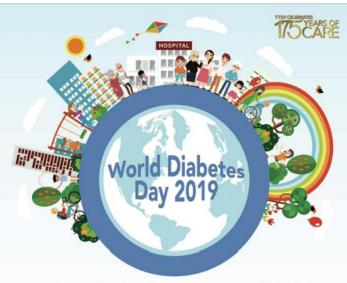
### **One Day Interactive Workshop on**

# **Diabetes: Protect your Family**



Coping and embracing your journey with diabetes

## **14 November 2019**

#### Venue: Committee Room, Department of Microbiology and Molecular Genetics University of the Punjab, Lahore

#### Organized by

1. Department of Microbiology and Molecular Genetics University of the Punjab, Lahore. 2. Lilly Pharmaceutical Ltd, Pakistan





INTRODUCTION

The Health Centre University of the Punjab, Lahore covers over 5000 employees of the University and their families including widows, mothers and children are entitled to free medical treatment. Medical facilities are also available to retired employees and their families. The University has its own Diabetic Clinic with a full time expert doctors. The clinics is working in the Ouaid-e-Azam Campuses. The University helps to provide treatment in local Government hospitals for seriously ill patients.

Department of Microbiology and Molecular Genetics, plays a key role in progress of biological sciences not in the university but all over the country by providing well trained manpower in the fields of microbiology, molecular biology and molecular genetics. Department have long list of collaborating institutes working together for the betterment of mankind.

World Diabetes Day is a day which is held annually on November 14th and is used to bring attention to the disease called diabetes and to educate people about the impacts of this disease on human health. This day is observed in over 160 different countries and by the more than 230 member associations of the International Diabetes Federation. These events include public health workshops and seminars, World Diabetes Day bike races, the distribution of diabetes-related materials, and media events which may include television, radio and Internet publications. Individuals can celebrate the day by visiting their doctor and making sure they don't have diabetes and if they do, to get the proper treatment for it. Untreated diabetes can have a devastating effect on all of the systems of the human body – particularly, the heart, kidneys, eyes and feet. Therefore, proper treatment of this disease is a necessity. (www.idf.org 2019).

The aim of this workshop is to educate the peoples about the disease and its therapy and promote research culture in the University among the students and researchers.

### Patron: PROF. DR. NIAZ AHMAD AKHTAR (Vice-Chancellor) Co-Patron: Prof. Dr. Firdaus-e-Bareen (Dean, Faculty of Life Sciences) **Organizing Committee (MMG)** Prof. Dr. Sikander Sultan (Chairman) Dr. Samreen Riaz (Focal Person) Ms. Snobia Munir (Secretary) Ms. Amina Matti (Research Scholar) Ms. Areeba Saeed (Research Scholar) Ms. Amal Mujtaba (Research Scholar) Mr. Sohaib Imtiaz (Research Scholar) **Interactive Sessions:**

Inauguration by Chairman Department of MMG PU, LHR. (9.00 a.m to 9.30 a.m)

1. Session I (9.30 a.m to 10.30 a.m) Lecture by Dr. Ahmed Naveed Bhatti

Director (Association of Family Physician Pakistan), Vice Chairman (Familycon PAFP) Lateef Hospital, Allah-ho Chowk Lahore 2. Session II (10.30 a.m -to 12.00 p.m)

I Diabetic Camp and poster competition evaluation

**I** 3. Session III (12.00p.m to 1.00p.m) Diabetic educators, from Lilly Pharmaceutical, Ltd. Pakistan.

4. Conclusion, announcement of poster winner and Lunch. (1.00p.m to 1.30p.m) Contact:

Dr. Samreen Riaz (Assistant Professor MMG, University

of the Puniab, Lahore) Email: samreen.mmg@pu.edu.pk. Cell: 03004351979. Ms Snobia Muneer 03158269694 Limited seats are available and prizes are there for winning the best posters. Registration and lunch is free.