



Department of Textile Design,
College of Art and Design,
University of the Punjab

BFA 2017 - 2021

TEXTILE DESIGN DEGREE SHOW 2021

Venue: The Grand Hall PUCAD
Date: 7th to 15th July 2021
Time: 10:00 am to 4:30 pm



Message from Dean

The Department of Textile Design (housed in the College of Art and Design) was founded in 2003 in order to provide a professional academic platform for the growing needs of the Textile and Fashion Industry in Pakistan, as well as to acquaint desirous individuals about global trends in this field. Continuing the tradition of an annual Textile Design Thesis Display, the MFA/BFA students have outdone themselves this year too. The work on display is innovative, creative, sometimes symbiotic, as well as experimental. Since the clientele is not only national, but also global, there is an attempt to integrate the transcultural and

postmodern without compromising on the cultural and sociopolitical. Thus, each individual designer has not only presented their perspective of the world but has also sown the seed for a future harvest in aesthetics. The work demonstrates a fusion of the trajectories of international markets, while retaining the richness and diversity of Pakistani culture.

I congratulate the Principal, the Incharge of Textile Design, the students, their supervisors, and the entire faculty of the department on this dynamic display of aesthetic energies .
Wishing you the brightest of futures and infinite success.

Prof. Dr. Amra Raza
Dean, Faculty of Arts and Humanities .
University of the Punjab, Lahore



Prof. Dr. Sumera Jawad
Principal
College of Art & Design
University of the Punjab

Message From Principal

To define Textile Design in all of its exhaustible aspects has been a challenge to aspirants of all ages in a rapidly changing world of today. Thesis batch of students during pandemic of COVID have lived up to the expectations with inquisitive approach to an interesting array of topics chosen for the thesis presentation. Re-enactment of their concepts through their highly individual styles and perceptions will be felt by all art lovers.

I wish all the graduating designers of this specialization a greater success in future.



Message From Incharge

As we look towards the future, it is certain that knowledge will be a key resource and will be highly sought after globally. Our challenge is to train students to work in specialized field where they will be recognized for their knowledge, ability to research, communicate, and solve problems. Contemporary designers are to generate ideas that will benefit society.

The Department of Textile Design serves as one of the highly proficient department across Pakistan generating successful textile designers. All creative young people who aspire to be designer are artistic intellectuals. Our aim is to intellectually enhance and groom this pool of young designers. This ensures the ongoing relevance of our academic program and the continued excellence of our teaching, learning, and research. Here, we embed relevant technical knowledge and induce creative thinking, and aware them of the professional world. Our students have learnt and delivered successfully into the society in the past, they have been rigorously working amidst adversity of COVID and will continue to do so in the upcoming future.

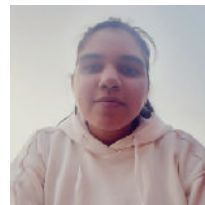
Asna Mubashra
Incharge, Department of Textile Design
College of Art & Design
University of the Punjab



Mrs. Beenish Tahir
Assistant Professor



Mrs. Ayesha Arshad Khan
Assistant Professor



Miss. Aqsa Ilyas
Lecturer



Mr. Ajmal Asad Ullah Khan
Assistant Professor (Visiting)



Miss. Rabia Shaukat
Lecturer (Visiting)



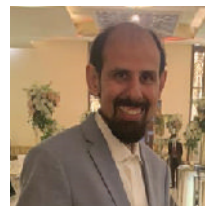
Mrs. Saima Waseem
Lecturer (Visiting)



Mr. Ali Qamber
Lecturer (Visiting)



Mr. Meer Mehmood
Lecturer (Visiting)



Mr. Ahmar Iqbal
Lecturer (Visiting)



Batch 2017-2021
BFA-TEXTILE DESIGN

Student Name:

1. Ansa Siddique
2. Aqsa Khawar
3. Ayesha Anwar
4. Ayesha Gull
5. Faiza Simab Nawaz
6. Fizza Amir
7. Hira Shabbir
8. Khushbakht
9. Mahnoor
10. Meer Hamza Butt
11. Meha Ahmad
12. Mirza Sabih Ahmed
13. Missal Ali
14. Musaffa Nadeem
15. Nimra Sajjad
16. Noor Us Sabah Wadood
17. Rabbiya Jehangir
18. Saima Masood
19. Shayhaq Noor
20. Suman Taseer
21. Syeda Maheen Zahra
22. Zainab Saeed (E)
23. Zainab Saeed Ul Zaman

Thesis Title:

