



## CHAPTER

## 10

## Sports

## Department of Sports (Women)

**PUNJAB UNIVERSITY WOMEN SPORTS TOURNAMENT COMMITTEE**  
**INTER-COLLEGIATE ANNUAL REPORT (2012-2013)**

- **Netball**

- Date: 27-11-2012
- Participating Teams: 05 Teams
- Winner: PUTD.
- Runner: G.C.W Gujranwala.
- Third : G.C.W Hamayat Islam College.

- **Table Tennis**

- Date: 28-11-2012
- Participating Teams: 05 Teams
- Winner: PUTD
- Runner: G.C.W. Gujar Khan.
- Third: G.C.W. Gujranwala City.
- Fourth: G.F.J.C. for Woemn Chuna Mandi Lahore.

- **Cycling**

- Date: 29-11-2012
- Participating Teams: 04 Teams
- Winner: PUTD.
- Runner: Govt. Model College for Women Model Town, Lahore.
- Third: G.C.W Hamayat Islam College.
- Fourth: Govt. Queen Marry College, Lahore.

- **Athletics**

- Date: 30-11-2012 to 01-12-2012
- Participating Teams: 17 Teams
- Winner: PUTD.
- Runner: G.C.W Satellite Town, Gujranwala.
- Third: G.C.W. Wahdat Road Lahore.
- Fourth: Post Graduate Garrison Degree College Lahore.



- **Hockey**

- Date: 03-12-2012
- Participating Teams: 05 Teams
- Winner: PUTD.
- Runner: G.C.W. Baghbanpura Lahore.
- Third: G.C.W. Wahdat Road Lahore.
- Fourth: Kulliyatul Banat College Lahore.

- **Badminton**

- Date: 05-12-2012
- Participating Teams: 13 Teams
- Winner: F.J.G.C for Woemn Chuna Mandi.
- Runner: Kulliyatul Banat College Lahore.
- Third: G.C.W Gujranwala City Gujranwala.

- **Cricket**

- Date: 08- 01-2013
- Participating Teams: 08 Teams
- Winner: PUTD.
- Runner: Post Graduate Garrison Degree College Lahore.
- Third: F.J.G.C for Woemn Chuna Mandi.
- Fourth: G.C.W. Wahdat Road Lahore.

- **Volleyball**

- Date: 27-Jan-2013
- Participating Teams: 04 Teams
- Winner: G.C.W. Wahdat Road, Lahore.
- Runner: PUTD
- Third: G.F.J. College for Women Chuna Mandi.
- Fourth: Govt. College of Home Economics Lahore.

- **Rowing (Machine)**

- Date: 13-02-2013
- Participating Teams: 05 Teams
- Winner: PUTD. 235 Points
- Runner: Queen Marry College Lahore. 96 Points
- Third: F.J. College for Women Chuna Mandi. 91 Points

- **Judo**

- Participating Teams: Inter-Collegiate not held



- **Baseball**
  - Participating Teams: Inter-Collegiate not held
- **Handball**
  - Date: 25-02-2013
  - Participating Teams: 07 Teams
  - Winner: PUTD.
  - Runner: G.C.W Township Lahore.
  - Third: G.C.W Baghbanpura Lahore.
  - Fourth: Himayat-e-Islam Degree College for Girls Lahore.
- **Karate**
  - Participating Teams: Inter-Collegiate not held
- **Tennis**
  - Date: 07-03-2013
  - Participating Teams: 04 Teams
  - Winner: PUTD.
  - Runner: Garrison Post Graduate College Lahore Cantt.
  - Third: Queen Marry College Lahore.
- **Basketball**
  - Date: 23- Jan-2012
  - Participating Teams: 05 Teams
  - Winner: PUTD
  - Runner: G.C.W Baghbanpura, Lahore.
  - Third: G.C.W Wahdat Road Lahore.
  - Fourth: Govt. Kuliyatul Bant Girls College Lahore.
- **Taekwondo**
  - Date: 19-03-2013
  - Participating Teams: 04 Teams
  - Winner: G.C.W Wahdat Road Lahore.
  - Runner: PUTD
  - Third: Fatima Jinnah College for Women Chuna Mandi.
  - Fourth: Govt. College of Home Economics Lahore.
- **Wushu**
  - Participating Teams: Inter-Collegiate not held
- **Ju-Jitsu**
  - Participating Teams: Inter-Collegiate not held



- **Achievements**

- Shumaila Khalid, Iqra Maroof, Faiza Aslam and Iqra Bukhari participated in 9th National Women Wushu, from 4-6, October, 2013.
- Attiya, Sehrish Asghar, Kiran Butt, Asia Sattar and Hina Pervaiz participated in 45th National Athletics Championship from 19th May, 2013 held at Islamabad.
- Ms. Mariam Altaf and Ms. Noor Asfia participated in 9th Korean Ambassador Nat Oval National Taekwondo Championship from 12-17, May, 2013 held at Islamabad.
- Ms. Sidra Ghulam Nabi, Asma Haq and Asia Tariq participated in 11th International Cycling Women Championship 2012-2013.
- Ms. Rooma Abbas joined the National Training Camp for South Asian Women Handball and participated in the championship from 14-17 March 2013 held at Lakhnow, India and won Silver Medal.
- Khunsha Babar and Ms. Nastasha Shahid joined Tennis Training Camps and participated 1st ECO University Games 2013 held at Turkey.
- Ms. Maryam Butt joined Chess Training Camps and participated in 1st ECO University Games 2013 held at Turkey.
- Ms. Maryam Hameed has participated in National Youth and Junior Athletics Women Championship 28-29 January, 2013 at Jinnah Stadium Islamabad.
- Ms. Rashida Waheed and Humeza Riaz participated in Saadia Khan Skiing Women Championship 15 to 27 January, 2013 held at Naltar, Gilgit.

