

SEMESTER-VII

CPSY-414

CASE REPORTS-I

Credit Hour: 3

Type: Major

Course Objectives

This Course is designed to equip the Students with practical skills in application of the basic concepts of Clinical Psychology. Students will learn to integrate the applied practice and skills in history taking, psychological assessment, diagnosis, formulation and devising intervention/ prevention plan. Students will write detailed case studies of interviewed clinical cases of Child, Adult and Geriatrics in hospitals and CommUnity health services. Students will also enhance clinical case report Writing Skills by improving their linguistic expertise as well as following the APA format.

Course Contents

History Taking (Clinical and Diagnostic Interview)

- Eliciting Presenting Complaints
- History of Present Illness
- Childhood History and detailed personal, family, and premorbid personality.

Psychological Assessment (Formal and Informal)

Diagnosis

- Diagnosis according to presenting complaints, Course and duration of illness, stressors, secondary general medical condition (if presence) and functioning level.
- Differential diagnosis to support the diagnosis

Case Formulation and Conceptualization

- Integration of the presenting complaints and diagnostic impressions (symptoms) and support in light of evidenced based theoretical paradigms.
- Formulation of the case in terms of predisposing, precipitating and perpetuating factors

Proposed Management Plan

- Management Plan in linking with presenting complaints and based on evidenced based theoretical model.
- Clearly identifies treatment goals and targets and the specific intervention strategies that have been selected for achieving these (the “what” and “how” of the plan)

Course Outcomes

By the end of this Course the Students will be able to take relevant history, assess the psychological issues and conceptualize the etiology, and formulate the case in the light of existing psychological research. The Students will also be able to diagnose the clients, and propose relevant intervention plans.