- Luxury Mughal Miniature
- Contemporary Textile Designs Inspired by 'The Chess Empire'
- Contemporary Textile Design Derivation for Cognition of Insomnia
- Awareness of Indecisiveness through Contemporary Textile Design
- Modern Textile Designs Inspired by Shrine of Shah Rukn-e-Alam
- My Vehicles as Inspiration for my Textile Design Campaign
- Contemporary Textiles Art Touching the Dimensions of Transpersonal Psychology
- Contemporary Textiles Inspired by "Aristocratic Painitng of 19th Century"
- Harroof – Tahaji In Textile Design
- Contemporary Textiles Inspired by the Practice of Jean Baptiste Pillement
- The Lost Beauty of Bohemian Culture
- Punjab ki Saqafat
- Modern Textiles Inspired by Juxtaposition of Bipolarity
- Doodle Art in Modern Textile Design
- Practicing Contemporary Textile Designs To Celebrate The Emotions
- دلّی - A walk down memory lane
- Textile Design Exploration of the Art of Wabi Sabi
- Contemporary Textile Design Inspired by "Chai Kahani".
- Balochi Handicrafts
- Awareness for The Stigma Of Despair Through Textiles
- Illustrative Surface Designs Inspired by the Little Joys of the Day-to-Day
- A Textile Design Campaign To Explore Dextevrity Of Pakistani Craft
- Amalgam of Contemporary Design and Ancient Harappa Civilization



Luxury Mughal Miniature

By Ansa Siddique

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A project inspired from Jalal ud Din Muhammad Akbar Era's Mughal Sultanate, embracing the cultures and heritage of historic times into design and silhouettes. Jalal ud din Muhammad Akbar was one of the finest leaders in Mughal history. In all of the historic Mughal era's, Jalal ud din Muhammad Akbar's era, till date has a great impact in many ways in fashion/interior or architecture

The influence of this era can be seen in architectures, interiors, textiles and fashion choices in different cultures globally, specifically in the sub-continent. The Mughal era is a vast topic known very well globally. Researches have been conducted, monuments have been made and seen till date, and art-works have been saved and nurtured since the Mughal period, as a symbolic reference of all the Mughal emperors and their reign, to keep the heritage strong and safe. The fashion industry is highly inspired by the Mughal era and its ornaments. It is a highly respected and valuable element in all of subcontinent. There is a cross pollination of ideas. I have tried to give all the elements of the Akbar era a fresh look and its historic art a new space. The relationship between Mughal historic art and nature has always been very strong. I believe even the most beautiful monuments which rulers built, always make a window so that they can get a natural view. So there is also a beautiful relationship between nature and what is man-made. By analysing the liability of Mughal era heritage, designs and architectures in consumers today, the topic was chosen to derive commercial designs from Mughal heritage adding a touch of miniature work with intricate details that can be a new trendsetter to commercial design-wear. A collaboration between modern, contemporary and heritage influence, is what this collection plans to derive.





Contemporary Textile Designs Inspired By "The Chess Empire"

By Aqsa Khawar

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Chess is a two player strategic skill board game that is played on a 64×64 chequered board on which each player moves the pieces according to some specific rules. The main objective is to make the opponent's King helpless or unable to escape by putting it under a direct attack. Each player has 16 pieces to play with which includes a King, Queen, Bishops, Knights, Pawns, and Rooks

Chess began nearly 1500 years back but its earliest origins are still uncertain, but the earliest predecessor of the game probably originated in India from where it spread to Persia and was taken up by the Muslim world when Persia got conquered by the Arabs. It then started spreading to Southern Europe. Pakistan stepped into the amphitheater of competitive chess in 1950s alongside India. Bangladesh and Afghanistan joined years later, but today, Pakistan stands alongside Afghanistan, far behind India, and Bangladesh. Being a chess player of Punjab University myself, I have seen student's lack of interest regarding this sport. Chess is not given the significance that it is worthy of, that is why, I believe, in spite of a great deal of interest and aptitude in the game of chess in Pakistan, and in spite of playing competitive chess since 1950s, Pakistan has not given rise to a single grand master (GM) because of the lack of assets, poor superintendence, and the deficiency of funds needed to sufficiently and productively promote the game among our children and youth. All of this has created a bewildering and disrupted situation that started choking the doors on upcoming young talent. I want to raise awareness regarding its importance and how to amalgamate chess unique patterns with designing medium to incubate admiration and awareness regarding chess through my design based work to bring up the long-lost charm of chess back to society. That is why, I have taken inspiration from one of my most favorite chess manufacturing company "The Chess Empire" to show people how the world is dedicated to make this game more precious, with their talent and handcrafting skills.





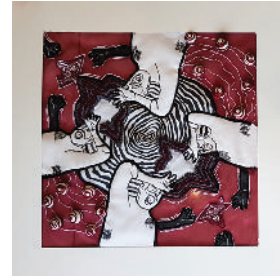
Awareness of Indecisiveness Through Contemporary Textile Design

By Ayesha Gull

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What do we most overthink about? The decisions we make. But what if you can't make a decision, not even small ones like what to eat, what to wear, to be or not to be that is the question, is it really a thought or is it all a Dilemma?