- **PUTD Scholarships to Players**

- PUTDSA is giving Scholarship and Fee Waivers to the outstanding players:-

Sr. No.	Name	Institution	Game	Amount
1	Shumila	Geography	Hockey	3,000/-p.m
2	Rashida Waheed	Geography	Hockey	3,000/-p.m
3	Saliha	Sports Science	Hockey	1,500/-p.m
4	Aqsa Bashir	Fine & Art	Hockey	1,500/-p.m
5	Fatima Zahid	I.E.R	Football	1,500/-p.m
6	Qibtia Jamshad	Sports Science	Football	1,500/-p.m
7	Hira Aziz	Sports Science	Football	3,000/-p.m
8	Rizwana Kanwal	Sports Science	Handball	1,500/-p.m
9	Noor-un-Nisa	Sports Science	Handball	1,500/-p.m
10	Umme Kalsoom	Philosophy	Cricket	1,500/-p.m
11	Summiya Farukh	Sociology	Cricket	1,500/-p.m
12	Sidra Munwar	Sports Science	Volleyball	1,500/-p.m



Sr. No.	Name	Institution	Game	Amount
13	Zilkaif	Clinical Psychology	Basketball	1,500/-p.m
14	Iqra Rashid	Sports Science	Badminton	1,500/-p.m
15	Amna Taj	Stat stick	Badminton	1,500/-p.m
16	Sadia Akram	M.A English	Hockey	4,000/-p.m
17	Rukhsana Shoukat	Mass Com	Hockey	2,500/-p.m
18	Samina Zulifkar	Sports Science	Hockey	3,000/- p.m
19	Samia Maqsood	(B.S.H) I.A.S	Cricket	3,000/- p.m
20	Saher Zafer	Sports Science	Basketball	3,000/- p.m
21	Naseem Akhtar	Sports Science	Athletics	3,000/- p.m
22	Mayera Yaqoob	Special Education	Handball	1,500/- p.m
23	Zunaira Liaqat	Hailey College of Commerce	Cricket	1000/- p.m
24	Iqra Tabbasum	Sports Science	Cricket	1000/- p.m
25	Sidra Ghulam Nabi	Sports Science	Netball	1000/- p.m
26	Rukhsana Shaheen	Sports Science	Football	1000/- p.m
27	Bushra Malik	Sports Science	Hockey	1000/- p.m
28	Saba Riaz	Sports Science	Cricket	1000/- p.m
			<b>Total Rs.</b>	<b>53,000/-</b>

- **Current Initiatives**

- Enhancement of Rental deeds for Pool and Gym.
- Enhancement of Media Coverage.
- Syncing with Private Sector for Usage of Sports Facilities to generate revenue for the maintenance of the grounds.
- Coaches are assigned different colleges to impart training.
- Incentives introduced for the Teachers / Coaches to be given incentives for referring talented players for admission at PU.
- Job Description is defined for the staff of women sports department and Games are segregated.
- Enhancement of rates for Coaches, Players and Technical officials.
- Purchase of Computers / Printers and fridge for the office.
- Transport Pool is broadened to provide pick and drop facility to the girl players.
- PO sent for 2 Suzuki Bolans.
- Hiring of 2 foreign Coaches in Athletics and Wushu.
- Enhancement of remuneration for players, Coaches and Technical officials.
- Quarterly News Letter is published highlighting the activities of the department.
- Web page is to be uploaded shortly.
- Scholarship criteria is designed and implemented.



- University color award criteria is developed based on the written recommendations from Coaches / Managers and performance statistics.
- Free admission, Fee waivers and need based scholarships to be given out of the profit generated through the saving deposits on the roll over plans on the way to self reliance.
- Associations to get NOC from Punjab University for the release of the players.
- Department purchase committee is notified.
- Sports Development Plan is submitted for approval of Vice-Chancellor.
- **Scholarships to Players**
  - Scholarship and Fee Waivers to the outstanding players from PUTDA Fund

**Category: A+**

Sr. No.	Name	Institution	Game	Amount
1.	Munazza Irum	Deptt. Sociology	Hockey	5,000/-
2.	Bushra Nazir	-do-	Hockey, Judo, Basketball.	5,000/-
3.	Asma Usman	Sports Science.	Football, Cricket.	5,000/-
4.	Samar Anjum	Deptt. I.B.A.	Squash, Ath.	5,000/-
5.	Sehrish Ghumman	Deptt. I.A.S.	Hockey, Ten, Cri	5,000/-
6.	Noor Asifa	Deptt. I.Q.T.M	Taekwondo	5,000/-
7.	Saima Maqsood	Deptt. Philosophy	Cricket, Rowing	5,000/-
8.	Ayesha Faheem		Table Tennis	5,000/-
9.	Sobia Ahzaz	Sports Science	Table Tennis	5,000/-
10.	Asma Ashraf	-do-	BB, Hoc, HB, FB, BB.	5,000/-
11.	Rooma Abbas	Integrated Mountain Research	HB, NB, BB, Cri, BS, FB, Rowing	5,000/-

**Category: B**

Sr. No.	Name	Institution	Game	Amount
1.	Marium Lodhi	Applied Psychology.	Karate	2,500/-
2.	Ume Kalsoom	Deptt. of Philosophy.	Cricket, Rowing	2,500/-
3.	Saima Majed	Sports Science.	Volleyball	2,500/-
4.	Sidra Butt	-do-	Volleyball	2,500/-
5.	Noor-un-Nisa	-do-	VB, Hoc, Tak	2,500/-
6.	Attiya Altaf	-do-	HB, Wushu	2,500/-
7.	Marrium Altaf	Mass. Communication	Taekwondo	2,500/-
8.	Faiza Aslam	Sports Science.	Cric, Wushu	2,500/-
9.	Mehwish Tariq		Karate	2,500/-
10.	Sidra Munir	Mass. Communication	Table Tennis	2,500/-
11.	Saira Zulfiqar	Applied Psychology.	NB, Baseball	2,500/-



