

UNIVERSITY OF THE PUNJAB

B.S. 4 Years Program : First Semester - Fall 2021

Paper: Philosophical Basis of Physical Education (Foundation-I)

Course Code: HPE-101

Roll No.

Time: 3 Hrs. Marks: 60

Q.1. Give short answers of the following:

(6x5=30)

- 1. What are the merits demerits of Autocratic leadership?
- 2. What are the merits demerits of Transformational leadership?
- 3. Define Realism how it can be implemented in Physical Education
- 4. Define Pragmatism how it can be implemented in Physical Education
- 5. What is physical activity and how can you plan a good physical activity?
- 6. What is the importance of Physical education as an academic discipline?
- Q.2. Answers the following questions.

(3x10=30)

- What are the aims and objectives of physical education and also mention its scope.
- 2. Write a detailed note on the sociological interpretation of physical education.
- 3. What are the challenges in the physical education profession Discuss in detail?