12. Home Economics

B.A. Essentials of Home Economics-II

Total Mark: 100

Appendix ‘A’
(Outlines of Tests)

Paper-A: Human Development & Family Studies;
            Art & Design and Home Management (Written) : 75 Marks

Paper-B: Practical : 25 Marks

Appendix ‘B’
(Syllabi and Courses of Reading)

Paper-A: Human Development & Family Studies and
            Art & Design and Home Management 75 Marks

Section-I: Human Development & Family Studies 25 Marks

1. Developmental Stages & Adjustments
   i. Introduction to human development
   ii. Brief introduction of infancy, childhood, adolescence
   iii. Early adulthood
   iv. Middle adulthood
   v. Late adulthood / Old age

2. Maternal And Child Health
   i. Preparation for parenthood
   ii. Maternal health
   iii. Prenatal care
   iv. Postnatal care

3. Introduction to Family
   i. Definition, objectives and importance
   ii. Function of family
   iii. Family types
   iv. Family life cycle

4. Family Relations
   i. Introduction to family relations.
   ii. Factors affecting family relations.
   iii. Preparation for marriage (husband-wife relations and relations with inlaws).
iv. Dealing with tensions and conflicts in the family.

5. **Community Development and the Family**
   i. Definition of community
   ii. Communities in urban/rural areas.
   iii. Functions of community in family development
   iv. Role of family in the development of community

**Section-II: Art & Design**

1. **Importance of Art and Design in Home Economics**

2. **Application of Design in Everyday Life**
   i. Home Designs
   ii. Apparel designs
   iii. Design in consumer goods

3. **Principles of Design**
   i. Balance
   ii. Proportion
   iii. Emphasis
   iv. Harmony
   v. Rhythm

4. **Elements of Design**
   i. Line
   ii. Color
   iii. Shape and form
   iv. Texture

5. **Graphic Designing**
   i. Lettering
   ii. Labeling
Section-III: Management of Home and Environment 25 Marks

1. Home Management
   i. Scope of management
      - Definition of management
      - Management; importance and process
      - Goals and values; definition and importance
   ii. Resources:
      - Management of specific resources
      - Management of time and energy
   iii. Work simplification
      - Fatigue
      - Layout of work areas and equipment

2. Management of family income
   i. Budgeting
   ii. Saving: importance and methods of saving

3. Decision making
   i. Definition
   ii. Steps of decision making

4. Environmental Management
   i. Definition and importance of environment
   ii. Causes of environmental degradation
   iii. Impact of environment on healthy family living

5. Consumer Education
   i. Definition and Importance
   ii. Consumer behavior
   iii. Rights and responsibilities of consumer (examples from every domain of Home Economics)

6. Flower Arrangement
   i. Principles of fresh & dry Power arrangements
      Types of fresh Power arrangements
Section-I:

Participating in community based intervention and support programs OR
Study, evaluate and report any problem of a peer or 3 to 5 year child

Section-II

i. Color wheel (6 color schemes)
ii. Study of color and texture in paper collage.
iii. Application of principle of design in card making (3 cards)
iv. Designing of label (2 labels)
v. 3 sample each of Tie n Dye and stenciling.
vi. Designing with letters on file covers / Cards /Poster (A4 Size)

Section-III

1. Flower arrangement (Fresh, Dry)
2. A poster depicting environmental hazards and remedies