

Role of Authoritative and Authoritarian Parenting in Home, Health and Emotional Adjustment

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The present study aimed at investigating the impact of authoritarian and authoritative parenting in home, health and emotional adjustment. Moreover, the study explored the relationship of parenting with Adjustment. Relationships of authoritative and authoritarian parenting with home, health and emotional adjustment of adolescents were compared. The sample of the study consisted of 200 college students (100 female and 100 male). They were selected from the different colleges of Rawalpindi and Islamabad, Pakistan. Age range of the sample was 16 to 19 years. Parental Authority Questionnaire (PAQ, Babree, 1997) and Indian Adaptation of Bell's Adjustment Inventory Scale (Sharma, 1988) were used in the study. Correlation and t-test were used to analyze data. Findings showed that adolescents raised by authoritative parents have better home, health and emotional adjustment as compared to adolescents raised by authoritarian parents. Authoritative parents have positive and authoritarian parents have negative relationship with home, health and emotional adjustment. Key words: Authoritative Parenting, Authoritarian Parenting, Home Adjustment, Health Adjustment, Emotional Adjustment