

Relationship of Parental and Peer Attachment Bonds with Career Decision-Making Self-Efficacy among Adolescents and Post-Adolescents

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The relationship of parental and peer attachment bonds with career decision making self-efficacy among adolescents and post-adolescents was studied with a sample of 300 males and 250 females recruited from different government colleges and universities of Rawalpindi and Islamabad, Pakistan. The Inventory of Parent and Peer Attachment-R (IPPA-R) was used to measure the level of parental and peer attachment bonds, and the Career Decision-Making Self-Efficacy Scale-Short Form (CDMSE-SF) to measure career decision making self efficacy. Significant positive relationship was found between parental as well as peer attachment bonds with career decision-making self-efficacy. When the relationship of parental and peer attachment bonds and career decision making self-efficacy was investigated separately for males and females, no difference was found. Study concluded that both parental and peer attachment bonds contribute in predicting career decision making self-efficacy, although parental influence seems stronger than the peer influence.

Keywords: parental attachment bonds, peer attachment bonds, career decision-making self-efficacy, adolescents, post-adolescents.