

List of Scale/Measures Translated by Institute of Applied Psychology, University of the Punjab

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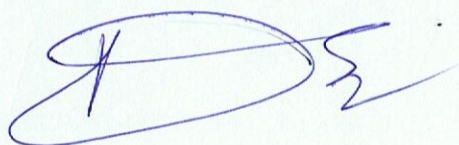
Scales/Measures Translated under the Supervision of Prof. Dr. Rukhsana Kausar

Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
1.	Abedi Test Of Creativity (ACT)	Jamal Abedi	Fatima Aftab & Rukhsana Kausar Ph.D	Intellectual Functioning, Curiosity and Creativity in Children. A comparison of Madarassah and Government Students (BS 2010-2014)	Sought
2.	Academic Self-Regulated Learning Scale	Carlo Magno	Mariam Naeem , Alishba Hafeez & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
3.	Achievement Motivation Questionnaire	John Ray	Zainab Javed & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
4.	Adolescent Anger Rating Scale	Deanna Mckainnie Burney	Saira Aslam, Tahera Anwar & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
5.	Adult Attachment Scale	Nancy Collins	Sara Kanwal, Arooj Arshad & Rukhsana Kausar Ph.D	Attachment Styles, Social Support, Resilience and Quality of Life in Obese Individuals (M.Phil 2012-2014)	Sought
6.	Anti Social Behavior Questionnaire	S. Alexandra Burt	Huma Hassan & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought



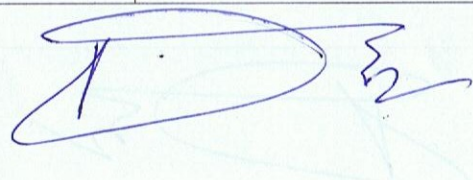
Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
7.	Attachment Style Questionnaire	Feeney, Noller & Hanrahan	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
8.	Attitude Towards Forgiveness Scale	Berry, J.W, Worthington, E.L, Parrot, L.I, O'Connor, L, & Wade, N.G	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
9.	Aggression Scale	Buss & Warren	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
10.	Bergen Insomnia Scale	Ståle pallesen	Amna Aijaz & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
11.	Behavioral Problem Inventory	Johannes Rojahn	Schrish Anjum & Rukhsana Kausar Ph.D	Parental Acceptance Rejection in Relation to Behavioral Problems in Children (M.Sc 2007-2009)	Sought
12.	Big Five Inventory-10	Rammstedt, B & John, O. P.	Mahnaz Yousaf, Shahnaila Tariq, Shazia Irfan & Rukhsana Kausar Ph.D	Ph.D Research (Ongoing)	Sought
13.	Brief Fear of Negative Evaluation	Leary, M. R.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought

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14.	Brief Self-Control Scale	Tangney, Baumeister, & Boone	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
15.	Brown Attention-Deficient Disorder Scale	Thomas. E. Brown	Sadaf Nayab & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
16.	Boston University Empowerment Scale	Sciarappa & Rogers	Faiza Rasool, Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
17.	Cambridge Depersonalization Scale	Sierra & Berrios	Asma Tahir & Rukhsana Kausar Ph.D	Comparison of Depersonalization Symptoms in Psychiatric and Non-Psychiatric Population (BS 2006-2010)	Sought
18.	Centre for Epidemiological Studies Depression Scale	Laurie Radloff, William Eaton	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
19.	Child Abuse Screening Tool-Children's Institutional Version (ICAST-CI)	ISPCAN org	Mahwish Irfan & Rukhsana Kausar Ph.D	Parents Concern about Child Protection and Abuse in Educational Institutes (M.Sc 2012-2014)	Sought
20.	Children Depression Inventory	Maria Kovacs	Ali Ajmal & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
21.	Child Parental Acceptance-Rejection Questionnaire control (PARQ)	Ronald P Rohner	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (P.hD 2012)	Sought

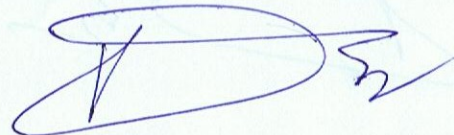


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22.	Curiosity and Exploration Inventory (CEI-II)	T.B. Kashdan	Fatima Aftab & Rukhsana Kausar Ph.D	Intellectual Functioning, Curiosity and Creativity in Children. A comparison of Madarassah and Government Students (BS 2010-2014)	Sought
23.	Curiosity and Exploration Inventory (CEI-II)	Tod Kashdan	Ghuncha Naqvi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
24.	Dementia Rating Scale 2	Paul J Jurica, Christopher L. Leitten & Steven Muttis	Noor ul Ain & Rukhsana Kausar Ph.D	Age Related Cognitive and Physical Deficits, Social Support, Coping and Quality of Life among Elderly Living Old Homes (M.Phil 2010-2012)	Sought
25.	Depression Scale	Kavist, Archer & Fariba Mousavi	Saira Batool, Salma Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013), Depression in Young Drug Users (MS 2012-2013)	Sought
26.	Depression, Anxiety and Stress Scale (DASS)	Lovibond, S. H. and Lovibond, P. F.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
27.	Diabetes Distress Scale	Polonsky, Fisher, Esarles et al, Hessler & Mullan	Bushra Awan and Rukhsana Kausar	Emotional Distress and Risk Perception of Patients with Diabetes (M.Sc 2010)	Sought