The topic that I have chosen to raise awareness against is Indecisiveness or Aboulomania “without will” as the Greeks call it. Fear of failure, fear of responsibility, Prolonged thinking, Too many available options, Fear of choosing wrong, And overprotective environment are the possible reasons which trigger this dilemma. Indecisiveness is a state of mind. We all are a little indecisiveness but when it becomes pathological that may lead it to fatal consequences, may even lead to suicide. The reason why I chose this topic is because I, myself suffer from this and very much familiar with other people as well suffering from such problem. I took my own personal case study in which i tried to show different emotions and different elements which represent indecisiveness. The techniques that i have used are embroidery, casting, appliqué, patchwork, fabric painting, hooking and fabric manipulation.





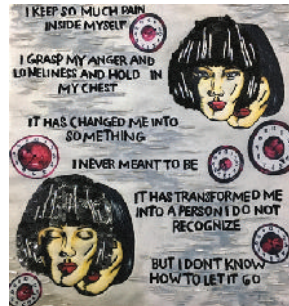
Contemporary Textile Design Derivation For Cognition of Insomnia

By Ayesha Anwar

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My topic is about insomnia the term derives from the Latin word *insomnis* manner sleepless. Insomnia is a sleeping disorder that belongs to a mental disorder in that you have trouble falling or staying asleep. If it came about for a short period it called acute and if it passed off for long it is known as chronic.

I chose this subject matter due to the non-public tragedy that came about with my cousin which led me to pass for cognizance reason. Why attention?. Because it unfolds insanely in our society these days. In step with the survey of the journal of the Pakistan medical affiliation (JPMA) in 2013 simplest 37% of the populace have that but in 2018 this percentage boom insanely from 78% it's just the numbers that we're talking about. In our society, one issue may be very commonplace that if someone has any physical sickness like (heart attack, kidney, lungs, obesity, 2 forms of diabetes, etc) then it's ordinary that you could inform everybody and you didn't even sense shy approximately it however then again if the disorder is associated with our intellectual fitness then it will become a problem and we extraordinarily experience embarrassment to inform absolutely everyone. My research divided into 3 components .1st is insomnia scientific structure 2nd is insomnia causes and the 3rd one is insomnia remedies. With my element-oriented running style, textile designs have been developed for the usage of the elements of those mats. Artistically advanced sketches and painted samples had been developed into 2nd and 3d textile surfaces that can later be utilized in any textile interior.





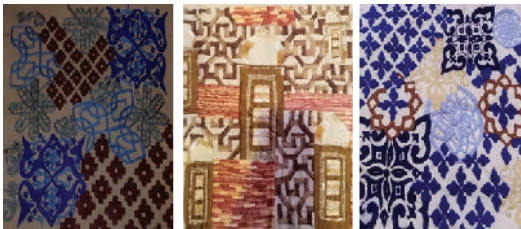
Modern Textile Designs Inspired by Shrine of Shah Rukn-e-Alam

By Faiza Simab Nawaz

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For my thesis I have selected Modern Textile Designs inspired by Shrine of Shah Rukn-e-Alam, especially Kashikari work on Tomb of Shah Rukn-e-Alam. I dedicate the informing part of my topic namely Kashikari work on Tomb of Shah Rukn-e-Alam.

Kashi or Kari formerly the Persian word for all glazed and enameled pottery irrespectively now the accepted term for certain kinds of enameled tile-work, including brick-work and tile-mosaic work. The tomb is located in Multan, Pakistan. It was built in 1320-1324 AD by Ghiyas-ud-Din Tughluq, during his Governorship of Depalpur in the pre-Mughal architectural style. Many artisans and craftsmen contributed and created indigenous, attractive and marvelous designs of blue pottery work that reciprocates the Multan's art work. The Kashigari work was introduced by the local craftsmen of Multan Region. The main reason for choosing this topic as my textile design campaign is to introduce Kashigari work to people all over again, to make people know the indigenous crafts of Pakistan and to revive the fading art of Kashigari. This dissertation will pay a homage to our diligent and conscientious people who brought toward this unique and beautiful work of art. I found Kashigari work really unique but in today's world, it's dying. I believe, we need to make the dying work alive once again and repeat the history by introducing the tomb of Shah Rukn-e-Alam is a much larger octagonal tiered building which is flanked with huge sloping pillars at each corner. The dark blue, azure and white glazed Kashi tiles provided a contrast to the red bricks, which are local of Multan. The decorative panels are a mixture of geometric patterns and the floral arabesque designs. Calligraphic inscriptions from the QURAN decorates the top of the façade in molded terracotta bordered by Kashigari work on Tomb of Shah Rukn-e-Alam in the present world.





My Vehicles As Inspiration For My Textile Design Campaign

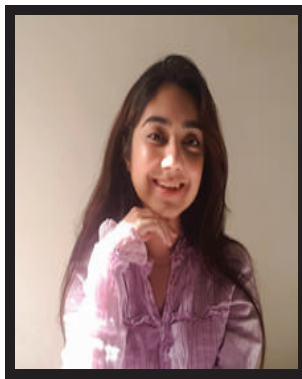
By Fizza Amir

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My design work is inspired by different spare parts and elements from car and motorbike. Main inspiration behind my designs are my own car and bike. Vehicles are something that we see on our daily basis on roads. By appearance and look their mechanical structure and machinery is dull and boring but my perspective is even a boring looking object can be seen as aesthetically pleasing and beautiful.

