd)
 - Atia Sultana: 100 M Hurdle and 400 M Hurdle.
- 1 player is selected to represent Pakistan universities team for World Universiad at China. (Nighat Kausa Athletics).
- 8 Players represented Punjab in National Basketball championship and won 3rd position 2011
- 2 players represented Pakistan cricket team who won Asian Games Gold in Cricket. (Nida Dar and Sania Khan).
- 5 players represented HEC in National Cricket and secured Runners up position 2012.
- 4 players were selected for Pakistan softball team for Asian Softball Championship at Chinese Taipei 2011.(Marrium Butt, Zeba Manzoor, Ayesha Qazi and Summiya Farrukh).
- One player selected to represent Pakistan Jr. Team in hockey for Bangkok 2012. (Sadia Akram).
- 4 players represented HEC in National Handball and won Silver medal, 2012.(Rooma ,Nayyer, Razia and Sobia Sultana).
- 3 players represented HEC in National Cycling and won Silver and Individual Gold.
- Won the CM Cup University level competitions 2012.(Sidra Ghulam Nabi, Mahwish Iqbal and Razia Hanif).
- Record participation in Athletics (29) colleges and Volleyball (25) Colleges this year.
- One player won Gold medal at National Karate Championship 2012. (Anza Tahir).
- Punjab University women teams have been winning “All Round General Trophy” at HEC for the Last three Decades.
- 5 Players represented HEC and won Silver Medal National Women Volleyball Championship, 2011.
- 5 Players represented HEC in 31st National Games (Athletics and won 3rd position Trophy.
- 4 Players represented HEC in 43rd National Athletics and won Runners Trophy.
- 2 players represented Punjab in National Softball championship and won Gold.
- 1 player is selected to represent Pakistan universities team for World University Championship at China.
- 8 Players represented Punjab in National Basketball championship and won 3rd position 2011
- 1 player represented Pakistan cricket team who won Asian Games Gold in Cricket
- 1 player was nominated as Vice Captain of Pakistan football team during SAF Football Cup at Bangladesh.

- **PUTD Scholarships to Players**

- PUTDSA is giving Scholarship and Fee Waivers to the outstanding players.

Sr. No.	Name	Institution	Game	Amount
1	Shumila	Geography	Hockey	3,000/-p.m
2	Rashida Waheed	Geography	Hockey	3,000/-p.m
3	Saliha	Sports Science	Hockey	1,500/-p.m
4	Aqsa Bashir	Fine & Art	Hockey	1,500/-p.m
5	Fatima Zahid	I.E.R	Football	1,500/-p.m
6	Qibtia Jamshad	Sports Science	Football	1,500/-p.m
7	Hira Aziz	Sports Science	Football	3,000/-p.m
8	Rizwana Kanwal	Sports Science	Handball	1,500/-p.m
9	Noor-un-Nisa	Sports Science	Handball	1,500/-p.m
10	Umme Kalsoom	Philosophy	Cricket	1,500/-p.m
11	Summiya Farukh	Sociology	Cricket	1,500/-p.m
12	Sidra Munwar	Sports Science	Volleyball	1,500/-p.m
13	Zilkaif	Clinical Psychology	Basketball	1,500/-p.m
14	Iqra Rashid	Sports Science	Badminton	1,500/-p.m
15	Amna Taj	Stat stick	Badminton	1,500/-p.m
16	Sadia Akram	M.A English	Hockey	4,000/-p.m
17	Rukhsana Shoukat	Mass Com	Hockey	2,500/-p.m
18	Samina Zulifkar	Sports Science	Hockey	3,000/- p.m
19	Samia Maqsood	(B.S.H) I.A.S	Cricket	3,000/- p.m
20	Saher Zafer	Sports Science	Basketball	3,000/- p.m
21	Naseem Akhtar	Sports Science	Athletics	3,000/- p.m
22	Mayera Yaqoob	Special Education	Handball	1,500/- p.m
23	Zunaira Liaqat	Hailey College of Commerce.	Cricket	1000/- p.m
24	Iqra Tabbasum	Sports Science	Cricket	1000/- p.m
25	Sidra Ghulam Nabi	Sports Science	Netball	1000/- p.m
26	Rukhsana Shaheen	Sports Science	Football	1000/- p.m
27	Bushra Malik	Sports Science	Hockey	1000/- p.m
28	Saba Riaz	Sports Science	Cricket	1000/- p.m