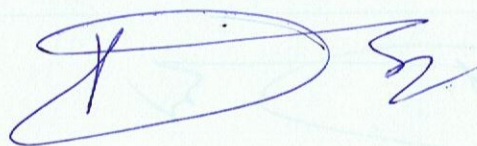
Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
28.	Diabetes Distress Scale	Polonsky, Fisher, Esarles et al, Hessler & Mullan	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self- Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
29.	Discrimination and Stigma Scale DISC 12	The Indigo Study Group. Professor Graham Thornicroft	Faiza Rasool, Rukhsana Kausar Ph.D & Nashi Khan Ph.D	International Collaboration Project	Sought
30.	Dissociative Experience Scale	Carlson, Armstrong & Putnam	Asma Tahir & Rukhsana Kausar Ph.D	Comparison of Depersonalization Symptoms in Psychiatric and Non-Psychiatric Population (BS 2006-2010)	Sought
31.	Driving Behavior Questionnaire	Reason, J	Hassan Azeem & Rukhsana Kausar Ph.D	Driving Violations and Stress in traffic wardens (BS 2009-2013)	Sought
32.	Drug Abuse Questionnaire	Kavist, Archer & Fariba Mousavi	Saira Batool, Salma Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013), Depression in Young Drug Users (MS 2012-2013)	Sought
33.	Drug-Related Locus of Control (DR-LOC)	Elizabeth A. Hall	Qudsia Nashee & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
34.	Dyadic Adjustment Scale: DAS	Graham Spanier	Saima Saghir FJWU & Rukhsana Kausar Ph.D	Post Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse Perspective (M.Sc-2007)	Sought
35.	Eating Disorder Diagnostic Scale	Stice Eric	Gull-e-Sehar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought



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36.	Eating Inventory	Albert J. Stunkard	Zainab Habib, Faiza Rasool, Saira Batool, Hafsa Tufail & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
37.	Emotional Expressivity Scale	Ann M. Kring	Farhana Nasim, Andleeb Zahra & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
38.	Emotional Maturity Scale	Singh & Bharghav	Ayesha Afzal, Noor ul Ain & Rukhsana Kausar Ph.D	Emotional Maturity and Adjustment among Adolescents Living with Widowed Mothers and Intact Families (M.Sc 2011-2013)	Sought
39.	Emotional Intelligence Scale	Nicola Schutte	Arafa Khatoon & Rukhsana Kausar Ph.D	Emotional Empathy and Emotional Intelligence in Relation to parental Acceptance-Rejection in Adolescents (M.Sc 2008-2010)	Sought
40.	Emotional Empathy Scale	Bryant, B.	Arafa Khatoon & Rukhsana Kausar Ph.D	Emotional Empathy and Emotional Intelligence in Relation to parental Acceptance-Rejection in Adolescents (M.Sc 2008-2010)	Sought
41.	Educational Stress for Adolescents (ESSA)	Sun, Dune, Hou and Xou	Anum Javed, Komal Ali Hussain & Rukhsana Kausar Ph.D	Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013), Academic Stress and Psychological Well-Being of School Children (M.Sc 2011-2013)	Sought
42.	Eysenck Personality Questionnaire	Eysenck, H. J & Eysenck, S. B. G	Nahced Amjad & Rukhsana Kausar Ph.D	A Comparative Study of Personality of Male and Female Arts and Science Students (M.Sc.1999-2001)	Sought



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43.	Family Environment Scale	N. K. Chadha & Harpreet Bhatia	Anam Wajecha Awan & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
44.	General Health Questionnaire GHQ-28	D P Goldberg	Nashi Khan Ph.D, Sumera Jabeen & Rukhsana Kausar Ph.D	Psychological Health and Coping Strategies used by Family Carers of Cancer Patients (M.Sc 1995-97), DHAT Syndrome: Physical and Psychological Implication (Ph.D 2008)	Sought
45.	Goal Adjustment Scale (GAS)	Michael F. Scheier	Schrish Farooq & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
46.	Gratitude Questionnaire-6 (GQ-6)	Robert Emmons	Saira Aslam & Rukhsana Kausar Ph.D	Gender Differences in Gratitude, Psychological Well-Being and Self Efficacy of Adolescents (M.Sc-2010)	Sought
47.	Heartland Forgiveness Scale (HFS)	Laura Thompson	Raisa Zubair & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
48.	Helping Attitude Scale	Gray Nickell	Aneeza Sarwar, Sumera Siddique & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
49.	Hospital Anxiety and Depression: HADS	Zigmond & Snaith	Touseef Khalid, FJWU & Rukhsana Kausar Ph.D	Depression and Quality of Life Among Caregivers of Stroke Patients (M.Sc-2006)	Sought
50.	Internalized Stigma of Mental Illness (ISMI)	Jennifer Boyd	Faiza Rasool, Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought



