

Two General Courses for Arts

**Department of History & Pakistan Studies
Arts & Humanities
University of the Punjab, Lahore
Course Outline**



Programme	GEN (AH) for BS Programmes	Course Code	AHIS-122	Credit Hours	2
Course Title	World History				
Course Introduction					
World History course provides an introduction to global human history, covering the period from the origins of humanity to the presentDuring the semester, students will explore the growth and interactions among peoples, states, civilizations, and empires. The course will examine various topics such as the emergence of urban centers, advancements in technology and navigation, the evolution of communication methods, the significance of agriculture, the dynamics of imperial rise and fall, changes in warfare practices, and the development of intellectual thought alongside local and global religions.					
Learning Outcomes					
On the completion of the course, the students will know: 1. Understanding multiple perspectives 2. Drawing connections to historical contexts and distinguishing them from contemporary realities 3. Assessing the impact of geography on the evolution of civilizations					
Course Content				Assignments/Readings	
Week 1	Early Civilizations: Mesopotamia & Egypt				
	Early Civilizations: India and China				
Week 2	Ancient World: Greece & Rome and the Hellenic World				
	Ancient World: India and China				
Week 3	Medieval Christianity: Church, Charlemagne and the Carolingians				
	Medieval Christianity: Crusades & Byzantine Empire				
Week 4	Islamic Civilization: Rise and Teachings of Islam; Arab Empire under Umayyads				
	Islamic Civilization: Abbasids				
Week 5	Islamic Civilization: Muslim Spain				
	Islamic Civilization: Seljuks , Safavids and Ottomans				

Week 6	India: Delhi Sultanate	
	India: the Mughals	
Week 7	Far East: China under Mings and others	
	Far East: Japan, Korea and Vietnam	
Week 8	Transition to Modernity: Renaissance and Reformation	
	Transition to Modernity: Age of Expansion and Exploration	
Week 9	Enlightenment Era: Scientific Revolution	
	Enlightenment Era: Philosophes and their Ideas	
Week 10	Enlightenment Era: New Political Order and Global Conflict	
	French Revolution and Age of Napoleon	
Week 11	Modernization & Industrialisation	
	Growth of Nationalism and National-States	
Week 12	Colonialism and Imperialism: Conquest of Americas	
	Colonial Empires in the East and the West	
Week 13	Anti-Colonial Struggle and Decolonisation in the Third World-I	
	Anti-Colonial Struggle and Decolonisation in the Third World-II	
Week 14	World War I	
	World War II	
Week 15	Revolutions in Russia and China	
	Cold War and Global Conflicts	
Week 16	Post-Cold War Era	
	Rise of China and Future Prospects	

Textbooks and Reading Material

1. Textbooks.

Duiker, William J. and Jackson J. Spiel Vogel, *World History*. 9th ed. Boston: Wadsworth, 2019.

Goucher, Candice, and Linda Walton, *World History: Journeys from Past to Present*. Second Edition. London: Routledge, 2013.

Sivers, Peter Von; Charles A Desnoyers, George B Stow. *Patterns of World History*. Oxford University Press, 2014.

2. Suggested Readings

- Ansary, Tamim. *Destiny Disrupted: A History of the World Through Islamic Eyes*. Public Affairs, 2010.
- Burstein, Stanley M. and Richard Shek. *World History*. Hold, Rinehart and Winston, 2006.
- Cambridge World History*. 7 Vols. Cambridge University Press, 2015.
- Encyclopedia of World History*. Eds. Marsha E. Ackermann & Others. New York: Facts on File, 2008.
- Goucher, Candice and Linda Walton. *World History: Journeys from Past to Present*. London: Routledge, 2013.
- Harcourt, Freda and Francis Robinson, *Twentieth-Century World History*. New York: Barnes & Noble, 1979.
- Hayes, Carlton J. H. and Parker Thomas Moon. *World History*. The Macmillan, 1932.
- Nehru, Jawaharlal. *Glimpses of World History*. New York: The John Day Company, 1942.
- Philip's Atlas of World History*. Ed. Patrick K. O' Brien. London: Philip's, 2002.
- Subrahmanyam, Sanjay. *Empires Between Islam and Christianity, 1500-1800*. State University of New York Press, 2019.
- Subrahmanyam, Sanjay. *Three Ways to Be Alien: Travails and Encounters in the Early Modern World*. Brandeis, 2011.
- Terry, Janice J. *World History*. Faber and Faber, 2005.
- Stearns, Peter N. *Globalization in World History* (Themes in World History). Routledge, 2009.
- Wells, H.G. *A Short History of the World*. New York: J.J. Littles & Ives, 1922.