So, I used different parts from them to use as elements of my design. Car is Mehran in Green color that my father bought when I was born and we have it for twenty-one years now. Amazingly it is still in good working condition. I grew up watching it in my garage and riding in it so I have a special sort of attachment with it. Bike is Honda Cd-70 in red color 2019 model. My brother bought it after achieving his first scholarship that makes it special for me due to this special moment associated with it. Both of them are one of the popular models that everyone is familiar with and also were stated as one of the best-selling models even after so many years of their production. After clicking photographs of different elements and parts from it I have used them into design work using textile mediums while using non-conventional textile methods as well





Contemporary Textile Art touching the Dimensions of Transpersonal Psychology (kho gae hum kahan)

By Hira Shabbir

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How many of us think that we may have lost the connection to ourselves? We as human beings, chase after the things that we may not have while taking for granted what we already have.

This thought has made most of us develop a superfluous personality, misleading us, taking us so far from our cores that we have lost the connection to ourselves and with the people who have always been there for us, loving us, protecting us and caring for us since the day we were born, our family. I believe we need to create awareness among people about transpersonal psychology; emphasizing ourselves to comprehend and recognise our souls. Most importantly enlightening the necessity of strengthening our connection muscles by interacting with our loved ones and revive the connectivity with our families that may have lost its significance, in order to achieve happiness and satisfaction in our lives. To visualise the concept of my work, I have used various textile designing techniques including needle felting, crochet, quilting, fabric manipulation and 3D hand embroidery on a 7 feet tall cylindrical installation with 4.5 feet diameter





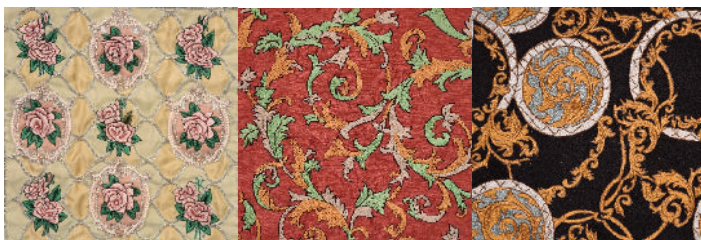
Contemporary Textile Inspired By, "Aristocratic Painting Of 19th Century"

By Khush Bakht

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The highest class in certain societies is known as aristocracy. In many states, the aristocracy included the upper class of people with hereditary rank and titles. In some, such as ancient Greece and Rome

My topic revolves around aristocratic paintings of 19th century. These paintings comprise of flamboyant, lavish, luxurious, elite, baroque theatricality, and grandeur. The richness of the fabrics, captivating color palettes, charismatic design patterns and astounding stitching styles in aristocratic paintings inspired me a lot. Thus, I want to merge that grace and elegance in our eastern textile designs. For that I chose a painting titled "The Last Look" by German artist Carl Herpfer (1836- 1897) as I believe everyone feels cheerful about their last look





Harroof – Tahaji In Textile Design

By Mahnoor Shahzadi

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There are 39 Harroof e Tahaji in Urdu language .It is written from right to left and is closely related to the Arabic and Persian alphabets. The Urdu word Harroof e Tahaji means Alphabets like A B C But they Are in Urdu like ا ب پ. Urdu is the National Language of Pakistan and was introduced in 17th century in central Asia.

The word Urdu is derived from Turkish word “ ordu ” meaning of army or camp. After the creation of Pakistan in 1947, Urdu was chosen to be the national language of the new country. Quaid e Azam announced Urdu as an official language of Pakistan.I want to work on this topic because we have made our language very common we must make our language special and appreciate our language and we should make our native language special. And nowadays people feel ashamed that we can only speak one language like Urdu or Punjabi and we can't speak English properly and they have fears if they we'll do any mistake. So we should appreciate our language first. And my reason purpose was to choose this topic because I represent my thesis in Pakistan not in a foreign country so I wanted to do something in my own language. Urdu has always been worked on calligraphy but I have worked on Urdu alphabets which we called Nastaliq. Nastaliq is a style of Islamic calligraphy formalized in the 14th century by the master of calligrapher Mir Ali Tabrizi. I have used my color palette from the clay colors of Punjab and I have used some basic shapes in my design with Urdu alphabets.





Contemporary Textiles Inspired By The Practice Of Jean Baptiste Pillment

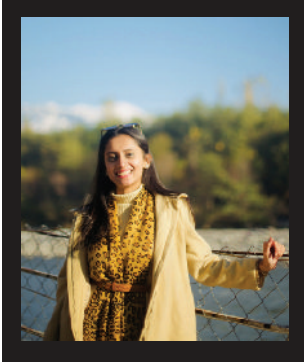
By Meer Humza Butt

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My thesis work is all set to celebrate the illustrations and designs done by Jean Baptiste pillement who is famous for his Rococo landscapes and Asian inspired subjects.

