



# UNIVERSITY OF THE PUNJAB

## B.S. 4 Years Program : Third Semester – 2020

Paper: Environmental Psychology (Revised)

Course Code: APSY-232

Part – I (Compulsory)

Time: 15Min. Marks: 10

Roll No. in Fig. ....

Roll No. in Words. ....

Attempt this Paper on this Question Sheet only.

Division of marks is given in front of each question.

This Paper will be collected back after expiry of time limit mentioned above.

Signature of Supdt.: .....

**Q.1. Encircle the right answer cutting and overwriting is not allowed. (10x1=10)**

**1. By \_\_\_\_\_, few Psychology departments started offering formal programs of study in Environmental Psychology.**

- |                  |                  |
|------------------|------------------|
| a). By mid 1950s | b). By mid 1960s |
| c). By mid 1970s | d). By mid 1980s |

**2. The distance between two points, which is based upon a cognitive or perceptual estimate rather than an actual estimate is known as \_\_\_\_\_**

- |                         |                        |
|-------------------------|------------------------|
| a). Functional distance | b). Euclidian distance |
| c). Cognitive distance  | d). Spatial distance   |

**3. \_\_\_\_\_ is caused by nitrogen bubbles forming in body tissues.**

- |                        |                             |
|------------------------|-----------------------------|
| a). Hypoxia            | b). Oxygen Absence Syndrome |
| c). Nitrogen poisoning | d). Decompression sickness  |

**4. The ability of a designer to adjust to achieve congruence is determined in part by the number of potential \_\_\_\_\_**

- |                                |                            |
|--------------------------------|----------------------------|
| a). Architectural determinants | b). Designer's perspective |
| c). Design alternatives        | d). Gaps                   |

**5. According to Negative Affect-Escape model, negative affective feelings are the \_\_\_\_\_ in the relationship between heat and aggression.**

- |                          |                          |
|--------------------------|--------------------------|
| a). Intervening variable | b). Confounding variable |
| c). Dependent variable   | d). Mediating variable   |

**6. The degree of distinctiveness that enables the viewer to understand or categorize the contents of a scene or environment is called**

- |                 |                |
|-----------------|----------------|
| a). Recognition | b). Appraisal  |
| c). Mapping     | d). Legibility |

7. To determine the possibility of a stimulus as stressor, \_\_\_\_\_ is required.

- a). Sensation
- b). Perception
- c). Social Cognition
- d). Appraisal

8. Prolonged concentration on a task leads to mental exhaustion similar to overload known as:

- a). Directed Attention Fatigue
- b). Direct Attention Fatigue
- c). Attention Restoration Theory
- d). Environmental Overload

9. The inability to restore equilibrium among homeostatic mechanisms after exposure to stressor leads to \_\_\_\_\_.

- a). General Adaptation Syndrome
- b). Stage of exhaustion
- c). Stage of resistance
- d). Alarm reaction

10. Schools designed with few interior walls so that students and teachers are free to move are called \_\_\_\_\_.

- a). Thoroughfare
- b). Open Classrooms
- c). Open Schools
- d). Open Workspaces



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Part – II

Time: 2 Hrs. 45 Min. Marks: 50

**ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED**

**Q.2. Give short answers of the following:**

**(5x4=20)**

1. Explain the Yerkes-Dodson Law briefly.
2. What are the major characteristics of Environmental Psychology?
3. What are the characteristics that facilitate Wayfinding?
4. Differentiate between the concepts of personal space and territoriality.
5. What is Behavioral Sink?

**Q.3. Give brief answers of the followings.**

**(3x10=30)**

1. Write a detailed account of Behavioral Constraint Model in Environmental Psychology with relevant example.
2. Explain in detail the effects of Natural and Technological Disasters in the context of Environmental Psychology.
3. How does High Density and Crowding effects human? Explain with relevant examples.