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
HANDBALL								
1.	Rooma Abbas	Integrated Monition Research	Rooma Abbas	1st	Rooma Abbas	Fourth	Rooma Abbas	
2.	Samina Zulifqar	Sports Sciences	Samira Zulfiqar		Samira Zulifqar		Nayyer Nasir	
3.	Zunera Jamil	Sociology	Zuneera Jamil		Zuneera Jamil			
4.	Nayyer Nasir	Sports Sciences	Nayyer Nasir		Maria Javed			
5.	Razia Nazir	Gender Study	Razia Nazir		Atia Altaf			
6.	Maria Javed	Sports Sciences	Atia altaf		Nayyer Nasir			
7.	Atia Altaf	-do-	Robina Kousar		Samia Haider			
8.	Ronina Kousar	-do-	Asifa Amjad		Rubina Kousar			
9.	Asifa Amjad	-do-	Sadia Latif		Sumaira parveen			
10.	Sadia Latif	-do-	Asma Ashraf		Razia Nazir			
11.	Asma Ashraf		Maria Javed		Najma			
12.	Najma	Geography	Najma		Asifa Amjad			
13.	Aasia Sttar	Clinical Psychology			Aasia Sttar			
14.	Samia Haider	Geography						
15.	Sumaira Parveen	Kashmiriat						
HOCKEY								
1.	Hira Aziz	Archaeology	Hira Aziz	Winner	Munazza Iram	1st		
2.	Shumaila Khalid	Geography	Shumaila Khalid	-do-	Rahsida Waheed			
3.	Summiya Farrukh	Philosophy	Summiya Farrukh	-do-	Suhmaila Khalid			
4.	Ishrat Begum	Education & Research	Ishrat Begum		Hira Aziz			
5.	Munazza Iram		Munazza Iram		Bushra Nazir			
6.	Saliha Shoukat	Sports Sciences	Saliha Shoukat		Saliha Shoukat			
7.	Bushra Nazir		Bushra Nazir		Sidra Ashfaq			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
8.	Rashida Waheed	Sports Sciences	Rashida Waheed		Aqsa Chohan			
9.	Neelum Khalid	-do-	Neelum Khalil		Iqra Rashid			
10.	Aqsa Chohan	Art & Design	Aqsa Chohan		Asma Ashraf			
11.	Rukhsana Shukat	Communication Study's	Rukhsana Shukat		Sahrish Arshad			
12.	Samia Haider	Geography	Samia Haider		Rashida Malik			
13.	Robina Kousar	Sports Sciences	Robina kousar		Ishrat Begum			
14.	Asma Ashraf				Samia Haider			
15.	Sidra Ashfaq				Ayesha Yousaf			
16.	Ayesha Yousaf				Rukhsana Shoukat			
17.	Sahrish Arshed	Administrative Sciences						
18.	Rashida Malik							

NETBALL

1.	Rooma Abbas		Rooma Abbas		Rooma Abbas		Rooma Abbas	
2.	Samina Zulfiqar	Sports Sciences	Samina Zulfiqar		Munaiza Riaz		Humaiza Riaz	
3.	Sumaira Parveen		Sumaira Parveen		Barka Lodhi			
4.	Samia Haider	Geography	Samia Haider		Rubina Kousar			
5.	Afshan Khadim	Sports Sciences	Afshan Khadim		Atia Altaf			
6.	Saira		Saira		Samina Zulfiqar			
7.	Rubina Kousar	Sports Sciences	Rubina Kousar		Afshan Khadim			
8.	Zuneera Jamil	Sociology	Zuneera Jamil		Samia Haider			
9.	Najma	Sports Sciences	Atia Altaf		Bushra Mehmood			
10.	Asifa Amjad	Geography	Najma		Huda Babar			
11.	Munaiza Riaz	Sports Sciences	Asifa Amjad		Sumaira Parveen			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
12.	Barka Lodhi				Saira			
13.	Bushra Mehmood	French						
14.	Huda Babar	Law College P.U.						