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51.	Incapacity Status Scale	John f. Kurtzke & Granger	Noor-ul-Ain & Rukhsana Kausar Ph.D	Age Related Cognitive and Physical Deficits, Social Support, Coping and Quality of Life among Elderly Living in Old Homes (M.Phil 2010-2012)	Sought
52.	Inventory of Peer Attachment	Mark T. Greenberg & Armsden	Anum Javed & Rukhsana Kausar Ph.D	Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013)	Sought
53.	Interpersonal Relationship Anxiety Questionnaire (IRAQ)	Rohner Research Publication	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
54.	Interpersonal Support Evaluation List	Cohen & Hoberman	Sara Kanwal, Arooj Arshad & Rukhsana Kausar Ph.D	Attachment Styles, Social Support, Resilience and Quality of Life in Obese Individuals (M.Phil 2012-2014)	Sought
55.	Kessler's Psychological Distress Scale (K-10)	Kessler Ronald	Muddassir Hussain & Rukhsana Kausar Ph.D	Psychological Distress and Coping Strategies used by the Families of Victims of Suicide Blasts (BS 2006-2010)	Sought
56.	Life Engagement Test	Michael F. Scheir	Sakina Gulzar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
57.	Life Orientation Scale LOT-R	Scheier, Carver & Bridges	Noor ul Huda & Rukhsana Kausar Ph.D	Optimism, Affect and Posttraumatic Growth in The Victims of Domestic Violence Living in Shelter Homes (M.Phil 2013)	Sought

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58.	Lung Information Needs Questionnaire (LINQ)	Michael E. Hyland	Anum Javed & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
59.	Loneliness Scale (L Scale)	Parveen Kumar Jha	Yasmeen Butt & Rukhsana Kausar Ph.D	Psychological Distress, Loneliness and Quality of Life in Old People Living in Old Age Homes and those living with Intact Families (M.Sc 2010-2012)	Sought
60.	Marital Relationship Questionnaire	Lock & Wallace	Ambreen, Iqbal, Munera A. Rasheed & Rukhsana Kausar Ph.D	Transition to Parenthood and its effect on Marital Relationship (M.Sc-2002-2004)	Sought
61.	Morisky Medication Adherence Scale	Donald E. Morisky	Saira Batool & Rukhsana Kausar Ph.D	Health Related Behaviors and Medication Adherence in Patients with Hepatitis C (M.Sc-2011)	Sought
62.	Motivation Scale	Ibtisam	Memona Mazzafar & Rukhsana Kausar Ph.D	Comparison between Disabled and Able Students in Academic Performance and Motivation Level (M.Sc 2008-2010)	Sought
63.	Multidimensional Social Support Scale	Zimet, Dahlem & Farley	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought

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64.	Neurobehavioral Functioning Inventor	Jeffrey, S. Krutezer	Afifa Tayyab, Nadia Arif & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
65.	Original Questionnaire Older Adults Attributional Style Questionnaire (OAASQ)	Derek M. Isaacowitz	Amarah Qureshi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
66.	PAQ: Child Personality Assessment questionnaire	Rohner Research Publication	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
67.	Paranormal Beliefs Scale	Jerome John Tobacyk	Sania Riaz & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
68.	Parental Power Prestige Questionnaire (PQ3) Adult Version	Ronal. P. Rohner	Farah Malik Ph.D, Muhammad M. Butt & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
69.	Perceived Emotional Distress Inventory	Manoleta S. Moscoso	Nida Zafar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
70.	Perceived Loneliness Scale	Parveen Kumar Jha	Maria Mahtab & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
71.	Perceived Stress Scale	Sheldon Cohen	Amna Tahira & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
72.	Perceived Stigma of Substance Abuse Scale	Luoma, O'hair, Kohlberg, Hyes, Fletcher	Muzammil Mushtaq, Amna Ijaz & Rukhsana Kausar Ph.D	Social Support, Coping Strategies and Perceived Stigmatization in Drug Addicts (M.Sc 2011-2013)	Sought
73.	Personal Growth Initiative Scale-II (PGIS-II)	Chris Robitschek	Fatima Liaquat & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought

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74.	Positive and Negative Affect Schedule (PANAS)	Watson, Clark and Tellegen	Ramiza Rasheed & Rukhsana Kausar Ph.D	Development of an Indigenous Scale of Meaning in Life and Assessment of Meaning of Life in Relation to Stress, Social Support and Psychological Well-Being (M.Phil 2010-2012)	Sought
75.	Positive and Negative Suicide Ideation Inventory (PANSI)	Augustine Osman	Soulat Khan, Zacema Farooq & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
76.	Posttraumatic Growth Inventory (PTGI)	Richard G. Tedeschi & Lawrence G. Calhoun	Saima Saghir FJWU & Rukhsana Kausar Ph.D	Post Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse Perspective (M.Sc-2007)	Sought
77.	Psychological Well-Being Scale	Carol Ryff	Saira Aslam & Rukhsana Kausar Ph.D	Gender Differences in Gratitude, Psychological Well-Being and Self Efficacy of Adolescents (M.Sc-2010)	Sought
78.	Quality of Life Scale (QOLS)	John Flanagan	Shehar Bano & Rukhsana Kausar Ph.D	Self Esteem, Coping and Quality of Life of Women with Breast Cancer Receiving Chemotherapy (M.Sc-2010)	Sought
79.	Quality of Life Scale (QOLS)	Burckhardt, Woods, Schultz, Zeibarth, Clark, Barnat & Flangan	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self- Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought

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80.	Readiness to Change Questionnaire (RTCQ)	Prochaska & Di Clemente, .cf. Budd & Rollnick,	Madiha Anas & Rukhsana Kausar Ph.D	A Study of Gender Differences in Health Related Behavior and Readiness to Change in Diabetic Patients (M.Sc 2002-2004)	Sought
81.	Recent Life Changes Questionnaire	Thomas Holmes & Rahe, R.H	Ramiza Rasheed & Rukhsana Kausar Ph.D	Development of an Indigenous Scale of Meaning in Life and Assessment of Meaning of Life in Relation to Stress, Social Support and Psychological Well-Being (M.Phil 2010-2012)	Sought
82.	Resiliency Scale for Children and Adolescent	Sanda Prince-Embury	Rameeza Rasheed & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
83.	Risk Perception Survey-Diabetes Mellitus (RPS-DM)	Elizabeth A. Walker.	Bushra Awan & Rukhsana Kausar Ph.D	Emotional Distress and Risk Perception of Patients with Diabetes (M.Sc 2009-2011)	Sought
84.	Rosenberg Self-Esteem Scale	Rosenberg	Faiza Rasool, Nashi khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
85.	Schutte Self Report Emotional Intelligence Test (SSEIT)	Nicole Schutte	Ghazal Zaidi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
86.	Self Compassion Scale	Kristin Neff	Jawaria Shaukat, Nida Zafar & Rukhsana Kausar Ph.D	Self-Compassion and Positive Psychological Functioning in Women with Primary and Secondary Infertility (M.Sc 2011-2013)	Sought
87.	Self-Determination Scale	Edward L.Deci	Sadia Shami and & Rukhsana Kausar Ph.D	Gender Differences in Self-Determination and Quality of Life among Physically Disabled Individuals (M.Sc 2006-2008)	Sought

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88.	Sense of Relatedness Scale	Sandra Prince-Embury	Sadia Ishaq & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
89.	Self Image Profile For Adolescents	Butler	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
90.	Self Image Profile For Children	Butler	Madiha Saleem & Rukhsana Kausar Ph.D	Effects of Parental Acceptance Rejection on Self-Image, Self-Esteem and Academic Performance of Children (M.Sc 2007-2009)	Sought
91.	Silver lining Questionnaire	Michael, hyland	Noor-ul-Huda & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
92.	Social Competence Questionnaire	Susan, Spence, Sheffield & Donovan	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
93.	Social Disconnectedness Scale	Linda J Waite & Gray, K. F.	Anum Javed, Sidrah Ahmed & Rukhsana Kausar Ph.D	Social Disconnectedness, Perceived Loneliness, and Quality of Life in Retired Individuals (M.Sc 2011-2013)	Sought



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94.	Social Interaction Anxiety Scale	Mattick & Clark	Nida Zafar , Moonam Afzal & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013), Psychological Distress and Social Interaction anxiety in Women Living in Shelter Homes (M.Sc 2011-2013)	Sought
95.	Spheres of Control Scale: Version 3 (SOC-3)	Del Paulhus	Javeria & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
96.	Stress Appraisal Measure (SAM)	Paul TP Wong	Rukhsana Kausar Ph.D	International Collaboration Project	Sought
97.	State Shame and Guilt Scale	June P Tangey	Faiza Rasool & Rukhsana Kausar Ph.D	Psychosocial Causes of Beggary and its Psychological Implications (M.Phil 2012)	Sought
98.	Stress Inventory	Thomas Holmes & Rahe, R.H	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self- Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
99.	State Trait Anxiety Inventory (STAI)	Charles D. Spielberger	Rukhsana Kausar Ph.D, Shazia Yusuf (FJWU), Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
100.	State-Trait-Cheerfulness-Inventory (STCI)	Sarah Auerbach	Mahwish Idrees, Arooj Arshad & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought

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101.	State-Trait Resilience Checklist	Chok Hiew	Rukhsana Kausar Ph.D	International Collaboration Project	Sought
	STAXI – 2	Charles D. Spielberger	Faiza Rasool & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
102.	Study Habit Inventory (SHI)	Prof. M. Mukhopadhyaya (new delhi) Prof.D. N. Sansanwal (indore)	Rukhsana Kausar Ph.D	International Collaboration Project	Sought
103.	Subjective Exercise Experience Scale	Macaully & Courney	Maria Younas & Rukhsana Kausar Ph.D	Subjective Exercise Experience and Mood in Younger Adults (M.Sc 2011-2013)	Sought
104.	Suicidal Risk Scale	John Tse	Anum Javed & Rukhsana Kausar Ph.D	Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013)	Sought
105.	Symptoms Severity of Somatoform Disorder (SOMS-7)	Winfried Rief	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
106.	Tendency to Forgive Scale	Brown P.R	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
107.	The Attention Deficit Hyperactivity Disorder Rating Checklist	Russell, A Barkley & George De Paul	Rukhsana Kausar Ph.D & Zahid Mahmood	International Collaboration Project	Sought
108.	The Child Post Traumatic Stress Symptoms Scale	Edna B. Foa	Uneeza Saeed Qureshi & Rukhsana Kausar Ph.D	Post Traumatic Stress Symptoms in Children Exposed to Terror Attack (M.Sc 2011)	Sought

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109.	The Communities That Care Youth Survey	Arthur, Hawkins, pollard and Catalano	Saira Batool, Salma Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013), Depression in Young Drug Users (MS 2012-2013)	Sought
110.	The Exercise-Induced Feeling Inventory (EFI) (Feeling Scale)	Gauvini & Rajeski	Maria Younas & Rukhsana Kausar Ph.D	Subjective Exercise Experience and Mood in Younger Adults (M.Sc 2011-2013)	Sought
111.	The Family Environment Scale	Bernice S. Moos & Rudolf H. Moos	Shazia Irfan & Rukhsana Kausar Ph.D	Psychosocial correlates of Moral Judgment among Adolescents in Pakistan (Ph.D ongoing)	Sought
112.	The Marital Disillusionment Scale	Niehuis Sylvia	Ammarah Alam & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
113.	The Moral Development Measure (MOTEC)	Ziv, A. & Shulman, S.	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
114.	The Self Image Profile For Adults	Richard J Bulter & Sarah L Gasson	Faiza Rasool & Rukhsana Kausar Ph.D	Psychosocial Causes of Beggary and its Psychological Implications (M.Phil 2010-2012)	Sought
115.	The Spiritual Intelligence Self-Report Inventory	D. King	M. Khubaib Kayani & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
116.	The Stirling Children's Well-Being Scale	Liddle & Carter	Komal Ali Hussain & Rukhsana Kausar Ph.D	Academic Stress and Psychological Well-Being of School Children (M.Sc 2011-2013)	Sought

Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
117.	The Summary of Diabetes Self-Care Activities	Deborah Toobert	Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self-Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
118.	The Workplace Stress Scale	American Institute of Stress	Fatima Chohan & Rukhsana Kausar Ph.D	Occupational Stress, Resilience and Life Satisfaction in Rescue 1122 Workers. (BS 2009-2013)	Sought
119.	Transgression Appeasement and Reconciliation Checklist	Michael McCullough	Ahmad Bilal & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
120.	Transgression-Related Interpersonal Motivation Scale-12 Item Form (TRIM-12)	Mike McCullough	Madiha Nazeer & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
121.	Type A/B Behavior Pattern Scale	Upinder Dhar	Afifa Anjum, Afifa Gull & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
122.	UCLA Loneliness Scale	D. W. Russel, Peplau & Ferguson	Anum Javed, Nida Zafar, Sidrah Ahmed & Rukhsana Kausar Ph.D	Social Disconnectedness, Perceived Loneliness, and Quality of Life in Retired Individuals (M.Sc 2011-2013), Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
123.	Vanderbilt ADHD Diagnostic Teacher Rating Scale	Wolraich, Mark L.	Sara Kanwal, Saira Afzal, Maira Saeed & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
124.	Ways of Coping Questionnaire	Folkman & Lazarus	Saira Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013)	Sought

Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
125.	WHO-Quality of Life Scale: WHO-QOL	Orley & Kuyken, Szabo, WHOQOL Group	Touseef Khalid FJWU & Rukhsana Kausar Ph.D	Depression and Quality of Life Among Caregivers of Stroke Patients (M.Sc-2006)	Sought
126.	Work and Well-Being Survey	Schaufeli, W.B	Nadia Ashraf & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought

Scales/Measures Translated under the Supervision of Dr. Iram Fatima

Sr. No:	Name of the Test	Author/Authors	Translated By	Thesis Title	Permission Status
1.	Adjustment Inventory For College Students	Sinha & Singh 1971	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction with Hostel Environment and Different Dimensions (M.Phil 2010-2012)	Sought
2.	Attribution of Problem, Cause and Solution Scale	Stempleman, Darcy, & Tracey 2005	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence for long term goals (M.Phil 2011-2013)	Sought
3.	Educational Stress Scale for Adolescents	Sun, Dunne, Hou & Xu 2011	Tahira Anwar & Iram Fatima Ph.D	Risk Factors of Academics Stress and Health Risk Behaviors in Intermediate Students (M.Phil 2010-2012)	Sought
4.	Emotional Maturity Scale	Singh & Bhargav 1990	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction with Hostel Environment and Different Dimensions (M.Phil 2010-2012)	Sought
5.	Family Relation Subscale of Family Environment Scale	Moos & Moos 1994	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction With Hostel Environment And Different Dimensions (M.Phil 2010-2012)	Sought
6.	Grit Scale: Perseverance and Passion for Long Term Goals	Duckworth, Peterson, Mathews & Kelly 2007	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence For Long Term Goals (M.Phil 2011-2013)	Sought