He specialized in romanticized scenes of the Near and Far East, popular throughout Europe in the 1700s. Pillement illustrations are a mixture of fantastic birds flora and fauna. Human figure and chinoiserie. He often worked with print makers such as his wife "Anne Allen" his designs were used by engravers and decorators on porcelain and pottery but also on textile wallpapers and silver. I tried very hard to do justice with the Pillement's work. I converted his illustrations into different layering designs , with some styles and techniques. My aim is to fulfill the need of good designs to throw his work with conviction and hard work.





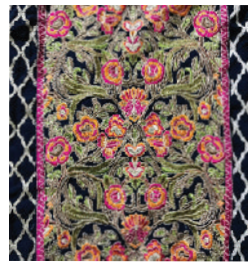
The Lost Beauty Of Bohemian Culture

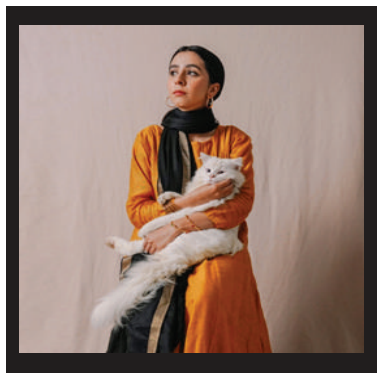
By Meha Ahmad

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My topic revolves around the bohemian culture and practice that got lost during the centuries and found its way to various new forms in modern world. Bohemianism is the practice of an unconventional and simple lifestyle. It involves musical, artistic, literary, or spiritual pursuits.

In this context, bohemians may or may not be wanderers or adventurers. Over the past two hundred years, bohemian was a term that observed exotic vogue sense, typically related to the artists of the time, just like writers and eccentric intellectuals. To be a bohemian is to adopt a state of mind and to seek a truth or a lifestyle which may not be commonly accepted. The artists of early 18th century started wearing flowery attires following the style of bohemian women who were the influence of “Bohemian culture”, oriental-inspired article of clothing and colorful materials were also observed in their appearance. The spirit of this style has seen a few revivals and reincarnations over the centuries. Many contributed to outward appearance of the Bohemian Style that we know today. Throughout the 20th century many adopted Bohemianism in some way or form and each left his or her unique stamp on the Bohemian aesthetic.





Modern Textiles Inspired By Juxtaposition of Bipolarity

By Misaal Ali

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Bipolar disorder, formerly called manic depression, is a mental health condition that causes extreme mood swings including emotional highs (mania or hypomania) and lows (depression). The manic phase is characterized by feelings of elated mood and exaggerated self-importance, talkativeness, little need for sleep, increased sociability, racing thoughts, risky or inappropriate behavior, and increased sexual appetite

This period of mania is often followed by a period of depression, with the symptoms mentioned previously (loss of interest or pleasure in previously enjoyable activities; major changes in appetite; sleep problems; fatigue, a feeling of worthlessness or hopelessness; problems with concentration and making decisions; and thoughts of suicide). The change from the manic phase to the depressive phase is called "cycling". Some people with Bipolar Disorder cycle quickly, while others cycle more slowly. Bipolar disorder has two general types: Bipolar I disorder starts on average at 18 years of age and bipolar II disorder at 22 years of age. The reason why I want to work on this topic for my thesis has not only a personal aspect but also a social/environmental aspect with a stigma attached to it. I believe art in any expressional form is the only way we can use to communicate and pass over a better word of knowledge to people than by engaging in arguments and solid schools of thoughts. It brings people into the auditorium of a previously undiscovered thoughts presented in the most transparent and real form. And from thereon it's up to the people to decide, they can either choose to let their ideas evolve or they can choose to leave the room without having to engage in an irrational discussion. I believe this is the only way to put an end to the stigma attached to Mental health and awareness without adding more turmoil to the situation





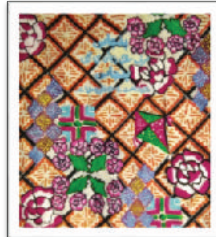
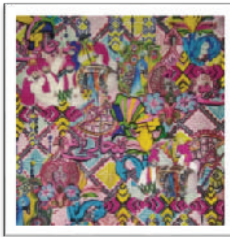
Punjab Ki Saqafat

By Mirza Sabih Ahmed

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Culture is the main thing that any nation have. Culture encompasses of literature, food, architecture, sports, clothing and language. Punjab has one of the oldest and richest cultures of the world. The Punjabi language is written with the Gurmukhi alphabet in India and with the Shahmukhi alphabet in Pakistan.