ROWING

1.	Sobia Sultana	Kashmiryat			Sobia Sultana	Winner		
2.	Razia Hanif	B.B.A			Razia Hanif	Runners Up		
3.	Razia	B.B.A	Not Held		Romma + Sobia	winner		
4.	Rooma Abbas	Sports Sciences			Mariyam	Winner		
5.	Nayyer Nasir	-do-			Ayesha	Winner		
6.	Ayesha	-do-			Saima	Winner		
7.	Saima	I.A.S			Ume Kalsoom	Winner		
8.	Ume Kalsoom	Philosophy			Iqra Rasheed	Runner Up		
9.	Iqra Rasheed	Sports Sciences						

SQUASH

1.	Amna Mehboob	French	Not Held		Amna Mehboob	Winner		
2.	Samr Anjum	I.B.A			Samr Anjum			
3.	Amna Taj	Statistics			Amna Taj			
4.	Iqra Rasheed	Sports Sciences			Iqra Rasheed			

BASEBALL

1.	Aysha Qazi	Sports Sciences			Aysha Qazi	Winner		
2.	Marryam Butt	Chemistry			Zeba Manzoor			
3.	Summiya Farukh	Sociology			Marryam Butt			
4.	Zunaira Liaquat	B.Com			Summiya Farukh			
5.	Filza Aleem	B.B.A			Zunaira Liaquat			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
6.	Iqra Rasheed	Sports Sciences			Filza Aleem			
7.	Rashida Waheed	Geography			Iqra Rasheed			
8.	Akiya Riaz	B.B.A			Rashida Waheed			
9.	Saima Maqsood	I.A.S			Aliya Riaz			
10.	Umme Kalsoom	Philosophy			Saima Maqsood			
11.	Rooma Abbas	Kashmiriat			Umme Kalsoom			
12.	Mehwish Iqbal	Geography			Rooma Abbas			
13.	Sidra raisat	-do-			Mehwish			
14.	Razia Hanif	B.B.A			Sidra Raisat			
15.	Zeba Manzoor	Sports Sciences			Razia Hanif			

CYCLING

1.	Aqsa Chuhan	Fine Art	Aqsa	2nd	Razia Hanif	Winner	Sidra Gulam Nabi	
2.	Saliha Shokat	Sports Sciences	Saliha		Mehwish Iqbal		Razia Hanif	
3.	Rashida Waheed	Geography	Rashida		Aqsa Chuhan		Winner	
4.	Nighat Kousar	Islamic Studies	Night		Zunaira Liaqat			
5.	Asma Haq	Fine Arts			Iram Shzadi			
6.	Asia Sattar				Sidra Ghulam Nabi			
7.	Sidra Ghulam Nabi							

RIFLE SHOOTING

1.	Zunaiara	B.Com			Zunaira Liqat	Runners Up		
2.	Zeba Manzoor	Sports Science			Zeba Manzoor			
3.	Nighat Kousar	Islamiyat B/S			Nighat Kousar			
4.	Aisha Qazi	Sports Sciences			Aisha Qazi			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
5.	Mariyyam Butt	Chemistry	Not Held		Mariyam Butt			
6.	Sumiya Rarrukh	Sociology			Sumiya Rarrukh			
7.	Filza Aleem	B.B.A			Filza Aleem			
8.	Nousheen Qaiser	P.U.C.I.T			Nousheen Qaiser			
9.	Sara Riaz	P.U.C.I.T			Sara Riaz			
10.	Naseem Akhter	Sports Sceinces			Naseem Akhter			