Teaching Learning Strategies

1. Weekly Lectures
2. Term Papers
3. Review Essay of selected chapter/article from the reading list
4. Presentations
5. Book Review

Assignments: Types and Number with Calendar

1. Book Review---- 4th Week (5 Marks)
2. Review Essay--- 8th Week. (5 Marks)
4. Term Paper-----16th week (10 Marks)

Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
2.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.

3.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.
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Two General Courses for Arts and Humanities from the Discipline of Pakistan Studies

The following two courses have been approved and recommended in the faculty meeting held on 23rd July 2024 for the General Courses of Arts and Humanities from the discipline of Pakistan Studies.

a. Introduction to Pakistan Studies

b. Pakistani Society and Culture

Department of History & Pakistan Studies Arts & Humanities University of the Punjab, Lahore Course Outline



Programme	GEN (AH) for BS Programmes	Course Code		Credit Hours	2
Course Title	Introduction to Pakistan Studies				
Course Introduction					
This course provides a basic understanding of the Subject of Pakistan Studies. It highlights the justification of studying the Pakistan Movement and the Political Development after its inception. It covers studying salient features of Pakistan such as its Land, Economy, Human Development, and Domestic, International, and Current Affairs. The course will provide opportunities for students to enhance their content knowledge in disciplines that form the core of Pakistan Studies.					
Learning Outcomes					
On the completion of the course, the students will know: <ol style="list-style-type: none">1. Create awareness about Pakistan as an enlightened nation by comparing it with the rationale and endeavors for Pakistan’s creation2. Educate themselves about the key concepts in disciplines comprising Pakistan Studies, including History, Geography, Economics, and Political Science3. Assist themselves in identifying various perspectives on current, persistent, and controversial issues in Pakistan; identify their own position on these issues, and be able to support them					
Course Content				Assignments/Readings	
Week 1	The Subject of Pakistan Studies: Definition, Utility, Scope & Significance				
	Some Common Misconceptions About Pakistan Studies				
Week 2	Pakistan Studies: An Art or Science?				
	Aims & Objectives of the Pakistan Studies as a Subject				

Week 3	Related Disciplines of Pakistan Studies: Geography, History, Political Science, Economics, Sociology, Anthropology, etc.	
	Related Disciplines of Pakistan Studies: Geography, History, Political Science, Economics, Sociology, Anthropology, etc.	
Week 4	Significance of Studying Two-Nations Theory & Ideology of Pakistan	
	Role of History in Pakistan Studies	
Week 5	Role of Geography in Pakistan Studies	
	Role of Economics in Pakistan Studies	
Week 6	Role of Sociology in Pakistan Studies	
	Role of Political Science in Pakistan Studies	
Week 7	Role of International Relations & World Organizations in Pakistan Studies	
	Role of Contemporary National & World Issues in Pakistan Studies	
Week 8	Curriculum of Pakistan Studies: A Critical Review	
	Curriculum of Pakistan Studies: A Critical Review	
Week 9	Learning & Teaching Approaches in Pakistan Studies	
	Learning & Teaching Approaches in Pakistan Studies	
Week 10	Government & NGO's: Role & Response Towards the Discipline of Pakistan Studies	
	Government & NGO's: Role & Response Towards the Discipline of Pakistan Studies	
Week 11	Problems & Solutions in Promoting the Pakistan Studies	
	Problems & Solutions in Promoting the Pakistan Studies	
Week 12	Future Prospects of Pakistan Studies	
	Future Prospects of Pakistan Studies	
Week 13	Teaching & Research in Pakistan Studies at International Level	
	American Institute of Pakistan Studies (AIPS)	
Week 14	British Association for Pakistan Studies	
	The Asia Foundation	
Week 15	Centre for the Study of Pakistan, at SOAS, University of London	