Sr. No.	Name	Institution	Game	Amount
12.	Mehr-un-Nisa		Karate	2,500/-
13.	Sumaira Perveen	Gender Studies	HB, NB, FB, Athletics	2,500/-
14	Kiren Yaqoob	Sports Science	Athletics	2,500/-

**Category: C**

Sr. No.	Name	Institution	Game	Amount
1.	Samina Zulfikar	Sports Science.	NB, HB,	1,500/-
2.	Fatima Zahid	Deptt. I.E.R.	Football	1,500/-
3.	Saliha Shoukat	Sports Science.	Hockey	1,500/-
4.	Iqra Rashid	-do-	Swimming	1,500/-
5.	Asia Tariq	-do-	Cycling	1,500/-
6.	Najma	Deptt. Geography.	Ath, NB, HB.	1,500/-
7.	Asifa Amjad	Sports Science.	NB, HB	1,500/-
8.	Zunaira Jameel	Deptt. Sociology.	Hockey, HB	1,500/-
9.	Barka Lodhi	Deptt. French.	NB, Cycling	1,500/-
10.	Rabia Liaqat	Deptt. Sports Sc.	Cricket.	1,500/-
11.	Afshan Khadim	Sports Science.	Netball	1,500/-
12.	Maria Javed	-do-	NB, HB	1,500/-
13.	Uzma Farooq	Deptt. English.	Wushu	1,500/-
14.	Romana Liaqat	Sports Science.	Cycling, Ath.	1,500/-
15.	Ishrat Begum	Deptt. I.E.R.	Hockey	1,500/-
16.	Qibtya Jamshid	Archaeology	Volleyball	1,500/-

- **Scholarships for Players based on the Performance**

**Category: A+**

Sr. No.	Name	Institution	Game	Amount
1.	Amna Nisar	App. Psychology	Karate	4,000/-
2.	Rooma Abbas	Integrated Mountain reseach	Basketball	4,000/-
3.	Nayyar Nasir	Sports Sc.	Handball	4,000/-
4.	Rashida Waheed	-do-	Hockey	4,000/-
5.	Shumaila Khalid	-do-	Hockey	4,000/-
6.	Marrrium Butt	Chemistry	Cricket	4,000/-
7.	Filza Aleem	Banking & Finance	Swimming	4,000/-
8.	Sidra Ghulam Nabi	Sports Sc.	Cycling	4,000/-
9.	Hunaiza Hanif	-do-	Karate	4,000/-
10.	Hira Aziz	Archeology	Hockey	4,000/-



Sr. No.	Name	Institution	Game	Amount
11.	Anza Tahir	Psychology	Karate	4,000/-
12.	Almeerah Iftikhar	English	Basketball	4,000/-
13.	Sadia Latif	Sports Sc.	-do-	4,000/-
14.	Sehar Zafar	Gender Studies	-do-	4,000/-
15.	Natasha Shahid	History	Tennis	4,000/-
16.	Amna Mehboob	Mass Comm.	Squash	4,000/-
17.	Shumaila Nazir	Sports Sc.	Karate	4,000/-
18.	Urooj Sohail	-do-	Badminton	4,000/-
19.	Robina Kousar	-do-	Volleyball	4,000/-
20.	Samia Haider	-do-	-do-	4,000/-
21.	Aasia Sattar	-do-	Athletics	4,000/-
22.	Sumaira Zahoor	Chemistry	-do-	4,000/-
23.	Sonia Manzoor	Sports Sc.	Ju-Jitsu	4,000/-
24.	Iqra Mahroof	Sports Sc.	Wushu	4,000/-
25.	Shumaila Tasneem	Sports Sc.	Ju-Jitsu	4,000/-
26.	Iffrah Atif	MMG	Swimming	4,000/-
27.	Adeela Saeed	Sports Sc.	Ju-Jitsu	4,000/-
28.	Summiya Furrukh	-do-	Cricket	4,000/-
			<b>Total Rs.</b>	<b>1,12,000/-</b>

**Category: A/C**

Sr. No.	Name	Institution	Game	Amount
1.	Sehrish Asghar	H.B.F	Athletics	4,000/-
2.	Humaiza Butt	G.C.W. Gujranwala	-do-	4,000/-
3.	Sadia Khaliq	Kulliyat-ul-Banat	Cricket	4,000/-
4.	Iqra Bukhari	-do-	Wushu	4,000/-
5.	Attiya Sultana	Shabeli College Faisalabad.	Athletics	4,000/-
6.	Kashaf Javaid	G.C.W. Sahadra	Ju-Jitsu	4,000/-
7.	Asma Haq	College of Art & Design	Cycling	4,000/-
			<b>Total Rs.</b>	<b>28,000/-</b>

**Category: B/C**

Sr. No.	Name	Institution	Game	Amount
1.	Madiha Hussain	Psychology	Karate	2500/-
2.	Rabia Akbar	F.J.C. Chuna Mandi	Badminton	2500/-
3.	Mehreen Zafar	College of Home Economic	Taekwondo	2500/-
4.	Ansa Ali	Q.M.C	Karate	2500/-



Sr. No.	Name	Institution	Game	Amount
5.	Huda Babar	PUCIT	Taekwondo	2500/-
6.	Madiha Rajput	Garrison College	Cricket	2500/-
7.	Badar-un-Nisa	GCW, Sangla Hill	-do-	2500/-
8.	Ujala Abid	College of Pharmacy	Swimming	2500/-
9.	Sidra Ashfaq	G.C.W. Gojra	Hockey	2500/-
			<b>Total Rs.</b>	<b>22,500/-</b>

