



UNIVERSITY OF THE PUNJAB

B.S. 4 Years Program / Sixth Semester – 2020

Paper: Theories of Personality (Revised)

Course Code: APSY-363 Part – I (Compulsory)

Time: 15 Min. Marks: 10

Roll No. in Fig.

Roll No. in Words.

Signature of Supdt.:

ATTEMPT THIS PAPER ON THIS QUESTION SHEET ONLY.

Division of marks is given in front of each question.

This Paper will be collected back after expiry of time limit mentioned above.

Q.1. Encircle the correct choice.

(1x10=10)

i). Justifying one's behavior by substituting good acceptable reasons is _____.

a. Rationalization

b. Sublimation

c. Reaction Formation

d. Repression

ii). According to Freud, social skills are developed during

a. Oral stage

b. Anal stage

c. Phallic stage

d. Latency stage

iii). Rare, exciting and deeply moving experiences often achieved by self-actualizing individuals are known as

a. Peak experiences

b. Self-conceptual experiences

c. Personal unconscious

d. D-perception

iv). _____ was an early proponent of using Factor Analytic methods for studying personality and abilities.

a. Alfred Adler

b. Erik Erikson

c. Raymond Cattell

d. Abraham Maslow

v). An exaggerated or irrational thought pattern involved in the onset of psychological issues like anxiety or depression is _____

a. Irrational belief

b. Cognitive distortion

c. Cognitive triad

d. Personal construct

vi). Erikson believed that _____ is the concern of guiding the next generation.

a. Generativity

b. Wisdom

c. Ego-integrity

d. Despair

vii). Karen believed that men experience envy of biological processes (like pregnancy and childbirth) of women which is regarded as _____.

- a. Penis envy
- b. Oedipus complex
- c. Castration anxiety
- d. Breast/Womb envy

viii). Adler believed that making up for some under-development or deficiency is called _____

- a. Style of life
- b. Striving for significance
- c. Compensation
- d. Over-compensation

ix). The unconscious masculine side of a woman is called _____

- a. Anima
- b. Animus
- c. Shadow
- d. Id

x). The unconscious redirection of one's feelings about their parents towards therapist is known as _____

- a. Fixation
- b. Transference
- c. Counter-transference
- d. Complex



ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

Q.2. Give short Answers. (5x4=20)

1. Explain the structure of personality by Freud.
2. Explain the theory of needs by Maslow.
3. What is unconditional positive regard?
4. Briefly explain cognitive triad by Beck.
5. What are the major assumptions of trait perspective of personality theories?

Q.3. Give Long Answers. (3x10=30)

1. Explain in the detail Erik Erikson's theory of personality.
2. Describe the views of Raymond Cattell on personality, its assessment and intervention.
3. Explain in detail Adler's contributions in the personality development.