JUDO 2011-12

1.	Zunaira	B.Com			Zunaira			
2.	Razia Hanif	B.B.A			Razia Hanif			
3.	Anza Tahir	Psychology			Anza Tahir			
4.	Nimra Naseem	-do-			Nimra Naseem			
5.	Mehrunisa	-do-			Mehrunisa			
6.	Rabia Arshad	Sports Sciences	Not Held		Rabia Arshad			
7.	Filza Aleem	B.B.A			Filza Aleem			
8.	Nazia Noureen	Law College			Nazia Noureen			
9.	Bushra Nazir	Islamiyat B/S			Bushra Nazir			
10.	Salma Naz				Salma Naz			

KARATE

1.	Anza Tahir	Clinical Psychology	Not Held		Anza Tahir	Winner	Anza Tahir	
2.	Nimra Naseem	-do-			Nimra Naseem		Madiha Hussain	
3.	Aysha Ashraf	B.B.I.T			Aysha Ashraf			
4.	Nosheen	Ms. S Ist			Nosheen			
5.	Huraiza	Clinical Psychology			Huraiza			
6.	Naheed	Ms.c			Naheed			
7.	Marriyam Lodhi	B.S. Hon			Marriyam Lodhi			
8.	Amna Nisar	-do-			Amna Nisar			
9.	Mariam Javid	L.L.B			Mehrunisa			
10.	Madiha	B.Com			Mariam Jamil			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
11.	Jannat	B.S. Hon			Mahdiha Hussain Jannat Fazal			
SKIING								
1.	Nighat Kousar	Islmic Studies	Not Held		Nighat Kousar	Winner		
2.	Sumaira Rajab	Sports Sciences			Sumaira Rajab		Not Held	
3.	Rashdia Waheed	Geography			Rashida Waheed			
4.	Sehrish Asghar	Banking & Finance			Sehrish Asgar			
FOOTBALL								
1.	Sumaira Parveen	Kashmiriyat			Sumaira Parveen	3rd	Rooma Abbas	
2.	Rooma Abbas	Integrated Merion research			Rooma Abbas		Marayam Farukh	
3.	Maraym Asif Butt	Chemistry Archeology			Maraym Asif Butt		Sumaira Parveen	
4.	Iqra Tabusam	Sports Sciences			Iqra Tabusam		Asma Usman	
5.	Asma Usman	-do-			Asma Usman		Humaiza Butt	
6.	Alia Altaf	-do-			Alia Altaf			
7.	Maria Javed	-do-			Maria Javed			
8.	Asifa Amjad	-do-			Asifa Amjad			
9.	Rashida Waheed	-do-			Rashida Waheed			
10.	Syeda anum Zehra	-do-			Sumaya Farukh			
11.	Sumaiya Farukh	Philosophy			Humaizah Butt			
12.	Humaiza Butt				Fatima Zahid			
13.	Fatima Zahid	I.E.R			Syeda Huda			
14.	Syeda Hudah	P.U.C.I.T			Zunaira Jameel			
15.	Zunaira Jumeal	Philosophy			Almeera Iftikhar Ch			
16.	Almeera Iftikhar Ch	English			Saira Zulfqar			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
17.	Saira Zulfiqar	Applied Psychology			Shumaila Khalid			
18.	Shumaila Khalik	Geography			Najma			
19.	Najma	Geography						

TABLE TENNIS

1.	Ayesha Khan		Sidra Munir		Ayesha Khan	Team Disqualify		
2.	Sobia Ayzaz		Saba Tahir		Sobia Ahzaz			
3.	Sidra Munir		Aysa Khan		Sidra Munir			
4.	Mahrukh Ahsan		Iqra		Marukh Ahsan			
5.	Saba Tahir		Sobia					
6.	Iqra							

WUSHU

1.	Rabia Arshad	Sports Sciences			Rabia Arshad	Winner		
2.	Hira Aziz	-do-			Hira Aziz			
3.	Mehreen	3rd Year Hom Ece			Mehreen			
4.	Saliha Shokat	Sports Sciences			Saliha Shokat			
5.	Shamila Khalid	Geography			Shamila Khalid			
6.	Summiya Farukh	Sociology			Summiya Farukh			
7.	Rashida Waheed	Geography			Rashida Waheed			
8.	Iqra Brkari	Kuliyat-ul-Banat			Iqra Brkari			
9.	Anam Tahseen	Sports Sciences			Anam Tahseen			
10.	Aysha Qazi	-do-			Aysha Qazi			
11.	Iqra Rasheed	-do-			Iqra Rasheed			