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Sr. No:	Name of the Test	Author/Authors	Translated By	Thesis Title	Permission Status
7.	Parental Bonding Instruments	Pedersen 1994	Tahira Anwar & Iram Fatima Ph.D	Risk factors of Academics Stress and Health Risk Behaviors in Intermediate students (M.Phil 2010-2012)	Sought
8.	Revised Dyadic Adjustment Scale	Busby, Christenson, Crane and Larson 1995	Maral Anum & Iram Fatima Ph.D	Relationships between attachment with parents and marital adjustment in infertile women (M.Sc. 2009-2011)	Sought
9.	Teenage Nonviolence Test	Mayton et al 1998	Rida Ashraf & Iram Fatima Ph.D	Predictors of Nonviolent behavior in young Adults (M.Phil 2010-2012)	Sought
10.	The Almost Perfect Scale	Slaney, Rice, Mobley, Trippi, & Ashby 2001	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence for long term goals (M.Phil 2011-2013)	Sought
11.	The Cognitive Emotion Regulation Questionnaire	Granefski & Kraaij 1999	SabihaTahir & Iram Fatima Ph.D	Cognitive Coping strategies used by paramedics (M.Sc. 2009-2011)	Sought
12.	Treatment Motivation Questionnaire	Ryan & Plant 2004	Khadija Rehman & Iram Fatima Ph.D	Quality of life and treatment motivation in heroin addicts (M.Sc. 2009-2011)	Sought


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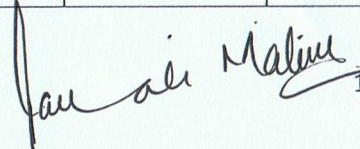


List of Scales/Measures Translated/adopted By Prof. Dr. Farah Malik, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan


Instructions: the following is the list of the scales / measures translated/adapted by Prof. Dr. Farah Malik or by MPhil, MS or PhD students under her supervision. If any student and researcher wishes to use any scale for research purpose he/she has to take permission from respective author/authors as they have the copy right. Institute has developed an agreement form (attached both) to be signed by the student and supervisor or researcher to get permission from author/ authors. The permission will be granted by the respective author/authors on case to case basis.

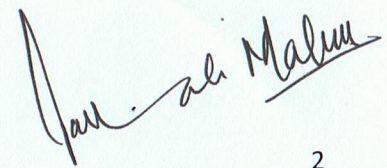
Sr. No	Name of the Test	Original Author (s)	Translating and Adapting Author (s)	Thesis / Research Project / Reference	Permission	Year
1.	Index Family Relations	Hudson, (1982)	Farah Malik, PhD 2002	Reference: Malik, D. F. (2003). A study of relationship of home environment and parental acceptance-rejection with child abuse. <i>Pakistan Journal of Social and Clinical Psychology</i> . 1, 35-46.	Sought	2002
2.	Parenting Stress Index	Abidin, (1995)	Naveed Anjum and Farah Malik, PhD	Determinants of Parenting Practices in Mothers of Children With ADHD. (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38.	—	2006


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3.	The Brief Cope Inventory	Carver, (1997)	Maryam Bawar and Farah Malik, PhD	<p>Research Project: Psychological Distress and Posttraumatic stress in Earthquake survivor victims in AJK, Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawar, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p>	Sought	2006
4.	Interpersonal Support Evaluation List (ISEL)	Cohen and Hoberman, (1983)	Maryam Bawar and Farah Malik, PhD	<p>Determinants of Psychological Distress and Posttraumatic Stress in Earthquake Survivor Victims in Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawar, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p>	Sought	2006


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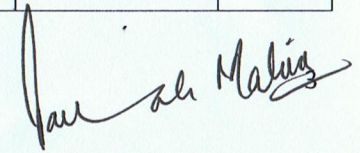
8.	OSU Child Post Traumatic Stress Inventory (OSU-PTSDI)	Bulut, (2003)	Naila Ambreen and Farah Malik, PhD	Determinants of PTSD in Child Survivors of Earthquake in Northern Areas of Pakistan (MPhil: 2005-2007)	Sought	2007
9.	Developmental Behavioral Checklist	Einfeld and Tonge, (1995)	Rabia Zahid and Farah Malik PhD	Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007)	Sought	2007
10.	Parenting Questionnaire	Strauhons Weidman, (1988)	Rabia Zahid and Farah Malik PhD	Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007)	Sought	2007
11.	Interpersonal Competence Questionnaire	Burhrmester, Furman, Wittenberg, and Reis, (1988)	Tina Malik and Farah Malik, PhD	Relationship of Emotional Intelligence With Academic Achievement And Social Competence in High and Low Achievers (MPhil: 2005-2007) Reference: Malik, F., Malik, T., & Anjum, S. (2010). Emotional intelligence, academic achievement and social competence in high and low achiever Pakistani adolescents. <i>Pakistan Journal of Psychology</i> , 41 (2), 75-89.	Sought	2007

