

SEMESTER-II

CPSY- 123

APPLIED AREAS OF PSYCHOLOGY

Credit Hour: 3

Type: Foundation

Course Objectives

The main objective of this Course is to:

Acquaint Students with scope and application of Psychology in human life. They will be provided basic knowledge about different areas of specialization i.e. Clinical Psychology, Counseling Psychology, Educational Psychology, Organizational Psychology, Health Psychology, Sports Psychology, Forensic Psychology etc.

Course Contents

- **Introduction**
 - Scope of Psychology
 - Introduction of Applied Areas of Psychology
- **Clinical Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Status of Clinical Psychology in the World
 - Status of Clinical Psychology in Pakistan
- **Counseling Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Role of a Counseling Psychologist
 - Status of Counseling Psychology in the World
 - Status of Counseling Psychology in Pakistan
- **Organizational/Industrial Psychology**
 - Introduction and Brief History of I/O Psychology
 - Scope of I/O Psychology
 - Approaches to I/O Psychology
 - Services provided by I/O Psychologists
 - Status of I/O Psychology in the World
 - Status of I/O Psychology in Pakistan
- **Developmental Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Status of Developmental Psychology in the World
 - Status of Developmental Psychology in Pakistan

- **Health Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Status of Health Psychology in the World
 - Status of Health Psychology in Pakistan
- **School and Educational Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Role of a School Psychologist
 - Status of School/Educational Psychology in the World
 - Status of School/Educational Psychology in Pakistan
- **Social Psychology**
 - Introduction: Aim and Scope
 - Brief History
 - Status of Social Psychology in World
 - Status of Social Psychology in Pakistan
- **Sports Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Role of a Sports Psychologist
 - Status of Sports Psychology in the World
 - Status of Sports Psychology in Pakistan
- **Forensic Psychology**
 - Introduction: Aims and Scope
 - Brief History
 - Status of Forensic Psychology in the World
 - Status of Forensic Psychology in Pakistan

Course Outcome

After successful completion of this Course the Students will be able to: Appreciate the importance of different applied areas of Psychology to improve quality of life of human beings and the Course will also orient Students for decision making as to which particular area of specialization they would like to peruse as career.

Recommended Books:

- Aamodt, M. (2004). Applied industrial/ organizational Psychology. (4th ed.). UK: Wadsworth Publishers.
- Baron, R. A. (2004). Social Psychology. (10th ed.). UK: Pearson Education.
- Bartol, C. R. (2012). Introduction to forensic Psychology: Research and application. New York: SAGE publications Inc.
- Cox, H. R. (2007). Sports Psychology: Concepts and applications. (6th ed.). New York: McGraw Hill Companies.
- Fulero, S. M., & Wrightsman. (2009). Forensic Psychology. (3rd ed.). Australia: Wadsworth.
- Gelso, C. & Fretz, B. (2001). Counseling Psychology: Practices, issues, and intervention. USA: Harcourt, Inc.
- Kaur, R. (2006). Child Psychology: New trends & innovations. India: Deep and Deep Publications PVT, Ltd
- Kring, A. M. (2010). Abnormal Psychology. (11th ed.). UK: John Wiley and Sons.
- Levin, M., & Perkins, D. D. (2004). Principles of community Psychology: Perspectives and applications (3rd ed.). USA: Oxford University Press.
- Singh, P. (2004). Organizational Psychology. India: Centrum Press.