

12. Home Economics

B.A. Essentials of Home Economics-II

Total Mark: 100

Appendix 'A'

(Outlines of Tests)

Paper-A:	Human Development & Family Studies; Art & Design and Home Management (Written) :	75 Marks
Paper-B:	Practical :	25 Marks

Appendix 'B'

(Syllabi and Courses of Reading)

Paper-A:	Human Development & Family Studies and Art & Design and Home Management	75 Marks
<u>Section-I:</u>	Human Development & Family Studies	25 Marks

1. Developmental Stages & Adjustments

- i. Introduction to human development
- ii. Brief introduction of infancy, childhood, adolescence
- iii. Early adulthood
- iv. Middle adulthood
- v. Late adulthood / Old age

2. Maternal And Child Health

- i. Preparation for parenthood
- ii. Maternal health
- iii. Prenatal care
- iv. Postnatal care

3. Introduction to Family

- i. Definition, objectives and importance
- ii. Function of family
- iii. Family types
- iv. Family life cycle

4. Family Relations

- i. Introduction to family relations.
- ii. Factors affecting family relations.
- iii. Preparation for marriage (husband-wife relations and relations with inlaws).

- iv. Dealing with tensions and conflicts in the family.

5. Community Development and the Family

- i. Definition of community
- ii. Communities in urban/rural areas.
- iii. Functions of community in family development
- iv. Role of family in the development of community

Section-II: Art & Design

25 Marks

1. Importance of Art and Design in Home Economics

2. Application of Design in Everyday Life

- i. Home Designs
- ii. Apparel designs
- iii. Design in consumer goods

3. Principles of Design

- i. Balance
- ii. Proportion
- iii. Emphasis
- iv. Harmony
- v. Rhythm

4. Elements of Design

- i. Line
- ii. Color
- iii. Shape and form
- iv. Texture

5. Graphic Designing

- i. Lettering
- ii. Labeling

1. Home Management

- i. Scope of management
 - Definition of management
 - Management; importance and process
 - Goals and values; definition and importance
- ii. Resources:
 - Management of specific resources
 - Management of time and energy
- iii. Work simplification
 - Fatigue
 - Layout of work areas and equipment

2. Management of family income

- i. Budgeting
- ii. Saving: importance and methods of saving

3. Decision making

- i. Definition
- ii. Steps of decision making

4. Environmental Management

- i. Definition and importance of environment
- ii. Causes of environmental degradation
- iii. Impact of environment on healthy family living

5. Consumer Education

- i. Definition and Importance
- ii. Consumer behavior
- iii. Rights and responsibilities of consumer (examples from every domain of Home Economics)

6. Flower Arrangement

- i. Principles of fresh & dry Flower arrangements
Types of fresh Flower arrangements

Section-I:

Participating in community based intervention and support programs OR
Study, evaluate and report any problem of a peer or 3 to 5 year child

Section-II

- i. Color wheel (6 color schemes)
- ii. Study of color and texture in paper collage.
- iii. Application of principle of design in card making (3 cards)
- iv. Designing of label (2 labels)
- v. 3 sample each of Tie n Dye and stenciling.
- vi. Designing with letters on file covers / Cards /Poster (A4 Size)

Section-III

1. Flower arrangement (Fresh, Dry)
2. A poster depicting environmental hazards and remedies