Approximately 152 million people speak the Punjabi language. 80 million speakers are in Pakistan, 31 million speakers are in India. But as much as I saw the people of Punjab is not sincere to his culture. We are far away from our traditions. We feel ashamed to speak our native language in front of anyone or wear our traditional dress. I personally observe many times if two people of same culture met each other, they speak their own native language. On special occasions they wear their cultural dresses, turbans or caps and shoes. But we Punjabis, not wear turban, khussa, dhoti. Only in some villages, some old men wear that and same thing is with Punjabi language. I think dressing is the main thing in any culture by which that culture is represented and after that language is the most important thing. But unfortunately, we are losing our traditions. I want to show that if someone speaks in Punjabi language it does not mean that it is illiterate. There are many famous personalities of Punjab who brought fame for Pakistan on national and international level in almost every field. I want to promote the culture which we have threw out. That's why I select this topic.





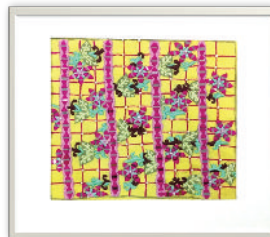
Doodle Art in Modern Textile Design

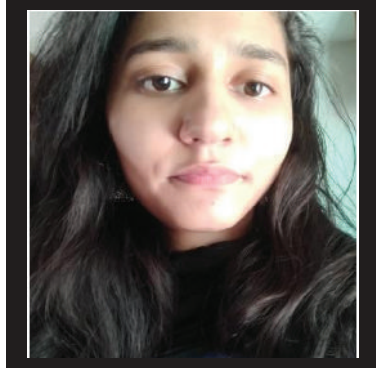
By Musafa Nadeem

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Doodle art is sometimes capable of reassuring its creator. The more the work is made with feeling, the more exciting work produced. It makes this kind of work is not just a mere drawing activity, but also has depth of meaning and style.

Doodling can calm us, help us process information, and act as a tool for creative problem solving. Serious doodling actually creates a measurable change in your physical and neurological states. It transforms the way people interact and process information. It helps to develop skills and enables innovations. I chose doodling because I like its color scheme motive creation. Doodling can provide relief to psychological distress and help to make sense of lost puzzle piece of memories bringing them to present and making the picture of our lives more whole again.. Doodle has been defined as to scribble or draw aimlessly, to play or improvise idly underlying preoccupations surface and before you know it take shape as doodles. Doodling maps the wandering of your mind as you plan a new venture worry about money or dream of a lover or holiday. HATTIE STEWART is the undisputed queen of doodle art. She is famous for her unique graphic style.





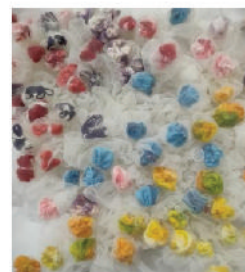
Practicing Contemporary Textile Designs To Celebrate The Emotions

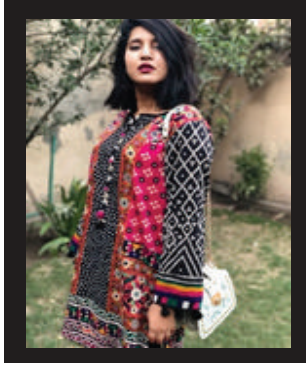
By Nimra Sajjaf

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Emotions are integral part of human beings, as experienced by all of us. We experience range of emotions like joy, serenity, ecstasy, grief, trust, fear, rage, annoyance, amazement, vigilance etc. Different scenarios/situations arise different kinds of feelings in us. Liking something causes happiness, when something bothers us, it can makes us feel angry, disturbed and may be sad

Some unexpected scenarios make us feel fearful. Sudden moments can either arise the feeling of amazement or ecstasy or anticipation. Even sometimes in a sudden and overwhelming situation, we cannot identify our feelings as well. It is the fact that we observe different emotions but to cherish them is very important. And when we talk about embracing and cherishing the emotions, it is not meant that only a emotion of happiness is worth celebrating. Each emotion, either it is rage, sadness, feeling of disgust, annoyance, fear is worthy our attention. Every motion has its importance and needs to be expressed rightly. Basically the objective is all about accepting and cherishing every single emotion we experience in our lives. The concept of celebrating the emotions is put together by the Plutchik's wheel of emotion, graphical facial lines and mood lines with the help of different shibori techniques to create the design. Many helping techniques like weaving, embroidery, quilting, fabric manipulation, patchwork have been used to define the emotions. The products, jackets, bags, jewelry, scarves are all wearable and helps to highlight the importance of emotions that how they should be worn as badges and expressed freely.