**Category: C/C**

Sr. No.	Name	Institution	Game	Amount
1.	Zunara Liaqat	B.Com	Cricket	1500/-
2.	Aqsa	College of Art & Design	Hockey	1500/-
3.	Mahrrokh Ehsan	College of Pharmacy	Table Tennis	1500/-
4.	Bushra Mehmood	Law College	Netball	1500/-
5.	Fazila	GCW, Shorkot	Table Tennis	1500/-
6.	Sara Riaz	U.C.I.T.	Rifle Shooting	1500/-
7.	Nousheen Qasier	-do-	-do-	1500/-
8.	Fakhra Irshad	F.J. G.C. W. Chuna Mandi	Athletics	1500/-
9.	Kiran Yaqub	Sports Sc.	-do-	1500/-
10.	Hina Ashiq	GCW, Chuna Mandi College, Lahore.	Taekwondo	1500/-
11.	Syeda Huda	U.C.I.T.	Football	1500/-
			<b>Total Rs.</b>	<b>16,500/-</b>

- Performance based Scholarship for 2012-13 with Add ons**

Sr. No.	Name of Player	Proposed Award	Achievements
1.	Sehrish Asghar	15000/	4Gold (A)
2.	Rooma Abbas	10,000/	1Gold(BB) 1Silver(BB) 2Bronze(NB,FB)
3.	Nayyer Nasir	15,000/	1Gold(BB) 1Silver(BB) 1Bronze(NB)
4.	Munazza Irum	5000/	1Gold(H)
5.	Bushra Nazir	5000/	1Gold(H)
6.	Rashida Waheed	6000/	2Gold(H,S) 1Bronze(FB)
7.	Shumaila Khalid	6000/	2Gold(H,W) 1Bronze(FB)



Sr. No.	Name of Player	Proposed Award	Achievements
8.	Marrium Butt	12000/-	1Gold(ch) 1Silver(BB) 2Bronze (Rifle .FB)
9.	Filza Aleem	10,000/	1Gold (Judo) 1Silver (RF)
10.	Sidra Ghulam Nabi	10,000/	2Gold 1Silver 1Bronze Team Event Cycling
11.	Hunaiza Hanif	4,000/	1Gold (k)
12.	Hira Aziz	4,000/	1Gold (H)
13.	Anza Tahir	15,000/	6Gold (4K,1J, 1Judo)
14.	Saima Maqsood	5,000/	No Performances
15.	Almeerah Iftikhar	5,000/	1Gold (B.B,) 1Bronze (FB)
16.	Sadia Latif	4,000/	1Gold(BB)
17.	Sehar Zafar	4,000/	1Gold(BB)
18.	Khunsha Babar	15,000/	No Event
19.	Natasha Shahid	4,000/	No Event
20.	Amna Mehboob	1500/	1Gold (SQ)
21.	Humaiza Butt	7,000/	1Gold (Skiing) 1 Bronze (FB)
22.	Asma Haq	5500/	1Gold 1Silver Team Event (Cycling)
23.	Robina Kausar	20,000/	2Bronze(V.B,N.B)
24.	Sammia Haider	12,000/	2Gold (Rowing,BB) 1Silver(Rowing) 2Bronze(V.B, N.B)
25.	Aasia Sattar	6,000/	2Gold(Ath, B.B)
26.	Sadia Khaliq	15,000/	4Gold (Rowing) 1Silver(B.B)
27.	Asma Usman	5,000/	1Bronze(F.B)
28.	Samar Anjum	5,000/	1Gold(SQ)
29.	Sehrish Ghumman	5,000/	1Gold(Hockey)
30.	Noor Asfia	5,000/	1Gold(Taek)
31.	Amna Nisar	4,000/	3 Gokd (Karate)
32.	Shumaila Nazir	1500/	1Bronze(Teak)



Sr. No.	Name of Player	Proposed Award	Achievements
33.	Arooj Sohail	7,000/	1Gold (R.F) 1Silver(B.B)
34.	Iqra Bukhari	6,000/	1Gold (,Wushu)
35.	Sumaira Zahoor	7,000/	1Gold(Wushu) 3Bronze(Ath)
36.	Attaiya Sultana	7,000/-	No Performance
37.	Sonia Manzoor	12,000/	3Gold(Ju-Jitsu)
38.	Kashaf Javed	6500/	1Gold(Judo) 1Silver(JI)
39.	Sobia Ahzaz	5,000/	Team Scratch
40.	Iqra Maroof	10,000/	3Gold(Wu, JI, Sk)
41.	Asma Ashraf	10,000/-	1Gold (H) 1Silver(B.B)
42.	Shumaila Tasnim	9,000/	2Gold 1Silver
43.	Iffrah Atif	5,000/	2 Gold 1 Silver (Swimming)
44.	Adeela Saeed	10,000/	3Gold (Ro, Ju, Ji)
45.	Summiya Farukh	4,000/	1Silver(B.B)
46.	Madiha Hussain	4,000/	1Gold(Karate)
47.	Marium Lodhi	4,000/	1Gold(Kar)
48.	Ume Kalsoom	4,000/	1Gold (Row)
49.	Saima Majed	1500/	1Bronze(V.B)
50.	Sidra Butt	1500/	1Bronze(V.B)
51.	Rabia Akbar	2500/	No Position
52.	Nausheen	1500/	No Position
53.	Mehreen Zafar	1500/	1Bronze(Teak)
54.	Mediha Rajput	1500/	No Performance
55.	Iqra Tabbasum	1500/	1Bronze(F.B)
56.	Noor –un-Nisa	1500/	1Bronze(V.B)
57.	Qibtia Jamshaid	3,000/	1Bronze (V.B)
58.	Ansa Ali	4,000/	1Gold(Kar)
59.	Attiya Altaf	5,000/	2Gold(BB,ROW) 1Bronze(FB)
60.	Marium Altaf	4,000/	1Gold(Teak)
61.	Faiza Aslam	4,000/	1Gold (Wushu)
62.	Tania Rana		No Position



