

SEMESTER-III

CPSY-214

Perspectives & School of Psychology

Credit Hour: 4

Type: Foundation

Course Objectives

The aim of the Course is to give a historical preview of the various schools of Psychology, core concepts and development.

Course Contents

- **Historical Perspectives**
- **Psychoanalytical Paradigm**
 - Sigmund Freud:**
 - Biographical sketch
 - Basic concepts
 - Structure of Personality: Conscious, Unconscious and Subconscious Three interacting systems Id, Ego and Superego.
 - Personality development and Five sequential stages.
 - Personality dynamics
 - Instincts / anxiety and Defense mechanisms
- **Carl Jung Theory of Personality**
 - Biographical sketch
 - Basic concepts: Conscious and unconscious; Archetypes, Personality typology Personality development
 - Further applications: Dream analysis; Psychopathology; Psychotherapy
 - Critical evaluation
 - Comparison of Freud and Carl Jung Theory
- **Adler's Theory of Personality: Individual Psychology**
 - Biographical sketch
 - Basic concepts: Inferiority Complex, Striving for Superiority, Social Interest, Style of Life, Fictional Finalism
 - Personality Types

Birth Order and Personality development

Further applications: Dream analysis; Psychopathology; Psychotherapy

Critical evaluation

Comparison of Freud, Carl Jung and Adler Theory

- **Neo Freudian's Theory of Personality Karen Horney**

Biographical sketch

Basic concepts: Basic Anxiety, Neurotic Needs, Use of Neurotic Strategies in solution to basic anxiety Idealized Self Image

Personality development

Critical Evaluation

- **Erikson's Theory of Personality (Ego Psychology)**

Biographical sketch

Psychosocial Stages of Personality Development

Critical Evaluation

- **Harry Stack Sullivan**

Biographical sketch

Structure of Personality: Dynamism, Personification and Cognitive Processes

Dynamics of Personality: Tension, Energy Transformation

Development of Personality: Stages of Personality

Critical Evaluation

- **Behavior Paradigm**

Classical Conditioning of Ivan Pavlov

Basic concepts

Critical evaluation

Operant Conditioning Theory of Skinner

Basic Concepts

Positive reinforcement

Negative reinforcement and punishment

Development of humans: Language, Personality and child rearing Critical evaluation

Social Cognitive Learning Theory of Albert Bandura

Basic concepts

- Models and modeling
- Goals and self-regulating
- Self-efficacy
- Critical evaluation
- **Cognitive Paradigm**
 - Personal Construct Theory of Kelly
 - Biographical Sketch
 - Basic Concepts: Constructive Alternativism, Nature of Constructs and Construing, Fundamental Postulate and Corollaries
 - Critical evaluation
 - Jean Piaget
 - Basic concepts
 - Cognitive development stages
 - Critical evaluation
 - Cognitive Behavioral Theory of Aron Beck
 - Biographical sketch
 - Basic concepts
 - Critical evaluation
 - Rational Emotive Behavior Theory of Albert Ellis
 - Biographical sketch
 - Basic concepts
 - Critical evaluation
- **Humanistic and Existential Paradigm**
 - Maslow Self Actualization Theory
 - Biographical Sketch
 - Basic Concepts: Hierarch of Human Needs, Characteristics of Self Actualizing personality
 - Critical evaluation
 - Roger's Person Centered Theory
 - Biographical Sketch
 - Basic Concepts: The Experiential World, Development of Self, Characteristics of full functioning person
 - Critical evaluation

- **Socio cultural Paradigm**

Course Outcome

Students will be able to critically analyze the similarities and differences of various schools of Psychology and the development of Psychology through different ages

Recommended Books:

Fernald, D. (2008). Psychology: Six perspective. London: Sage Publication, Inc.

Fuller, R., Walsh, N. & McGinley, P. (Ed.). (2014). A Century of Psychology: Progress, paradigms and prospects for the new millennium. London: Routledge.

Hayes, N., (2009). Foundations of Psychology: An introductory text. London:

Routledge Hergenbahn, B. (2009). Introduction to the history of Psychology. (6th ed.). New York: Wadsworth, Cengage Learning.

Leary, D., & Koch, S. (2009). A century of Psychology as science. USA: American Psychological Association.

Lawson, R.B., Graham, J.E, & Baker, K. M., (2009). A History of Psychology: Globalization, ideas, and applications. India: Pearson.

Robert, L., Graham, J & Baker, K. (2007). History of Psychology: globalization, Ideas and applications. London: Pearson Public Education.

Allen, B. P. (2003). Personality theories: Development, growth and diversity. (4th ed.). Boston: Allyn & Bacon.

Friedman, H.S., & Schustack, M. W. (2006). Personality: Classic theories and modern research. India: Pearson.

Hall, C. S., Lindzay, G., & Cambell, J. B. (2007). Theories of personality. (4th ed). USA. John Wiley & Sons.

Pervin, L. A., Cervone, D., & John, O. P. (2005). Personality theory and research (9th ed.). New York: John Wiley & Sons.

Rykman, R. M .(2004). Theories of personality. (8th ed.). USA: Thomas Wadsworth

Schultz, D. P., & Schultz, S. E. (2010). Theories of personality. (9th ed.). USA: Thomas Wardsworth.

- **Relevant published articles should be included in the list of reading material**