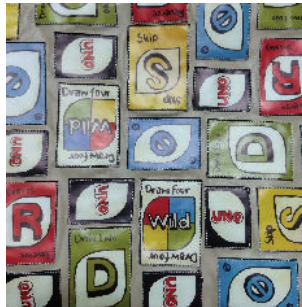
یاد (A Walk Down The Memory Lane)

By Noor Us Sabah Wadood

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flashbacks of a thing forgotten, is derived from the Turkish word “Yaat” which means something unfamiliar, something alien. We people might have moved on from the past but some part of us is still there, and some unfamiliar part of it is still here.v

The deep longing of my past led me to this idea. Memories occupy a very significant part of our personality. If we are not able to recollect who we are, what role we are playing on the stage of the world, our origins and bits and pieces of our daily lives, we would never be able survive. The theme of my thesis is really close to my heart. Being an artist, avoiding the present, I would say that I’m a person who stays in the past. Mentally I’m still there, where it all started; where I started. I had this feeling that there is still something unknown, but so close. The recollections of those familiarly unfamiliar flashbacks haunt me. The nostalgia in the air overwhelms me. How people forget and don’t remember scares me. Things die when we forget them and it hurts me how we have let our past, our childhood pass away. Those alien, faded memoirs do not let me move on. I chose this topic because it’s about time I had closure.





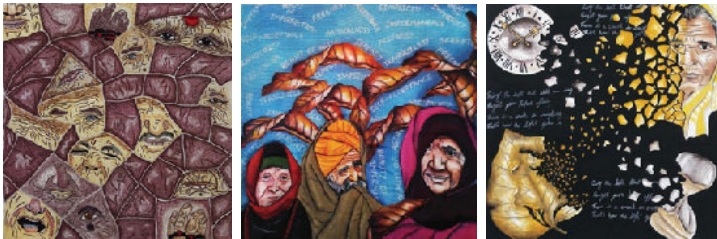
Textile Design Exploration Of The Art Of Wabi Sabi

By Rabbia Jehangir

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Nowadays, we can easily talk about depression, but we are not ready to talk about the reason behind it. We have made our lives so complicated and pretentious that increasing anxiety for us. Wabi Sabi is the great opportunity to live a most simple and natural life without any pretense.

Basically, Wabi Sabi is the Japanese philosophy which defines as to appreciate or accept the simplicity, imperfection, impermanence, incompleteness. If I talk about myself, I never had the courage to accept my imperfections and instead of learn some lessons from them, I always hid them not only from others but even from myself. Then after years, I came to know about Wabi Sabi from which I learned that it not only gives us the chance to highlight our imperfections and incompleteness but also to make them our strength, and teaches us that everything in life is impermanent and there is nothing to worry about anything. One thing I also learned from this philosophy is that the word “perfection” has nothing to do with the reality, it only exists in our imagination. When I see around, what I notice is that, many people get worried about their “aging”. It is true that aging is the most common imperfection but I believe that rather than considering it a flaw, it must be seen in a way that aging lines define as the experiences of a person that how he has gone through the ups and downs in his whole life. You are beautiful, no matter who you are and what you are going through. What only matters is that how you face, deal and handle the people, objects and situations.





Contemporary Textile Design Inspired By “Chai Kahani”

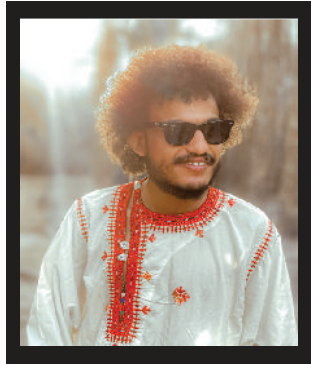
By Saima Masood

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Chai Kahani is composed of Tea and Ghazals. It is an assemblage of many emotions, a story of everyone around you, a story to which everyone can relate and feel the essence of one's feelings with it. Tea is not just a beverage but it's a whole mood. Sometimes it is just a simple talk, sometimes serious life issue

It is a companion, a lover, a friend, a remedy, a smile, a drug which has a strongest impact on one's life. Both tea and ghazals are an expression of affection, a sigh of relief, a picture of peace. Both are the savior you need in life. The main objective of my work is the blending of multiple variety of tea and ghazals. To create the visuals depicting the feeling of one's company having tea, reading or listening to ghazals and going through several phases of thoughts and emotions through textile designs.





Balochi Handicrafts

By Shayhaq Noor

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Handicraft have a traditional value which holds the indigenous ethnicity of particular region. The skill to produce those products has continued flow from generation to generation. Though in the modern world, the industrial product has taken over the market skill it has the popularity.

The purpose of my thesis is to promote Balochi traditional handicraft, with the Support of older people of Baluchistan this thesis has been done. Balochi traditional handicrafts live in all over the world, but professionally very short design and written work is done. There are three element of Handicraft 1. Design 2. Material 3. Technique, Design is an idea or an arrangement scheme that is expressed into a configuration, drawing, model, mould, pattern, plan or specification to work out the learning goals and target know from the object. The design, drawn by a designer, will give perspective to the object and will help us visualize the expected finished product. The material, as an element of handicraft, refers to the basic substance either in its natural, modified or semi-processed state that is used as an input to a product, while technique is simply the method and process of treating the material to construct the object. With respect to my thesis I have design Balochi coat, Balochi shaal and many more by using Balochi motifs, Balochi trade colour, Balochi pattern with technique of digital printing, weaving, paper work, sketching, paint work, hooking and many other technique of textile work. Balochistan has a wide tradition in the production of handicrafts. Being popular within the country and the handicrafts needle work is common all over the province of Balochistan, it is very much renowned for the delicacy of its design. the Balochi embroidery is done in attractive colours and different designs. The handicrafts of Baloch are known all over the world due to their beauty of design, richness of colour and decent prices. Besides this, these handicrafts are exported to various foreign countries where they are warmly received especially by the people of west.





