

Institute of Education and Research
Faculty of Education
University of the Punjab, Lahore



Program	Bachelor of Education (B.Ed.)		
Course Title: Guidance and Counseling		Course Type: Major Course	
Course Code: MCEd-202		Credit Hours: 3	Duration: 16 Weeks
Introduction	The course is an interdisciplinary major integrating aspects of psychology, education, counselling, sociology, anthropology, ethics, and other disciplines for the children with individual needs. It will serve as a strong foundation for students entering many different types of careers where working effectively with children is essential.		
Learning Objectives	<p>After studying this course students will be able to:</p> <ol style="list-style-type: none"> 1. To fulfill this commitment, the Guidance and Counseling in Education course has designed and implemented its postgraduate curriculum with the following priorities for prospective achievements of child educational counselors. 2. Identifying the goals for studying guidance and counseling education. 3. Identifying and define mental, emotional and environmental process and explain how these three developmental processes interact. 		
Course Content	<p>Chapter 1: Introduction to Guidance and Counseling in Education</p> <ol style="list-style-type: none"> 1. Historical overview 2. Importance of guidance and counseling in education 3. The role, qualifications, training and experience of guidance and counseling educationists 4. Nature and Scope 5. Definitions, Factors and other issues 6. Difference b/w Guidance and Counseling <p>Chapter 2: General Overview</p> <ol style="list-style-type: none"> 1. International and National initiatives 2. Historical perspectives 3. Merits and its contribution to Education 4. Conceptual issues, equality and politics 5. Diversity and multi-cultural education <p>Chapter 3: Kinds of Guidance</p> <ol style="list-style-type: none"> 1. Educational Guidance 2. Vocational Guidance 		

	6. Recreational Guidance 7. Health Guidance Chapter 4: Phases of Guidance 1. Course, curriculum and school guidance 2. Leisure time 3. Character building 4. Health and physical activities 5. Leadership guidance 6. Vocational guidance Chapter 5: Guidance and Counseling According to d/f Persons 1. Parents 2. Teachers 3. Pupils 4. School Administrators 5. National and State Legislators 6. Guidance Counselors Chapter 6: Guidance and Counseling Services 1. The Pre-admission Service 2. The Admission Service 3. The Orientation Service 4. The Student Information Service 5. The Information Service 6. The Counseling Service 7. The Placement Service 8. The Remedial Service 9. The Follow-up Service 10. The Research Service 11. The Evaluation Service 12. The Occupational Service						
Text Book(s)	Mendoza, E. D. (2003). Guidance and Counselling Today. Rex Book Store.						
Suggested Reading	Whitely., & Resnikoff., (1984). Counseling Psychology: A Historical Perspective. Irvine: Character Research Press. Iqbal P. Educational Psychology and Guidance. Lahore: Majeed Book Depot. HEC (Pakistan) (2012). Introduction to guidance and Counseling. Windows on Practice Guide: B.ed (Hons) Elementary.						
Teaching/Learning Strategies	Lecture Discussion Cooperative Learning Class activities Applied Projects						
Evaluation Criteria	<table> <tr> <td>Assignment/Project/Presentation</td><td>25%</td></tr> <tr> <td>Mid Term</td><td>35%</td></tr> <tr> <td>Final Term</td><td>40%</td></tr> </table>	Assignment/Project/Presentation	25%	Mid Term	35%	Final Term	40%
Assignment/Project/Presentation	25%						
Mid Term	35%						
Final Term	40%						