Sr. No.	Name of Player	Proposed Award	Achievements
63.	Mehwish Tariq	1500/	1Bronze (Taek)
64.	Sidra Munir	1500/	Team scratched
65.	Saira Zulfiqar	5,000/	1Silver (B.B) 1Bronze(N.B)
66.	Huda Babar	1500/	1Bronze(N.B)
67.	Ujjala Abid	4000/	1Gold(Swimming) 2 Silver (Swimming)
68.	Mehr-un-Nisa	4500/	1 Bonze Taek Fight) Punza Team Silver Single Punza Silver
69.	Zunaira Liaqat	2500/	1Silver(B.B)
70.	Samina Zulfikar	1500/	1Bronze(N.B)
71.	Fatima Zahid	1500/	1Bronze(F.B)
72.	Aqsa Chohan	1500/	1Gold(H)
73.	Mahrukh Ahsan	1500/	Team scratched
74.	Saliha Shoukat	1500/	1Gold (Hockey)
75.	Iqra Rashid	2500/	No Performance
76.	Bushra Mehmood	1500/	1Bronze (N.B)
77.	Asia Tariq	2500/	1Gold (CY Team Event)
78.	Fazila	1500/	No Performance
79.	Sara Riaz	1500/	No Performance
80.	Nousheen Qasier	12,000/	2 Gold(Arch,R,F)
81.	Asifa Amjad		1 Bronze (FB)
82.	Najma	3,000/	1 Silver (Arch) 1 Bronze (FB)
83.	Zunaira Jameel	2500/	1 Gold (Basketball) 1 Bronze (NB)
84.	Fakhra	1500/	No position
85.	Barka Lodhi	3000/	1 Gold (Basketball) 1Silver (Baseball) 1 Bronze (NB)
86.	Rabia Liaqat	2500/	1 Silver (Baseball)
87.	Afshan Khadim	2500/	1 Silver (Rowing)
89.	Maria Javed	5000/	2 Silver (Rowing) 1 Bronze (NB)
90.	Uzma Farooq	1500/	No position
91.	Kiran Yaqoob	4000/	1 Silver + 2 Bronze Athletics



Sr. No.	Name of Player	Proposed Award	Achievements
92.	Hina Ashiq	2500/	1 Silver (Taekwondo)
93.	Romana Liaqat	2500/	1 Gold and 1 Silver in team even cycling
94.	Syeda Huda	1500/	Bronze (FB)
95.	Ishrat Begum	3000/-	Gold in Hockey
96.	Hina Sajjad	4,000/	No performance
97.	Mah para Gull	4,000/	Bronze in Single (Badminton)
98.	Iqra Mushtaq	4000/	1 Gold (Rowing)
99.	Saba Tahir	3,000/	1 Gold (Basketball) Team Silver (R.S)
100.	Razia Nazir	4,000/	1 Gold (Basketball)
101.	Nadia Naseem	2500/	1 silver (baseball)
102.	Razia Hanif	15000/	
103.	Almas Akram	5,000/-	International (Cricket)
104.	Ghazala Javed	20,000/-	HEC Gold (R.Shooting)
105.	Saima Shehzadi	15,000/-	Athletics
106.	Shakeela Naz	15,000/-	International (Baseball)
107.	Nousheen	5,000/-	(Baseball, Martial Arts)
108.	Sadaf Rao	6,000/-	International (Handball)
109.	Amna Shehzadi	6,000/-	International (Handball)
110.	Nazia Saba	3,000/-	(Handball)
111.	Kanwal Naz	5,000/-	(Martial Arts)
112.	Raheela Kousar	15,000/-	(Martial Arts)
113.	Amna Siraj	8,000/-	Athletics
114.	Aneela Gulzar	6,000/-	Athletics
115.	Irum Rathore	5.000/-	Baseball
116.	Zahida	2500/-	Athletics
117.	Ayesha	2500/-	Baseball
118.	Sumaira Perveen	4,000/-	Football
119.	Rukhsana Shaheen	1500/-	Archery
120.	Azra Farooq	8,000/-	Volley Ball
121.	Sadia Akram	5,000/-	International Hockey
122.	Mubeen Illyas	1500/-	Hockey
123.	Shaheen Amin	2500/-	Hockey
124.	Unaiza Bashir	5,000/-	Hockey



Sr. No.	Name of Player	Proposed Award	Achievements
125.	Hina Pervaiz	5,000/-	Athletics
126.	Ishrat Iqbal	5,000/-	Athletics
127.	Iqbal Bano	3,000/-	Athletics
128.	Saima Shehzadi	10,000/-	Athletics
129.	Rabia Muzzafar	2500/-	Cricket
130.	Farzana Shafi	2500/-	Cricket
131.	Shamshad	2500/-	Cricket
132.	Noureen Shehzadi	2500/-	Volley Ball
133.	Sobia Ghafoor	2500/-	Volley Ball
134.	Sadia Baloch	2500/-	Volley Ball
135.	Rabia	7,000/-	Volley Ball
136.	Tahira	1500/-	Volley Ball
137.	Nadia	10,000/-	International (Badminton)
138.	Sehrish	5000/-	Taekwondo
139.	Nimra Liaqat	3,000/-	Cycling
140.	Aqsa Nawaz	2500/-	Judo
141.	Urva		Judo
142.	Wafa Iqbal		Judo
143.	Naila Qadir		Judo
144.	Shamsa Khadim		Taekwondo

• **Incentives for Teachers**

- According to the decision of Executive Committee of PUWSC 5000/- Rupees will be paid to the Sports In-charges who participate 5 or more games of Punjab University Inter-Colligate Competitions.
- This Year Following Colleges In charges got incentives:
  - PUTD
  - G.C.W Wahdat Road Lahore.
  - Garrison Post Graduate College. Lahore
  - Queen Marry College. Lahore
  - G.C.W Satellite Town Gujranwala
  - Hamayat e Islam College Bagbanpura. Lahore.
  - Govt. Kulya tul Banat College Lahore.
  - G.C.W Baghbanpura. Lahore



- **Inter-University Events**

- **Squash Championship**

- Date: 5 November, 2012.
- Venue: Preston University , Islamabad.
- Position: Winner.
- Participants: Amna Mahboob, (Dept. of Mass Communication University of the Punjab). Sammer Anjum, (Dept. of I.B.A. University of the Punjab). Aamnah Taj, (Dept. State University of the Punjab). Sana Shahid, Arooj Sohail(University of the Punjab, Lahore).

