



UNIVERSITY OF THE PUNJAB

B.S. 4 Years Program / Sixth Semester – 2019

Paper: Theories of Personality (Revised)

Course Code: APSY-363 Part – I (Compulsory)

Time: 15 Min. Marks: 10

Roll No. in Fig.

Roll No. in Words.

Signature of Supdt.:

ATTEMPT THIS PAPER ON THIS QUESTION SHEET ONLY.

Division of marks is given in front of each question.

This Paper will be collected back after expiry of time limit mentioned above.

Q.1. Encircle the correct choice.

(1x10=10)

1. According to Freud, the psychic energy by which the life instincts perform their work is known as _____.

- | | |
|-------------|------------|
| a). Thantos | b). Libido |
| c). Eros | d). Id |

2. Jung believed that ancient experiences contained in the collective unconscious are manifested by recurring themes or patterns called _____.

- | | |
|----------------------------|------------------------|
| a). Collective unconscious | b). Personal conscious |
| c). Archetypes | d). Persona |

3. The primary goal of all human existence according to Adler is _____.

- | | |
|------------------------------|------------------------|
| a). Striving for superiority | b). Fictional finalism |
| c). Inferiority feelings | d). Style of life |

4. Karen Horney defined _____ as 'the feeling a child has of being isolated and helpless in a potentially hostile world'.

- | | |
|----------------------|-------------------|
| a). Neurotic needs | b). Basic needs |
| c). Neurotic anxiety | d). Basic anxiety |

5. Allport believed that a _____ is the one that is so pervasive that all acts of an individual's behavior can be traced to it.

- | | |
|---------------------------|-------------------------|
| a). Cardinal disposition | b). Central disposition |
| c). Secondary disposition | d). Common trait |

6. According to Cattell, _____ are the constitutional aspects of response like speed, energy or emotional reactivity.

- | | |
|--------------------|------------------------|
| a). Ability traits | b). Temperament traits |
| c). Ergs | d). Dynamic traits |

P.T.O.

7. 'Everything must be perfect or it will be a disaster.' is what the cognitive theorists believed is called _____.

- a). Absolutist thinking
- b). Cognitive triad
- c). Selective perception
- d). Constructive alternativism

8. _____ is a fluid, on-going process defined by Rogers, whereby experiences are accurately symbolized and valued according to optimal enhancement of the organism and self.

- a). Conditions of worth
- b). Need for positive regard
- c). Self-congruence
- d). Organismic Valuing

9. Maslow believed that the _____ mechanism which operates only for the self-actualization need.

- a). D-Motivation
- b). B-Motivation
- c). Peak experiences
- d). Self-actualization

10. Personal Construct theory was given by _____.

- a). George Kelly
- b). Albert Ellis
- c). Aaron Beck
- d). Raymond Cattell



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Paper: Theories of Personality (Revised)

Course Code: APSY-363 Part – II

Time: 2 Hrs. 45 Min. Marks: 50

ATTEMPT THIS (SUBJECTIVE) ON THE SEPARATE ANSWER SHEET PROVIDED

Part 2 (Short Questions) (4 marks each)

1. What and when the fixations occur in Freud's Oral and Anal stage and what are their respective personality characteristics?
2. Explain the difference between Jung's concepts of Personal Unconscious and Collective Unconscious by giving examples.
3. Briefly explain the object relation theory.
4. What are the basic characteristics of traits identified by Cattell?
5. What are major characteristics of self-actualizing persons according to Maslow?

Part 3 (Brief Questions) (10 marks each)

1. Explain in the detail the Adler's theory of personality.
2. Describe the views of Erik Erikson on personality, its assessment and intervention.
3. Explain in detail Gordon Allport's contributions in the personality development.