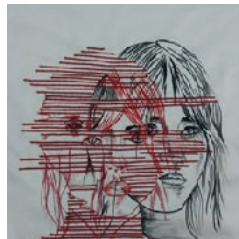
Awareness For The Stigma Of Despair Through Textiles

By Suman Taseer

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Schizophrenia is a serious mental disorder in which people interpret reality abnormally. But people usually thought that schizophrenia is caused by black magic/evil spirits. This is a very common myth. It is just a myth nothing else. Schizophrenia is actually a brain disorder.

Being very religious and good-loving will not keep you safe from schizophrenia. Nobody or nothing can give you schizophrenia, especially not evil spirits. That is why people with schizophrenia should be taken to the doctor and not to a religious baba or shaman. If you think someone you know may have symptoms of schizophrenia, talk to him or her about your concerns. Although you can't force someone to seek professional help, you can offer encouragement and support and help your loved one find a qualified doctor or mental health professional. If your loved one poses a danger to self or others or can't provide his or her own food, clothing, or shelter, you may need to call 1122 or other emergency responders for help so that your loved one can be evaluated by a mental health professional. To visualize the concept of my work, I have used various textile designing techniques including needle felting, stumping, quilting, fabric manipulation, couching, 3D embroidery, machine embroidery, hand embroidery, digital printing, laser cutting, fabric paints, patchwork and applique work.





Illustrative Surface Designs Inspired By The Little Joys Of The Day-To-Day

By Syeda Maheen Zahra
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I am a firm believer in the fact that life is all about the little moments. In today's world, for obvious reasons, our focus has been shifted towards chasing the best, seemingly charming and often the most unattainable things. We tend to look forward to the big things in life, the milestones, the goals that we set for ourselves, and things

of great material significance. If we assume the average life expectancy of a person today to be around 70 years, that means we might live a life as long as twenty-five thousand five hundred days (25500) approximately. Out of these twenty-five thousand days, how many do you think will have a life changing significance? How many days will be marked by the achievement of a milestone? How many days will we remember as a whole? The answer to all of that is, not so many. Most of our days are made up of the most normal, seemingly mundane moments. For my undergraduate thesis, I decided to take up this topic to really help highlight the hundreds of little things that can bring joy daily. The usual cup of morning coffee, the brief exchange of words with your family in the morning before you head out of the house, the one text message from your friend to cheer you up.





A Textile Design Campaign To Explore Dexterity Of Pakistani Craft

By Zainab Saeed (e)

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In Pakistan we are divided in different themes of different cultures like Mughal art, Indian ethnic, polka dots, Baroque etc. But we know the uniqueness and individuality of traditional motifs and patterns of Pakistani culture which is vibrant and loud. Pakistan is composed of four provinces and every province has its own

specific culture and signature design like Sindh has ajrak . Balochistan has Balochi tank Punjab has gotta . KPK has kalashi bead work. The beautiful poetic and chaotic design with multicolor palettes are integrated to create something shining and elaborate which reflects the diversity of Pakistani cultures .To preserve and create awareness about the influences of traditional motifs and patterns is to introduce the concept that will bring the cultural motifs through textile design into the lifestyle of every generation .This concept will also help the public to better know , understand and appreciate the worth of Pakistani traditional motifs and patterns . To visualise the concept of my work, I have used various textile designing techniques including Silk paint, crochet, Machine embroidery , fabric manipulation and 3D hand embroidery on hand bags . silk hand painted scarf and bead weaving jewellery





Amalgam Of Contemporary Design And Ancient Harappa Civilization

By Zainab Saeed Ul Zaman
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Harappa is among the world's oldest civilisations it is an ancient archaeological site about 24km West of Sahiwal and it is what we call our rich culture. It was discovered by Sir Alexander Cunningham in 1953 and 1956. He made several excavations between 1856 and 1872. Later John Marshal (the director of Archaeological

Survey of India) appointed staff there and finally in 1924 he gathered enough evidence to announce this ancient civilization to the world through Illustrated London News. The reason of choosing this topic is to basically render and enlighten the lavish civilization and its charm. My target is to create an amalgam of contemporary art with the oldest civilisation in order to create a piece of art that grasps the attention of today's man so that the style of today's work can channel the charm of that time and it would be understood more easily by this generation. It is a tribute that I want to pay in order to contribute my part to preserve our rich culture. For my work I have used various techniques like crochet, Brazilian embroidery, tapestry, fabric manipulation and many other to create different textile tiles consisting of copious surfaces.



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