

**Relationship between Social Connectedness, Loneliness,
Interpersonal Support and Hopelessness among Adults**

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The purpose of this paper was to explore the relationship between social connectedness, loneliness, interpersonal support, and hopelessness among adults. 500 adults of age 18-60+ years participated in the current study. The sample was selected by the purposive sampling method. Data was collected using Social Connectedness Scale –Original (Lee & Robbins, 1995), UCLA Loneliness Scale -Version 3 (Russell & Cutrona, 1996), Lubben Social Network scale- Revised (Lubben, 2002), and Depression Hopelessness Scale (Mills and Kroner, 2003). Psychometric properties of the scales revealed satisfactory reliability for the study sample. The Pearson product-moment correlation analysis indicated that interpersonal support was found to be significantly positively correlated with social connectedness and both of them negatively correlated with hopelessness and loneliness whereas less interpersonal support significantly predicted more hopelessness among adults. Results also indicated that males had more interpersonal support and social connectedness than females.

Keywords: Social Support, Loneliness, Hope, Adults