- **Cycling Championship**

- Date: 10 November, 2012.
- Venue: University of Engg. & Tech, Taxila (Lahore).
- Position: Second
- Participants: Sidra, Aasia Sattar, Romna Liaqat, Asia Tariq, Asma Haq, Sajida Parveen,(University of the Punjab Lahore).

- **Volleyball Championship**

- Date: 10 November, 2012
- Venue: University of Peshawar.
- Position: Third
- Participants: Qibtia Jamshaid, Sidra Munawar, Saima Majeed, Noor-un-Nisa, Wafa Iqbal, Rabia Akbar, Aasia Sattar, Samia Haider, Munaza Ilyas, saima Bashir, Rubina Kausar, (University of the Punjab, Lahore).

- **Handball Championship**

- Date: 12 November, 2012
- Venue: G.C. University Faisalabad.
- Position: 4<sup>th</sup>
- Participants: Rooma Abbas, Attia Altaf, Samina Zulfiqar, Nayyar Nasir, Samia Haider, Rubina Kousar, Sumaira parveen, Aasia Sattar, Najma, Maria Javed, Zunaira Jameel, Asifa Amjad, (University of the Punjab, Lahore).

- **Swimming Championship**

- Date: 13 November, 2012.
- Venue: Quaid-e-Azam University Islamabad.
- Position: Winner.
- Participants: Filza Aleem, Fouzia Hayat , Umme Kalsoom, Iqra Rashid, Iffrah Atif Malik, Seyda Ameera Farooq Kirmani, Ujala Abid, Ramsha Tariq, (University of the Punjab, Lahore).



○ **Hockey Championship**

- Date: 20 to 24, November, 2012.
- Venue: G.C. University Faisalabad.
- Position: Winner.
- Participants: Hira Aziz, Saliha Shoukat, Iqra Rashid (Department of Sports Sciences & Physical Education, P.U. Lahore), Munazza Iram, Shumaila Khalid, Rashida Waheed (Department of Geography, P.U. Lahore), Bushra Nazir, (Department of Islamiyat, P.U. Lahore), Sidra Ashfaq, (G.C.W. Gojra), Aqsa (College of Art & Design, P.U. Lahore) Asma Ashraf, Sahrish Arshad, Rashida Malik, Ishrat Begum, Samia Haider, Ayesha Yousaf, Rukhsana Shoukat.

○ **Football Championship**

- Date: 20 November, 2012.
- Venue: University of Sargodha.
- Position: Third
- Participants: Sumaira Parveen, Maryum Asif Butt, Iqra Tabassum, Asma Usman, Summiya Farrukh, Rooma Abbas, Fatima Zahid, Sayyeda Huda Sabzwari, Atia Altaf, Zuneera Jamil, Asfa Amjad, Almeera Iftikhar Ch, Saira, Shumaila Khalid, Rashida Waheed, Najma, Maria Javed, Humeza Riaz, Syeda Anam Zahra. (University of the Punjab, Lahore).

○ **Basketball Championship**

- Date: 28 May, 2013.
- Venue: Islamia University Bahawalpur.
- Position: Winner.
- Participants: Rooma Abbas, Nayyar Nasir, Sadia Latif, Sahar Zafar, Razia Nazir, Aasia Sattar, Barka Lodhi, Atia Altaf, saba Tahir, Zunaira Jamil, Almeera Iftikhar Samia Haider (University of the Punjab, Lahore).

○ **Skiing Championship**

- Date: 01 January, 2013.
- Venue: International Islamic University, Islamabad.
- Position: Winner.
- Participants: Rashida Waheed (Dept. of Geography P.U. Lahore). Sehrish Asghar (Hailey College of Banking & Finance P.U. Lahore). Iqra Maroof, Humeza Riaz.

○ **Judo Championship**

- Date: 13 March, 2013
- Venue: Quaid-e-Azam University Islamabad.



- Position: Winner.
- Participants: Anza Tahir, (Dept. of Applied Psychology P.U. Lahore). Filza Aleem, Sonia Manzoor, Shamaila Tasneem, Kashaf Javeed, Sidra Ashfaq, Sumaira Zahoor, Adeela Saeed, Humara Zulfaqar, Naila Qadar, Wafa Abdul Rauf.
- **Wushu Championship**
  - Date: 22 November, 2012.
  - Venue: Quaid-e-Azam University Islamabad.
  - Position: Winner.
  - Participants: Noor Asfia, Uzma Farooq, Iqra Bukhari, Sumaira Zahoor, Fakhra Irshad, Saliha Shoukat, Saima Maqsood, Umme Kalsoom, Faiza Aslam, Iqra Maroof, Tasleem Anjam, Atia Altaf, Shumaila Khalid.
- **Rowing Championship**
  - Date: 30 April, 2013.
  - Venue: University of Engg. & Tech. Taxila.
  - Position: Winner.
  - Participants: Maryum Asif Butt, Summiya Farrukh, Adeela Saeed, Iqra Mushtaq, Bushra Mehmood, Umme Kalsoom, Saima Maqsood, Arooj Sohail, Joham , Afshan Khadim, Samia Haider, Rabia Liaqut, Atia Altaf, Sadia Abdul Khaliq, Maria Javed.
- **Taekwondo Championship**
  - Date: 19 November, 2012.
  - Venue: University of Engg. & Tech. Lahore.
  - Position: Second
  - Participants: Rabeel Arshad, Mahreen Zafar, Rubab Irshad, Mehwish Shafi, Bukhtawar Ijaz, Laila Saman, Hina Ashiq, Rabia, Shumaila Nazeer, Noor Asifa, Nimra Abdul Sami, Mariam Altaf, Shamsa Khadim.
- **Karate Championship**
  - Date: 21 November, 2012.
  - Venue: University of Engg. & Tech. Lahore.
  - Position: Winner.
  - Participants: Anza Tahir, Nausheen Qaiser, Hunaiza Hanif, Mariam Lodhi, Anum Tahir, Madeeha Hussain, Tayyaba Kausar, Sumbal Arshi, Amna Nisar, Ansa Ali.(University of the Punjab, Lahore).
- **Baseball Championship**
  - Date: 10 March, 2013.
  - Venue: Islamia University, Bahawalpur.



