2. Applied Psychology

B.A./B.Sc. Applied Psychology-II

Total Mark: 100

Appendix ‘A’

(Outlines of Tests)

Paper-A: Applied Areas of Psychology (Written) : 80 Marks
Paper-B: Mini Research (Practical) : 20 Marks

Appendix ‘B’

(Syllabi and Courses of Reading)

Paper-A: Applied Areas of Psychology 80 Marks

1. Introduction:
   Scope of Psychology
   Introduction of Applied Areas of Psychology

2. Clinical Psychology:
   Introduction: aims and scope
   Brief History
   Role of a Clinical Psychologist
   Perspectives of Clinical Psychology
   Clinical Assessment and Intervention
   Status of Clinical Psychology in the World
   Status of Clinical Psychology in Pakistan

3. Counseling Psychology:
   Introduction: aims and scope
   Brief History
   Role of a Counseling Psychologist
   Perspectives of Counseling Psychology
   Assessment and Intervention
   Status of Counseling Psychology in the World
   Status of Counseling Psychology in Pakistan

4. Organizational/Industrial Psychology:
   Introduction and Brief History of I/O Psychology
   Scope of I/O Psychology
   Approaches to I/O Psychology
Services provided by I/O Psychologists
Assessment and Intervention
Status of I/O Psychology in the World
Status of I/O Psychology in Pakistan

5. **Developmental Psychology:**
   - Introduction: Aims and scope
   - Brief History
   - Role of a Developmental Psychologist
   - Approaches of Developmental Psychology
   - Assessment and Intervention
   - Status of Developmental Psychology in the World
   - Status of Developmental Psychology in Pakistan

6. **Health Psychology:**
   - Introduction: aims and scope
   - Brief History
   - Role of a Health Psychologist
   - Models of Health Psychology
   - Assessment and Intervention
   - Status of Health Psychology in the World
   - Status of Health Psychology in Pakistan

7. **School and Educational Psychology:**
   - Introduction: aims and scope
   - Brief History
   - Role of a School Psychologist
   - Perspectives of School Psychology
   - Assessment and Intervention
   - Status of School/Educational Psychology in the World
   - Status of School/Educational Psychology in Pakistan

8. **Social Psychology:**
   - Introduction; Group Types: Primary group, Secondary group, Reference group, In and out group
   - Attitude: Types of attitudes; Stereotypes, Prejudices Nature and components, Leadership: types and characteristics
   - Mass Communication: Electronic media and Print media.
9. **Sports Psychology:**
   - Introduction: aims and scope
   - Brief History
   - Role of a Sport Psychologist
   - Perspectives of Developmental Psychology
   - Assessment and Intervention
   - Status of Sport Psychology in the World
   - Status of Sport Psychology in Pakistan

10. **Forensic Psychology:**
    - Introduction: aims and scope
    - Brief History
    - Role of a Forensic Psychologist
    - Perspectives of Forensic Psychology
    - Assessment and Intervention
    - Status of Forensic Psychology in the World
    - Status of Forensic Psychology in Pakistan

11. **Emerging Areas in Psychology:**
    - Positive Psychology
    - Environmental Psychology
    - Peace Psychology
    - Military Psychology

**Paper-B: Mini Research (Practical) 20 Marks**

Students are required to perform mini research in group (comprising of 4-5 members).

- Mini Research Report : 10 marks
- Viva Voce : 10 marks

**Recommended Books:**