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5.	The Revised Children's Manifest Anxiety Scale	Reynolds and Richmond (1978)	Zahra Fatima, Jamil Mughal and Farah Malik PhD	Influence of Child Abuse Related Anxiety on Change Blindness in Simulated Scenes (MPhil, 2004-2006)	Sought	2006
6.	Parenting Practices Questionnaire	Doyle and McCarty (2002)	Naveed Anjum and Farah Malik, PhD	Determinants of Parenting Practices in Mothers of Children With ADHD (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38.	—	2006
7.	Comprehensive Behavior Rating Scale	Neeper, Lahey, & Frick, (1990)	Amara Gul and Farah Malik, PhD	Determinants of Performance on Emotional Stroop Task in Abused and Non Abused Children. (MPhil: 2004-2006) Reference: Malik, F., Gul, A., & Humphreys G. (2010). Behavioral and emotional problems in abused and non-abused children in a Pakistani cohort. <i>Pakistan Journal of Psychological Research</i> , 25(2), 179-202.	—	2006


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12.	Facially Express Emotion Labeling Test (FEEL)	Kessler, Byerl, Deighton, and Traue (2002)	Farah Malik, PhD and Glyn Humphreys	<p>Internationally Collaborative Research Project : Emotion Recognition in Abused Children and Delinquents (2007-08)</p> <p>Reference: Malik, F., Khawar, R., Chaudhry, H. R. & Humphreys, G. W. (2010). Emotion recognition and duration of untreated first episode psychosis among patients in Pakistan. <i>East Asian Archives of Psychiatry</i>, 20(1), 31-38. (IF =5.61)</p>	Sought	2007
13.	Bar On EQ Inventory: YV	BarOn	Farah Malik, PhD	<p>Internationally Collaborative Research Project: Emotional STROOP Task and Intelligence in abused children (Phase II) (2006-2008)</p> <p>Reference: Malik, F., & Shujja. S. (2013). Emotional Intelligence and Academic Achievement: Implications for children's Performance in Schools, <i>Journal of the Indian Academy of Applied Psychology</i>, 39 (1), 65-73.</p>	Sought	2008

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14.	Detailed Assessment of Posttraumatic Stress	John Briere, (2001)	Kausar Suhail, PhD and Farah Malik, PhD et al. 2009.	<p>Research Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling (2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p>	Sought	2007
15.	General Health Questionnaire	Goldberg and Hillier, (1979)	Kausar Suhail, PhD and Farah Malik, PhD et al. 2009	<p>Internationally Collaborative Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling.</p> <p>(2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p>	Sought	2007

Kausar Suhail

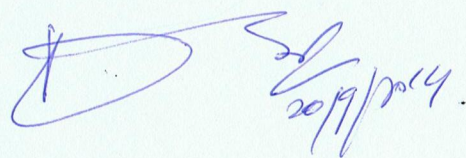
Farah Malik

16.	Camberwell Family Interview	Vaughan and Leff, (1976)	Rehana Ilyas and Farah Malik, PhD	Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009)	Sought	2009
17.	Burden Assessment Scale	Reinhard et al. (1994)	Rehana Ilyas and Farah Malik, PhD	Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009)	Sought	2009
18.	Autism Behavior Checklist	Krug, Arick and Almond, (1978)	Shazia Raham Din and Farah Malik, PhD	Behavioral Problems of Autistic Children as the Determinant Factors of Maternal Stress and Depression. (MPhil, 2008 – 2010) Reference: RahmDin, S., & Malik, F., (2014). Behavioral problems in autistic children as predictors of maternal stress and depression. Paper presented at international conference of Pakistan Association of Clinical Psychologists & Centre for Clinical Psychology, 2-3 rd April, 2014.	Sought	2010

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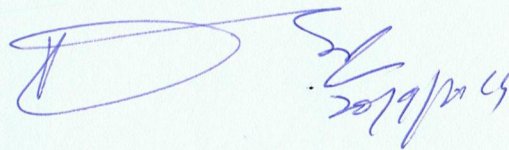
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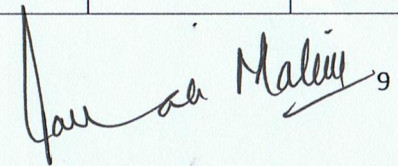
19.	Intimate Partner Acceptance-Rejection / Control IPARQ	Ronald P. Rohner, (2001, 2004)	Farah Malik, PhD and Shazia Gulzar (long Version) 2011 Farah Malik, PhD (Short Version) 2012	Spousal Rejection/ Control as Determinant for the Parental Rejection/ Control of Children in Pakistan. (MPhil: 2008-2010) Reference: Internationally Collaborative Project (2010-2011). Unpublished manuscript, Department of Psychology, GC University, Lahore	Sought	2010
20.	Teacher's Acceptance-Rejection Questioner (TARQ/ Control): Child Form, Short Form	Ronald P. Rohner, (2005)	Farah Malik, PhD	International collaborative Project (2012-14) Reference: Malik, F. (2011). Translation of teacher acceptance- rejection questionnaire. Unpublished manuscript, Department of Psychology, GC University, Lahore	Sought	2011
21.	Parental Acceptance Rejection Questionnaire: Child Version (Short and Long Forms)	Ronald P. Rohner, (1976, 2004)	Farah Malik, PhD 2011	Internationally Collaborative Project (2011-12) Reference: Malik, F., & Rohner, P. R. (2012). Spousal Rejection as risk factor for child rejection. <i>Journal of Family Violence</i> , 27(4), 295-301. DOI 10.1007/s10896-012-9425-5 (IF =.95).	Sought	2011