	The Berkeley Pakistan Initiative, at Institute of South Asian Studies, UC Berkeley	
Week 16	Pakistan Chairs at Various Universities i.e. Germany, Egypt, Turkey,	
	Pakistan Chairs at Various Universities i.e. the United Kingdom and China	
Textbooks and Reading Material		
1. Textbooks/ Basic Readings.		
<p>Aziz, K. K. <i>The Murder of History in Pakistan: A Critique of History Textbooks Used in Pakistan</i>. Lahore: Vanguard, 1993.</p> <p>Jabbar, Javed. <i>What is Pakistaniat? 41 Elements of the Unique Pakistani National Identity</i>. Karachi: Paramount Books, 2019.</p> <p>Kazmi, Muhammad Raza. <i>A concise History of Pakistan</i>. Karachi: Oxford University Press, 2012.</p> <p>Kazmi, Muhammad Reza. <i>Pakistan Studies</i>. Karachi: Oxford University Press, 2007.</p> <p>Cohen, Stephen P. <i>The Idea of Pakistan</i>. Washington D. C.: Brookings Institution Press, 2006.</p> <p>Hashmi, Kiran. "An Analytical Study on Issues, Challenges and Reforms in the Pakistan Studies Curriculum of Secondary Level." <i>International Journal of Social Sciences and Education</i> 1, no. 3 (2011).</p>		
2. Suggested Readings		
<p>Khan, A. Islam, Politics and the State: The Pakistan Experience. London: Zed Books, 1985.</p> <p>Malik, S.R. The System of Education in Pakistan. Lahore: National Book Foundation, 1992.</p> <p>Higher Education Commission. <i>Curriculum of Pakistan Studies BS 4 Years</i>. Islamabad: Higher Education Commission, 2013.</p> <p>Pakistan Study Centre. <i>Proceedings of National Conference on Pakistan Studies Curriculum</i>. Peshawar: Pakistan Study Centre, University of Peshawar, 2014.</p> <p>Raja, Masood Ashraf. <i>Constructing Pakistan: Foundational Texts and the Rise of Muslim National Identity, 1857–1947</i>. Karachi: Oxford University Press, 2010.</p> <p>Shafqat, Saeed. <i>New Perspectives on Pakistan Visions for the Future</i>. Karachi: Oxford University Press, 2007.</p> <p>Siddiqui, Shahid. <i>Education Policies in Pakistan: Politics, Projections, and Practices</i>. Karachi: Oxford University Press, 2016.</p> <p>Smith, N. <i>Pakistan: History, Culture and Government</i>. Karachi. Oxford University Press, 2007.</p> <p>Shami, Pervez Aslam. <i>Education in Pakistan: Policies and Policy Formulation</i>. Islamabad: National Book Foundation, 2016.</p>		
(Articles)		
<p>Ali, M. A. "Teaching of Pakistan Studies", Daily Dawn, Karachi, 09th February 2010. Retrieved from: http://www.dawn.com/news/862017/teaching-of-pakistan-studies.</p> <p>Jalal, Ayesha. "Conjuring Pakistan: History as official Imagining." <i>International Journal of Middle East Studies</i> 27, no. 1 (1995): 73-89.</p> <p>Malik, Sufiana K. "Teaching of Pakistan studies at secondary level: a review." <i>Elixir Social Studies</i> 43 (2012): 6738-6745.</p> <p>Spooner, Brian. "Pakistan Studies in the Age of Globalization." <i>Pakistan Studies News</i> 3, no. 2 (2001): 1-5.</p>		

Tajuddin, and Memnon Muhammad. "Implementation of Pakistan Studies Curriculum: A Case of Developing Students' Global Perspectives." JOURNAL OF RESEARCH AND REFLECTIONS IN EDUCATION 9, no. 2 (2015): 124-133.