BASKETBALL 2011-2012

1.	Salia Mehmood	Physical College	Sehar Zafer	Winner	Rooma Abbas			
2.	Rooma Abbas	Sports Sciences	Nayyer Nasir	“	Sahar Zafar			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
3.	Sehar Zafar	-do-	Bushra Nazir	“	Sobia Sultana			
4.	Sobia sultana	Kashmiryat	Razia Nazir	“	Nayer Nasir			
5.	Nayyer Nasir	Sports Sciences	Samina Zulfikar	“	Sadia Latif			
6.	Samina Zulfikar	-do-	Razwana Kousar	“				
7.	Aliya Riyaz	Banking & Finance	Zeba Manzoor	“	Third			
8.	Farhana Sadiq	Special Education	Zukaof	“				
9.	Zulkaif Khanum	Psychology	Shumaila Khalid	“				
10.	Bushra Nazir	Islamiyat B/S	Hira Attia	“				
11.	Sadia Latif	B.B.A						

TAEKWONDO

1.	Naseem Akhter	Sports Sciences	Naseem Akhter	Gold	Rabeel		Mehreen	
2.	Noor-un-Nisa	-do-	Noor-un-Nisa	Silver	Mahreen Zafar			
3.	Iqra Rasheed	-do-	Iqra Rasheed	Silver	Ruhali			
4.	Rabeel Arshad	Wahdat Road			Mehwish			
5.	Shamsa	-do-			Bukhtawar			
6.	Mahreen Zafar	Home Economics College			Laila sama			
7.	Mehwish	Wahdat Road			Hina Ashiq			
8.	Ruhah	-do-			rabia			
9.	Salia Ali	-do-						
10.	Tuba Tahir	-do-						
11.	Nimra Mehmood	-do-						

VOLLEYBALL

1.	Qibtia Jamshad	Archaeology	Samia Majeed	1st	Qibtia Jamshad			
2.	Sidra Munawer	Sports Sciences	Sidra Munawer		Sidra Munawer			
3.	Saima Mujeed	-do-	Noor-un-Nisa		Saima Mujeed			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
4.	Noor-un-Nisa	-do-	Qibtia Jamshad		Noor-un-Nisa			
5.	Roubina Kouser	-do-	Rubina Kousar		Wafa Iqbal			
6.	Shumaila Khalid	-do-	Shumaila Khalid		Rabia Akbar			
7.	Wafa Iqbal	-do-	Samia Haider		Asia Sattar			
8.	Rabia Akbar	F.G. Chuna Mandi College	Munaza Illayas		Samia Haider			
9.	Asia Sattar	Clinical Psychology	Amna Taj		Munaza Illayas			
10.	Samia Haider	Geography	Rahida Waheed		Saima Bashir			
11.	Munaza Illayas	Islamic Edu	Saiara Bashir		Roubina Kousar			
12.	Saima Bashir	Sports Sciences	Wafa Iqbal					
13.	Amna Taj	Islamic Edu						
14.	Rashida Waheed	Sports Sciences						

SWIMMING

1.	Filza Aleem	Banking & Finance			Filza Aleem	Winner		
2.	Fouzia Hayat	Kashmir at			Fouzia Hayat			
3.	Umme Kalsoom	Philosophy			Umme Kalsoom			
4.	Iqra Raheed	Sports Sciences			Iqra Raheed			
5.	Iffrah Atif Malik	Micro Biology & Molecular			Iffrah Atif Malik			
6.	Syda Ameera Farooq				Syda Ameera Farooq			
7.	Ujala Abid				Ujala Abid			
8.	Remsha Tariq				Remsha Tariq			

ATHLETICS

1.	Sehrish Asgher	Banking & Finance	Asia Sattar		Saimra Zahoor		Sehrish Asgher	
2.	Humaiza Riaz Butt	S/T Gujranwala College	Samina Zulafqar		Hhumaiza Butt			