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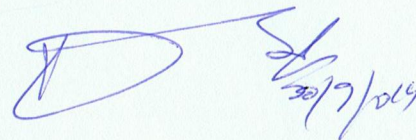
Farah Malik⁸

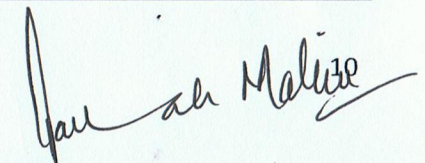
22.	Coping Orientations to Problems Experienced Questionnaire (COPE)	Carver, Sheier, and Weintraub, (1989)	Aisha Parveen and Farah Malik PhD	Coping Strategies of Survivors of Terrorist Attacks (MPhil, 2009-2011)	Sought	2011
23.	Adult Parental Acceptance Rejection Questionnaire (Short and Long Versions)	Ronald P. Rohner, (1986, 2004)	Farah Malik, PhD and Musaffa Butt	Internationally Collaborative Project (2012-13)	Sought	2012
24.	Intimate Adult Relationship Questionnaire (IARQ)	Ronald P. Rohner, (2001, 2004, 2010)	Farah Malik and Mussaffa Butt	International Collaborative Project (2013-14)	—	2013
25.	Assessment Protocol for Children with Cerebral Palsy: An Indigenous Inventory <i>Subscales:</i> I) Motor Domain a) Gross Motor Functioning Classification System II) Communication Domain a) Communication Skill Scale b) Object Identification c) Phonemes d) Similarities e) Word Reading III) Cognitive Domain	Samavia Hussain and Farah Malik, PhD Palisano, Rosenbaum, Walter Russell and Galuppi (2008)	— Samavia Hussain and Farah Malik, PhD —	Development and Validation of Assessment Protocol for Children with Cerebral Palsy (MS: 2011-2013)	—	2013


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	a) Attention/ Concentration b) Comprehension c) Problem Solving d) Memory e) Creativity	Humphreys, Bickerton, Samson and Riddoch (2006)	Samavia Hussain and Farah Malik, PhD			
26.	Adult Attachment Scale	Colins (1996)	Sidra Aslam and Farah Malik PhD	Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013)	Sought	2013
27.	Relationship Satisfaction Questionnaire	Burns and Sayers (1988)	Sidra Aslam and Farah Malik PhD	Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013)	Sought	2013
28.	Adult-Rejection Sensitivity Questionnaire	Downey, Berenson, and Kang, (2006)	Maida Arshad, Farah Malik PhD and Madiha Naz	Rejection Sensitivity, Self- Esteem and Depression in Acid Burn Victims. (MS, 2011- 2013) Reference: Arshad, M., Malik, F. & Naz, M. (2013). Rejection sensitivity, self-esteem and depression in acid burn victims. Paper presented at 28 th International Congress of Applied Psychology, Paris, France, 8-13 th July, 2014.	Sought	2013


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29.	Treatment Motivation Questionnaire	Ryan, Plant, and O'Malley, (1995)	Nayla Noordin and Farah Malik PhD	Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivation of Drug Addicts. (MS, 2012-2013). Reference: Noordin, N. & Malik, F. (2013). Spiritual well-being and self-efficacy as mediators in treatment motivation of drug addicts. Poster presented at 28th Conference of the European Health Psychology Society, 1 st to 5 th September, 2014, Austria.	Sought	2013
30.	Adult Carer Quality of Life (AVQL)	Elwick, Joseph, Beck and Becker, (2012)	Mahrukh Nawaz and Farah Malik PhD	Behavioral Problems in Dementia Patients and Quality of Life Among their Caregivers (MPhil, 2011-2013)	Sought	2013
31.	Behavioral Assessment Battery for School Going Children Who Stutter	Gene J. Brutton and Matine Vanryckeghem, (2007)	Naila Tariq and Farah Malik PhD	Translation and Adaptation of The Behavioral Assessment Battery for School Going Children Who Stutter (MPhil, 2011- 2013)	Sought	2013
32.	Child Abuse Scale: Adolescents Form	Farah Malik, PhD and Saima Saeed and Ashiq A Shah (2012)	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014

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33.	Difficulties with Emotional Regulation Scale (DERS)	Gratz and Roemer (2003).	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014
34.	Basic Empathy Scale (BES)	Jolliffe and Farrington (2006)	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014

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