- Position: Second
- Participants: Maryum Asif Butt, Summiya Farrukh, Saira, Zunaira Liaqat, Bushra Mehmood, Barka Lodhi, Umme Kalsoom, Saima Maqsood, Arooj Sohail, Faiza Aslam, Joham, Saima Bashir, Asma Ashraf, Nayyar Nasir, Sajida Parveen, Rabia Liaqat, Nadia Naseem, Sadia Abdul Khaliq, Almas Akram, Rooma Abbas, (University of the Punjab, Lahore).
- **Rifle Shooting Championship**
  - Date: 05-December, 2013
  - Venue: National University of Science & Technology, Islamabad.
  - Position: Second
  - Participants: Filza Aleem, Nausheen Qaiser, Zunaira Liaqat, Maryum Asif Butt, Summiya Farrukh, Sara Riaz, Mahwish Mubeen, Arooj Sohail, Saba Tahir.(University of the Punjab, Lahore).
- **Netball Championship**
  - Date: 01 December, 2012.
  - Venue: University of Lahore.
  - Position: Third
  - Participants: Rooma Abbas, Humaiza Riaz, Barka Lodhi, Rubina Kausar, Atia Altaf, Samina Zulfikar, Afshan Khadim, Samia Haider, Bushra Mehmood, Huda Babar, Sumaira parveen, Saira,(University of the Punjab, Lahore).
- **Ju-Jitsu Championship**
  - Date: 01 December, 2012.
  - Venue: University of Punjab Lahore.
  - Position: Winner.
  - Participants: Anza Tahir, Madeeha Hussain, Iqra Maroof, Sumaira Zahoor, Adeela Saeed, Sonia Manzoor, Shamaila Tasneem, Kashaf javeed,(University of the Punjab, Lahore).
- **Table Tennis Championship**
  - Date: 02 December, 2012.
  - Venue: Dow University of Health Sciences Karachi.
  - Participants: Ayesha Khan, Sobia Ahzaz, Sidra Munir, Mahrukh Ahsan, (University of the Punjab, Lahore).
- **Tennis Championship**
  - Date: 29 November, 2012.
  - Venue: Karachi University of Karachi.
  - Participants: Natasha Shahid, Khunsha Babar, Humeza Riaz,(University of the Punjab, Lahore).



- **Badminton Championship**
  - Date: 01 March, 2013.
  - Venue: Sarhad University Peshawar.
  - Participants: Mehpara Gul, Hina Sajjad, Sadia Abdul Khaliq, (University of the Punjab, Lahore).
- **Archery Championship**
  - Date: 20 May, 2013.
  - Venue: University of Lahore.
  - Position: Winner.
  - Participants: Nausheen Qaiser, Najma, Samaira Parveen, Sidra, Rukhsana Shaheen, Zunaira Liaqat, (University of the Punjab, Lahore).
- **Chess Championship**
  - Date: 01 March, 2013.
  - Venue: University of Management Tec Lahore.
  - Position: Winner.
  - Participants: Maryum Asif Butt, Filza Aleem, Nausheen Qaiser, Arooj Sohail, (University of the Punjab, Lahore).
- **Cricket Championship**
  - Date: 01 February, 2013.
  - Venue: Islamia University Bahawalpur.
  - Participants: Madiha Rajput, Saima Maqsood, Nadia Naseem, Saira Zulfikar, Nosheen Akbar, Summya Farrukh, Umme Kalsoom, Rabia Akbar, Iqra Maroof, Faiza Aslam, Sadia Abdul Khaliq, Babar-un-Nisa Shaukat, Nayyar Nasir, Rooma Abbas, rabia Liaqut, Rabia Kanwal, Tania Rana, Maryum Asif Butt, Asma Usman, (University of the Punjab, Lahore).
- **Athletics Championship**
  - Date: 06 December, 2012.
  - Venue: COMSATS, University Islamabad.
  - Position: Winner.
  - Participants: Sehrish Asghar, Humaiza Riaz, Kiran Yaqoob, Hina Parvaiz, Sumaira Parveen, Romna Liaqat, Sumaira Zahoor, Attiay Sultana, Lubna Younas, Aasia Sattar, Mariyam Hameed, Najma, Fakhara Ahmad Ali, (University of the Punjab, Lahore).