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
3.	Kiran Yaqub	-do-	Sumaira Zahoor		Sehrish Asghar			
4.	Hira Pervaz	G.C.W. Baghbanpura	Sumaira Parveen		Kiran Yaqub			
5.	Sumiara Parveen	Kashmir at	Najma		Hina Parveez			
6.	Romina Liaqat	Sports Sciences	Asifa Amjad		Sumaira Parveen			
7.	Sumaira Zahoor	Chemistry	Naseem Akhter		Romna Liaqat			
8.	Atia Sultana	Shible College Faisalabad	Romna Liaqat		Atia Sultana			
9.	Lubna Younis	-do-	Saira		Lubna Yunas			
10.	Asia Sahar	Clinical Psychology	Umme Kalsoom		Asiya Sahar			
11.	Maraym Hameed				Mariyam Hameed			
12.	Najam	Geography			Najma			
13.	Fakhara Ahmad Ali	F.G. Chuna Mandi College			Rakhara Ahmed Ali			
14.	Samia Zulfiqar	Sports Sciences						
15.	Asifa Amjad	-do-						
16.	Naseem Akhtar	-do-						
17.	Saira	Applied Psychology						
18.	Umme Kalsoom	Philosophy						

CRICKET

1.	Mariyum Butt	Chemistry	Mariyum Asif Butt	Winner	Madiha Rajpoot	Nil	Maruym Butt	Selected in Pakistan A (W) Team
2.	Sumiya Farrukh	Philosophy	Summiya Farrukh	-do-	Saima Maqsood	-do-	Saima Maqsood	
3.	Faiza Aslam	Sports Sciences	Faiza Aslam	-do-	Nadia Naseem	-do-		
4.	Rooma Abbas	Intenerated Mountain Research	Rooma Abbas	-do-	Saira Zulfiqar	-do-		

Sr. No.	Name of Player.	Department	Participated in Inter-Collegiate	Result	Participated in Inter-University	Result	Represent in National	Inter National
5.	Saima Maqsood	Philosophy	Saima Maqsood	-do-	Nosheen Akbar	-do-		
6.	Anam Zohra	Sports Sciences	Anam Zohra	-do-	Summiya Farrukh	-do-		
7.	Saira Zulifqar	Applied Psychology	Saira Zulifqar	-do-	Umme-Kalsoom	-do-		
8.	Umme Kalsoom	Philosophy	Umme Kalsoom	-do-	Rabia Akbar	-do-		
9.	Iqra Maroof	Sociology	Iqra Maroof	-do-	Iqra Maroof	-do-		
10.	Rabia Kanwal	Gujranwala Campus	Rabia Liaqat	-do-	Faiza Aslam	-do-		
11.	Rabia Laiqat	Islamiyat	Urooj Sohail	-do-	Sadia Abdul Khaliq	-do-		
12.	Urooj Sohail	Sports Sciences	Nayyer Nasir	-do-	Bader-un-Nias	-do-		
13.	Nayyer Nasir	-do-	Munaza	-do-	Rooma Abbas	-do-		
14.	Munaza Ilyas	Islamiyat	Johan Butt	-do-	Rabia Laiqat	-do-		
15.	Johan Butt	Philosophy			Rabia Kanwal	-do-		
16.	Madiha Rajput	Garrison College			Maryum Asif Butt	-do-		
17.	Nadia Naseem	Sports Sciences						
18.	Nosheen Akber	Garrison College						
19.	Rabia Akbar	F.J. Chuna Mandi College						
20.	Sadia Abdul Khaliq	Kuliat-ul-Banat						
21.	Badur-un-Nisa	Rawalpindi						

• **Sports Events Organized by PUWSTC 2011-2012:**

- **Total Events = 13**
- **Volleyball**

Lahore Zone

Date: 22-23- Nov-2011
 Participating Teams: 12 Teams
 Winner: PUTD.
 Runner: G.C.W Gojra.