Teaching Learning Strategies

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Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
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Department of History & Pakistan Studies
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Programme	GEN (AH) for BS Programmes	Course Code		Credit Hours	2
Course Title	Pakistani Society and Culture				
Course Introduction					
Pakistan has a very rich culture that is preserved in the norms, traditions of this country, throughout history. Many culture practices indicate the richness of its culture. There are many ethnic groups in Pakistan which presents their culture and traditions on regional levels. The cultural aspects like dress, food, day to day activities marriages is the main deposit of Pakistani culture. Pakistan culture has the visible shades of Islam. Pakistan has developed a distinct Islamic identity in this region.					
Learning Outcomes					
On the completion of the course, the students will know: 1. To give basic knowledge of social institution in Pakistan 2. To understand the culture of Pakistan 3. A brief view of main culture of Pakistan 4. To develop cultural tolerance in students					
Course Content				Assignments/Readings	
Week 1	Society and Culture: Introduction				
	Social systems and levels of social organization. The individual and social organization. The group structure of society. Basic patterns of social organization.				
Week 2	The concept of culture. The impact of culture. Cultural diversity. Cultural adaptation and changes. Sub-culture.				
	Ethnocentrism and cultural relativism.				
Week 3	Stratification and Social Change				
	Strata and Classes. Inequality. Status and lifestyle. Social mobility. Class and society. Traditional Society vs Modern Society. Transformation process of society from traditionalism to modernization. Different perspectives regarding modernization.				
Week 4	Cultural Institutions				
	Family. Religion. Economic and Political Institutions				
Week 5	Pakistani Society				

	Approaches to study the society. Social stratification. Class and caste. Inequality. Status.	
Week 6	Social mobility.	
	Baradari and tribal system. Rural and urban society.	
Week 7	Pakistani Culture	
	Main cultures of Pakistan. (The Punjab, the NWFP, Sind and Baluchistan). Unity in Diversity.	
Week 8	Modernization and Its Impact on Society	
	Modernization and Its Impact on Society	
Week 9	Urbanization. Impact of Urbanization.	
	Internal and International Migration. Positive and Negative Factors. Impact of Migration on Society.	
Week 10	Agricultural Modernization and Its Impact on social system in rural areas.	
	Role of Communication. Education and elites in Social Change.	
Week 11	Industrialization and Technology and its impact on society.	
	Industrialization and Technology and its impact on society.	
Week 12	Social Problems: Poverty and Unemployment.	
	Social Problems: Alienation. Crime and Feuds	
Week 13	Social Problems: Family and Old age	
	Social Problems: Issues of the Youth	
Week 14	Status and Role of Women	
	Status and Role of Women	
Week 15	National Identity: Forces and Factors of National Integration	
	National Identity: Question of Nationalities and Ethnicity in Pakistan	
Week 16	National Identity: Islam and Minorities	
	Crisis of Cultural Identity	

Textbooks and Reading Material

1. Textbooks.

Abbasi, Muhammad Yusuf. *Pakistani Culture: A Profile*. Islamabad: National Institute of Historical and Cultural Research, 1992.

Qadeer, Muhammad A. *Pakistan: Social and Cultural Transformation in a Muslim Nation*. Routledge Contemporary South Asia Series, 1. Routledge, 2006.

Zahoor, Bilal, Raza Rumi. eds. *Rethinking Pakistan: A 21st Century Perspective*. Anthem Press, 2020.

2. Suggested Readings

Abdulla, Ahmed. *The Historical Background of Pakistan and Its People*. Karachi: Tanzeem Publishers, 1973.

Ahmad, Saghir. *Class and power in a Punjabi village*. New York: Monthly Review Press, 1977.