Sr. No.	Game	Gold	Silver	Bronze	4 <sup>th</sup> Position
1.	Squash	Winner			
2.	Cycling		Second		



Sr. No.	Game	Gold	Silver	Bronze	4 <sup>th</sup> Position
3.	Volleyball			Third	
4.	Handball				4 <sup>th</sup>
5.	Swimming	Winner			
6.	Hockey	Winner			
7.	Football			Third	
8.	Basketball	Winner			
9.	Skiing	Winner			
10.	Judo	Winner			
11.	Wushu	Winner			
12.	Rowing	Winner			
13.	Taekwondo		Second		
14.	Karate	Winner			
15.	Baseball		Second		
16.	Rifle Shooting		Second		
17.	Netball			Third	
18.	Ju-Jitsu	Winner			
19.	Table Tennis				
20.	Tennis				
21.	Badminton				
22.	Archery	Winner			
23.	Chess	Winner			
24.	Cricket				
25.	Athletics	Winner			

### Faculty of Arts & Humanities

#### DEPARTMENT OF ARCHAEOLOGY

- **Participation in National Championships**
  - Mr. Junaid Shafqat Participated in Punjab Level Cricket Tournament

### Faculty of Commerce

#### HAILEY COLLEGE OF BANKING & FINANCE

- **Inter-Departmental Sports**
  - Our College has participated in several Inter-Departmental Sports activities namely; Cricket, Hockey, Football, Boxing, Weight Lifting, Tennis and Rifle Shooting etc. We have achieved greater heights and also won several medals.



- **Participation in National Championships**
  - Our students have participated in various National Championships. One of our female students of BBA (Hons) (Ms. Sehrish Asghar) achieved high position and won several gold, silver and bronze medals in 100, 200 & 400 meters Relay Races in the National Championships.
- **Incentives and Honors/Award for Sports Persons**
  - We are offering cash awards, role of honour, shields etc. to outstanding Sports persons in terms of incentives.

### Faculty of Economics & Management Sciences

#### **DEPARTMENT OF ECONOMICS**

- **Inter-Departmental Sports**
  - Participation in Cricket, Hockey and Football and Tug of War games in tournament at university level.
- **Incentives and Honors/Award for Sports Persons**
  - Distribution of cash and other prizes by Farid Memorial Society.

#### **INSTITUTE OF BUSINESS & INFORMATION TECHNOLOGY**

University has allocated separate seats for sports and other extra-curricular activities. Students are admitted on sports basis which are part of the different teams of Punjab University.

- Sports
  - The students of IBIT have participated actively in sports activities throughout the year including Cricket, Football, Basketball, Badminton and Squash. Sports gala was arranged in which students participated enthusiastically. Afterwards, a prize distribution ceremony was hosted where certificates and trophies were distributed among the winners.
- Societies
  - There is a Student Executive Council at IBIT that takes a keen interest in events like Annual Dinner, Farewell Party, Sporting Events, Conferences and Industrial Liaison activities, on a regular basis. Brilliant minds from all the batches constitute the executive members of the Student Executive Committee. The SEC is further divided into different sub-committees that deal with different areas like public relations, industrial liaison, functions and events. Student's Executive Committee provides an excellent opportunity for the students to enhance their skills in their relevant areas of interest. It also serves as a forum where the administration and students interact frequently to discuss matters of mutual interests.



## Faculty of Life Sciences

### CENTRE OF EXCELLENCE IN MOLECULAR BIOLOGY

- **Inter-Departmental Sports**
  - Sports gala was organized at the Centre during 04-08 March 2013. Sports such as Badminton, Cricket matches, Football, Chess, Table Tennis, Luddo, 100 meter race etc matches are organized among students and faculty members.
- **Incentives and Honors/Award for Sports Persons**
  - Certificates and trophies have been distributed to the winning teams

### INSTITUTE OF APPLIED PSYCHOLOGY

- **Incentives and Honors/Award for Sports Persons**
  - Mr. Muneeb ul Haq Student of (BS-VII) participated in Chief Minister Youth Festival and win a Gold Medal in the TUG of War Competitor.
  - Mr. Muneeb also participated in the All Pakistan Inter University Competition organized by HEC (Islamabad) and win a Gold Medal.
  - Mr. Muneeb also participated in 32nd National Games 2012-13 and represented HEC Team
  - Mr. Akif Rasool (BS-V) participated in Inter University Competition 2012-13.

## Faculty of Sciences

### DEPARTMENT OF GEOGRAPHY

- **Inter-Departmental Sports**
  - Every year in the month of February the department organizes annual sports week in which all the student participates. The sports week followed by prize distribution to encourage the students. The students who participate in sports are given shields and certificates. During last two years this event is followed by one day picnic.
  - Every year five students are admitted on sports basis who participate at national and International level being member of Punjab University team.
- **Participation in National Championships**
  - Students of BS honor participated in Inter-departmental Jashn-e- Baharan girls sports Gala, 2013
- **Achievements at National Level**
  - Win one shield and two Trophies in Inter-Departmental Jashn-e- Baharan girls sports Gala, 2013.
- **Incentives and Honors/Award for Sports Persons**
  - A number of students who play in the University teams obtained a number of awards.



### Punjab University Jhelum Campus

- **Inter-Departmental Sports**

- The annual sports of the Punjab University Jhelum Campus were conducted w.e.f. 12th March 2013 to 14th March 2013 in which 82 male and 42 female students of all the four departments have participated and won the positions.

- **Incentives and Honors/Award for Sports Persons**

Sr. No.	Name of sports played	1 <sup>st</sup> Position	2 <sup>nd</sup> Position
1	Cricket Boys	LLB	BBA
2	Cricket Girls	BSCS	LLB
3	Tug of War Boys	BCOM	BBA
4	Tug of War Girls	BSCS	BBA
5	Volley Ball Boys	BCOM	BBA
6	Arm wrestling Boys	LLB	BBA
7	Arm wrestling Girls	BCOM	LLB
8	Table Tennis Boys	LLB	BCOM
9	Table Tennis Girls	BSCS	LLB
10	Badminton Boys	BCOM	BBA
11	Badminton Girls	BSCS	LLB
12	Running 100 m Boys	LLB	BBA
13	Running 100 m Girls	BBA	BSCS
14	Running 200 m Boys	LLB	BBA
15	Running 200 m Girls	BBA	BCOM