Rawalpindi Zone

Date: 21- Nov-2011
 Participating Teams: 05 Teams
 Winner: Federal Govt. Margalla College for Girls F-7/4 Islamabad.
 Runner: Federal Govt. College for Women Abid Majeed Road, Rawalpindi.

Inter Zonal Final

Date: 15- Dec-2011
 Winner: PUTD.
 Runner: G.C.W. Gojra.
 Third: Federal Govt. Margalla College for Girls F-7/4 Islamabad.
 Fourth: Federal Govt. College for Women Abid Majeed Road, Rawalpindi.

○ **Badminton**

Date: 28- Nov-2011
 Participating Teams: 10 Teams
 Winner: PUTD
 Runner: Post Graduate Garrison Degree College Lahore Cantt.
 Joint Third: G.C.W. Khuriyanwala & G.C.W. Chunamandi.

○ **Basketball**

Date: 09-10- Dec-2011
 Participating Teams: 07 Teams
 Winner: PUTD.
 Runner: College of Home Economics Lahore.
 Third : G.C.W. Baghbanpura, Lahore.
 Fourth: Govt. Queen Mary College, Lahore.

○ **Tennis**

Date: 13- Dec-2011
 Participating Teams: 08 Teams
 Winner: PUTD.
 Runner: G.C.W. Satellite Town, Gujranwala.
 Third : G.C.W. Wahdat Road Lahore.
 Fourth: Post Graduate Garrison Degree College Lahore.

○ **Netball**

Date: 20-21-Dec-2011
 Participating Teams: 08 Teams
 Winner: PUTD.
 Runner: G.C.W. S/T, Gujranwala.

- Third : G.C.W. Township, Lahore.
Fourth: G.C.W. Samundri.
- **Cricket**

Date: 2- Jan-2012
Participating Teams:07 Teams
Winner: PUTD.
Runner: Post Graduate Garrison Degree College Lahore.
Third : G.C.W Wahdat Road Lahore.
Fourth: Govt. Ayesha Degree College Ravi Road Lahore.
 - **Cycling**

Date: 7- Jan-2012
Participating Teams:04Teams
Winner: Govt. Model College for Women Model Town, Lahore.
Runner: PUTD.
Third : Post Graduate Garrison Degree College Lahore.
Fourth: G.C.W. Wahdat Road Lahore.
 - **Football**

Date: 09-10- Jan-2012
Participating Teams:05 Teams
Winner: PUTD.
Runner: G.C.W Baghbanpura, Lahore.
Third : Post Graduate Garrison Degree College Lahore Cantt.
Fourth: G.C.W. Samundari.
 - **Handball**

Date : 10- Jan-2012
Participating Teams:09 Teams
Winner: PUTD.
Runner: G.C.W Samundari.
Third : G.C.W Baghbanpura.
Fourth : G.C.W. Gujranwala.
 - **Table Tennis**

Date: 21-22- Jan-2012
Participating Teams:07 Teams
Winner: PUTD
Runner: Post Graduate Garrison Degree College Lahore Cantt.
Third : G.C.W Shor Kot City.

- **Hockey**

Date: 23- Jan-2012

Participating Teams:05 Teams

Winner: PUTD

Runner: G.C.W Baghbanpura, Lahore.

Third: G.C.W Wahdat Road Lahore.

Fourth: Govt. Kuliyaatul Bant Girls College Lahore.

- **Taekwando**

Date: 27-Jan-2012

Participating Teams:04 Teams

Winner: G.C.W. Wahdat Road, Lahore.

Runner: PUTD

Third : G.F.J. College for Women Chuna Mandi.

Fourth: Govt. College of Home Economics Lahore.

- **Athletics**

Date: 28- 29-March-2012

Participating Teams:29 Teams

Winner: PUTD. 284 Points

Runner: G.C.W Shiblee College of Commerce Faisalabad. 160 Points

Third : G.C.W Samundari. 118 Points

Fourth: Islamabad Model College Hummaq Islamabad. 51 Points

- **Best Athlete:**

Miss Attiya Sultana of Shiblee College of Commerce Faisalabad with 90 Points