Ahmed, Akbar S. *Pieces of green: the sociology of change in Pakistan, 1964-1974*. Karachi: Royal Book Company, 1977.

Ahmed, Akbar S. *Pakistan Society: Islam, Ethnicity and Leadership in South Asia*. Karachi: Oxford University Press, 1987.

Ahmed, Akbar S. *Social and economic change in the Tribal Areas, 1972-1976*. Karachi: Oxford University Press, 1977.

Ahmed, Feroz. *Ethnicity and Politics in Pakistan*. Karachi: Oxford University Press, 1998.

Akhtar, Shakil. *Media, Religion and Politics in Pakistan*. Karachi: Oxford University Press, 2000.

Ali, Mubarak. *A Social and Cultural History of Sindh*. Lahore: Fiction House, 2017.

Allana, Ghulam Ali. *Sindhi society and culture*. Karachi: Culture Department, 2010.

Amin, Tahir. *Ethno-national Movements of Pakistan: Domestic and International Factors*. Islamabad: Institute of Policy Studies, 1988.

Baqai, Mohammad Sabihuddin. *Social order in Pakistani society*. Peshawar: National Book Foundation, 1975.

Barbu, Zevedei. *Society, Culture and Personality: Introduction to Social Science*. New Jersey: Blackwell Publishers, 1971.

Bertrand, Alvin L. *Basic Sociology: An Introduction to Theory and Method*. New York: Appleton-Century-Crofts, 1967.

Dashti, Jan Muhammad. *The Baloch Cultural Heritage*. Bloomington: Trafford Publishing, 2020.

Eglar, Zekiye Suleyman. *A Punjabi Village in Pakistan*. New York: Columbia University Press, 1964.

Faiz, Faiz Ahmad. *Pakistani Culture aur Qaumi Tashakhus ki Talash*. Lahore: Fīroz Sons, 1988.

Faizi, S.F. Hassan. *Pakistan: A Cultural Unity*. Lahore: SH Muhammad Ashraf publisher, 1970.

Faris, Robert E. L. *Handbook of Modern Sociology*. Chicago: Rand McNally & Company, 1964.

Feldman, Herbert. *Pakistanis: An Introduction*. Karachi: Oxford University Press, 1969.

Feldman, Herbert. *The land and people of Pakistan*. New York: Macmillan, 1965.

Hamid, Abdul. *The Pakistani Way of Life and Culture*. Lahore: The Publishers United Limited, 1964.

Hasan, Sibte. *Pakistan kay Tahzeebi aur Siasi Masail*. Karachi: Daniyal, 2009.

Husain, Marjorie. *Aspects of art: an essential textbook for students of art in Pakistan*. Karachi: Oxford University Press, 2012.

Jalibi, Jameel. *Pakistan: The Identity of Culture*. Karachi: Royal Book Company, 1984.

Kalim, M. Siddiq. *Pakistan: A Cultural Spectrum*. Lahore: Arsalan Publications, 1973.

Khuda, Justice Mir. *Searchlights on Baloches and Balochistan*. Karachi: Royal Book Company, 1974.

Quddus, Syed Abdul. *The cultural patterns of Pakistan*. Lahore: Ferozsons, 1989.

Raza, Muhammad Rafique. *Two Pakistani villages; a study in social stratification*. Lahore: Punjab University Sociologists Alumni Association, 1969.

Robertson, George Scott. *The Káfirs of the Hindu-Kush*. London: Lawrence and Bullen limited, 1896.

Rumi, Raza. *Being Pakistani: Society, culture and the arts*. HarperCollins Publishers, 2018.

Şabir, Muhammad Shafi'. *Pakistan: Culture, people & places*. Peshawar: University Book Agency, 1970.

Sherman, Taylor C.; William Gould, Sarah Ansari. *From Subjects to Citizens, Society and the Everyday State in India and Pakistan, 1947-1970*. Cambridge University Press, 2014.

Zaman, Muhammad Qasim. *Islam in Pakistan: A History*. Princeton University Press, 2018.

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